



Well-Being Resources
UNIVERSITY OF GEORGIA

We're here for **U**
when you need
someone to talk to



Students receive

FREE IMMEDIATE ACCESS TO TELETHERAPY

Choose a therapist based on your preferences
gender, language, ethnicity, focus area

at a time that fits your schedule
day, night, weekend availability
by video, phone, chat, or message



Private. Secure. Confidential.

Scan QR to get started