



Trauma and Social Change: Overview



Explore an overview of Week 2 of the Trauma and Social Change Channel with it's Manager Julie Esse, and co-manager Kim.

TOP EMBODIMENT TIP: Take a deep, mindful breath as you hop on to the platform to help you make an embodied choice of the presentations on offer.

Understanding Trauma: An Exploration of the Brain and the Science of Trauma

- Heidi Crockett: [Trauma as a Lack of Brain Integration between the Left and Right Hemisphere](#)
- Suzan Lemont: [Embodiment and Neuro-Diversity](#)
- Kevin Hood: [Self-Parenting the Wounds of ADHD](#)
- Joshua Silvae: [As the Nervous System Strains Toward Liberation...](#)
- Ashira Prem Rachana: [Liberating Ourselves from Trauma Stored in our Bodies](#)
- Elizabeth Haberer: [Trauma and Trust: Rekindling Trust in your Body and the World](#)
- Irene Lyon: [Functional Freeze Explained](#)
- Lars Mygind: [What is Trauma and Can it be Healed?](#)
- Channel Closing Panel Discussion with Sonia Gomes and Philip Shepherd: [Can Trauma be Healed?](#)

Self-Regulation: Sessions Accessible for all and Filled with Simple Steps for Meeting your Embodied Self.

- Betsy Polatin: [Humanual Self-Regulation to Help Settle your Nervous System](#)
- Paul Linden: [Dehumanizing is so Human](#)
- Albert Wong: [Healing Trauma: From Fragmentation to Embodiment](#)
- Kathy Kain: [The Somatics of Safety vs Threat](#)
- Christine Isherwood: [Giving Voice to The Body's Tales: How the Voice Can Help Express, Shape, and Transform Our Wounds. Voice Movement Therapy](#)
- Eva Fenrich & Marc Huesser: [Less Stress in Everyday Life by Coming Back to your Rhythm!](#)

Grief and Loss: Sessions on Self-Regulation that Focus on Grief, Loss and Death.

- Tamsin Grainger: [Touch for Grief and Loss](#)
- Jeanne Denney: [Claiming Vitality through Death Awareness](#)
- Joél Simone Anthony: [Open Conversation About Death and Grieving with The Grave Woman](#)
- Dr. Sneha Roo: [Embodiment in Palliative care](#)

An In-Depth Dive: Sessions for Professionals and Specialists in the Field of Trauma

- Ari Geva: [The Role of the Body in Overcoming PTSD](#)
- Bhavana Chiranjay: [Post Trauma Care for \(Child\) Survivors of Violence](#)
- Ligia Koijen Ramos: [Embodiment for Substance Use Disorder Trauma](#)



Transgenerational Trauma: Trauma Connected to Our Roots, Culture and History

- Patricia Vickers: [Northwest Coast Indigenous Beliefs and Healing](#)
- Ruby Gibson: [Somatic Archaeology: Generational & Cultural Healing](#)
- Lea Denny: [Healing Intergenerational Roots of Trauma: The Infinity Walk & Our Medicines](#)
- Nidhi Tewari: [Intergenerational Trauma and Resilience: Embodying Social Change](#)

Embodying Social Change: Managing Conflict and Building Peace

- Stephen Kotev: [Navigating Conflict Skillfully: A Path to Embodied Peacemaking](#)
- Judita Ben-David: [Resiliency skills for Refugees, the MiA Approach, Trauma and Culturally Sensitive Mindfulness.](#)

Activism: Embodiment for Social Transformation

- Steve Hoskinson: [How to Prevent Somatic Help From Becoming Another Tool of Domination](#)
- Ayelet Natan & Moran Bodner: [Queerbodiment - Embodying the LGBTQ Experience](#)
- Staci Haines: [Personal and Social Transformation: How Can These Serve One Another?](#)
- Nkem Ndefo: [The Liberatory Potential of Embodied Resilience: If it's Not Accessible, then it's Not Revolutionary](#)
- Marisela Gomez: [Embodying Social Change: Individually and Collectively](#)
- Abigail Rose Clarke: [Dismantle, Anchor, and Emerge.](#)
- Sage Hayes: [Embodied Solidarity](#)
- Camille Barton: [Using Somatics to Re-Pattern Internalised Domination](#)
- Magdalena Weinstein: [Tending the Wounds of Oppression. Nurturing Conditions for Individual and Collective Trauma Healing](#)

Art: Sessions on Art and Movement for Healing Trauma

- Jonathan Fox: [Sharing our Stories--a Way to Build Resilience](#)
- Lucie Nerot: [Let Movement Challenge your Bias and Expand your Possibilities](#)
- Jennifer McGrath: [Using Movement and Dance to Overcome Trauma](#)
- Bonface Bet: [Theatre of Imagination: Reclaiming our Bodies as an Emancipatory Peace Praxis in Africa](#)

Integration: Integrating Yin and Yang Interpersonally and Intrapersonally

- Nicola Amadora: [Bridging the Gap between Women and Men](#)
- Panel Discussion with: Eldra Jackson, Stephen Kotev, Mark Walsh, Erin Brandt, Gregor Steinmauer: [Men's Trauma](#)
- Soma Miller: [Transforming Our Pain Into Purpose](#)
- Uma Dinsmore-Tuli: [Nidra Shakti & Yoni Shakti as Source Power](#)

Body Positivism: Embracing All of Who We Are

- Shira Collings: [Health At Every Size and Body Liberation](#)
- Colleen Larkin: [Alienation of the Body in Birth: An Epidemic](#)

Embodiment Changing the World: Moving from the Individual to the Collective

- Fleet Maull: [Healing and Transforming Individual and Collective Trauma for Social Change through Neuro-Somatic Mindfulness](#)
- Christina Bethell: [We Are the Medicine: Leveraging the power of relational neuroscience to flourish in challenging times](#)
- Vasintha Pather: [Organisational Practices to Promote Transforming Trauma Symptoms](#)
- Laurence Heller: [A Radical Approach for Working with Shame and the Body](#)
- Kim & Asya Belyaeva: [Embodiment Super-Powers for Russian LGBTQ+ Community](#)



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Steve Hoskinson, [Organic Intelligence](https://www.organicintelligence.org)



Steven Hoskinson is Founder and Chief Compassion Officer of Organic Intelligence®. For twenty-five years he has trained and mentored therapists and others at the intersection of trauma, embodiment and social responsibility. Organic Intelligence offers courses in its fully developed systems framework, including with CEs for professional post-graduate level training in trauma.

OI's Trauma Safe™ Trajectory features a carefully sequenced set of trainings, including the experiential 10-Week End of Trauma™ Course, the HEART@Home™ Coaching Certification, and the OI in-depth overview, PTSD: Post-Trauma System Development course. All courses are available online.



PTSD: Post-Trauma System Development emphasizes skills and theory relevant to personal resilience, as well as for professional therapeutic understanding and intervention. This course also includes demonstration sessions, debriefed by Steve Hoskinson, and monthly online group meetings with Steve through 2021.

As an Embodiment Conference registrant, receive 50% off Post-Trauma System Development with this Conference's Exclusive Offer. Use coupon code ENJOY when you register. [organicintelligence.org](https://www.organicintelligence.org)