



Dan Joy: Transformation of Leaders Through Bodywork



Dan Joy is trainer, coach, complementary therapist, reiki master, 4 hand-Lomi Lomi masseur. Learn about Lomi Lomi- 4-8 hands massage and it's very profound depths and meanings.

TOP EMBODIMENT TIP: Exhalation: think of now. Inhalation: here, physical location is on the tummy.

Dan Joy's path to Lomi Lomi-massage **A Hawaiian Massage**

- Lomi Lomi is used in many different circumstances, such as: preparing for pregnancy, helping women prepare for labour, preparing warriors for battling and conflict resolution.
- Special use: marking milestones in life: weddings, moving into adulthood.
- Developing sessions with up to 10 hands, which is a mind blowing experience.

Simple exercise of massage:

- Massaging the wrist/arm, strictly with no point or intention, just doing it.

About the sessions: **Feeling Guided By Mind, Heart and Body**

- There is no goal, only the presence with the other human body.
- Many people experience emotional, spiritual journeys and compare it to experiences of MDMA or DMT.

Understanding collaboration through massage: **Dealing With Micro Tensions of the Group of Masseurs**

- Fully embracing the individuality combined with the others dropping ideas or concepts of what "should happen".
- Dealing with being helping and helping other through the session

The biophysiological:

- **DMT** is released withing our bodies at **birth, death and near death experience.**
- This is **presumably happening in 4 handed or more handed sessions.**

Lomi Lomi used In leadership:

- When the leader in ancient Hawaiian culture had to make an important decision, he/she had to be the best and most aligned version of him or herself.
- When changing into a new chief there would be a 15 days long initiation for the purpose of resetting to become a leader.
- Many initiations deal with death or dying in one or the other way.

Resources

- ❖ **Website:** www.stayintouch.earth, <https://4handedlomi.com/>
- ❖ **Courses:** [The Inspired Leaders Programme](#)



All Leadership & Business Presentations are Proudly Sponsored by [Michelle Boulé](#)



[Michelle Boulé](#) is a Transformational Life Coach, Healer, and world-renowned and award-winning Dance Artist and Teacher. She is the CEO of a multi 6-figure coaching+healing business, helping compassionate creatives all over the world manifest the lives they desire with more confidence, joy, impact, and alignment towards their truth. Her online group programs, private coaching, speaking, in-person retreats, and teaching draw from over 20 years of practice in somatic therapies, energy medicine, mindset psychology, spirituality, and an award-winning international career in dance. Clients and students praise Michelle for her direct, intelligent, loving, and joyful approach to guiding groups and individuals.

As a gift to all Embodiment Conference participants, please [click here](#) to download Michelle's free **5 Step Guide to Erase Doubt, Claim Your Truth, and Create the Business and Life You Desire**. If you suffer from loops of self-doubt, indecision, exhaustion, or a life that is less than fulfilled, this guide offers powerful insights and practical Action Steps you can use right away to create the life you truly desire.

CONNECT WITH MICHELLE: **Website** michelleboule.com **Instagram** [@michelle.boule](https://www.instagram.com/michelle.boule) **LinkedIn:** [Michelle Boulé](#)

Interested in securing **LIFETIME ACCESS** to the Embodiment Conference?

				
Recordings	Cheat notes	Bookmarks	Learning lists	Recommendations
Lifetime access to sessions to watch as you please. Video and audio-only options.	Notes on each session to highlight key takeaways and fast-track your learning.	Bookmark your favourite tools to jump back whenever you need them.	Bite-size lists to help structure and guide your learning.	Find new teachers and discover topics personalised to your tastes.

Get lifetime access now