



Thea Allison: Embodying Magic as a Leader of Life and Business



Thea Allison has been an Intuitive Coach for 12 years. As a graduate of the Embodied Facilitators Course she has developed a new offering called “Embodied Creativity” that brings together embodiment and intuition to create results. Find a deeper understanding of yourself and gain practical tools to use on a daily basis to create magic in your life.

TOP EMBODIMENT TIP: Take time with your breath, let it bring you to stillness and openness.

Magic: What Is It?

- When you create results in your life and, looking back, you aren't really sure how you got there... that is magic!
- Humans are naturally creative and are constantly creating magic.
- Magic can go two ways: helping us toward the results we are seeking or reinforcing patterns and beliefs we don't want.

Mechanics of Magic: We Get Out What We Put In

- Un-Conscious Embodiment is the collection of beliefs and assumptions about life that we create from a young age, which can lead us into negative feelings and behavior patterns.
- Super-Conscious Embodiment is the information that comes from opening to life, fueled by our imagination and intuition.
- Our Creative Core is where the magic happens! The Creative Core creates what it receives from the Un-Conscious and Super-Conscious. If we shift our focus to the Super-Conscious we move toward our desired end result of creating change and positively impacting the world.

Creative Tension: The Fuel Behind Your Magic

- Creative Tension is the gap between your current reality and your vision.
- If you shrink your vision or refuse to accept where you are, the tension will drop away and you will lose the force needed to catapult you toward your desired end result.
- If you hold and embody the tension it pushes up ideas, information and inspiration. This is the magic!
- Creative Tension can feel uncomfortable, but the more you exercise your intuition the more it starts to deliver the results you're after.

Resources

- ❖ **Website:** theaallison.wordpress.com/
- ❖ **Twitter:** [@theaallison](https://twitter.com/theaallison)



All Leadership & Business Presentations are Proudly Sponsored by [Michelle Boulé](#)



Michelle Boulé
COACHING & HEALING

[Michelle Boulé](#) is a Transformational Life Coach, Healer, and world-renowned and award-winning Dance Artist and Teacher. She is the CEO of a multi 6-figure coaching+healing business, helping compassionate creatives all over the world manifest the lives they desire with more confidence, joy, impact, and alignment towards their truth. Her online group programs, private coaching, speaking, in-person retreats, and teaching draw from over 20 years of practice in somatic therapies, energy medicine, mindset psychology, spirituality, and an award-winning international career in dance. Clients and students praise Michelle for her direct, intelligent, loving, and joyful approach to guiding groups and individuals.

As a gift to all Embodiment Conference participants, please [click here](#) to download Michelle's free **5 Step Guide to Erase Doubt, Claim Your Truth, and Create the Business and Life You Desire**. If you suffer from loops of self-doubt, indecision, exhaustion, or a life that is less than fulfilled, this guide offers powerful insights and practical Action Steps you can use right away to create the life you truly desire.

CONNECT WITH MICHELLE: Website michelleboule.com Instagram [@michelle.boule](https://www.instagram.com/michelle.boule) LinkedIn: [Michelle Boulé](#)

Interested in securing **LIFETIME ACCESS** to the Embodiment Conference?

				
Recordings	Cheat notes	Bookmarks	Learning lists	Recommendations
Lifetime access to sessions to watch as you please. Video and audio-only options.	Notes on each session to highlight key takeaways and fast-track your learning.	Bookmark your favourite tools to jump back whenever you need them.	Bite-size lists to help structure and guide your learning.	Find new teachers and discover topics personalised to your tastes.

Get lifetime access now