



Miroslav Petrovic: The Art of Embodied Teaching, Speaking & Facilitating



Miroslav Petrovic is a TEDx speaker, and facilitator who teaches Embodied Speaking, Teaching & Facilitating - the art of using our whole embodiment to present and teach with. His method and off-the-beaten-path approach takes us away from traditional didactic approaches and helps us teach through the mind, body, and spirit. Let Miroslav challenge you to understand your connection with others as he draws you into something deep, rich, and effective.

TOP EMBODIMENT TIP: Lean into the fear and let it move through you as a life force.

Defining: What is 'the stage'?

- The stage is simply the idea of one person broadcasting a message to many. Any power dynamic where we're opening ourselves to be seen, is a stage. You are opening yourself up to be seen.

Roles 'On Stage': Teaching, Speaking, & Facilitating are Branches of the Same Tree

- In all of these roles, you want to bring whoever you're working with into relationship with your content; you are the bridge between the collective and the content that you're speaking to.

Connection: Human Existence is Relational

- You are being invited to consider every opportunity 'on stage' as a chance to let your whole body come online and create more connection. When we make cultivating that relationship between our students the primary focus, then we can layer other key elements on top of it.

Three Relationships: Connect to Yourself, Your Content, and Your Audience

- You can stay connected to yourself by quieting the mind and connecting to other people. When you study your content and know it well, it can become like a wall behind you that doesn't need as much attention. Instead, draw in the audience when you hold a relational field.

Three Tenets: Presence, Relationship, Embodiment

- Presence is a relational quality that creates the context for life. Here, the invitation is to "lean back into presence" to be met and create magnetism. What's valuable about relationships is trust and safety, which promotes creativity and confidence. Embodiment allows teacher and students to function as a collective body with a unified pedagogy.

Resources:

- ❖ **Courses:** [Speak Like a Pro](#)
- ❖ **Website:** www.miroslavp.com
- ❖ **Facebook:** [myky.petrov](#) , [TheMiroslavPetrovic](#) [The World Stage - The Art of Speaking, Teaching, Facilitating](#)
- ❖ **References:** Christopher Bache, Merleau-Ponty, Rachel Forgaz, Rupert Sheldrake, Bonnie Bainbridge Cohen, Parker Palmer



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Ilan Stephani is a cutting-edge somatic teacher, speaker, and coach. Her visionary research focuses on cultural taboos, embodiment tools, sexuality and collective trauma. She gained nation-wide attention with her bestselling book “*Skin and Games – What Sexwork Taught Me About Love*”.

Ilan offers **online trainings and in-person retreats** and her work has been described as an “Avantgarde Embodiment Training for Warriors”. She teaches in both German and English.

Currently she is dedicating an online training to **#LoveAndRage** - a somatic series of events teaching how to un-learn cultural confusion around anger, relationship, love and self-love.

#LoveAndRage explores how to activate innate instincts and boundaries, and how this empowers human love beyond concepts and words. You are welcome to find out for yourself!

ILAN STEPHANI

Love and Rage Embodiment Training ilanstephani.com/loveandrage

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