## **LESSON 3: LARGE GROUP**

# **My Heroes**

#### MAIN IDEA:

Outward appearances do not reflect a person's character; it's a pure heart that truly defines a hero.

#### **BIBLE PASSAGES:**

- 1 Samuel 16:7
- Luke 16:15
- 1 Samuel 16:7
- 1 Timothy 4:12
- Philippians 2:3-4
- 2 Peter 1:3-8

#### MEMORY VERSE:

"Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us."

Hebrews 12:1, NLT



Prepare your heart to teach.
Plan for the lesson.



Introduce the story of the Gospel. (10-15 minutes)



Play large group games. (25 minutes)

**Large Group** 

# **Prepare**



Prepare your heart to teach.
Plan for the lesson.

#### MATERIALS NEEDED:

- ☐ Bible
- ☐ Sheet of blank posterboard
- □ Posterboard with the words "Outstanding Achievements", "Courage", and "Noble Qualities" written on it
- ☐ Markers, 5 different colors

### QUESTIONS:

- How can you be praying for the student this week? Are there any specific students or requests you can pray for?
- Are there any changes and additions needed for the Large Group Lesson?
- Is there anything specific you need to communicate to the small group leaders?

**Large Group** 

### Large Group



Introduce the story of the Gospel. (10-15 minutes)



"Who is Jesus"
Call and Response

#### INTRODUCTION:

Welcome the students to Crossroads and tell them you are glad they came this week.

(Optional) Go through the "Who is Jesus" call and response. (Optional) As a group, say the memory verse for this week.

Open with prayer for the students.

Today we are going to be talking about your heroes.

To get things started, I need a volunteer to come forward and act out (charades-style – no words!) a personal hero in such a way that the rest of the group can guess who the person being portrayed is. So, for example, you may decide that your hero is LeBron James. You can pretend to dribble and shoot a basketball.

Choose a volunteer.

Give the student volunteer 30 seconds to act out the person they are representing. Give the group 30 seconds to guess correctly or until the time runs out.

Ask the volunteer: Why did you choose this person to be a hero?

Allow several students opportunities to volunteer to act out who their hero is. After playing this game for five minutes or so, ask the students to list the qualities of a hero.

Ask: **What makes someone a hero?** Write their answers down with a marker on a poster board or white board.

Next, show the students a second poster board with the following three items listed:

- Outstanding Achievements
- Courage
- Noble Qualities

**DEFINITION** 

### **NOBLE QUALITIES:**

Having, showing, or coming from personal qualities that people admire (such as honesty, generosity, courage, etc.). He was a man of noble character. It was noble of her to come forward with this information. A noble ideal/ambition/cause/purpose.

**Large Group** 

Say: A hero is someone who is admired because they have one or more of these things.

Return to the poster board on which the students listed the qualities of a hero.

Ask: Which of these qualities would fit with the definition of a hero?

Circle these items with a marker of a different color. (Note: it would be a good idea to use a different color and symbol (e.g., circle, square, triangle) for each of the three categories of heroes (Outstanding Achievements, Courage, Noble Qualities).

Which of these qualities do you think would make someone a hero in God's eyes?

Circle these things in a marker of a different color than you have previously used.

In the world's eyes, a hero is one who has one of these things, but in God's eyes, a person cannot be a hero unless they have a right heart—the noble qualities part.

It is important to God that we choose heroes that have noble character and qualities because we tend to copy those who we admire.

In fact, the word "admire" means that we look upon them with favor. We are looking at them as our examples. If a person's heart is not right, nothing else matters.

WRAP IT UP

What do you think it means to have a right heart?

How can someone have a right heart?

Having a right heart is not something that you can just do, or try harder to get. It only comes through a relationship with God first.

Faith in Jesus is the only way for someone to have a right relationship with God and allows you to have a right heart and noble character.

We will discuss more in our small groups how to have a right relationship with God and how you can have a right heart.

Wrap up with prayer and dismiss to small group.