



Rev. Prof. June Boyce-Tillman MBE: Embodying Musicking



The Reverend Professor June Boyce-Tillman MBE read music at Oxford University and is Professor Emerita of Applied Music at the University of Winchester and Extra-ordinary Professor at Northwest University, South Africa. The artistic convenor of Music Spirituality and Wellbeing International, she has worked a great deal in interfaith and intercultural dialogue. Explore the role of embodiment in orate and literate musical traditions, particularly the orate traditions of sub-Saharan Africa, together with folk traditions in England, which will be compared with the literate Western classical tradition.

TOP EMBODIMENT TIP: Sing your note, otherwise there will be one-note missing from the universe of sound.

Music and the Natural World: **Ecomusicology, respecting the more-than-human world, the first sounds on Earth.**

- Making music for trees, trees communicating with each other and to us, barefoot musicking - feeling the earth.
- Making instruments without regard for the tree or other natural materials they are made from eco-destruction.
- Sounds: geophony (E.g.: wind), biophony (all species in a habitat), anthropophony (human-generated, technophony).

Inclusivity and Accessibility: **Elitism and egalitarianism, intellectualism and expression, inequality, and empowerment.**

- Western classical canon (literate) is a less embodied musicking than indigenous peoples' music, folk music, etc.
- Mind has learned to decode the notes when reading music, but the body has not embodied them.
- Orate traditions - passed on by word of mouth.
- To make music is to belong.
- Community music: everyone can take part in it.

Music for Health and Wellbeing: **Holistic benefits of music, sound, and singing.**

- Singing is deeply embodied, improving breath control, giving mental health benefits.
- Music is useful for multifaceted neurological stimulation, sound baths, and music therapy.
- Cymatics: Effects of sound on the body
- Somaesthetics: Body as a place for sensory appreciation.

Music as Transformation: **Personal and cultural growth, spirituality, and liminal experience.**

- Music for peace and conflict: singing the chakras, singing/chanting sacred words, meditative music, etc.
- We can transform cultures and individuals within them by embodying musicking.

Resources

- ❖ **Books:** List of publications: <http://mswinternational.org/related-publications/>
- ❖ **Website:** <http://mswinternational.org/>, <https://juneboycetillman.wordpress.com/>



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Forests Without Frontiers is a non-profit CIC dedicated to planting trees and reforesting degraded landscapes with support from a network of artists and musicians, as well as businesses and individuals working to become carbon-positive.

The initiative was founded by Nicoleta Carpineanu (aka Nico de Transylvania), a Romanian, UK-based DJ/Producer who grew up in the forests of Transylvania. We began our first key project in Romania in April 2019 and in our first year planted over 25,000 trees. We reforest land that has been clear-cut, where natural reforestation would not occur. We only plant native, biodiverse species, grown locally and cared for until maturity in legally protected areas, adjacent to existing natural forests. Our aim is to plant one million trees in the Carpathians and beyond by 2025.

OUR MISSION is to preserve our forests and the people and wildlife they nurture, and to promote connection with nature through music, art, and culture.