

Consumer Medicine Information (CMI)
Humacology high CBD medicines with added terpenes

Humacology 0:100 CBD Isolate Oil
Humacology 0:220 CBD Isolate Oil
Humacology 2:160:60 Full Spectrum Oil THC:CBD:CBG
Humacology 2:225:25 Full Spectrum Oil THC:CBD:CBN
Humacology 0:250:60:20 Broad Spectrum Oil CBD:CBN:CBG
Humacology 0:270:60:10 Broad Spectrum Oil CBD:CBG:CBN
Humacology 0:110 CBD Isolate Pastilles
Humacology 1:80:30 Full Spectrum Pastilles THC:CBD:CBG
Humacology 1:112:12 Full Spectrum Pastilles THC:CBD:CBN
Humacology 0:175 CBD Isolate Pastilles
Humacology 0:90:30 Broad Spectrum Pastilles CBD:CBN
Humacology 0:90:40 Broad Spectrum Pastilles CBD:CBG

Please read this leaflet carefully before you start using Humacology high CBD medicinal cannabis oils or pastilles.

This leaflet answers some common questions about Humacology high CBD medicinal cannabis oils and pastilles. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of Humacology high CBD medicinal cannabis oils/pastilles against the benefits they may have.

If you have any concerns about using this medicine, ask your doctor or pharmacist. Keep this leaflet with the medicine to refer back to.

Clinical indications

There is growing evidence that medicinal cannabis may have a role in several medical conditions. These include chronic pain, spasticity and pain in multiple sclerosis (MS), pain associated with cancer in palliative care, nausea and vomiting caused by cancer treatment, appetite loss, sleep disturbance, post-traumatic stress disorder (PTSD), anxiety and drug-resistant epilepsy. However, your doctor may have prescribed Humacology high CBD medicinal cannabis oil/pastilles for another reason.

Ask your doctor if you have any questions about Humacology high CBD medicinal cannabis oils/pastilles.

The potential therapeutic and adverse effects associated with medicinal cannabis use may vary depending on the dosage of medicinal cannabis prescribed and your medical condition.

Humacology high CBD medicinal cannabis oil/pastilles are unregistered medicines.

They are only available following approval from the Australian Therapeutic Goods Administration (TGA) or Special Access Scheme which has been applied for by your prescribing doctor.

How Humacology high CBD medicinal cannabis oils/pastilles work

The exact mechanism and magnitude of medicinal cannabis is not fully understood. The CBD in Humacology high CBD medicinal cannabis oils/pastilles acts on very specific receptors in the body. These receptors are found throughout the body, and are especially numerous in the immune and central nervous systems. Before you take Humacology high CBD medicinal cannabis oils/pastilles, your doctor will assess the suitability and dose of Humacology high CBD medicinal cannabis oils/pastilles for your clinical condition against the effectiveness of currently approved medicines.

Exercise caution with Humacology high CBD medicinal cannabis oils/pastilles if;

- you have liver, kidney, heart and/or lung disease
- you have a family history of serious mental disorders such as schizophrenia, psychosis, depression, or bipolar disorder
- you have a history of alcohol, drug abuse, or substance dependence

Do not use Humacology high CBD medicinal cannabis oils/pastilles if;

- you are allergic to any cannabinoid
- you have a history of schizophrenia or psychosis
- you are allergic to MCT / coconut-based oils or any listed ingredient
- you are pregnant, are planning to get pregnant, or are breastfeeding
- the expiry date has passed
- the packaging is torn or shows signs of tampering
- it has not been prescribed for you by your doctor

Before you start to use Humacology high CBD medicinal cannabis oil/pastilles, tell your doctor if you:

- have allergies to any other medicines
- have allergies to cannabis, or any other substances such as foods, preservatives or dyes
- are pregnant, planning to get pregnant, or are breastfeeding
- have a personal or family history of serious mental disorders such as schizophrenia, psychosis, depression, or bipolar disorder

If taking other medicines:

Inform your doctor/pharmacist if you are taking any other medicines, including non-prescription medicines and supplements. The effectiveness of other medicines may be impacted by Humacology high CBD medicinal cannabis oils/pastilles. Speak to your doctor &/or pharmacist for further information and advice.

Some medicines may interfere with Humacology high CBD medicinal cannabis oils/pastilles.

Any medication metabolised by the Hepatic CYP450 enzyme pathway, especially CYP2C9, CYP2C19 and CYP3A4 should be carefully considered by the Doctor/ Pharmacist.

How and when to take Humacology high CBD medicinal cannabis oils/pastilles

Humacology high CBD medicinal cannabis oil/pastilles is for oral use only. Use the provided 1mL oral syringe to measure the dose prescribed by your doctor. Follow the dosing instructions on the pharmacy label.

There are not scientifically defined doses of medicinal cannabis for specific medical conditions. If you have not taken medicinal cannabis before, it is advised to have someone with you the first time you take your medicine. Your doctor will work with you to decide the dose of Humacology high CBD medicinal cannabis oils/pastilles that best suits you and your symptoms, and minimises unwanted side effects.

Follow all directions given to you by your doctor and pharmacist.

Your doctor will guide you how to start with a very low dose using the approach of “Start Low, Go Slow”.

You and your doctor will monitor the medicine's effectiveness and unwanted side effects.

Wait a minimum of 6 to 8 hours between each dose to assess effectiveness, and to reduce the potential for unwanted side effects.

How long to take Humacology high CBD medicinal cannabis oils/pastilles

Your doctor will advise how long you need to take Humacology high CBD medicinal cannabis oil.

Missed dose

Wait until the next dose is due.

Do not take a double dose to make up for the dose that you missed. This may increase the risk of unwanted side effects.

In case of overdose

If you think that you or anyone else may have taken too much Humacology high CBD medicinal cannabis oils/pastilles, immediately contact your doctor and/or the Poisons Information Centre on 13 11 26 (available 24 hours), or go to the nearest Emergency Department.

Overdose symptoms

Symptoms may include sleepiness, confusion, disorientation, clumsiness or loss of coordination, fainting, dizziness, chest pain, fast, slow or pounding heartbeat, panic attacks, loss of contact with reality, and seizures.

Things you must do while taking Humacology high CBD medicinal cannabis;

- Stop using Humacology high CBD medicinal cannabis oils/pastilles immediately and consult your doctor if you begin to experience any side effects (see side effects section for additional information).

- If you are starting other medicines, tell your doctor and pharmacist that you are taking Humacology high CBD medicinal cannabis oils/pastilles.

Things you must not do while taking Humacology high CBD medicinal cannabis;

Do not give Humacology high CBD medicinal cannabis oils/pastilles to anyone else, even if they have the same condition as you.

ALLERGY WARNING

Do not use Humacology high CBD medicinal cannabis oils/pastilles if you are allergic to any cannabinoid, MCT oil or other listed ingredients.

DO NOT DRIVE OR OPERATE MACHINERY WHILE TAKING MEDICINES THAT CONTAIN THC

Humacology 2:160:60 “BLUE” oil and Humacology 1:80:30 “BLUE” pastilles contain THC.

Humacology 2:225:25 “PINK” oil and Humacology 1:112:12 “PINK” pastilles contain THC.

Ask your doctor when it will be safe to drive after you stop taking Humacology 2:160:60, Humacology 2:225:25, Humacology 1:80:30, and/or Humacology 1:112:12.

Do not drive or operate machinery with any Humacology high CBD oils/pastilles until you are aware of how your medicine affects you.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using Humacology high CBD oils/pastilles.

All medicines can have side effects, including Humacology high CBD medicinal cannabis. Most side effects are not serious, are dose related and can be minimised by using the “Start Low, Go Slow” dosing regime. Serious side effects are rare. You may need medical treatment if you experience effects. Speak with your doctor or pharmacist if you have further questions.

The information on the side effects associated with the therapeutic use of medicinal cannabis is limited.

THC-containing medicines contain a higher likelihood of experiencing side effects than non-THC-containing medicines.

Some of the more well-known side effects of medicinal cannabis are intoxication-like reactions including;

- dizziness, drowsiness, feeling faint or lightheaded, feeling tired
- feeling sick, vomiting, or diarrhoea
- blurred vision
- appetite changes
- fast heartbeat

Other adverse effects not listed above may also occur in some patients. Tell your doctor if you notice any other effects.

Patients and carers can report a side effect by telephone and are encouraged to speak to a pharmacist from [NPS MedicineWise](#) on 1300 134 237. The pharmacist can provide further advice on how to manage the side effect and lodge a report.

Consumers, patients, carers and healthcare professionals are encouraged to report serious side effects (also called adverse drug events) to the Therapeutic Goods Administration (TGA) via the website TGA online, Adverse Event Reporting by registering and completing the report at www.tga.gov.au/reporting-problems

Storage of Humacology high CBD medicinal cannabis oils/pastilles

Store below 25°C. We package our oils/pastilles in dark containers to protect them from light. Keep the medicine out of reach of children and pets.

Disposal of Humacology high CBD medicinal cannabis oils/pastilles

Return any unused or expired Humacology high CBD medicinal cannabis oils/pastilles to a pharmacy for safe disposal.

Expiry

The expiry date for each product is printed on the box and/or bottle or tub.

Medicine description

Humacology high CBD medicinal cannabis oils are yellow or amber in colour, supplied in a 30ml dark glass bottle with a tamper-evident child resistant cap. Humacology high CBD medicinal cannabis oil is a natural plant product. Slight variation in appearance/taste/colour may occur between batches. A 1mL medicine dropper is provided for dosing.

Instructions for oil administration

1. Unscrew the cap and oral-dropper gently (press down and turn)
2. Once the lid is free, squeeze the rubber top so that it ‘sucks’ the oil up into the oral-dropper
4. Remove the oral-dropper carefully, assess the quantity of oil. Squeeze the contents of the dropper orally per your doctor’s orders
5. Once administered, return the oral-dropper back into the bottle and screw the lid tightly closed.

Pastilles

Humacology high CBD pastilles are lemon, strawberry, green apple or raspberry flavoured intended for administration via the oral route. Pastilles can be taken on a metered dosage schedule or as needed (PRN) as determined by your doctor. A titration period may be required to reach optimal dose. The amount of pastilles you use each day will depend on your response and tolerability to the medicine. Your doctor will provide you with a treatment schedule based on your needs. Do not exceed the recommended dosage.

When to use Humacology pastilles

Humacology pastilles should be used only as directed by your doctor. This medicine can be taken with or without food, but it may be absorbed better when taken with a fatty substance.

How to administer Humacology pastilles

The Humacology high CBD pastilles container has 60 individual units. The YELLOW, BLUE, PINK and RUBY pastilles present a 1/2mL equivalent to the corresponding oil of the same colour. You can chew your required dosage, wait 30 seconds to a minute before having water or food to maximise the bioavailability of the medicine.

Each medicine contains the active ingredients listed in one millilitre (1mL) of oil or 1 x pastille:

Humacology 0:100 “Green” oil
Cannabidiol (CBD) 100mg

Humacology 0:220 “Yellow” oil
Cannabidiol (CBD) 220mg

Humacology 2:160:60 “Blue” oil
Delta-9-tetrahydrocannabinol (THC) 2mg
Cannabidiol (CBD) 160mg
Cannabigerol (CBG) 60mg

Humacology 2:225:25 “Pink” oil
Delta-9-tetrahydrocannabinol (THC) 2mg
Cannabidiol (CBD) 225mg
Cannabinol (CBN) 25mg

Humacology 0:270:60:10 “White” oil
Cannabidiol (CBD) 270mg
Cannabigerol (CBG) 60mg
Cannabinol (CBN) 10mg

Humacology 0:250:60:20 “Black” oil
Cannabidiol (CBD) 250mg
Cannabinol (CBN) 60mg
Cannabichromene (CBC) 20mg

Humacology 0:110 “Yellow” pastilles
Cannabidiol (CBD) 110mg

Humacology 1:80:30 “Blue” pastilles
Delta-9-tetrahydrocannabinol (THC) 1mg
Cannabidiol (CBD) 80mg
Cannabigerol (CBG) 30mg

Humacology 1:112:12 “Pink” pastilles
Delta-9-tetrahydrocannabinol (THC)
1mg Cannabidiol (CBD) 112mg
Cannabinol (CBN) 12mg

Humacology 90:30 “Charcoal” pastilles
Cannabidiol (CBD) 90mg
Cannabinol (CBN) 30mg

Humacology 90:40 “Off-White” pastilles
Cannabidiol (CBD) 90mg
Cannabigerol (CBG) 40mg

Humacology 0:175 “Ruby” pastilles
Cannabidiol (CBD) 175mg

Inactive ingredients of Humacology high CBD medicinal cannabis oils

The active ingredients are dissolved in medium chain triglycerides (MCT) oil.

We have added natural terpenes derived entirely from Cannabis plants (with low THC) into each oil as excipients.

Humacology high CBD medicinal cannabis oil does not contain added gluten, lactose, sugars, preservatives or flavourings.

Humacology high CBD pastilles contain maltitol syrup, maltitol powder, sorbitol syrup, crystalline xylitol, polydextrose, pectin, citric acid, malic acid, cannabidiol (CBD), propylene glycol, flavour, E100, sucralose, natural terpenes.

Pastilles are gluten-free, dairy-free, sugar-free and vegan.

Sponsor Details

Humacology high-quality CBD medicinal cannabis oils/pastilles are manufactured with care and love in Europe in a pharmaceutical-grade GMP facility and are supplied by:

The CBD Guys Pty Ltd
Noosa Heads, Queensland, 4567
Email: hello@humacology.com.au
Phone: 1800 223 123

Product Codes

Humacology 0:100 “Green” oil 0794712902201
Humacology 0:220 “Yellow” oil 0796548619506
Humacology 2:160:60 “Blue” oil 0796548619520
Humacology 2:225:25 “Pink” oil 0796548619513
Humacology 0:250:60:20 “Black” oil 0726436307802
Humacology 0:270:60:10 “White” oil 0781005763922
Humacology 0:110 “Yellow” pastilles 0781005763915
Humacology 1:80:30 “Blue” pastilles 0781005763892
Humacology 1:112:12 “Pink” pastilles 0781005763908
Humacology 0:90:30 “Charcoal” pastilles 0767062008299
Humacology 0:90:40 “Off-White” pastilles 0767062008305
Humacology 0:175 “Ruby” pastilles 0767062008312

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