



Nature Show and Tell

Having a **positive relationship** with, and a greater connection to, the natural world makes a person more likely to behave **positively** towards the **environment** and the **wildlife** it contains. Spending time in nature can also have a positive effect on one's **physical** and **mental health**. This activity therefore encourages such a relationship with the natural world.

Ask your students to bring something of the **natural world** to class (e.g. their favorite flower, a cool looking rock, twigs from their favorite tree, etc.) along with a **short speech** about their item. This speech should answer the following:

- Where they found it
- 3 words to describe it
- One scientific fact about their item
- Why their item is special or important to them

We recommend encouraging students **not** to bring in any live animals. Each student can then **present** their item to the class along with their speech which they can read aloud. We also recommend commenting on the **diversity** of items found by the class and therefore the diversity found in nature.

