



Celeste Pomegranate: Group Intimacy - Connecting Through The Soul



Celeste Pomegranate is a 21st Century, Berlin Based, Priestess who holds powerful and transformational temple spaces of full permission, vulnerability and strength. Her focus is to awaken people's souls, and help them remember their inherent power, love and creativity. She vibrates a strong transmission of unapologetic love combined with a fierce and clear energy, that cuts through any bullsh*t. Celeste holds a leadership role in Shamballa School, a mystery school dedicated to the fire of spirit and its transmission of the cosmic purpose, will and power at the heart of the whole evolutionary process on earth. Explore the topic of connecting with the soul, the body and the collective.

TOP EMBODIMENT TIP: Dance. Dance Every Day.

Soul Connection: **How to Connect to the Soul by Landing it in the Body Through the Breath and Heart**

- Celeste gives a guided meditation.
- Celeste then invites Q&A and commentary from the audience regarding their experience.

Audience Experiences:

- Courage
- Courage is when we show up regardless of the fear and it is inspirational.
- Love Experience
- Love can be frightening. Connect to the aliveness behind it
- Soul Happiness
- Emotional Movement
- Exploration
- See how others are. The bus driver. Anyone. This is what we are here for.
- Being Radical
- It is a step by step journey because it can be radical and painful

Resource:

❖ **Instagram:** [@celestepomegranate](https://www.instagram.com/celestepomegranate)



Celeste Pomegranate





All Intimacy & Relationships Presentations are Proudly Sponsored by [Ilan Stephani](#)



Ilan Stephani is a cutting-edge somatic teacher, speaker, and coach. Her visionary research focuses on cultural taboos, embodiment tools, sexuality and collective trauma. She gained nation-wide attention with her bestselling book “*Skin and Games – What Sexwork Taught Me About Love*”.

Ilan offers **online trainings and in-person retreats** and her work has been described as an “Avantgarde Embodiment Training for Warriors“. She teaches in both German and English.

Currently she is dedicating an online training to **#LoveAndRage** - a somatic series of events teaching how to un-learn cultural confusion around anger, relationship, love and self-love. **#LoveAndRage** explores how to activate innate instincts and boundaries, and how this empowers human love beyond concepts and words. You are welcome to find out for yourself!

ILAN STEPHANI

Love and Rage Embodiment Training ilanstephani.com/loveandrage

Website ilanstephani.com Instagram [@ilianstephani](https://www.instagram.com/ilianstephani)

Facebook www.facebook.com/ilanstephani