

## VALLY O

New Orleans, Louisiana

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### Creative Storyteller

#### Objective

Creative, exploratory, and socially driven performing arts that blend hands-on experimentation with deep thinking and community impact.

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#### Education

##### The New School – BA/MA Program, Liberal Arts and Sciences

New York, NY | 2022–Present

##### Fontainebleau High School

Mandeville, LA | Graduate, Class of 2015

#### Acting Training & Intensives

- Doug Spearman – Scene Study (Nov 2023–Nov 2024)
  - Lance Nichols – Acting Consultancy (2020–2024)
  - Launch Model and Talent – Acting 101 and Auditioning
  - LA to LA Summer Workshop Intensive and Showcase (2018–2019)
  - Ryan Glorioso – Acting Intensive (2018–2019)
  - Creating U Acting & Modeling, Covington, LA (2017–2018)
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#### Performance Highlights (Speaking & Poetry)

- *Red Ribbon Week Rally, Chalmette High* – “Tha Mash Unit,” Spoken Word Poet & Performer (Oct 2023)
- *The Future is Black Joy, Black Art, Black Music* – Curator and Featured Poet, JAMNOLA (Mar 2021)
- *Innocence Project New Orleans* – Featured Poet, Virtual Community Forum (Feb 2021)
- *Community Engagement Showcase* – BB King's, New Orleans – Featured Poet (Nov 2020)
- *Frontyard Entertainment* – Featured Poet (Aug 2020)
- *The Front Gallery* – “Whose Show, Our Show” – Featured Poet (July 2020)

- *Juneteenth Parade* – Featured Poet, Covington, LA (June 2020)
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## **Theater & Production Experience**

- *It Gets Darker* – Writer, Director, Performer | (2024)
  - *The Breadth Project: 8:46* – Writer, Director, Performer | (2020)
  - *The Vagina Monologues* – Stage Hand & Production Assistant, Ashe Powerhouse Theater (2020)
  - *Leader of the Pack* – Supporting Role & Dancer, Dir. Mary Viguera (2015)
  - *One in a Grillion* – Co-Director, Writer, Dir. Jeffrey Polito (2012)
  - *The Wizard of Oz* – Supporting Role & Costume Designer, Dir. Jeffrey Polito (2012)
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## **Epic Assemblies | National School Tour (2015–2016)**

### **Poet / Performer / Educator**

- Performed for 50,000+ students, staff, and faculty nationwide
- Led spoken word and character-building workshops with SADD (Students Against Destructive Decisions)
- Assisted with setup: laying cords, syncing microphones (corded/Countryman), and unpacking stage trusses, lights, and equipment