



# Willem Lammers: Logosynthesis: The Power of Words in Healing and Development



Dr. Willem Lammers is a Swiss/Dutch psychologist, a psychotherapist and a coach with 40+ years of experience. Dr. Lammers founded and developed Logosynthesis, a new and elegant model for healing and development. Explore the power of words to restore the flow of energy in your life and heal your connection to your essence.

**TOP EMBODIMENT TIP:** Use Logosynthesis to reconnect and live to your essence.

# Logosynthesis: Self Coaching and Guided Change

- Combines ancient knowledge with concepts derived from psychotherapy and energy psychology.
- Starts from the basic assumption that everything is energy.
- Supports healing your connection to your essence, resolving patterns of frozen or misplaced energy.

# Energy: Matter, Information, Consciousness, and Intention

- Energy is the potential to affect something. We need energy for life, movement, heat, electric currents and electromagnetic waves.
- Energy can flow freely or be stored. Our energy acts as a wave, flowing freely, or as a particle which is frozen.
- In flow, you are fully connected to a universal consciousness. You have a purpose, and life has meaning.
- Procrastination is an example of frozen energy. You are distracted from what is important because something is not resolved.

#### Abracadabra: I Create Through Speaking

- Words have an active manifesting power beyond their content. This power is not limited to God or the Divine.
- Words can change energy patterns. The power of words activates the energy that creates all that is.
- Logosynthesis activates the power of words, with the help of specific sentences in order to restore the flow of your life energy in the service of healing and development.
- The power of words works immediately, beyond reason. You can use this power to reduce stress, to resolve blocks and to heal anxiety.

#### <u>Resources</u>

- Books: Discover Logosynthesis<sup>®</sup>: The Power of Words in Healing and Development; The Energy Odyssey: New Directions in Energy Psychology
- Facebook: <u>facebook.com/groups/logosynthesis</u>
- Website: <u>logosynthesis.net</u>





# **Dr. Willem Lammers**







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<u>Michelle Boulé</u> is a Transformational Life Coach, Healer, and world-renowned and award-winning Dance Artist and Teacher. She is the CEO of a multi 6-figure coaching+healing business, helping compassionate creatives all over the world manifest the lives they desire with more confidence, joy, impact, and alignment towards their truth. Her online group programs, private coaching, speaking, in-person retreats, and teaching draw from over 20 years of practice in somatic therapies, energy medicine, mindset psychology, spirituality, and an award-winning international career in dance. Clients and students praise Michelle for her direct, intelligent, loving, and joyful approach to guiding groups and individuals.

As a gift to all Embodiment Conference participants, please <u>click here</u> to download Michelle's free **5 Step Guide to Erase Doubt, Claim Your Truth, and Create the Business and Life You Desire.** If you suffer from loops of self-doubt, indecision, exhaustion, or a life that is less than fulfilled, this guide offers powerful insights and practical Action Steps you can use right away to create the life you truly desire.



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