

# Adventure Northumberland

# **Combined Risk Assessments**

Coasteering | Sea Kayaking | Kayak Coasteering | Rock Climbing

> Version 3.0 Issued: 1st April 2025 Review: Annually



At **Adventure Northumberland**, the safety of our participants, staff, and the general public is of the highest priority. All activities we deliver are guided by robust risk management principles, national best practices, and technical oversight from experienced professionals.

We operate in a range of dynamic outdoor environments including coastline, cliffs, and open water. Each of these presents unique challenges, and we manage them through a combination of:

- Qualified and experienced instructors
- Regular and thorough site-specific training
- High-quality, well-maintained equipment
- Clear and consistent safety procedures
- Dynamic risk assessment throughout each session

# **Risk Assessment Overview**

Each activity undertaken by Adventure Northumberland is supported by a **Generic Risk Assessment**, which outlines the foreseeable hazards, control measures, and emergency procedures relevant to that specific activity.

Activities covered include (but are not limited to):

- Coasteering
- Sea Kayaking
- Kayak Coasteering
- Rock Climbing

These generic risk assessments are regularly reviewed and updated to reflect changes in legislation, environmental conditions, and operational experience. In addition, **Dynamic Risk Assessments** are conducted by instructors on-site before and during each session to address real-time risks such as weather, sea state, group ability, or unforeseen hazards.

# **Technical Oversight and Staff Competence**

All activities are led by instructors with relevant **National Governing Body (NGB)** qualifications or equivalent in-house sign-off where no formal qualification



exists. Additionally, staff undergo site-specific training and are **signed off by our Technical Advisors** before delivering high-risk activities independently.

All instructors hold a minimum of a **16-hour Outdoor First Aid** certificate and participate in continuous professional development and monitoring.

# **Participant Safety Briefing**

Before any session begins, all participants receive a **comprehensive safety briefing** including:

- Use of personal protective equipment (PPE)
- Emergency signals and protocols
- Environmental hazards
- Expected behaviour and group movement
- Procedures for incidents or unexpected events

We believe that **informed participants** are safer participants, and we promote open communication and questions during these briefings.



#### Adventure Northumberland – Coasteering Risk Assessment

Location: Howick Haven to Craster including Rumbling Kern, Cullernose Point and Black Hole, Northumberland Activity: Coasteering Assessor: Michael Curry Date: 1<sup>st</sup> April 2025 Review: Annually

Hazard	Who Might Be Harmed	Control Measures	Residual Risk
Drowning	Participants, Staff	<ul> <li>All participants wear CE- approved buoyancy aids</li> <li>Group led by trained and qualified guides</li> <li>Emergency response plan in place</li> </ul>	Low
Cold Water Shock / Hypothermia	Participants	- Winter-grade wetsuits (5mm) - Pre-activity checks for suitable clothing - Activity curtailed in extreme weather - Group monitoring throughout	Low
Slips, Trips, Falls	Participants, Staff	- Safety brief before each feature - Helmets and sturdy footwear required - Spotting and support by instructors	Medium

# **1. Hazard Identification and Risk Controls**



Hazard	Who Might Be Harmed	Control Measures	Residual Risk
Impact Injuries (Jumping)	Participants	<ul> <li>Features assessed by staff</li> <li>before use</li> <li>Water depth checked before</li> <li>jumps</li> <li>Proper jump technique</li> <li>demonstrated and enforced</li> </ul>	Medium
Tidal Changes / Cut-Offs	Participants, Staff	<ul> <li>Activity planned around tides</li> <li>Staff trained in local tidal behavior</li> <li>Dynamic risk assessment conducted before and during activity</li> </ul>	Low
Entrapment in Caves / Gulleys	Participants	<ul> <li>Staff familiar with all features</li> <li>Features like "Death Gully" avoided during unsuitable tide/swell</li> <li>Group management to limit numbers per section</li> </ul>	Low
Fatigue / Exhaustion	Participants	- Regular breaks - Clear session limits - Leaders monitor participant energy levels	Low
Panic in Water	Participants	- All participants confirmed as swimmers - Close supervision during water-based features - Calm and controlled instruction at all times	Medium



Hazard	Who Might Be Harmed	Control Measures	Residual Risk
Struck by Waves	Participants	- Use of protected entry/exit points - Avoid swell-heavy zones like Cullernose in rough conditions - Position instructors for support	Medium
Equipment Failure	Participants, Staff	- Equipment checked pre/post use - All PPE logged and maintained - Faulty gear immediately removed	Low
Medical Conditions	Participants	<ul> <li>Pre-session medical check</li> <li>Staff carry first aid kit and phone</li> <li>Emergency contact info collected in advance</li> </ul>	Low
Lost / Missing Persons	Participants	- Group kept together with headcounts - Late-back procedures in place - Staff with mobile phone and shore contact available	Low

# 2. Emergency Procedures

- Minor injuries: Treated on-site by trained first aider.
- **Major injuries / evacuation**: Call 999; inform Adventure Northumberland base; manage group safety.

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• **Missing person**: Follow emergency protocol, alert coastguard if required.

#### 3. Staff Qualifications

- Minimum: Sign-off from Technical Advisor + 16hr Outdoor First Aid
- Trainees under supervision with in-house sign-off

# 4. PPE Required

- 5mm wetsuit
- CE-approved helmet
- CE-approved buoyancy aid
- Hard-soled footwear

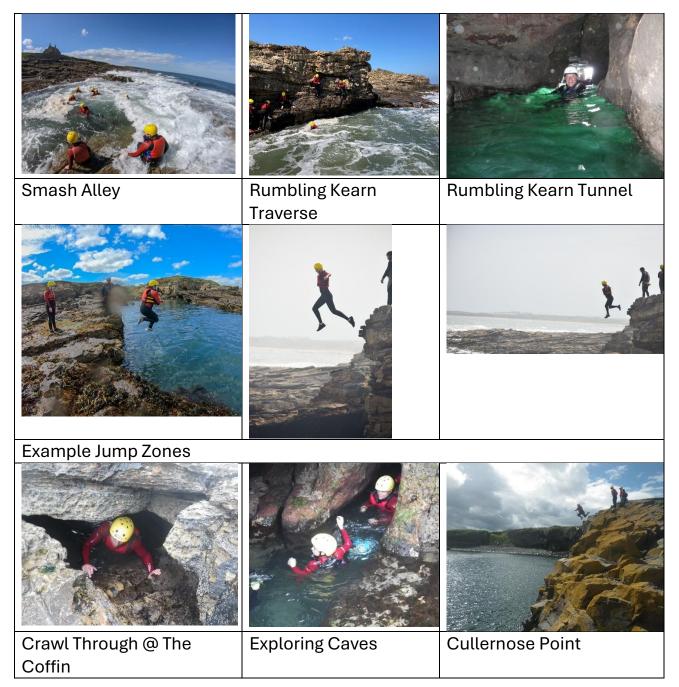
# 5. Additional Notes

Dynamic Risk Assessment: A constant dynamic risk assessment is ongoing throughout; adjustments may be made based on group abilities and prevailing conditions.

- Dynamic Risk Assessment is continuous throughout the activity.
- Group size kept within 8:1 ratio (Instructor: Participant).
- All participants briefed on hand signals, emergency contact protocols, and expected behaviour before entering the water.
- Routes are not fixed, guides will use their discretion and improvise as opportunities arise. The nature of coasteering means a lot of features are improvised although safety remains paramount.



The images below show some of the frequently used features





#### Adventure Northumberland – Sea Kayaking Risk Assessment

Location: Craster Harbour to Cullernose Point, Northumberland Activity: Sea Kayaking (Sit-on-Top Kayaks) Assessor: Michael Curry Date: 1<sup>st</sup> April 2025 Review: Annually

#### 1. Hazard Identification and Control Measures

Hazard	Who Might Be Harmed	Control Measures	Residual Risk
Drowning	Participants, Staff	- CE-approved buoyancy aids worn at all times - Sit-on-top kayaks reduce entrapment risk - All staff hold British Canoeing or equivalent qualifications	Low
Cold Water / Hypothermia	Participants	- Wetsuits issued to all clients - Sit-on kayaks result in greater exposure to splash and wind—sessions adjusted accordingly - Group monitored constantly	Low



Hazard	Who Might	Control	Residual
	Be Harmed	Measures	Risk
Capsize / Falling Off Kayak	Participants	- Sit-on-top design allows easy remounting - Self-rescue techniques taught - Group kept within safe distance of shore and instructor	Low
Strain from Paddling	Participants	- Proper paddle technique taught - Session route and pace adapted to group ability - Rest breaks planned	Low
Collision with Other Water Users	Participants, Staff	- High-visibility helmets/clothing used - Stay out of main navigation channels - Pre-brief includes etiquette and awareness	Low
Rip Currents / Tidal Races	Participants	- Instructors aware of local tidal features	Medium



Hazard	Who Might	Control	Residual
	Be Harmed	Measures	Risk
		(Castle Point, Little Carr) - Route planned to avoid hazards - Emergency towlines carried	
Sudden	Participants,	- Weather	Medium
Weather Changes	Staff	checked prior to session	
		- Sit-on-tops easier to exit in	
		emergency	
		- Dynamic risk	
		assessment	
		ongoing	
		throughout	
		activity	
Getting Lost	Participants	- Group stays	Low
/ Separated		together with	
		clear visual	
		contact - Staff carry	
		phone/VHF	
		- Late-back	
		procedure in	
		place	
Launch /	Participants,	- Stable sit-on-	Low
Recovery	Staff	tops reduce	
Falls		instability	
		- Launch/landing	
		areas checked for	



Hazard	Who Might	Control	Residual
	Be Harmed	Measures	Risk
		slip hazards - Staff support clients physically if needed	
Equipment Failure	Participants	- Sit-on kayaks inspected for cracks, loose fittings - Spare paddles carried - Equipment logged and maintained as per policy	Low
Medical Emergencies	Participants	- Pre-activity checks for health issues - Staff carry first aid and phone - Emergency contacts and procedures reviewed in pre- brief	Low
Wildlife Interaction	Participants	- Passive observation policy - Avoid haul-outs and sensitive breeding areas	Low



#### 2. Emergency Procedures

- **Capsize or fall off**: Sit-on-tops allow quick and easy re-entry; instructor assists if needed.
- **Medical emergency**: Evacuate to shore, call 999 if needed, notify Adventure Northumberland base.
- **Lost person**: Late-back and missing-person protocol followed. Coastguard contacted if necessary.

#### 3. Staff Qualifications

- Lead Instructor: British Canoeing Sea Kayak Leader or Coach, trained in sit-on-top and coastal environments or sign-off from Technical Advisor
- Assistants: Under supervision, site-specific sign-off required
- All staff: Current 16hr outdoor first aid, trained in local risk features

#### 4. Equipment and PPE

- Sit-on-top kayak (stable, open design—reduces entrapment risk)
- CE-approved helmet (where required)
- CE-approved buoyancy aid
- Wetsuit or appropriate thermal clothing
- Hard-soled footwear
- Optional: paddle leash, dry bag, emergency kit

#### 5. Notes

- **Ratios**: Max 8 participants per instructor (adjusted for conditions)
- Dynamic Risk Assessment: Conducted continuously

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• **Consent**: All participants must complete a declaration and safety briefing prior to launch



#### Adventure Northumberland – Kayak Coasteering Risk Assessment

Location: Black Hole, Craster Coastline, Northumberland Activity: Kayak Coasteering (paddle-accessed coasteering activity) Assessor: Michael Curry Date: 1<sup>st</sup> April 2025 Review: Annually

# **1. Description of Activity**

Kayak Coasteering involves paddling to a remote location (e.g. Black Hole) via sit-on-top kayaks and then engaging in coasteering activities including rock traverses, swims, and controlled jumps. This combines hazards of both kayaking and coasteering in a dynamic marine environment.

Hazard	Who Might Be Harmed	Control Measures	Residual Risk
Drowning	Participants, Staff	- CE-certified buoyancy aids worn throughout - Sit-on-top kayaks used to reduce entrapment risk - All staff qualified and first aid trained	Low
Cold Water / Hypothermia	Participants	- 5mm wetsuits provided - Activity limited by weather and water temp	Low

# 2. Hazard Identification and Control Measures



Hazard	Who Might Be Harmed	Control Measures	Residual Risk
		- Dynamic assessment prior to launching	
Capsize / Entrapment	Participants	- Sit-on-top kayaks for easy remount - Rescue drills completed in training - Group stays close to shore for safety	Low
Impact from Jumping / Wash-offs	Participants	- Staff inspect jump spots before use - Briefing and demonstration for proper jump technique - Water depth checked dynamically	Medium
Tidal Changes / Swell at Black Hole	Participants	- Tide and sea state checked before session - Activity cancelled or relocated if swell or tide makes Black	Medium



Hazard	Who Might	Control	Residual
	Be Harmed	Measures	Risk
		Hole entry	
		unsafe	
Strainers /	Participants	- Known strainer	Medium
Underwater		risk mitigated by	
Hazards		timing entry/exit	
		with low tide	
		- Avoid	
		submerged	
		bridge features	
		at high tide	
		- Staff position	
		to intercept	
		incidents	
Slips, Trips,	Participants	- Helmets and	Medium
Falls (on		firm-soled shoes	
rock)		mandatory	
_		- Staff lead and	
		assist during	
		climbs	
		- Movement on	
		wet rock	
		minimized	
Fatigue /	Participants	- Clear brief and	Low
Panic		progressive	
		build-up to	
		jumps/swims	
		- Frequent rests	
		on kayaks or	
		ledges	
		- Group	



Hazard	Who Might Be Harmed	Control Measures	Residual Risk
		monitored continuously	
Kayak Drift / Loss of Equipment	Group	- Kayaks secured or beached above tide line - Paddles tethered or stored together - Staff equipped to tow or retrieve if needed	Low
Medical Emergency	Participants	- First aid kits carried on water and at site - Emergency contact procedures in place - Closest access point pre- identified for rescue	Low

# 3. Emergency Procedures

- **Minor injury**: Treated onsite, session adapted or participant removed by kayak
- **Major injury or evacuation**: Kayaks used to transport casualty to accessible egress point; 999 and base notified

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- **Lost participant**: Group kept tight with regular headcounts; incident triggers emergency search protocol
- **Swamping / group evacuation**: Raft up kayaks, guide to safe landing zone or exit to nearby beach

# 4. Staff Qualifications

- Lead: British Canoeing Coach or Sea Kayak Leader or sign-off from technical advisor
- Coasteering elements overseen by staff signed-off by Tech Advisor
- First Aid: 16hr outdoor minimum
- All staff trained in dynamic risk assessment and site-specific hazards at Black Hole

#### 5. PPE Required

- Sit-on-top kayak
- Paddle, leash, buoyancy aid
- 5mm wetsuit
- CE-approved helmet
- Hard-soled footwear
- Optional: gloves, dry bag with emergency kit

#### 6. Additional Notes

Dynamic Risk Assessment: A constant dynamic risk assessment is ongoing throughout; adjustments may be made based on group abilities and prevailing conditions.

• **Tide Timing is Critical**: Black Hole access and safety depend on tide height and swell. Avoid if large swell or poor visibility inside cave.



- Jumping Restrictions: Staff must verify depth and entry safety immediately prior to use.
- **Supervision Ratio**: Max 8:1; reduced if conditions are challenging or group contains less experienced participants.
- **Dynamic Risk Assessment** ongoing from launch through return.
- Adventure Northumberland Rock Climbing Risk Assessment

Location: Corby's Crag, Near Alnwick, Northumberland Activity: Outdoor Rock Climbing (Top-rope and Bottom-rope) Assessor: Michael Curry Date: 1<sup>st</sup> April 2025 Next Review: Annually

# 1. Site Description

Corby's Crag is a sandstone outcrop offering multiple single-pitch climbs up to ~12 meters. The site is accessible by foot and is suitable for beginner to intermediate top/bottom rope climbing. Weather, rock condition, and land access must be checked before sessions.

# 2. Hazard Identification and Control Measures

Hazard	Who Might	Control	Residual
	Be Harmed	Measures	Risk
Falls from height	Participants, Staff	- All climbers belayed by trained staff - Harnesses, helmets, and ropes checked before use - Clear instruction on	Low



Hazard	Who Might Be Harmed	Control	Residual
	Be narmed	Measures	Risk
		tie-in and belay	
		technique	
Rockfall /	Participants,	- Helmets worn	Medium
Loose rock	Staff	by all	
		- Route checked	
		for loose rock	
		before use	
		- No climbing	
		under another	
		active climber	
Injuries from	Participants	- Staff supervise	Low
equipment		all harnessing	
misuse		and knot tying	
		- Only trained	
		staff set up	
		anchors and	
		manage ropes	
		- Ongoing visual	
		checks during	
		activity	
Belayer error	Participants	- Staff act as	Low
		primary	
		belayers or	
		actively	
		supervise	
		participants	
		- Ground	
		anchors used if	
		needed	
		- Belayer	



Hazard	Who Might	Control	Residual
	Be Harmed	Measures	Risk
		training before	
		climbing begins	
Ground slips /	Participants,	- Area checked	Low
trips	Staff	for uneven	
		ground and trip	
		hazards	
		- Participants	
		wear sturdy	
		footwear	
		- Clear	
		instruction	
		around rope	
		handling zones	
Weather	Participants,	- Weather	Low
exposure /	Staff	forecast	
heat / cold		checked before	
		trip	
		- Group briefed	
		to bring	
		appropriate	
		clothing	
		- Shelter and	
		water available	
Insect bites /	Participants	- Participants	Low
stings /		briefed to avoid	
animals		wasps/nests	
		- First aid for	
		bites/stings	
		available	



Hazard	Who Might	Control	Residual
	Be Harmed	Measures	Risk
		- Avoid leaving food exposed	
Access route hazards	Participants, Staff	- Route to crag checked in advance - Group briefed on walking safely with equipment - Group kept together	Low
Medical issues	Participants	- Pre-session checks for medical needs - Staff carry first aid kit and mobile - Emergency access identified prior to session	Low
Anchor/rope failure	Participants	- All equipment meets EN/UIAA standards - Anchors double- checked and set up by qualified staff - Rope	Low



Hazard	Who Might	Control	Residual
	Be Harmed	Measures	Risk
		condition logged and inspected regularly	

# 3. Emergency Procedures

- Minor injuries: Treated on site; participant may continue or be withdrawn
- **Major incident**: Activity stopped; emergency services contacted (999); Adventure Northumberland base notified
- **Evacuation**: Group moved to car park; casualty evacuated by staff or emergency services depending on severity
- Lost child: Staff conduct area sweep; emergency contact called; police notified if required

# 4. Staff Qualifications

- Lead: Rock Climbing Instructor (RCI) or higher
- Assistants: In-house trained and supervised
- All: 16hr Outdoor First Aid minimum
- Technical Advisor sign-off on new anchors and set-up methods

# 5. PPE and Equipment

- CE/UIAA approved harness, helmet, rope
- Anchor system (slings, karabiners, rope protectors)
- Sturdy footwear and appropriate clothing
- First aid kit and emergency phone

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# 6. Additional Notes

Dynamic Risk Assessment: A constant dynamic risk assessment is ongoing throughout; adjustments may be made based on group abilities and prevailing conditions.

- **Supervision Ratio**: 1 instructor to max 8 participants on rope. Additional supervision for larger groups
- Weather Monitoring: Climbing suspended in rain or high winds; alternative activity or postponement if unsafe
- **Risk Communication**: Pre-session safety brief covers hazards, signals, and expectations

# **Staff Qualifications**

- Lead Instructor: RCI / SPA or sign-off from Technical Advisor
- Assistants / Trainees operate under supervision and working toward relevant qualifications
- **First Aid**: All staff hold a minimum 16hr Outdoor First Aid certificate
- Site-Specific Training completed for each activity location
- **Sign-Off by Technical Advisor** is required for all staff delivering activities where no NGB exists or where site-specific conditions require additional oversight
- Staff competence is maintained via observation, refresher training, and logged practical experience