

# Crossroads Connection

## Heroes of the Faith Lesson 12

**Lesson Title:** The Race of Faith

**Main Idea:** To be a successful follower of Christ, we need discipline and perseverance.

### Key Points:

- The Christian life is like a race.
- We need to train spiritually to be successful in our faith.
- Discipline and perseverance are essential for spiritual growth.

### Memory Verse:

For every child of God defeats this evil world, and we achieve this victory through our faith. And who can win this battle against the world? Only those who believe that Jesus is the Son of God.

1 John 5:4-5, NLT

### Activity:

- Skit: A humorous skit to illustrate the importance of discipline and perseverance.
- Discussion: A discussion about the spiritual disciplines that can help us grow in our faith.

### What You Can Do at Home:

- Discuss the importance of setting and achieving goals.
- Encourage your child to develop good habits, such as regular prayer and Bible reading.
- Talk about the importance of perseverance, even when things get tough.

**Thank You!** We appreciate your partnership in your child's spiritual growth. Please let us know if you have any questions.