



Heroes of the Faith Lesson 1 - My Life at Home

Read the Bible passages aloud. Then, answer the questions together. Be sure everyone has a chance to speak.

See how very much our Father loves us, for he calls us his children, and that is what we are! But the people who belong to this world don't recognize that we are God's children because they don't know him. Dear friends, we are already God's children, but he has not yet shown us what we will be like when Christ appears. But we do know that we will be like him, for we will see him as he really is. And all who have this eager expectation will keep themselves pure, just as he is pure.

1 John 3:1-3, NLT

Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.

Hebrews 12:1, NLT



Talk About Your Family

Joys:

- What are some things you enjoy doing as a family? (e.g., playing games, cooking together, family trips)

Disappointments:

- Are there times when family life is hard? (e.g., disagreements, mistakes, or misunderstandings)

Remind your children that all families experience joys and disappointments, but God's love is perfect, even when people let us down.

1 John 3:1-3

Discuss: What does it mean to be called children of God?

Hebrews 12:1

Talk about running the “race of faith.” What are some things that might slow us down in our faith journey? How can we “strip off” those things?

Discussion Questions

- 1. What makes someone a hero of the faith?**
(Hint: It’s not superpowers, but trusting God and following Him.)
- 2. How does God show us He is the perfect Father?**
(Think about His love, forgiveness, and how He never gives up on us.)
- 3. Why is Jesus important in God’s family?**
(Explain that Jesus made a way for us to be God’s children by dealing with our sin through His death and resurrection.)
- 4. How can we honor God in our family relationships?**
(Examples: being kind, listening, forgiving each other, and praying together.)