



Evangelos Diavolitsis: Money And The Human Spirit: Moving Beyond The Money Taboo



Evangelos Diavolitsis is a multi-disciplinary movement workshop leader, Dharma teacher and behavioural money coach who is committed to helping people. Exploring these oft-taboo topics through movement and dance can reveal unconscious money patterns that may be inhibiting you from achieving your full financial capacity in life.

TOP EMBODIMENT TIP: Start your day stretching and to have a really solid stretching plan, even if it's just five minutes.

Money's Influence on Your Life, Work, and Relationships: Behaviour, History, Feelings Towards it and Evolvment.

- Behaviour: Most money and financial challenges in life are behavioral, not financial, and learned unconsciously from family or community.
- Money is the language of communicating needs and desires: burning, saving, spending, and investing.
- History; We have become disintegrated and disembodied due to traumas around money with survival, death & fear.
- 2 extremes; Not asking ourselves why we need more and pushing it away because it compromises our values.
- The brain gets hijacked when we hear the word money and it goes into fight, flight, and freeze.
- Feelings; There are five Important questions to ask yourself while noticing the first thoughts & emotions that pop up (fear, hope, anger, hurt, lonely, disheartened, generous, safety, security).
- Evolvment: Interdependence to cultivate our own wealth and share it wisely and fairly with others.
- Balance thoughts and feelings in the body against projecting issues and challenges onto money.
- See money as a positive tool that can support a path of awakening, mindfulness and helping other people.
- Bring your body into a state of openness and receptivity by bridging the material world with the spiritual world.
- Live life with loving kindness, compassion, empathetic joy, and calm composure.
- Two important qualities; Mastering the art of not fearing your own survival and existential dilemma of fearing death.

Eight money archetypes: Understand, Name and Move Through Money Blind Spots that no Longer Serve You.

- Take [Money Type Quiz](#) to find out your archetype: Victim, Innocent, Warrior, Martyr, Fool, Artist/Creator, Tyrant and Magician.
- Use the body movement archetypes repetition exercises to open up and explore with a group for support.
- Magician; live in abundance, trust, flow, faith, confidence, refuge in higher power.
- Magician + Warrior + Creator/Artist work together to create a conscious and healthy relationship to money.
- Death is an inner journey so take all that inner work because you can't take money with you.
- Cultivate kindness and understand attachments so you can view them as a positive, constructive energy in the world.

Resources

- ❖ **Courses:** [Manifest beyond scarcity](#); [Motion of money – 5 rhythms workshop](#), [Four way to Freedom](#); The Motion Of Money
- ❖ **Website:** [Meditation Moves](#)
- ❖ **Social: Facebook:** [Evangelos Diavolitsis](#)
- ❖ **References:** Dancing with Gabrielle Roth, Deborah Price, [Meditation Moves](#)



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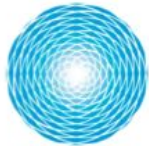
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Amara Pagano, PathOfAzul.com



Amara Pagano is a leader and innovator in the world of conscious dance. She is the creator of the [School of Azul](https://SchoolOfAzul.com) and the co-founder of the global conscious dance community [OneDanceTribe](https://OneDanceTribe.com). Azul is a path of personal transformation that supports the awakening of consciousness and recognizes that, as we transform ourselves we create the conditions for our world to transform.

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