Version 2 - May 2026

CLEOBURY MORTIMER RUNNING CLUB

Health & Safety Policy

Our responsibilities

Cleobury Mortimer Running Club (CMRC) aims to promote and ensure, so far as is practicable, the health, safety and welfare of all persons to whom we owe a duty of care, including our athletes, volunteers, coaches, spectators and visitors. To help achieve this, Cleobury Mortimer Running Club aims to, so far as is reasonably practicable:

- comply with all relevant health and safety legislation and guidelines;
- conduct risk assessments in relation to each club activity where relevant, and then ensure actions arising from those assessments are implemented in order to eliminate or reduce the risks identified;
- provide and maintain relevant equipment that is safe to use;
- ensure the timely completion of investigations into health and safety incidents;
- put in place processes to help prevent similar incidents from reoccurring;
- ensure there are enough persons at the club who are first aid trained and/or who know how to respond in the case of an accident or emergency, and that everyone at the club knows who those persons are and how to contact them if needed;
- ensure suitable welfare arrangements are in place for those involved with the club; and
- provide appropriate information, instruction and supervision to ensure all those involved in club activity take care of their own safety and welfare and that of others.

Cleobury Mortimer Running Club is committed to the development of individuals involved in the delivery of club activity and aims to:

- establish an effective process that identifies how the health and safety responsibilities are allocated and communicated across the club;
- communicate matters affecting health and safety, including day-to-day health and safety conditions, and;
- provide appropriate information and support to ensure all those with a responsibility for health and safety are competent in their role.

Your responsibilities

Whilst the Club Committee is ultimately responsible for the implementation and management of the health and safety arrangements that exist within Cleobury Mortimer Running Club, everyone must play their part. It is up to everyone involved with the club, from athletes to volunteers etc, to support and cooperate with the Club Committee in fulfilling its aims and commitments above. And ultimately for all those involved in the club to:

- look out for others;
- take steps to prevent health and safety risks from occurring; and
- report any potential or actual health and safety risks or incidents promptly to a member of the Club Committee.

Breaches of this policy

Any breaches of this policy will be dealt with under the club's Grievance and Disciplinary Policy.

Review of this policy and reporting

The Club Committee will review this policy statement at least annually and may make any revisions to it. Any updates will be made accessible to members.

In the meantime, if you have any health and safety queries or concerns, please contact a member of the Club Committee.

Signed: *J. Watson* Date: 20-10-2026

Club Chair