



### Nicoleta Carpineanu: Forests Without Frontiers



Nicoleta Carpineanu is a UK-based, Romanian artist, DJ, producer, senior yoga teacher, and environmentalist. Explore the forests of the Transylvanian region of Romania and travel to the countryside, journeying through history all the way from the communist era to the present day, using music as your guide.

**TOP EMBODIMENT TIP:** Get out of the way and let it do you; just be it.

#### Forest Wisdom:

- **We all have invisible roots that keep us connected to the Earth at all times;** this is what feeds us and keeps us alive.

#### Embodying Forests Without Frontiers: **We Don't Need to Think About What Makes Us Do Something, Just Be It.**

- Nicoleta gave little thought as to what made her travel back to Romania, but it was as if she had received a message to *just go*; a message that was transmitted from the forest to her, and that arrived, through her, to the elders of the region.
- Hearing the traditional music of the countryside was not enough, Babu Ion (pronunciation: ba-boo yawn) insisted she needed to hear the flute played in the forest, in order to truly connect to the meaning and power of the sound.

#### The Living Forest:

- From growing up during the communist times to returning to modern-day Romania, the forest has always been the constant in Nicoleta's life.
- Younger generations have become disconnected from nature and the **time to recreate that connection and strengthen the bond** is now the present moment.
- Through music and get-togethers, we can make planting trees hip and fun.

#### Global Vision:

- **Elders will be planting trees with their grandchildren near the cities.**
- Make nature "*cool*" again.
- Working with NGOs, businesses, universities, and volunteers to educate, resource, assist in planting trees.
- Reaching out across the world, beginning with the Carpathian mountains in Romania, Indonesia, and the Amazon in South America.

#### Resources

- ❖ **Website:** [forestswithoutfrontiers.org](https://forestswithoutfrontiers.org); [nicodetransilvania.com](https://nicodetransilvania.com)
- ❖ **Instagram:** [@nicoleta\\_carpineanu](https://www.instagram.com/nicoleta_carpineanu)
- ❖ **Facebook:** [nicoleta.carpineanu](https://www.facebook.com/nicoleta.carpineanu)



## **Nicoleta Carpineanu**





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Forests Without Frontiers is a non-profit CIC dedicated to planting trees and reforesting degraded landscapes with support from a network of artists and musicians, as well as businesses and individuals working to become carbon-positive.

The initiative was founded by Nicoleta Carpineanu (aka Nico de Transylvania), a Romanian, UK-based DJ/Producer who grew up in the forests of Transylvania. We began our first key project in Romania in April 2019 and in our first year planted over 25,000 trees. We reforest land that has been clear-cut, where natural reforestation would not occur. We only plant native, biodiverse species, grown locally and cared for until maturity in legally protected areas, adjacent to existing natural forests. Our aim is to plant one million trees in the Carpathians and beyond by 2025.

**OUR MISSION** is to preserve our forests and the people and wildlife they nurture, and to promote connection with nature through music, art, and culture.