



Panel: Leadership Through the Ages



Learn from experienced and passionate panelists about why it is important for children and teens to be seen and valued for who they are, and how to create spaces where children and teens can develop empathy, emotional intelligence and authenticity.

<u>Itzhak Beery</u>, Shamanic teacher, healer, author, community activist, and speaker. He founded The Bridge Program to build a better future by bringing Indigenous teachings to schools.

- The role of an educator is to find what brings out the most potential in each person.
- Each child has a different life purpose. Nurturing that life purpose is a gift that education should provide.
- Itzhak worked with Power Animals and Journey Work in schools to help children find answers within themselves, access their inner voices, and find their inner leader.

<u>Ashanti Branch</u>, Founder of the Ever Forward Club, is helping young men of color to reach their potential. The club was featured at the Sundance Film Festival in 2015. He is a Top 3 Finalist for the LinkedIn Compassion Award.

- The Million Masks movement creates an opportunity for young people to be themselves, to be seen, and for it to be okay. The movement helps people to see behind the mask of emotional disconnection they have created for themselves.
- The movement says 'you are not alone', which gives children permission to feel.
- The invitation is to young people to begin to connect to their hearts.

Mary Gordon, Founder and President of Roots of Empathy, social entrepreneur, author, educator, and parenting expert. She has received the Order of Canada.

- The world is changed child by child. Empathy is the ultimate human trait.
- Leadership starts early and is supported by a different definition of what leadership is. If you have empathy and compassion you can have a full life and be a full person.
- The program has children observe the attachment relationship between an infant and a parent over the school year. Children learn how to feel their emotions and the emotions of the baby, so they develop empathy.

<u>Tom Harkin</u>, Founder of Tomorrow's Architects. One of Australia's pre-eminent advanced facilitators and an executive coach.

- Teens are living heroic lives. They are incredible, but they are put into structured schools that don't value their lives.
- Tomorrow Man allows young men to investigate the rules for being a man, and question who made the rules. They learn **'You can fit it, but cannot ever be yourself'.**
- Children have value as they are. They are already heroic. The program gives them space to learn their own heroism to emote, and witness other's emotions.

<u>Resources</u>

Websites: <u>Tom Harkin, Mary Gordon, Itzhak Beery, Ashanti Branch</u>, <u>100kMasks</u> Roots of Empathy: <u>Email</u>, <u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u>





All Leadership & Business Presentations are Proudly Sponsored by Michelle Boulé





Michelle Boulé is a Transformational Life Coach, Healer, and world-renowned and award-winning Dance Artist and Teacher. She is the CEO of a multi 6-figure coaching+healing business, helping compassionate creatives all over the world manifest the lives they desire with more confidence, joy, impact, and alignment towards their truth. Her online group programs, private coaching, speaking, in-person retreats, and teaching draw from over 20 years of practice in somatic therapies, energy medicine, mindset psychology, spirituality, and an award-winning international career in dance. Clients and students praise Michelle for her direct, intelligent, loving, and joyful approach to guiding groups and individuals.

As a gift to all Embodiment Conference participants, please <u>click here</u> to download Michelle's free **5 Step Guide to Erase** Doubt, Claim Your Truth, and Create the Business and Life You Desire. If you suffer from loops of self-doubt, indecision, exhaustion, or a life that is less than fulfilled, this guide offers powerful insights and practical Action Steps you can use right away to create the life you truly desire.

CONNECT WITH MICHELLE: Website michelleboule.com Instagram @michelle.boule LinkedIn: Michelle Boulé



Interested in securing LIFETIME ACCESS to the Embodiment Conference?



