



HEROES OF THE FAITH

Large Group

LESSON 5: LARGE GROUP

Moses

MAIN IDEA:

God can do great things through anyone, regardless of their weaknesses or insecurities.

BIBLE PASSAGES:

- Exodus 2:11–14:31

MEMORY VERSE:

“The LORD is my light and my salvation— so why should I be afraid?”

The LORD is my fortress, protecting me from danger, so why should I tremble?”

Psalm 27:1, NLT



Prepare your heart to teach.
Plan for the lesson.



Introduce the story of the Gospel.
(10-15 minutes)



Play large group games.
(25 minutes)

Prepare



Prepare your heart to teach.
Plan for the lesson.

QUESTIONS:

- How can you be praying for the student this week? Are there any specific students or requests you can pray for?
- Are there any changes and additions needed for the Large Group Lesson?
- Is there anything specific you need to communicate to the small group leaders?

MATERIALS NEEDED:

- Bible
- (Optional) Cane, gray wig, and glasses
- (Optional) Theme music from *Mission Impossible*
- (Optional) Printout 1
- (Optional) "Plagues Kit":
 - Hail = ping-pong balls
 - Livestock = plastic cow figure
 - Darkness = sunglasses
 - Frogs = plastic frogs
 - Blood = jar of water with red food coloring
 - Gnats = black dryer lint
 - Flies = plastic flies
 - Boils = rubber finger
 - First born = mask
 - Locusts = plastic bugs

Large Group



Introduce the story of the Gospel.
(10-15 minutes)

INTRODUCTION:

Welcome the students to Crossroads and tell them you are glad they came this week.

(Optional) Go through the “Who is Jesus” call and response.

(Optional) As a group, say the memory verse for this week.

Open with prayer for the students.

THE STORY OF MOSES:

If you have chosen to use the cane, wig, and glasses for the Large Group, ask a student to come up and help play Moses. The student is to act out the story as you tell the story of Moses.

A long time ago, God’s people—the Jewish people—were slaves to the people of Egypt. God saw their misery, and he wanted to set them free.

The problem was that Egypt was really strong. In fact, their army may have been the strongest army on earth at that time.

There was a man named Moses. He was Jewish. he had grown up in the Pharaoh’s palace, but he killed an Egyptian and had to run for his life.

40 years later, Moses was an old man (80 years old already), and he was working out in the wilderness as a shepherd.

One day, while Moses was in the wilderness caring for his sheep, God called to him from inside a burning bush. God told Moses that he was going to set the people of Israel free from slavery, and that he was going to use Moses to do this.

Moses said that he could not do it—it was an impossible task after all. How can one man go against the strongest country on earth?

Moses was really weak. Moses was so weak because he couldn’t believe that God would pick him because he had many fears and doubts. (Explain the doubts—“I can’t speak well.” “No one will listen to me.”)

But finally Moses obeyed God, and he returned to Egypt to speak to the king—the pharaoh. Moses had one message for the pharaoh: “Let my people go!”

Have a student stand up next to a leader and tell the leader, **Let my people go!** The leader shouts back, **NO WAY!**

Now, there was no way that Moses could force Pharaoh to let the people go, but God was on his side, and God fought for Moses and his people.

God sent horrible disasters called plagues onto the Egyptians to convince them to let the people go.



“Who is Jesus”
Call and Response

Narrator: Pharaoh, the king of Egypt, said no. So, God sent 10 terrible things, called plagues, to Egypt.

Scene 1: The Plague of Blood

- Narrator: The first plague turned all the water in Egypt into blood!
- Sound effect: Gurgling water
- Visual: Show a picture or drawing of red water filling rivers and buckets.

Moses told Pharaoh, "Let my people go!"

Pharaoh said, "NO!"

Scene 2: The Plague of Frogs

- Narrator: Next, frogs hopped out of the Nile River and covered the land!
- Sound effect: Ribbit, ribbit, ribbit
- Visual: Show a picture or drawing of frogs everywhere.

Moses told Pharaoh, "Let my people go!"

Pharaoh said, "NO!"

Scene 3: The Plague of Lice/Gnats

- Narrator: Tiny, itchy gnats covered everything!
- Sound effect: Scratching
- Visual: Show a picture or drawing of people scratching.

Moses told Pharaoh, "Let my people go!"

Pharaoh said, "NO!"

Scene 4: The Plague of Flies

- Narrator: Flies covered the skies, buzzing around ruining the land.
- Sound effect: Buzz
- Visual: Show a picture or drawing of flies everywhere.

Moses told Pharaoh, "Let my people go!"

Pharaoh said, "NO!"

Scene 5: The Plague of Livestock

- Narrator: Livestock like cows, horses, donkeys, and sheep died, leaving less and less for the people to eat.
- Sound effect: Cow noises
- Visual: Show a picture or drawing of cows lying down.

Moses told Pharaoh, "Let my people go!"

Pharaoh said, "NO!"

Scene 6: The Plague of Boils

- Narrator: Painful boils covered the Egyptians and their animals.
- Sound effect: Ouch!
- Visual: Show a picture or drawing of people with boils.

Moses told Pharaoh, "Let my people go!"

Pharaoh said, "NO!"

Scene 7: The Plague of Hail

- Narrator: Big hailstones fell from the sky and ruined the crops.
- Sound effect: Thump, thump, thump
- Visual: Show a picture or drawing of hail falling.

Moses told Pharaoh, "Let my people go!"

Pharaoh said, "NO!"

Scene 8: The Plague of Locusts

- Narrator: Swarms of locusts ate all the plants that were left.
- Sound effect: Rustling
- Visual: Show a picture or drawing of locusts covering the ground.

Moses told Pharaoh, "Let my people go!"

Pharaoh said, "NO!"

Scene 9: The Plague of Darkness

- Narrator: A thick darkness covered the land for three days.
- Sound effect: Creaking
- Visual: Show a picture or drawing of people stumbling around in the dark.

Moses told Pharaoh, "Let my people go!"

Pharaoh said, "NO!"

Scene 10: The Plague of the Firstborn

- Narrator: The last plague was the worst. All the firstborn children in Egypt died.
- Sound effect: Crying
- Visual: Show a picture or drawing of a sad family.

Moses told Pharaoh, "Let my people go!"

Pharaoh said..... "GO!"

After all of these plagues, Pharaoh finally let the people go free. God used Moses (who was really quite wimpy) to stand up to the strongest nation on earth. Moses (after much convincing) believed God, and God acted on his behalf to give him the ability to succeed at his impossible mission. God may be calling some of you to do a "Mission Impossible". If he does, he will give you everything you need to succeed if you will trust him and obey.

Games



Play large group games.
(25 minutes)

MATERIALS NEEDED:

- Small item to serve as “bacon” (beanbag, ball, etc.)
- Blanket (or similar, i.e., carpet circle)
- (Optional) Tape

LARGE GROUP GAME: STEAL THE BACON

Materials: Small item to serve as “bacon” (beanbag, ball, etc.)

Object of game: Grab the “bacon” and return to team line without being tagged

How to play: Split the players into two equal teams. Each player on a team gets a number. The same number should be assigned to one player on the opposite team. For example, if there are 5 players on each team, each player will have a number from 1 to 5.

Mark a center line and place the “bacon” on it. Then, mark two parallel lines at an equal distance from the center line, where each team will line up.

The game begins with both teams lined up on their respective lines, facing each other, with the “bacon” in the center. The game leader calls out a number. The players with that number from each team must run to the center to try to grab the “bacon”. The player who grabs the “bacon” must try to run back to their team’s line without being tagged by the opponent.

The other player tries to tag the player who grabbed the “bacon” before they make it back to their team’s line. If the player successfully grabs the “bacon” and returns to their team’s line without being tagged, their team scores a point.

If the player is tagged before reaching their team’s line, the point goes to the other team.

Return the “bacon” to the center, and the game leader will call out a new number. Continue until all numbers have been called multiple times, or until a predetermined score or time limit is reached.

LARGE GROUP GAME: TURN OVER A NEW LEAF

Materials: Blanket (or similar, i.e., carpet circle)

Object of game: Flip the blanket upside down without touching the floor.

How to play: All players begin by standing on one side of the blanket. Players must flip the blanket upside down without any player touching the floor. If any player touches the floor, players must start over.

Depending on the size of your group, consider splitting into several groups and seeing who can finish first to win.

LARGE GROUP GAME: LINE TAG

Materials: Two rolls (one yellow and one black) of crepe paper streamers and one roll of transparent tape per small group

How to play: All players start on the lines. The player who is “it” begins the game by trying to tag other players. All players, including the player who is “it”, must stay on the lines at all times. They cannot step off the lines, or they will be out or automatically become “it”, depending on the variation you’re playing.

Players can move in any direction along the lines but must always keep at least one foot on the line. The person who is “it” tries to tag other players by touching them.

If a player is tagged, they become “it”, and the previous “it” player joins the regular players.

The game continues until a predetermined time or until players decide to switch roles. There isn’t a specific “winner” in this game; the focus is more on fun and movement.

Variations:

- **Safety Zones:** Designate certain areas as safe zones where players can rest but can only stay for a limited time.
- **Multiple People Who Are “its”:** Start with more than one person being “it” to increase the difficulty.
- **Reverse Line Tag:** Players can leave the lines to avoid being tagged, but the person who is “it” must stay on the lines.



HEROES OF THE FAITH

PRIMARY
Small Group

LESSON 5: PRIMARY SMALL GROUP

Moses

MAIN IDEA:

God can do great things through anyone, regardless of their weaknesses or insecurities.

BIBLE PASSAGES:

- Exodus 2:11–14:31

MEMORY VERSE:

“The LORD is my light and my salvation— so why should I be afraid?”

The LORD is my fortress, protecting me from danger, so why should I tremble?”

Psalm 27:1, NLT



Prepare your heart to teach.
Plan for the lesson.



Connect with the kids and make them feel heard and cared for. (15 minutes)



Facilitate activity and study to help kids know and love Jesus. (20-25 minutes)



Lead kids to live out the mission of the Gospel. (5-10 minutes)

Prepare



Prepare your heart to teach.
Plan for the lesson.

QUESTIONS:

- How can you be praying for the students this week?
- Are there any specific students or requests you can pray for?
- Are there any adaptations that you can make to the lesson this week to better serve the kids in your small group or make your small group more effective?
- How can you connect with the students outside of the club over the next few weeks?
- Is there a sporting event or performance you can go to? Can you plan a casual park or fast-food meet-up with them and their families (as a group or individually)?

MATERIALS NEEDED:

- Bible
- Name tags
- Snacks, 1 per child
- Plain white paper, 1 sheet per student
- Crayons or markers, 1 box per small group
- Plastic handcuffs with the word "fears" written on them, 1 per small group (available at Walmart or on Amazon.com)
- Printout 2, 1 per child
- Pens or pencils, 1 per child
- Memory Verse Cards, 1 per child

Connect



Connect with the kids and make them feel heard and cared for.
(15 minutes)

Small Group Session 1

ICE BREAKER:

Distribute name tags and snacks. Choose one of the following icebreaker activities to do together while children eat their snack:

- Option 1: Ask the children to share their highs and lows (the best and worst things that happened to them either today or from the past week).
- Option 2: Ask the children to take turns sharing how they're feeling today using the "How Are You Feeling?" chart (from the CKC Games Bag).

PRAY TOGETHER:

Collect prayer requests from the students. The leader or a student can pray for the entire group or a leader can pair up students and invite them to pray for one another.

INTRODUCTION:

Ask:

- **What is something scary someone has asked you to do?**
- **Why was it scary?**
- **Did you end up doing it?**

Say: **There are some things that we are scared to do. There are other things that we don't feel comfortable doing because we aren't sure how we are supposed to do it.**

ACTIVITY: IMPOSSIBLE TASK

Give each student a piece of paper and ask them to fold the paper in half eight times. While they are trying to do this, you might want to play the theme song from the movie *Mission Impossible*.

After a few minutes of trying, say:

This is an impossible task. It cannot be done—not even by the strongest person on earth.

Sometimes God gives his people impossible tasks, but when he does, there is a purpose (not like this paper folding activity), and he enables them to succeed if they will obey and trust him. An example of this is today's hero—Moses. We will get to hear about Moses' story in Large Group.

Close in prayer.

Heart



Facilitate activity and study to help kids know and love Jesus.
(20-25 minutes)

Small Group Session 2

Say: **Moses was given an impossible task from God. He was to lead God's people out of slavery. This was something that was impossible for Moses to do on his own, but God uses ordinary people just like you and me to accomplish impossible tasks for him.**

Pass out Printout 2 to each student, and allow about five minutes to write, draw, or think.

After this, ask the students to share what they've written, drawn, or thought.

Write down each thing the students say so that you can better pray for them.

Ask:

- **What is something hard God might be asking you to do?** (Forgive a brother or sister, keep up with homework, be patient with someone)
- **What are some things that are holding you back from your task?**
- **What are some of your doubts or fears?** (Remind them of the doubts and fears that Moses had.)

ACTIVITY: FREEDOM FROM FEARS

Ask for a student volunteer, and handcuff them with toy handcuffs with the word “Fears” written on them. Tell the students that their task is to free the volunteer from his or her fears so that he or she can serve God wholeheartedly.

If and when they ask, give them the key freely. Don’t give the key without being asked, and don’t reveal that there is a key.

Say: **God’s love is the key to freeing us from our fears so that we can accomplish impossible tasks for him. When we are chained to a fear that is holding us down, we can’t serve God the right way.**

We just need to trust God and come to him and ask for his help. He wants to help us!

Ask: **How can we overcome our fears?**

The Bible talks many times about God being our Heavenly Father. He loves us and is there for us when we need him.

Read John 1:12 out loud.

- **Who is a child of God?**
- **How can someone become a child of God?** (By believing in Jesus)

Read Matthew 10:29-31 out loud.

- **Who takes care of sparrows?**
- **Are you more important than birds to God?**
- **How does this verse help you not worry?**

Read Matthew 7:9-11 out loud.

- **Have you received a really good gift from a family member?**
- **How did they know what to get you?**
- **What does this passage teach us about God giving us good things?**

HELPFUL HINT

Consider having students read the passages whenever possible.

Hands



Lead kids to live out the mission of the Gospel.
(5-10 minutes)

Small Group Session 2

WRAP IT UP:

Say: **I am glad you are here, and you are important, both to me and to God.**

God has given us his word, the Bible, to help us understand that he is always there for us. God asked Moses to do some things that scared him, but God helped him through all of it.

God is also with us and can help us through the difficult times. We can learn from Moses that trusting God will allow us to do things that might seem impossible to us, but they aren't impossible to God.

Read Matthew 19:26 out loud for the group.

RESPONSE & REFLECTION:

- **What are some things that you worry about?**
- **What might God be calling you to do for him that is scary or seems impossible?**

Write or draw on the back of your memory verse card some things that you worry about, things that might be scary for you, or things God might be asking you to do for him. Pray about those things this week, and then read this verse as a reminder of how God is your help and strength and your salvation.

Print out the memory verse.

Practice the memory verse for this unit (Psalm 27:1).

Pray with the students and dismiss them.



Bible Memory Verse
Games



HEROES OF THE FAITH

INTERMEDIATE
Small Group

LESSON 5: INTERMEDIATE SMALL GROUP

Moses

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Print out the memory verse.

Practice the memory verse for this unit (Psalm 27:1).

Pray with the students and dismiss them.



Bible Memory Verse
Games

Memory Verse Cards

MEMORY VERSE:

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Printout 1A



Printout 1B



Printout 1C



Printout 1D



Printout 1E



Printout 1F



Printout 1G



Printout 1H



Printout 11



Printout 1j



Printout 2

Draw a picture of one of the plagues God sent against the Egyptians.

God called Moses to do something hard. What might God be calling you to do?

Printout 3

Moses and Joseph both ...

1.

2.

3.

Moses and I both ...

1.

2.

3.

God called Moses to do something hard. What might God be calling you to do? How do you know?