

## Adventure Northumberland

### Participant Risk Acknowledgement & Medical Consent

Outdoor activities such as coasteering, kayaking, and rock climbing involve inherent risks (e.g., slips, immersion, environmental exposure). While all reasonable steps are taken to manage risk, these cannot be eliminated entirely. By signing below, you confirm that you understand these risks, are physically fit to participate, and will follow all safety instructions and you understand participation is voluntary.

Participant Name: \_\_\_\_\_ DOB (For under 18s): \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

Medical Conditions (if any): \_\_\_\_\_

\_\_\_\_\_

- ☐ I give permission for my child (if under 18) to participate and receive first aid.
- ☐ I have added additional members of my family, who are partaking, to the rear of this form, and in signing it, I confirm that I have declared all relevant health conditions.
- ☐ I give permission for Adventure Northumberland staff to administer first aid if required.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ (Parent if under 18)

Name of signee: \_\_\_\_\_

If Participant is under 18, your relationship: \_\_\_\_\_

