## The Burnout & The Glow-up

No one knows what it was like to be me To wake up each day, still struggling This is the story of my addiction My journey with methamphetamines

I applied for a job today, but they wouldn't hire me I guess it's because of my dirty laundry The past always comes back to haunt me... I should just give up, what's the point? It's just so exhausting, ya know? Life's just so tiring... Because my mind's undergone this hard rewiring With disconnect in synapse not firing I'm losing this battle and I can't win it Hour by hour; minute by minute The faster I go, the slower I'm getting Time is frozen, but the clock's still ticking A week's gone by in just one sitting Just one sitting. No bull shitting I promise you that I'm not kidding You got spunk kid, but you're head's not in it Your head's not in it;

## SPACE FOR LEASE

Nope! It's been rented.

It's running this show and I'm just the tenant

Just the tenant

Not in attendance

I'm on my knees and seeking penance

Now I lay me down to sleep
That I may close my eyes
For in the darkness of my dreams
Are nightmares in disguise
I awaken in this daze
This haunting over me

I begin to look around, slowly My conscious lessening This paradox; this other world So familiar, still, it seems And even though I'm terrified Somehow, it's comforting

\*Knocks on left and then right sides of skull like a door\*

"Are you in there? Can you hear me? I know that you're sick and you're faced with such challenge Everyday is a struggle to find such a balance To wake up each day; To find motivation So you pick up that needle; Self-medication You'll follow the man and he'll lead you to drink While stuck in the mud, you continue to sink Completely unaware though, I realize you're trying In your own way, but slowly I'm dying! In an effort to find some semblance of love I picked up that pipe, I've too done those drugs A bonding experience was all that I saw And it cost me my home; The final straw I've slept on a mattress. I've slept on couches Reprieve in white crystals in small Ziploc pouches Addiction is hard, to try and refrain My rock bottom; I woke up in a storm drain Today's not my birthday, but I'm still fucking sober Blessings are real and my life's started over Sometimes it takes just one person to see You're worth more than you know to make you believe There's nothing worth doing if nothing to learn I'm blessed with new tools to conquer the world!"

"So, wherever you are, **Meth**, I hope you can see
That I didn't need you, Bitch, you needed me!
I'm knocking down walls and I'm following my dreams
I'm achieving my goals; I aim to succeed.
Each new challenge, head-on, I'll face
You'll stay here in my heart; locked in my safe space!"