



Willem Larsen: The Thermodynamics of Emotion: Rewilding the Science of Human and Animal Behavior



Willem Larsen has been writing, thinking, and living the Rewilding movement for 25 years, he's the founder of the College of Mythic Cartography and the Thermodynamics of Emotion Symposium and a board member of Rewild Portland. In this far-reaching talk, Willem weaves numerous threads that speak to embodied existence through observations of nature.

**TOP EMBODIMENT TIP:** To breathe well is to move well.

Pillars Of The Conversation: ***Thermodynamics of Emotion* is a phrase coined by Kevin Behan.**

- Recognizing the Thermodynamic principles at play in the organization of nature.
- Understanding the Constructural Law in the flow of nature.
- Waves and branches operating simultaneously as an underlying principle of how nature disposes herself.
- Arborundulance: The inextricable co-occurrence of both branching patterns and waveforms that drive all-natural phenomena we can observe with our eyes.

Complex Systems: **Introducing the defining features that occur in all complex systems across scales.**

- Similarity in patterns.
- Ability to describe complex systems with simple rules.
- Cycles of differentiating and remixing across scales and contexts.

Power of E-motion (Energy In Motion): **Kevin Behan's Observations whilst working with dogs.**

- E-motion between humans and dogs is akin to a current of energy.
- Eye contact in living animal systems.
- Relating the grounded connection with the balanced sensuous flow state in animals and humans.

The environmental body: **Our expansion of awareness and felt-sense of the environmental body**

- When in the sensuous we merge with the environment.
- The expansive felt sensuousness of the indigenous body.
- The modern disembodied body and the loss of the sensuous environmental body.

**Resources**

- ❖ **Books:** *What the Robin knows* by Jon Young, *Natural Dog Training* by Kevin Behan. *Your Dog is Your Mirror* by Kevin Behan. *Tom Brown's Guide to healing the Earth*, *The physics of life* by Adrien Bejan, *Design in nature* by Adrien Bejan.



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