



**Daniel Leviathan: Changing our Internal OS (Operating System) from Surviving to Aliveness**



Daniel Leviathan Started off as a 12 year old who didn't know how to read or write and worked his way up to the head of strategy of a multi-million dollar business. At the age of 21, he was leading an Innovation & Artificial Intelligence section in the Israeli intelligence Corps. At the top of his career, he left everything and disappeared, embarking on a journey into the unknown. Join this session to consider how we can reprogram our internal operating system and cultivate one that is based on freedom and aliveness?

**TOP EMBODIMENT TIP:** Bring rituals, practice and action to life.

**Operating System: Survival and Aliveness**

- Survival is useful when necessary; Aliveness is the Operating System that allows full living and opportunities.
- How to change the OS from the inside.
- The cycle of survival involves threat; In animals when they are not under threat, they rest or play.
- We ask from a place of absence, what we need to get to be fulfilled.

**Two Cycles: Friendly and Threatening Universe**

- How we operate from the cycle of the perception of the Universe is Friendly or Threatening.
- When we are in our shadow or triggered, we access our shadow and are in survival.
- When we operate from aliveness, we are much more in possibility and feeling great.
- Ask yourself what you like doing and what would you do just for the fun of it?

**Experience: The Willingness and Experience of Aliveness**

- When we align and let the energy flow then we access the flow state; There are many technologies to access this state and shift the OS.
- Ask yourself what tools resonate with you from this conference.
- When we are open, free and alive then we can listen to inspiration. Survival creates reaction to the world and others.

**Practices: Observer, Emotional Release and Movement**

- You can practice being an observer of your thoughts. You can just move or dance. You can make sounds with breath.

**Rituals: Tools for Manifestations in Time and Space**

- You can make a ritual of choosing life again and again every morning.
- Use the tools from the conference and make it consistent and varied.

**Resources**

- ❖ **References:** [Forbes: Daniel Leviathan](#)
- ❖ **Social Media:** LinkedIn: [Daniel Leviathan](#).



## Daniel Leviathan





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As a gift to all Embodiment Conference participants, please [click here](#) to download Michelle's free **5 Step Guide to Erase Doubt, Claim Your Truth, and Create the Business and Life You Desire**. If you suffer from loops of self-doubt, indecision, exhaustion, or a life that is less than fulfilled, this guide offers powerful insights and practical Action Steps you can use right away to create the life you truly desire.



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