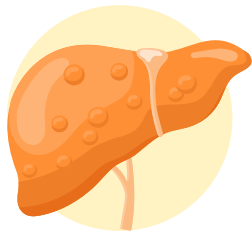


근감소증의 원인



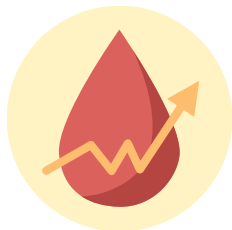
호르몬 분비 시스템 문제



당뇨, 지방간 등 기저질환



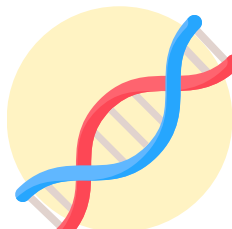
면역력 약화



인슐린 기능 저하



영양불균형



유전적 요인

The beneficial therapeutic effects of plant-derived natural products for the treatment of sarcopenia, J Cachexia Sarcopenia Muscle, 2022