



VALLY

O'CONNOR

Educational Performer and Writer

## PROFILE

Hi there,

I am a Multi- Hyphenate Writer and Performer with over twelve active years in the industry of creativity. Having studied and performed across the U.S as well as in Kenya, I am certain that performance art has the power to translate social and economic issues into easily digestible palates of information to be used for societal progression.

Over the last several years I have partnered with Epic Assemblies, Voices for The Voiceless, Eh Mah Women's Center, Community Works, and Too Good for Drugs to continue educating the public on equity, diversity, inclusion, justice and healing in relation to under privilege, misrepresented and traumatized individuals.

## CONTACT

PHONE:  
985-272-8

WEBSITE:  
www.vallyo.com

EMAIL:  
iam@vallyo.com

## HOBBIES

Skating  
Yoga  
Calligraphy  
Travel

## EDUCATION

### **The New School**

August 2022- Present

Adults Continuing Education Bachelor Master's Program- Liberal Arts  
Lang's liberal arts education is reading- and writing-intensive and grounded in developing critical thinking skills. In today's polarized world, a liberal arts education is an antidote to simplistic truths and self-serving propaganda.

### **Fontainebleau High School**

August 2011-May 2015

#### Advancements

Honors English

Talented Theater

#### Awards and Recognition

Senior Superlative Best Dressed

Published Anthology English 2

1<sup>st</sup> Place PTA Reflections Award for Creative Writing Essay

#### Clubs

High Impact- Christian Leadership

Theater

## WORK EXPERIENCE

### **Epic Assemblies: Poet/Actor/ Educator.**

**\*\*Nationwide\*\*** Epic Assemblies is America's premier school assembly program. A nationally recognized traveling team of professional artists that educate and inspire students in coping with bullying, suicide, sex, drugs, and alcohol.

Performed as an actress and spoken word artist for a combined 50,000 students, staff, and faculty members at colleges, high schools, and juvenile correctional facilities during this nine-month tour. –

Crew setup included helping unpack all boxes of stage truss, hammers, lights, equipment, mics etc.

Gaffed and setup carpeting to prevent hazards/tripping. - Synced and prepped all mics (Countryman and corded mics w/ stands)

### **Community Works- Peer Educator and Storyteller**

Immerse students in academic enrichment that strengthens curriculum through integration of the arts and culture.

Assist students in English/Language Arts, STEM, and math skills using Louisiana Student Standards.

Provide enrichment-integrated activities that broaden participants' horizons.

Support the overall physical, psychological, and cognitive development of youth in our programs.

### **Jam Nola – Storyteller and Community Events Planner**

Community wide showcase of artists and advocates across New Orleans for Black History Month.

Spearheaded the curation, detail and coordination of the event  
Acted as the voice, tone, and moderator of the event through community support, content distribution, and digital engagement  
Built brand presence and trust, both online and in-person.

## **FREELANCE**

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[Prof. Creative Resume 22.pdf](#)

[Actors Resume.pdf](#)