



Heroes of the Faith Lesson 10 - Mary

Read the Bible passages aloud. Then, answer the questions together. Be sure everyone has a chance to speak.

Soon afterward Jesus began a tour of the nearby towns and villages, preaching and announcing the Good News about the Kingdom of God. He took his twelve disciples with him, along with some women who had been cured of evil spirits and diseases. Among them were Mary Magdalene, from whom he had cast out seven demons; Joanna, the wife of Chuza, Herod's business manager; Susanna; and many others who were contributing from their own resources to support Jesus and his disciples.

Luke 8:1-3, NLT

But very early on Sunday morning the women went to the tomb, taking the spices they had prepared. They found that the stone had been rolled away from the entrance. So they went in, but they didn't find the body of the Lord Jesus. As they stood there puzzled, two men suddenly appeared to them, clothed in dazzling robes.

The women were terrified and bowed with their faces to the ground. Then the men asked, "Why are you looking among the dead for someone who is alive? He isn't here! He is risen from the dead! Remember what he told you back in Galilee, that the Son of Man must be betrayed into the hands of sinful men and be crucified, and that he would rise again on the third day."

Then they remembered that he had said this. So they rushed back from the tomb to tell his eleven disciples—and everyone else—what had happened. It was Mary Magdalene, Joanna, Mary the mother of James, and several other women who told the apostles what had happened. But the story sounded like nonsense to the men, so they didn't believe it. However, Peter jumped up and ran to the tomb to look. Stooping, he peered in and saw the empty linen wrappings; then he went home again, wondering what had happened.

Luke 24:1-12, NLT



Jesus told him, “I am the way, the truth, and the life. No one can come to the Father except through me.

[John 14:6, NLT](#)

To Discuss:

- How do you think Mary felt when she saw that Jesus was alive?
- Why do you think she ran to tell others the good news?
- What does Mary’s faithfulness to Jesus teach us about following Him, even when life is hard?
- How can we share the good news about Jesus with others like Mary did?
- Have you ever felt sad or afraid but remembered that Jesus is with you?
- What is one way you can follow Jesus more closely this week?

Activity: Stations at Home

Option 1: Sharing Like Mary (Luke 8:1–3)

Gather some coins or small objects. Take turns tossing them into a container from a few feet away. Afterward, talk about how Mary used what she had to support Jesus and how we can share what we have to help others.

Option 2: Remembering Jesus’ Sacrifice (Matthew 27:56)

Provide paper and markers or crayons. Take a few minutes to draw a picture of the cross or something that reminds you of Jesus’ love. Share your drawings and reflect on His sacrifice.

Option 3: Jesus’ Burial (Mark 15:42–47)

Choose a family member to be a “mummy.” Use toilet paper or a long scarf to wrap them gently. Talk about how Mary stayed close to Jesus, even at His burial, and how we can stay close to Him too.

Option 4: Telling the Good News (Luke 24:1–12)

Run a short relay as a family. Each runner should shout, “Jesus is alive!” when they return. Celebrate together the joy of the resurrection and talk about how we can share this good news with others.

