

CARE FOR CAREGIVERS - TEXAS, INC

Annual Report 2022



ONE SMALL STEP FOR KINDNESS

[CareforCaregiversTexas.org](https://www.CareforCaregiversTexas.org)

@CareforCaregiversTX

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“Remember there’s no such thing as a small act of **kindness**. Every act creates a **ripple** with no logical end.”

-Scott Adams

BOARD OF DIRECTORS

President	Rachel Garza
Vice President	Larry Garza
Secretary	Amy Davis
Board Member	Matilda Kelley

Welcome to our second Annual Report - a record of another exciting year and continued learning experience for our one small step for kindness in 2022.

As a nonprofit organization, it is always our desire and goal to do more each year. This year we had to work harder to overcome economic headwinds. We are proud of the progress we did make and the lives we impacted despite ongoing challenges for so many. We continue to make a difference in the lives of many!

We look forward to our 3rd year of Caring for Caregivers in our community - please follow us on our website as well as on Facebook and Instagram.

Happy New Year!
Rachel Garza

January 2023

Incorporated as a non-profit in the State of Texas on February 16, 2021,
501c3 status approved on August 24, 2021

Care for Caregivers

A kindness initiative with a mission to show appreciation to our community caregivers and non-profits, while supporting local small business, and involving children in creating care-greetings for caregivers.

A key goal remains to recognize and thank caregivers with sweet treats and care-greetings. Our focus has grown to recognize and support the many local caregiving non-profits in our community. We met many such worthy causes at H-E-B's inaugural non-profit fair in May. We also realized that those running and volunteering in non-profits often feel awkward to be on the receiving end, preferring support for organizational needs and wishes, over their own. Hence our care-campaigns are two-part: treat for team members and a donation, either direct monetary or in the form of wish list items, for the organization or those served through it.

We still strive to support our local small businesses where possible, while recognizing this is not always financially prudent, especially when purchasing wish-list items.

- **1360** treats for caregivers from small businesses, H-E-B (key corporate donor) & Girl Scout Troops
- **10** care-campaigns and **2** bonus kindness initiatives
- **13** non-profits supported: **\$2500** & awareness raised
- **13** small businesses supported
- Community of **76** sponsors & care-friends grew to **85**

"Thank you so much! This was such a nice and appreciated surprise! What a wonderful organization! I cannot think of a better thing than spreading love and kindness to those who care for others" - Texana Center

Ripple of Kindness

You may never know the impact of one tiny act, but it can make the world of difference to the person touched.



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Care to Treat

Showing appreciation to caregivers with treats, funded by care-campaigns, supported by multiple individuals in our community, any amount from \$10 and above.

Throughout this past year, we set up 10 care-campaigns with 2 bonus kindness initiatives. We continue to recognize different types of caregivers in multiple organizations, some of whom might not traditionally receive recognition for their hard work. This included those caring for vulnerable people, from children to seniors, veterans, and also pets and wildlife, as well as healthcare workers and first responders.

The majority of treats were purchased from small businesses at their regular prices. We recognized the businesses on social media to boost support. It is a policy never to seek a discount, yet occasionally a business generously offered one.

- **850** treats from **13** small businesses
- **260** Girl Scout cookie boxes
- **250** treats from community partner H-E-B
- Delivered to **25** groups caring for both people & animals

Ripple of Kindness

Many times we have seen the delight when caregivers realize their efforts are noticed and appreciated. Even only with a small token of appreciation, such as a treat and a care-greeting.

We were honored to have 2 of our care-campaigns boosted with gift cards from H-E-B, and also purchased additional treats and wish list items for several care campaigns from H-E-B. More details on our continuing community partnership with H-E-B in 'Care and Community' (page 5).

Another continuing partnership with several local Girl Scout troops enabled us to deliver cookie boxes to Memorial Hermann Sugar Land and Oakbend Medical Center, as well as to the 100 Club team.

A full list of recipients is included in our financial statement. For further information on completed and upcoming care-campaigns, check out our website and social media sites. There are also photo galleries on the website and Facebook.

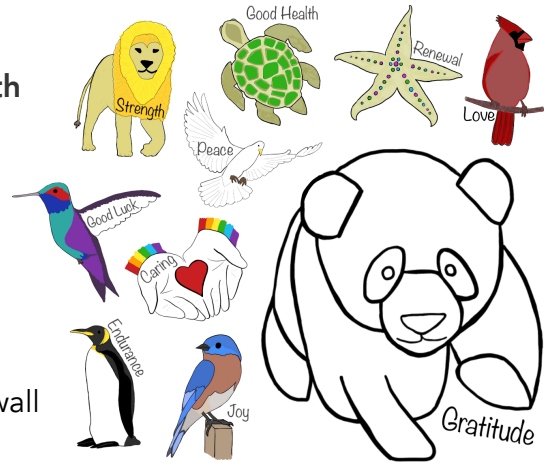


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Care to Color

Creating care-greetings of symbolic images with messages of support and appreciation for caregivers.

As parents ourselves, it was important to include children in the mission of Care for Caregivers, and introduced our Care to Color initiative from the beginning. Care-greetings created are delivered to individual caregivers or as a set to be posted on a wall for the entire team to enjoy.



- Created by children from local schools and community groups
- 5 Care to Color public events
- Approx. 4000 care-greetings to date - accompany every care-campaign delivery, and also as a care-package alone.

We have a total of 10 coloring pages, each with a symbolic line-drawing representing a wish for caregivers with a blank space for a personal message. Our first design was a Panda representing 'gratitude' for the service of caregivers. The Panda is also our mascot.

We now have 2 sizes - letter page size for wall display or postcard size for individuals.

"We absolutely LOVED the colorings and the heartfelt messages from the kiddos. It has brightened up our week tremendously!" - Oakbend Medical Center

During this past year, we started Care to Color events, giving an opportunity for children and families to create care-greetings and learn more about our mission in person. Events have taken place at the Rosenberg Railroad Museum, Fort Bend Children's Discovery Center and at our own neighborhood's National Night-out event. We enjoyed having teens/pre-teen volunteers helping us at each of these events. We were also invited to a children's activity group at the Buckner Family Hope Center in Houston.



Ripple of Kindness

A learning opportunity to show children how different groups of people step up within our community to help us in our daily lives, and how we each can show gratitude and support to them in return or to pay it forward.

Care for Small Business

Supporting financially in purchasing treats and raising awareness for local small businesses.

Having once researched the idea of starting a small business, we recognize the overwhelming commitment required. Local small businesses are the backbone of our communities, frequently supporting multiple community initiatives. They rallied, hustled and innovated when the pandemic hit, blindsided by a direct hit on their livelihoods, and continue to struggle through ongoing economic hurdles.

Ripple of Kindness

When we support small business, we are supporting the hopes and dreams of individuals, many are also our neighbors. Small business owners support our community in multiple ways.

To date **36** small businesses supported with **\$6500** of purchases

Through Care to Treat we are able to provide a little financial support and always strive to boost awareness of their business. Copied below are logos of the businesses supported in 2022.



Snowflake Donuts - Fulshear



We also like and share the activities of many of our local small businesses on social media, particularly any events they are involved with that benefit the local community.

Care and Community

Building community relationships to support local non-profits and kindness initiatives in our immediate community of Fort Bend County and beyond.

By sharing **Care to Color** and **Care to Treat** with others in the community, we are able to exceed our personal commitment, and have been able to set up mutually-beneficial partnerships not only with individuals, but with business and community entities.

H-E-B has become a valuable community partner, through Angie (Area Community Coordinator), frequently reaching out to follow up on needs. We were invited to participate in the two events of their inaugural non-profit fair in summer 2022, where we met many local, caregiving non-profits, with a mission to improve lives, right here in our local area. From that point, our focus morphed into supporting those causes and recognizing their teams. Funds raised in a care-campaign buy caregivers treats and also wish list items for the organization, if not a straight donation. We helped H-E-B hand out goody bags to Veterans at the VA Clinic in Richmond for Veterans Day.

Ripple of Kindness

Creating awareness of needs in our community, helping to address those needs through partnership of individuals & groups.

Non-profits supported in 2022

- ▶ The 100 Club
- ▶ Texana Cafe
- ▶ Child Advocates of Fort Bend
- ▶ Ballard House
- ▶ Rosenberg Animal Control
- ▶ Fort Bend County Pets
- ▶ Saving our Companion Animals (SOCA)
- ▶ Nery's Promise
- ▶ Friends of North Richmond
- ▶ Our Little Funny Farm
- ▶ Helping Hands
- ▶ The Warrior's Refuge
- ▶ Candlelighters

Through our **Care to Color** initiative, we connected with **Hubenak Elementary** and their student council. The students accompanied us to deliver donuts to school bus drivers (Fulshear) and fundraised for multiple care-campaigns. We were invited to attend their first meeting of the current school year where we presented ideas and introduced them to Erin of **Our Little Funny Farm** and volunteer coordinator for the **Buckner Family Hope Center**, continuing with the chain of kindness that started with our connection to H-E-B.

Additional partnerships continue with multiple schools & groups for **Care to Color**, including **Adolphus Elementary** who have created thousands of care-greetings over 2 years and also assisted with donut delivery to bus drivers (Rosenberg).

For the second year, we assisted **Girl Scout Troops** in promotion of their annual cookie fundraiser, receiving cookie donations from customers and the Troops for caregivers.

We sponsored and participated in the first annual cornhole fundraiser for **Helping Hands** as part of our October care-campaign.

More details on our website as well as Facebook and Instagram - full links on page 10.

Care to Sponsor

Our kindness initiative works by multiple people coming together to cover a small share of the total cost.

From the beginning, we set a goal with each care-campaign, limited to what we feel as a family we could comfortably cover, and invite others to join us, through social media and our website, to surpass the initial goal.

In 2 years of operation, 85 sponsors have contributed different sized shares to cover the cost of over 2700 treats for caregivers

*“Alone we can do so little;
Together we can do so much more!”*

-Helen Keller

We are so thankful for the many sponsors who have contributed to our care-campaigns and continue to do so. Many of whom do not know us personally, yet shared the same call to show appreciation, and trusted us to follow through on our promise.

We are also very thankful to our care-friends who provided practical support preparing deliveries, sorting care-greetings, assisting with deliveries, and helping spread the word through social media.

A special shout-out to the amazing 5th and 4th graders of the **Hubenak Elementary** School Student Councils of the 2021/22 and 2022/23 school years and their mentor, Mrs McGrath. The students fundraised 2 very generous donations spanning multiple care-campaigns, and also accompanied us to deliver donuts to school bus drivers (Fulshear depot). It has been a pleasure getting to know these future leaders.

After months of frustrations navigating **Facebook’s** application procedure, we achieved the option to add a donate button to the Facebook page. Unfortunately, we do not see the donor’s name and receive donations at least a month later, so haven’t widely promoted this.

There are so many worthwhile causes to support and people have to make hard choices who to support financially. We always like to share there are many other ways to show support, applicable to any cause.

Reacting to and sharing social media posts is one excellent way - any activity prolongs how long it’s visible and allows it to be shared with a wider audience. It also provides valuable moral support to those running the organization.

For Amazon shoppers, a free and easy way is to select a favorite charity and shop through **AmazonSmile**. We enrolled as a charity in May and have so far received 2 checks (2nd & 3rd quarter) for a total \$65.20. One was applied to a care-campaign, the other towards Care to Color expenses.

Ripple of Kindness

Giving has been proven to decrease blood pressure, reduce stress, promote social connection. Generosity is often continued down the line to someone else.

Financial Statement

A record per care-campaign of total donations received, total expenses and details of the donations made to other non-profits.

2022	CAMPAIGN	#	SPONSOR DONATIONS RECEIVED	TOTAL FUNDS FOR CAMPAIGN (plus carryover)	TOTAL EXPENSES	FUNDS DONATED TO NP* (incl.fee)	CARRIED OVER TO NEXT CAMPAIGN	WITH DONATION TO NON_PROFIT
JAN	Vaccine Team - Texas Children's Katy (special delivery made possible by a general donation)		\$ 62.40	\$ 62.40	\$ 62.40	\$ -	\$ -	
FEB	First Responders - Richmond & Rosenberg Fire Depts, FB County Sheriff's Office & Kids+Cops Team	1	\$ 479.64	\$ 490.43	\$ 286.35	\$ 203.00	\$ 1.08	100 Club
MAR	Special Needs Young Adults - LCISD Transition Team, Arc of Fort Bend (Sugar Land) and Texana Center	2	\$ 306.28	\$ 307.36	\$ 108.06	\$ 203.00	\$ (3.70)	Texana Cafe
APR	Children - LCISD Bus Drivers (2 depots)	3	\$ 367.43	\$ 363.73	\$ 232.46	\$ 186.94	\$ (55.67)	Child Advocates of Fort Bend (auction basket)
MAY	Health Care Workers - 10 units at Memorial Hermann Katy	4	\$ 765.00	\$ 709.33	\$ 365.42	\$ 347.62	\$ (3.71)	Ballard House (iwish list items)
JUN	Animal Rescue	5	\$ 461.64	\$ 457.93	\$ 238.12	\$ 226.89	\$ (7.08)	Rosenberg Animal Control & Fort Bend County Pets (pet food) plus SOCA (gift card & treats)
JUL	Children/Family Care	BC	\$ 242.42	\$ 235.34	\$ 158.03	\$ 50.00	\$ 27.31	Nery's Promise (gift card)
AUG	Senior Care	6	\$ 268.52	\$ 295.83	\$ 49.25	\$ 232.92	\$ 13.66	Friends of North Richmond (hygiene supplies for seniors)
SEP	Wildlife Rescue	7	\$ 348.51	\$ 362.17	\$ -	\$ 350.00	\$ 12.17	Our Little Funny Farm (gift card & feed credit)
OCT	Community Care	8	\$ 380.87	\$ 393.04	\$ 77.36	\$ 318.95	\$ (3.27)	Helping Hands (fundraiser sponsorship & client supplies)
NOV	Veterans - VA Clinic Richmond & Warrior's Refuge	9	\$ 346.62	\$ 343.35	\$ 124.74	\$ 225.26	\$ (6.65)	The Warrior's Refuge (wish list items)
DEC	Pediatric Oncology - Texas Children's, Children's Memorial Hermann & MD Anderson	10	\$ 524.63	\$ 517.98	\$ 366.54	\$ 150.00	\$ 1.44	Candlelighters
TOTAL DONATIONS RECEIVED IN 2022 (incl. 2021 carryover)			\$ 4,564.75					
LESS TOTAL EXPENSES					\$ 2,068.73			
LESS FUNDS DONATED*						\$ 2,494.58		
BALANCE CARRIED OVER TO 2023							\$ 1.44	

Reconciliation statements for individual campaigns can be found on our website in the wrap-up documents: [CareforCaregiversTexas.org/campaigns](https://www.CareforCaregiversTexas.org/campaigns)

Ripple of Kindness

"The happiest people are the givers, not the takers"

Financial Statement

A record of the honorees and the small business vendors for each care-campaign.

Organization/ Group Name	#	Small Business Vendor
Texas Children's Katy - Vaccine Clinic	X	Sweet Intensity
Richmond & Rosenberg Fire Departments, Fort Bend County Sheriff's Office, and Kids N Cops Team	1	Texana Café
LCISD Transition Team	2	Gino's Italian Joint
LCISD Bus Drivers	3	Snowflake Donuts (Fulshear) and Fort Bend Donuts (Rosenberg)
Memorial Hermann - Katy	4	Great American Cookie Co (Aliana Richmond franchise)
Rosenberg Animal Control, Fort Bend County Pets and SOCA	5	Mommy Made Cookies and Woofgang Bakery (Richmond)
Nery's Promise	B	Mrs. Claus Cookie Co.
Friends of North Richmond (seniors)	6	V & L Soap Co.
Our Little Funny Farm	7	Arcola Feed
Helping Hands	8	Lopez Mexican Restaurant
VA Clinic - Richmond	9	Great American Cookie Co (Aliana Richmond franchise)
Warrior's Refuge	9	Tiff's Treats
MD Anderson, Texas Children's Hospital & Children's Memorial Hermann	10	Texana Café

ORGANIZATIONAL/MISC EXPENSES	
Domain name	\$30.00
Annual Report 2021 printing	\$184.60
Registered Agent Annual Fee	\$149.00
Care to Color events (incl. color sheets, stickers, raffle item)	\$155.26
HEB non-profit fair (incl. signage & raffle item)	\$101.88
Team/volunteer T-shirts & ID lanyards	\$57.96
Care-greeting envelopes	\$29.73
Logo stamp	30.28
Misc advertising expenses	\$31.87
	\$770.58
FUNDED BY:	
General non-campaign receipts (incl. AmazonSmile)	\$175.87
Founder investment	\$594.71
	\$770.58

Miscellaneous non-campaign related expenses for Care for Caregivers-Texas Inc, including event expenses.

More details on the events in sections 'Care to Color' (page 3) and 'Care and Community' (page 5) and also on our website and social media.



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Care-friends

A big shout-out to all the sponsors who have contributed to our care-campaigns over the last 2 years!

Ali Abdalla
Kristine Armstrong
Jennifer Arnold
Robyn Boyle
Allyson Campsey
Carol Chapman
Amy Greene Chapman
Jason & Kerusha Cheddy
Lizzie & Randall Collum
Katherine Croom
Gloria Couch
Laura Counts
Jan Dallas
Amy & Jonathan Davis
Emily & Ben Duckett
Kate Eggenberger
Amy Faulk
Alexis Fowler
Rachel Fox
June & John Fryters
Rosa & Andy Garcia
Lisa Garza
Kimberly Gontier
Abigail Griebel
James Gunnels
Ivete Hablinski
Constance & Bob Harris
Nadia & John Hasouris
Dhonna Hierro
Judy Holy
Helen Hopkins

Brooke Howard
Monte Hubbard
H-E-B
Hubenak Elementary
Mr. Kartik
Fatimah Kotun
Diana & Ted Karnezis
Matilda Kelley
Robert Kirkwood
Naresh Kolli
Rochelle Lamport
Nicole Chelly
Pam Lewis
Cheryl Marti
Carolina & Chris Martinez
Sandy McConathy
Jana McKee
Kristen McQuillin
Jessica Medzuich
Fida Moukaddam
Brandi Nevotti
Janice & Russ Nunan
Debbie O'Driscoll
Christina Oakley
Alma Ortiz
Brendan Osborne
Dana Osborne
Vangie Ostera
Shari Patrick
Chad Prior
Holly & Doug Putman

Ann Qual
Lettie Brown
Charmaine Ratcliffe
Judy Reichwein
Sandra Salamanca
Melissa Salazar
Erin Shepard
Angela Wierzbicki
Tece Stark
Russell Streitenberger
Andrew Threatt
Rachel Tooker
Melanie Totten
Tiffany Truong
Jennifer Vaughn
Robert Williams
Danielle Yeager
Fort Bend Taekwondo
Kashi Fit
Vinyl Lover Creations



Care for more information?

Check out our website and follow us on social media.

We would truly love to do more and reach more caregivers. To do so, here are some ways you can connect and share support. Scan the QR codes for quick links.



[CareforCaregiversTexas.org](https://www.CareforCaregiversTexas.org)
General information, care-campaign wrap-up documents, sponsor & vendor lists



[CareforCaregiversTexas.org/CaretoTreat](https://www.CareforCaregiversTexas.org/CaretoTreat)
Direct link to current care-campaign



@CareforCaregiversTX
Facebook posts with current activities and care-campaign photo albums



@CareforCaregiversTX
Instagram posts with current activities

Contact

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Every act creates a **ripple** with no logical end.”

–Scott Adams