



## Orit Klapisch: Embodied Imagery in Supervision



Orit Klapisch is an EABP registered body psychotherapist practicing in Israel, a dance/movement therapist and teacher in Israel. Orit established The ILABP body psychotherapy organization branch in Israel. She founded a relational body psychotherapy supervision program as well as a relational trauma body course. This Workshop considers the place of imagery in supervision and its relational and corporeal resonances in the supervisory relationship.

**TOP EMBODIMENT TIP:** Perception of the self is the embodied self.

### Relational Body Psychotherapy: **The Body, The Relationship, The Imagery.**

- The Body - Listen to your body: we work with the resonance.
- The Imagery: This has been used in psychotherapy since it began.

### Imagery in the History of Psychotherapy: **Historical Development of the Metaphor in Supervision.**

- Freud: Used the descriptions and images of the ego and the id.
- Jung: Used archetypes to build on the history of the person .
- Klein: Perceived the relationship of metaphors: the baby relating to the mother in a metaphorical way, and the formation and use of imagery. If the mother cannot 'hold' the interaction within the relationship, it transfers to the child. The child grows to be the person unable to handle emotions.
- Winnicott and Bion: Holding and The Container.

### Relational Theory;

- Abuse, especially from a caretaker, may result in 'parts' of connection and disconnection
- This is due to the different aspects of the relationship.
- From this, **different 'self-parts' play a role in therapy, through the lens of supervision.**
- 'Holding' described by Winnicott in 'the container' originally
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### The Relationship Map: **The Body and Imagery in Supervision.**

- Self-parts, meeting self-parts of the client.
- Looking at an image or metaphor from the client; see the image which is raised.
- Look at the image, and how it relates to me as the therapist; what this relates to us; what changes we can make which would then project.
- **The Body, The Image, The Relationship.**

### Resources

- ❖ **Website:** [Orit Klapisch.](#)
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