

GSA RG Calendar 2025**Updated 14 Jan 2025**

January			
6-10 Jan	FIG Level 1 RG Coaches Course	Matsport, GAU	
24-26 Jan	FIG RG Coaches Symposium	France	
February			
14-16 Feb	Gracia Fair Cup	Hungary	HP
March			
14&15 Mar	Junior & Senior Trials	GAU	HP
16-22 Mar	RG Brevet Course	GAU	Judges
21-23 Mar	Aphrodite Cup	Greece	HP
21-23 Mar	Marbella Grand Prix	Spain	HP
28-30 Mar	AGF Trophy	Azerbaijan	HP
April			
4-6 April	Sofia World Cup	Bulgaria	HP
12-Apr	Rhythmic Salaagh Invitational	Kenilworth, WC	Lev 1-3 Indv & Pairs/Trios
18-20 April	Baku World Cup	Azerbaijan	HP
25-27 April	Tashkent World Cup	Uzbekistan	HP
May			
2-4 May	African Championships (Sen RGI only)	Egypt	HP
9-11 May	Portimao World Challenge Cup	Portugal	HP
10-May	St Mary's Competition	St Mary's School, Waverly	Lev 1-3, FX for Lev 4-8
June			
14-Jun	Eastern Cape Interclub Comp	Uitenhage	Level 4+
18-22 June	Junior World Championships	Bulgaria	HP
27&28 June	Cape Town Circuit Competition	Cape Town	Level 4+
July			
16-27 July	FISU University Games	Germany	HP
18-20 July	Milan World Cup	Italy	HP
25-27 July	Cluj-Napoca World Challenge Cup	Romania	HP
25-27 July	Gold Reef Circuit Competition	Gauteng	Level 4+
August			
2&3 August	Glenwood Invitational Competition	Durban	Level 1+
8-10 August	Ocean Circuit Competition	Durban	Level 1+
20-24 August	Senior World Championships	Brazil	HP
September			
12&13 Sept	Empress Circuit Competition	Kibler Park, GAU	Level 4+
October			
3-12 October	Gym Games	TBC	Level 4+
November			
December			
TBC	Region 5	Namibia	HP