



Marko Pogacnik: The Dance of the Earth Changes



Marko Pogacnik is a Slovenian artist who has developed a type of earth healing called 'lithopuncture', which combines art with integral ecology (geoculture). He has also developed the 'Gaia Touch' body exercises and has authored many books. In 2016 he was appointed by UNESCO Secretary-General as Artist for Peace and UNO Goodwill Ambassador. This inspiring talk introduces us to his ideas on how we might be able to heal the Earth through a new kind of language and perception.

TOP EMBODIMENT TIP: Stay in touch with your body and the body of the Earth

Marko's Work: **Earth Healing & Geomancy**

- Marko works with groups of people in 'problematic' places around the world, using stones carved with cosmograms and also with his 'Gaia Touch' movements - a way of tuning in to the Earth's essence.
- These methods are a dialogue and a way of communicating with Earth consciousness, through a universal language.
- The idea behind **Healing through Art** is to create a network of places for communicating with the planet so that we can get back in touch and find a new way as a culture through art and heart, co-operation, and co-creation.

Gaia: **Earth is in a Process of Reset**

- The Earth ('Gaia') is conscious, and her elemental make-up is changing. Interdimensional portals or 'doors' are opening up, making communication with parallel worlds possible.
- The many crises on Earth are natural processes, they are Gaia's way of saying we are approaching a dead-end, an abyss.
- The Earth is recycling one of her 'bodies' and at the same time creating a new one (on a frequency level). We are already in the new body of the Earth, but our consciousness is still in the old one. **We are in a transition.**
- It is now possible, for the first time in history, through the changes in **our** bodies and consciousness (as human beings) for Gaia to manifest these changes by resonating with **her** earth body without the need for cataclysms.

Rationality: **We Need a Change in Perception**

- Science is bound to rationality. Art is not. Art is the other pole - intuition, feelings, pure being, and communication.
- Rational thinking has predominated over the Earth and has dictated how we see and relate with the world around us, including each other. **Rationality uses only 4% of our brain's capacity or consciousness. It narrows our view.**
- The current anthropocentric way of looking at the earth and nature projects our way of seeing on to all other beings and manifests in the form of our technologies, armies, wars, etc.
- We need a new kind of technology based on intuition, consciousness, and communication. **The human imagination is the strongest tool in the universe.** However, we must imagine not just with the brain, but also with the heart. We need to develop sensitivity - the body is sensitive, NOT the brain.
- Marko sees human beings as cosmic treasures or 'heart machines' - creators capable of changing the world in a second.

Resources:

- ❖ **Website:** www.markopogacnik.com
- ❖ **Books:** *The Dance of the Earth Changes* by Marko Pogacnik



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