



### Aaron Kleinerman: The Power of Owning "You're Too Much"



Aaron Kleinerman is a Transformational Sex and Relationship Coach, Facilitator & Speaker. He is the lead male teacher for the Embodied Awakening Academy, a Tantric Practitioner, and creator of 'The Conscious Man's Guide to the Bedroom'. Explore all the self-sabotage and self-destructive ways in which the masculine inside of you cannot trust others.

**TOP EMBODIMENT TIP:** On a daily basis, have an inner check in with what you're feeling, what's alive, what's moving.

#### **Mastering Our Duality:**

- The only way that we can be a beneficial, powerful and penetrative leader is to learn how to **master our duality**.
- You are powerful beyond belief, simply because you are. Power isn't something that somebody can give to you, but anytime you judge another, you're giving your power away.
- A powerful masculine leader takes self-responsibility, and taking self-responsibility is the new sexy.

#### Self Reflection:

- We **self-sabotage because we compare ourselves to expectations** that aren't actually in our authenticity.
- Instead of being addicted to external things, we need to **start to be addicted to going into the body** and feeling all the places where we have not been connected to our heart and phallus.
- When we can **take a reflective lens**, our capacity to lead begins to change, so we must be willing to **look inside ourselves** and **own all the places** where we haven't been feeling a full YES! **A full YES** is **another new sexy**.

#### Masculine Leadership:

- Most of the time leadership is coming from **people trying to have power over**, manipulating, and wanting to control others because **they don't know how to control themselves**.
- An embodied masculine leader is **connected to his phallic power**, whether you're in a male or a female body.
- When you can **feel your own phallic energy and own your penetrative power**, you won't need to abuse, dictate, or have power over, but rather you'll **have power with**.
- There's nothing sexier than a leader connected to his heart and to his speech, leading from that space.

#### Resources

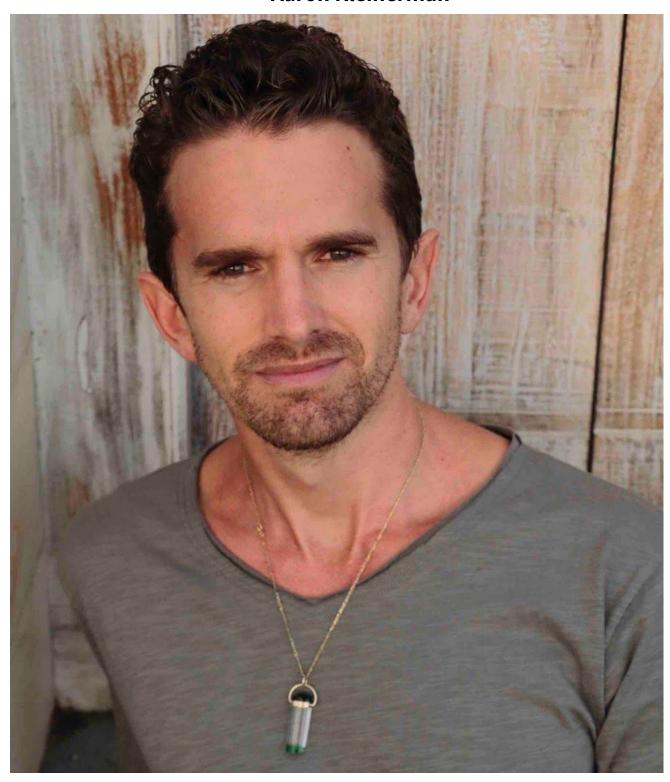
\* eBook: <u>5 Tools to Have Deeper Connection</u>, Intimacy & Vibrance in Your Life

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# **Aaron Kleinerman**





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Michelle Boulé is a Transformational Life Coach, Healer, and world-renowned and award-winning Dance Artist and Teacher. She is the CEO of a multi 6-figure coaching+healing business, helping compassionate creatives all over the world manifest the lives they desire with more confidence, joy, impact, and alignment towards their truth. Her online group programs, private coaching, speaking, in-person retreats, and teaching draw from over 20 years of practice in somatic therapies, energy medicine, mindset psychology, spirituality, and an award-winning international career in dance. Clients and students praise Michelle for her direct, intelligent, loving, and joyful approach to guiding groups and individuals.

As a gift to all Embodiment Conference participants, please <u>click here</u> to download Michelle's free **5 Step Guide to Erase Doubt, Claim Your Truth, and Create the Business and Life You Desire.** If you suffer from loops of self-doubt, indecision, exhaustion, or a life that is less than fulfilled, this guide offers powerful insights and practical Action Steps you can use right away to create the life you truly desire.



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