



Ali Montgomery: Redesigning the Sexual Spiritual Nexus



Ali Montgomery is a Priestess of Sekhmet, artist, poet, dancer, creatrix, trainer, Erotic Vitality Coach, LCSW, world traveler, social justice advocate, Black Feminist Witch and a water nymph in disguise. She invites others to shed fear, shame and judgement and choose their own powerful creativity to redesign a more robust and fulfilling life. We are sold sex but taught to hold shame, fear and judgement around our sexuality through society and religious overtones. There is no shame in our sexual nature; it is pure and sacred and through competing messages we are taught to reject this most basic and natural form of our spiritual expression.

**TOP EMBODIMENT TIP:** Let sex be your worship, and let your orgasm be your offering.

We can be sexual and spiritual at the same time:

- Sekhmet is an ancient Egyptian deity who is a warrior and a healer.
- Under the spiritual guidance of Sekhmet we search for answers to the question, “why is there a context for shame when we are wired for pleasure?”
- We can become aware of the connection between ourselves, our bodies and our spirits.
- We can learn to celebrate the joy in realizing sexuality is part of our physical, emotional, spiritual and mental health.

Meditation:

- Take a journey to ancient Egypt, to a land which houses Sekhmet’s great temple, where the Nile River flows bringing the water of life to all the land’s inhabitants, where fields of papyrus flourish and wild game runs freely.
- Travel to this land and open your heart and expose your vulnerabilities.
- Open your sacred self and be free of judgement.
- Come to the place where you can be spiritually grounded and allowed to hold on to your sexuality.

Special Session:

- Join Ali for her Ritual on Thursday 22nd, 7PM PT by using this Zoom link.  
<https://us02web.zoom.us/j/86356528114?pwd=a3dqKzc0a3c0Rm5TdHdTekVrWlAzUT09>

Question and Answer:

- Find answers to questions about the power of **orgasm**, more history of **Sekhmet**, and **sex magic**.

Resources

- ❖ **Website:** [www.soulliberationservices.com](http://www.soulliberationservices.com)



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**Ilan Stephani** is a cutting-edge somatic teacher, speaker, and coach. Her visionary research focuses on cultural taboos, embodiment tools, sexuality and collective trauma. She gained nation-wide attention with her bestselling book “*Skin and Games – What Sexwork Taught Me About Love*”.

Ilan offers **online trainings and in-person retreats** and her work has been described as an “Avantgarde Embodiment Training for Warriors”. She teaches in both German and English.

Currently she is dedicating an online training to **#LoveAndRage** - a somatic series of events teaching how to un-learn cultural confusion around anger, relationship, love and self-love.

**#LoveAndRage** explores how to activate innate instincts and boundaries, and how this empowers human love beyond concepts and words. You are welcome to find out for yourself!

## ILAN STEPHANI

Love and Rage Embodiment Training [ilanstephani.com/loveandrage](http://ilanstephani.com/loveandrage)

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