



**Panel Discussion: Chakra Unicorn Rainbow Phallus Meditation.**



Mark Walsh has dedicated his adult life to studying the “embodied” approach to being a leadership trainer. Founder of The Embodied facilitator Course and Embodied Yoga Principles. Experience of peacebuilding and trauma education work in various conflicts such as Afghanistan, Israel/Palestine, Northern Ireland and Ukraine.

Steve is an embodiment teacher and coach with a practice background in meditation, martial arts, yoga, breathwork, and dance. His interests lie in connecting the subjective and objective worlds, bringing more science into embodiment and embodiment into science. Steve has degrees in Astrophysics, Mathematics and Education, and was a finalist in Australian state education awards in his first year of teaching.

Yolanda is the channel manager for the meditation and breathwork channel. In this position she had been able to combine skills in organisation and coordination with her passion for embodied practices. She is a hula-hooper, yogi, dancer, meditator and area organiser of Glasto Latino at Glastonbury Festival.

Mark, Steve and Yolanda dive into the common problems in the spiritual communities by taking on new, fictional characters for this panel. Join this satirical discussion to hopefully have a good laugh, but beware if you’re easily triggered it might not be for you as possibly traumatic subjects are discussed.

**Mark Walsh as Robert McKlinsey;** an Embodiment Guide for Corporations.

- It’s really about charisma, presence and impact.
- Work includes helping businessmen be more efficient in providing screws for torture equipment to China.
- My embodiment work primarily helps myself, then the executives.
- Inbreath; money money money, outbreak; all the socialism.

**Steve New as Mr. The One;** a Guru Amongst Some Sexual Scandals.

- I am the leader that can connect us all in these difficult times. Embodiment is about connection.
- I help all people.
- There is no future world and no past world, everything is here, now.
- I feel the 5G is infiltrating this circle of ours.
- You can have more than just a taste of my work.

**Yolanda Iseley as Miss Unicorn Love;** Spreading and Embodying Rainbows.

- If you feel the unicorn inside you, it can radiate out.
- Through my crystal program I’m trying to get one crystal for every child.
- By meditating and sending energy to rabbits in cages we can help them to free themselves.



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**Philip Shepherd** is the author of two books, *Radical Wholeness* and *New Self, New World*, and is also the originator of The Embodied Present Process (TEPP), which is taught online and in workshops around the world.

When you belong to a culture that lives in its head, you absorb its limiting assumptions at a tender age – assumptions about what it means to be human, what the body is, and what intelligence is, for starters.

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