



Paula Ditzel Facci: Dancing Conflicts, Unfolding Peace: Movement for Conflict Transformation



Paula has a PhD in Peace and Conflict Studies and is a dancing peace researcher and facilitator who teaches Conflict Transformation at the University of Innsbruck in Austria. She is the author of *Dancing Conflicts, Unfolding Peace: Movement for Conflict Transformation*. Prepare to have your perspective on peace and conflict expanded and transformed through engaging the practice and theory of dance.

TOP EMBODIMENT TIP:

The time has come to stop waging war on our bodies, and to allow the peace that is within to unfold.

Brief Introduction: 'Peace, Dance And Conflict'

- How does one allow peace to unfold instead of incurring violence?
- Is it the government's job to create peace?
- What does dance have to do with peace?
- Redefining peace and the importance of doing so

Three Perspectives On Peace: An Exploration

- Peace as an experience.
- Peace as a process of transformation,
- Peace as action.

Examining The Framework: 'Dancing Conflicts'

- Connecting conflict, peace and dance through the perspectives of experience, process and action.
- How do these perspectives enable conflict transformation both at the intrapersonal and relational levels?

Resources

- ❖ **Books:** *Dancing Conflicts, Unfolding Peace*, by Paula Ditzel Facci
- ❖ **Website:** <https://www.peacetraining.eu/trainer/425>



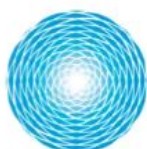
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Amara Pagano is a leader and innovator in the world of conscious dance. She is the creator of the [School of Azul](http://SchoolOfAzul.com) and the co-founder of the global conscious dance community [OneDanceTribe](http://OneDanceTribe.com). Azul is a path of personal transformation that supports the awakening of consciousness and recognizes that, as we transform ourselves we create the conditions for our world to transform.

The **Path of Azul** is a map for life designed to take participants through a journey of healing and self-realization utilizing dance and the body as vehicles for exploration. Azul has three gifts for all Embodiment Conference participants.

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