

# Crossroads Connection

## Heroes of the Faith Lesson 3

**Lesson Title:** My Heroes

**Main Idea:** True heroes are those who have a right heart and who follow God.

**Key Points:**

- Heroes are people who are admired for their courage, noble qualities, and outstanding achievements.
- True heroes are those who follow God and live according to His principles.
- We can choose to be heroes by following Jesus' example.

**Memory Verse**

Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.

Hebrews 12:1, NLT

**Activity:**

- Hero Charades: Students acted out famous heroes and discussed their qualities.
- Hero Qualities Chart: Students identified the qualities of a true hero.

**What You Can Do at Home:**

- Discuss with your child about the importance of having a good character.
- Read Bible stories together about heroes of faith.
- Encourage your child to follow Jesus' example and be a hero in their own way.

**Thank You!** We appreciate your partnership in your child's spiritual growth. Please let us know if you have any questions.