



Rosy Pendlebaby: Rooted Revolt: A Theatrical Approach to Embodied Eco-Activism



Rosy Pendlebaby is an international performer, artist, creative facilitator, and activist. She is the co-founder and director of Body Love Sketch Club, a creative empowerment and body-positivity project. Her exploration of the therapeutic potential of the arts on every level from the personal to the global informs her activism around fundamental issues of our time. Let Rosy guide you on how to come to terms with the facts of the global climate crisis and move from an overwhelming feeling to an embodied expression.

TOP EMBODIMENT TIP: When the world around you speeds up, slow down.

Activism: You have the Power

- How can art through an embodied being produce the most amazing activism? What is at the intersection of activism? How can it be transformational? Discover how to have a deep relationship with the earth. Powerful messages attract interesting people.
- What happens when activism turns into a practice? Discover the meaning beyond the Red Rebel Brigade.

Protest: Source of the message

- What is black and green and has several tentacles? What do Hs2 and a train rail have in common? How do companies use greenwashing to leverage us? Explore the extinction rebellion. Understand the depth of mourning in the blood of all species. Hear the story of why I was thrown out of Parliament.

Climate Change: Eco-grief

- Discover how the love of biophilia can connect you with nature, stillness, and increase your awareness.
- What is eco-grief and what does it look like when expressed in a profound way? Discover how movement and action create an unexpected relationship with the earth and the world around it.

Capacity: Resilience

- How does one remain in a consistent relationship with the earth? How do you give yourself permission for ritual? Can you make magic with intention? Can we see resilience by expanding our own capacities of relationships with the death of our mortality and our embodiment to the planet? What you can do to heighten your awareness? Why are we so death phobic? Can we use death as a positive, moving the negative to a life full of enthusiasm?

Resources

- ❖ **Social:** www.instagram.com/thependlebaby
- ❖ **References:** [Die Wise: A Manifesto for Sanity and Soul](#) [The Wild Edge of Sorrow: Ritual of Renewal and the Sacred Work of Grief](#). Additional resources from Rosy: [Additional Links + Notes](#)



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Forests Without Frontiers is a non-profit CIC dedicated to planting trees and reforesting degraded landscapes with support from a network of artists and musicians, as well as businesses and individuals working to become carbon-positive.

The initiative was founded by Nicoleta Carpineanu (aka Nico de Transylvania), a Romanian, UK-based DJ/Producer who grew up in the forests of Transylvania. We began our first key project in Romania in April 2019 and in our first year planted over 25,000 trees. We reforest land that has been clear-cut, where natural reforestation would not occur. We only plant native, biodiverse species, grown locally and cared for until maturity in legally protected areas, adjacent to existing natural forests. Our aim is to plant one million trees in the Carpathians and beyond by 2025.

OUR MISSION is to preserve our forests and the people and wildlife they nurture, and to promote connection with nature through music, art, and culture.