

SAGF



CONSTITUTION OF SOUTH AFRICAN GYMNASTICS FEDERATION (SAGF)



Amended 22 July 2023

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1. CONSTITUTION, NAME AND CORPORATE PERSONALITY

- 1.1 This is the Constitution of the body known as the South African Gymnastics Federation ("SAGF") which –
 - (a) is the national body that regulates Gymnastics and Rope Skipping for both female and male participants in the Republic of South Africa; and
 - (b) is a fully recognised member of FIG, UAG, IJRU, AJRF, AUSCR5GC and SASCOC.
- 1.2 SAGF is a voluntary association having a corporate identity separate from that of its Members and–
 - (a) is entitled to own property, whether movable or immovable or otherwise
 - (b) is entitled to sue and to be sued in its own name; and
 - (c) notwithstanding any change in the composition of its Members from time to time, shall have perpetual succession.
- 1.3 The provisions of this Constitution are founded upon and shall be implemented and administered in the recognition of human dignity, equality and the advancement of human rights and freedoms, non-racialism, non-sexism and the right of freedom of association and the supremacy of the Constitution of the Republic of South Africa (1996), the rule of law and good corporate governance.

2. DEFINITIONS

- 2.1 For the purposes of this Constitution, the following words and expressions shall have the following meanings, unless the subject or context indicates otherwise
 - 2.1.1 "**Act**" means the National Sport and Recreation Act, 1998 (Act No. 110 of 1998 as amended)
 - 2.1.2 "**AGM**" means the Annual General Meeting of Members held in accordance with the provisions of this Constitution
 - 2.1.3 "**AJRF**" means African Jump Rope Federation
 - 2.1.4 "**Appeal Board**" means an Appeal Board established by the Council in writing on the written recommendations of the Exco in terms of this Constitution
 - 2.1.5 "**Associate Member**" means a national association or organisation that has –
 - (a) the same or similar objects to SAGF
 - (b) its National Office within the area of jurisdiction of SAGF
 - (c) applied to SAGF to become an Associate Member of SAGF and
 - (d) been accepted as an Associate Member of SAGF by SAGF in writing in terms of the provisions of this Constitution

2.1.6 "**Annual Financial Statements**" mean statements as prepared by the appointed Auditors

2.1.8 "**Athletes' Commission**" means the elected body acting on behalf of gymnasts

2.1.9 "**AUSCR5GC**" means the African Union Sports Council Region 5 Gymnastics Confederation

2.1.10 "**CEO**" means the Chief Executive Officer who is employed by SAGF in terms of the provisions of this Constitution

2.1.11 "**compliance**" means specific compliance by any member with the relevant provisions of this Constitution and Rules and Regulations

2.1.12 "**Constitution**" means this Constitution

2.1.13 "**Council**" means the membership of SAGF

2.1.14 "**day**" means a calendar day

2.1.15 "**Disciplinary Committee**" means a Disciplinary Committee appointed by Exco and ratified by Council in terms of this Constitution

2.1.16 "**Discipline Management Committee**" means the technical management committees of Gymnastics, namely: Acrobatic Management Committee (ACRO Manco), Aerobics Management Committee (Aerobics Manco), Gymnastics for All Management Committee (GFA Manco), Men's Artistic Management Committee (MAG Manco), Parkour Management Committee (Parkour Manco), Rope Skipping Management Committee (Rope Skipping Manco), Rhythmic Management Committee (Rhythmic Manco), Trampoline and Tumbling Management Committee (T&T Manco) and Women's Artistic Management Committee (WAG Manco)

2.1.17 "**District Gymnastics Body**" means a body established in its designated District of a Province for the purpose of organising and coordinating Gymnastics activities in that particular District

2.1.18 "**employee**" in terms of this Constitution means any person who has an employment contract with SAGF

2.1.19 "**Ethics Committee**" means a body appointed by Exco and ratified by Council in terms of this Constitution to monitor the ethics of SAGF

2.1.20 "**Event**" means a Gymnastics event held under the auspices of SAGF

2.1.21 "**Exco**" means the Executive Committee of SAGF as constituted in terms of this Constitution

2.1.22 "**FIG**" means the Federation Internationale de Gymnastique that is the supreme controlling body of Gymnastics at global and continental levels

2.1.23 "**Honorary Member**" means a person appointed as a Honorary Member or Honorary Vice President by Council and includes any person to whom this honour was bestowed prior to the acceptance of this Constitution

2.1.24 "**IJRU**" means the International Jump Rope Union that is the supreme controlling body of Rope Skipping at global and continental levels.

2.1.25 "**Manco**" in terms of this constitution means the President, 1st Vice President, 2nd Vice President, CEO and 2 (two) Ordinary Members of Exco

2.1.26 "**Member**" means an Ordinary Member or an Associate Member of SAGF respectively

2.1.27 "**membership fee**" means money levied annually for membership and due by a Member of SAGF as approved and agreed to by Council in writing at each AGM of SAGF

2.1.28 "**month**" means a calendar month

2.1.29 "**National Federation**" means, for the purposes of this Constitution, a national governing body of a sport in the Republic of South Africa that is a member of SASCOC and recognised by the Department of Sport, Arts and Culture

2.1.30 "**National Office**" means the national head office of SAGF as described in this Constitution and presently situated in the City of Cape Town in the Western Cape Province

2.1.31 "**Gymnastics**" means the sport of Gymnastics which involves physical exercises designed to develop and display strength, balance, and agility, and can be performed on, with or without specialised apparatus.

2.1.32 "**Office bearers**" means the President, 1st Vice-President and 2nd Vice-President

2.1.33 "**Ordinary Member**" means a member duly accepted as an Ordinary Member in terms of the geopolitical demarcations as set out in clause 7.1. of this Constitution

2.1.34 "**person**" means any natural or legal person

2.1.35 "**President**" means the President of SAGF duly elected in terms of this Constitution

2.1.36 "**Province**" means any of the nine (9) geopolitical areas as defined in section 103 of the Constitution of the Republic of South Africa 1996 (as amended)

2.1.37 "**Provincial Gymnastics Body**" means a body established in its designated Province for the purpose of organising and coordinating Gymnastics activities in that particular Province

2.1.38 "**Quadrennial General Meeting**" or "**QGM**" means an elective AGM to be held every 4 (four) years

2.1.39 "**quorum**" means the number of members required to pass any resolution for matters dealing with any meeting called by SAGF: Provided that the minimum quorum shall be 50% of the membership present at the meeting, plus one

2.1.40 "**Rules and Regulations**" mean the Rules and Regulations of SAGF

2.1.41 "**SAGF**" means a body referred to in this Constitution that is a member of SASCOC and recognised by the Department of Sports, Arts and Culture as the National Federation responsible for Gymnastics and Rope Skipping in the Republic, also known as the South African Gymnastics Federation

2.1.42 "**SAIDS**" means the South African Institute for Drug-Free Sport

2.1.43 "**SASCOC**" means the South African Sport Confederation and Olympic Committee duly recognized and approved by the Department of Sport, Arts and Culture as the macro governing body of sport in the Republic

- 2.1.44 **"SGM"** means a Special General Meeting convened in terms of this Constitution
- 2.1.45 **"Special Majority"** means 75 percent of those persons eligible voting of one accord
- 2.1.46 **"DSAC"** means the National Department of Sport, Arts & Culture
- 2.1.47 **"UAG"** means the Union Africaine de Gymnastique
- 2.1.48 **"Vice-President"** means the 1st Vice-President or 2nd Vice President of SAGF as referred to in this Constitution
- 2.1.49 **"WADA"** means the World Anti-Doping Agency
- 2.1.50 **"week"** means a calendar week
- 2.1.51 **"year"** means a calendar year

3. INTERPRETATIONS

- 3.1 The headings to the clauses or paragraphs of this Constitution are for descriptive purposes only and shall not be used in the interpretation hereof.
- 3.2 Unless the context indicates a contrasting intention, the singular shall include the plural and vice versa.
- 3.3 Any words importing one gender include the other.

4. NATIONAL OFFICE

The National Office shall be situated in the City of Cape Town, Western Cape Province and shall remain at such place until the Council decide otherwise by a special majority, whereupon the National Office shall be relocated to another place within the Republic.

5. AREA OF JURISDICTION OF SAGF

The geographical jurisdiction area of SAGF shall be the Republic of South Africa divided into its nine (9) provinces which are sub-divided into districts as described in the Rules and Regulations. Clubs, inclusive of its individual registered members affiliate to the Federation through the districts and provinces.

6. VISION OF SAGF

To create, through participation in gymnastics, a society of accomplished, self-confident individuals who are able to impact their own world positively with the lessons they have learned.

7. MISSION OF SAGF

- 7.1 To empower each other with the fundamental physical, emotional and mental skills through the uniqueness of gymnastics
- 7.2 To offer a wide range of well-designed programmes to people of all ages
- 7.3 To create opportunities for all members to reach their full potential in a safe manner while respecting the uniqueness of every individual
- 7.4 To create an ethos of loyalty, discipline, camaraderie, mutual respect and self-confidence

8. VALUES OF SAGF

- 8.1 We encourage a culture of **integrity, equity** and recognise diversity in which all members and disciplines can operate and achieve optimally
- 8.2 We believe in **transparency** in all we do and treat each other with **respect** to develop and sustain **trust** amongst all stakeholders
- 8.3 Everybody is **committed** to **consistently** deliver exceptional outcomes on responsibilities entrusted to them and accept full **accountability** for all they do
- 8.4 Within the South African Gymnastics Federation, **we operate openly and without ulterior motives**. We work together, with **shared values and a common aim** of furthering not only the sporting code that we hold dear, but also the greater goals of the South African Gymnastics Federation.

9. AIMS AND OBJECTIVES OF SAGF

The aims and objectives of SAGF are:

- 9.1 to operate and function as the autonomous controlling and administrative body of the sport of Gymnastics within the area of its jurisdiction in the Republic and FIG, in accordance with this Constitution
- 9.2 To serve the broad public of South Africa through gymnastics related activities in terms of participation programmes aimed at instilling an active lifestyle and enhanced motor skills, cognitive development for young children and fun filled recreational health enhancement programmes for senior citizens.
- 9.3 to direct, establish, develop, promote and administer the sport of Gymnastics within the area of its jurisdiction in accordance with sound business and financial principles

- 9.4 to ensure that the encouragement, promotion, development and administration of the sport of Gymnastics, whether it be at National, Provincial or District level, is carried out in accordance with the principles of non-racism by which it is meant that race, ethnicity and nationality shall not be a basis for discriminating against or affording privileges to any one person or group of persons as more fully described in the rules and regulations of SAGF
- 9.5 to promote sportsmanship and fair play at all levels of the sport of Gymnastics free of any interference
- 9.6 to re-apply annually to be a recognized member of SASCOC, to abide by SAGF's Constitution, rules and regulations, to affiliate to FIG, UAG, IJRU, AJRF, AUSCR5GC and/or any other national or international sports body as the Council upon the recommendations of the Exco may decide and to cooperate with SASCOC in particular as regards the participation of Gymnasts in all Multi-Coded Games and Events
- 9.7 to advance the objectives of SAGF and to associate itself with such other lawfully constituted Associations and Organisations as decided by Exco, whether within or outside the area of jurisdiction of SAGF and irrespective of whether or not such other Associations or Organisations are connected to the sport of Gymnastics
- 9.8 to manage and administer the affairs of Gymnastics within the policies of SAGF as adopted by the Council
- 9.9 to arrange inter-district, inter-provincial, national and international Gymnastics competitions and events
- 9.10 to strive for further and better facilities in all areas where the sport of Gymnastics is performed
- 9.11 to strive to be a leading sports organisation in the Republic and to align with the best Gymnastics' organisations in the world
- 9.12 to ensure that neither SAGF nor any Provincial Member shall discriminate on the basis of race, gender, religion or political affiliation against anyone. Ensure that SAGF shall be bound by the Constitution of the Republic and the macro sports organisations to which it is affiliated. Ensure further that SAGF must base its activities on fairness which includes inclusivity and non-discrimination in the sport of Gymnastics
- 9.13 to ensure that Gymnastics becomes equally accessible to all communities in the Republic irrespective of age, gender and the level of ability or disability of participants in Gymnastics

- 9.14 to uphold and enforce the rules of Gymnastics as prescribed by the FIG & IJRU from time to time so as to encourage and promote the highest standard of sporting behaviour in connection with the athlete's participation in Gymnastics
- 9.15 to uphold and enforce any code of conduct pertaining to the sport of Gymnastics as approved by the FIG, UAG, IJRU, AJRF, AUSCR5GC and/or any other code of conduct decided upon by SAGF
- 9.16 to encourage and develop coaches, judges and administrative personnel at all levels within the sport of Gymnastics
- 9.17 to select representative participants at all levels for participation in any Gymnastics events or competitions whether same be local or international
- 9.18 to award federation colours to local participants in Gymnastics and to recommend the awarding of national colours in terms of the criteria laid down in the Rules and Regulations of SAGF
- 9.19 to recognise and accept the jurisdiction, rules and regulations of the SAIDS as well as the WADA Code
- 9.20 to safeguard all participants in gymnastics from discrimination, harassment and abuse
- 9.21 to establish such entities and organisations as may be considered appropriate to meet and realize the above-mentioned aims and objectives of SAGF

10. MEMBERSHIP

SAGF consists of two categories of members, namely:

- 10.1 **Ordinary Members**, which –
 - (a) are those members as defined by the nine geopolitical provinces affiliated to SAGF
 - (b) are made up of their respective district structures as set out in the Rules and Regulations of SAGF
 - (c) are obliged to promote, develop and participate in the sport of Gymnastics
 - (d) are obliged to ensure that the development of Gymnastics participants through constructive coaching and capacity building takes place in an effective manner
 - (e) have aligned their constitutions to the Constitution of SAGF
 - (f) recognise SAGF as the national federation and shall comply with the Constitution of SAGF, its Rules and Regulations, Disciplinary Code and any directives issued by SAGF from time to time: Provided that such directive shall not be in conflict with the Constitution or Rules and Regulations and
 - (g) consist of the following current members:

- (i) Eastern Cape Gymnastics Association
- (ii) Free State Gymnastics
- (iii) Gauteng Gymnastics Association
- (iv) KwaZulu Natal Gymnastics Union
- (v) Limpopo Gymnastics
- (vi) Mpumalanga Gymnastics
- (vii) Northern Cape Gymnastics Association
- (viii) North West Gymnastics and
- (ix) Western Cape Gymnastics Association

10.1.1 The jurisdictions of Ordinary Members shall be limited by the boundaries of the provinces and districts they represent.

10.2 **Associate Member(s)** which comprises of a national association or organisation that is presently affiliated as an Associate Member in terms of this Constitution, inclusive of any member who has made application and has been accepted as an Associate Member to SAGF in terms of the requirements of this Constitution.

11. **POWERS OF SAGF**

11.1 SAGF shall have such powers and authority as shall be necessary or desirable or conducive of achieving any or all of the aims and objectives of SAGF. These powers and authority shall be exercised by –

- (a) the Council;
- (b) Exco;
- (c) Manco;
- (d) the CEO on the written authority of Exco or
- (e) any duly constituted sub-committee in accordance with and subject to the provisions of this Constitution and the Act. Without in any way limiting the generality of the afore-going, these powers and authority of SAGF shall include those set out in clauses 11.2 to 11.33 below:

11.2 To act in the public interest and to safeguard the values of the federation

11.3 To promote the common interests of members nationally

11.4 To support and encourage the advancement of skills and knowledge and ensure members have the appropriate competencies

11.5 To contribute to economic and social advancement in the Republic. The members and Associates act in the public interest and in so doing, contribute to the economic and social advancement of the Republic. The Federation should facilitate such activities and may, *inter alia* -

- 11.5.1 design and implement programmes to assist in enhancing skills in the public sector and for emerging clubs and hubs
- 11.5.2 secure funding for the implementation of development programmes and
- 11.5.3 uphold, safeguard and advance the rule of law, administration of justice, the Constitution and the laws of the Republic.

11.6 To grow and transform the federation, in order to meet the needs of its members to:

- 11.6.1 develop and implement competitive education and training programmes which are in line with international standards and national needs
- 11.6.2 identify the requirements for the advancement and transformation in the Republic and internationally and
- 11.6.3 develop and implement transformation programmes to ensure meaningful and lasting transformation.

11.7 Establish a policy framework and funding model within which the organisation must operate

11.8 Monitor the activities of hubs and other social responsibility projects established by the Federation

11.9 To produce a national team to represent the country at major international events with pride.

11.10 Ensure that the Federation maintains a robust process for identifying, prioritising, managing, mitigating, monitoring and reporting critical risks through the Audit Committee

11.11 Ensure that its members adhere to the highest standards of ethics and competence, that the relevant qualifications are protected and that the Federation is trusted

11.12 Promote and monitor transformation in the Federation

11.13 To receive and accept donations, grants and other money

11.14 To acquire by purchase, exchange, hire, sub-lease, donation or otherwise movable and/or immovable property of any kind

11.15 To sell, let, mortgage, dispose of, give in exchange, turn to account or otherwise deal with all or any part of such property or its rights

- 11.16 To enter into contracts of any and all kinds necessary to carry out, give effect to or secure the aims and objectives of SAGF
- 11.17 From time to time, in accordance with sound business and financial principles to invest the funds of SAGF in such property or assets or other security as may be deemed advisable and to vary or transpose such investments in its discretion
- 11.18 To employ, suspend or dismiss and remunerate employees, professional assistants and experts
- 11.19 To regulate relations between its Members and SAGF, its Members or individual Gymnasts
- 11.20 To invite the patronage of any person or persons as it may consider advisable
- 11.21 To insure the SAGF against any losses, damage, risks and liability of any kind
- 11.22 To draw, make, accept, endorse, execute, negotiate and issue cheques, promissory notes, bills of exchange, warrants and other negotiable or transferable instruments
- 11.23 To institute, conduct, defend, compound or abandon any legal proceedings by or against SAGF or its officers or otherwise concerning the affairs of SAGF, or any action of its Members, and also to compound and allow time for payment or satisfaction of any debts due or any claims or demands made by or against SAGF
- 11.24 To raise money whether by membership fees which are to be paid to SAGF by the first Monday in April each year from its Members inclusive of its clubs, and or any other associations or organisations which are affiliated directly or indirectly to SAGF on behalf of ordinary gymnasts who are members of the bodies referred to above
- 11.25 To obtain funding from any other source and to recover by means of a legal process any monies due by any of the bodies referred to in the previous bullet
- 11.26 To contribute or subscribe to bodies with aims and objectives similar to the aims and objectives of SAGF
- 11.27 To invest monies upon such security and in such manner as it may from time to time determine in writing
- 11.28 To borrow and guarantee or otherwise secure the repayment of money in such manner and in such terms as it may think fit

- 11.29 To make and pass rules, by-laws or regulations and to add to, repeal or alter such rules, by-laws or regulations, with or without penalties for the carrying out, administration and implementation of this Constitution and the attainment of the aims and objectives of SAGF
- 11.30 To impose fines, to suspend for a period of time, to ban and/or implement any other disciplinary measures on its Members or former Members or on any Gymnast or club or association or organisation connected or concerned with Gymnastics arising out of or connected with any contravention or breach of the provisions of this Constitution or any rule, by-law or regulation formally passed by Exco. SAGF shall have the power to suspend or ban any gymnast, Member or club from participating in any event, championship or competition
- 11.31 To take any action as may be required or necessary to enforce fully and effectively all obligations of whatsoever nature and howsoever arising which may be owed to SAGF by its Members, former Members or any other person or body
- 11.32 To apply and use the funds and income of the SAGF to promote its purpose and objects and
- 11.33 To pay reasonable travelling, subsistence and other expenses incurred by any members of Exco or its committees.

12. MEMBERSHIP MATTERS

- 12.1 Any Association that wishes to become an Associate Member of SAGF must comply with the provisions of clause 22 of this Constitution.
- 12.2 Any decision of Exco to admit or refuse any application for membership in terms of the provisions of clause 22 shall be referred to the next meeting of the Council for ratification purposes.
- 12.3 The right of each existing and future Ordinary Member to have one or more individuals or representative teams participating in the various events, championships and competitions which are held or staged under the auspices of SAGF, shall be determined by Exco in writing which may vary such rights from time to time.
- 12.4 Any Member which ceases to operate a viable structure as defined in this Constitution may be suspended from membership by Exco, but the Council must subsequently decide on recommendations received from Exco at its next ordinary meeting whether the membership of such member should be terminated or not.

- 12.5 Any Member may, at any time, tender its resignation from SAGF to the latter. Any member so resigning shall continue to be liable for any monies due and owing by such member to SAGF at the date of its resignation.
- 12.6 A membership fee, to be determined annually by the Council is payable by all member associations to SAGF before first Monday in April each year ***per capita*** as determined by the Council from time to time: Provided that such a fee is non-refundable.

13. VOTING RIGHTS

- 13.1 The voting rights set out in this clause shall apply in respect of any and all meetings of the Council.
- 13.2 **Ordinary Members** shall each have 1 (one) vote per member.
- 13.3 **Associate Members** shall have no votes.
- 13.4 Only Members whose representatives are personally present at the meeting concerned shall have the right to vote.
- 13.5 In the event of an equality of votes, whether on a show of hands or on a poll, a re-vote shall be held. If the re-vote does not yield a result, the Chairperson of the meeting shall have a casting vote.
- 13.6 Each –
 - (a) Ordinary Member shall be entitled to nominate a minimum of 2 (two) and a maximum of 3 (three) representatives and
 - (b) Associate Member shall be entitled to nominate 1 (one) representative

to attend any general meeting: Provided that a maximum of 3 (three) representatives for each Ordinary member shall be entitled to vote: Provided further that such nominations must be in writing, addressed to the CEO and must be received by the National Office not less than 24 (twenty-four) hours prior to the time for the commencement of that meeting, and that any change of name of such nominations must be received by the CEO in writing not less than 1 (one) hour prior to the time of the commencement of the meeting.

14. ANNUAL GENERAL MEETING (AGM)

14.1 An AGM must be held once in every year: Provided that not more than fifteen months shall elapse between one AGM and the next meeting of it, and SAGF shall be obliged to hold an elective AGM every 4 (four) years.

14.2 Exco must decide in writing on the date, time and place on which each AGM shall be held: Provided that unless there is good reason to the contrary, the AGM must be held at a venue to be determined by the Exco or at such other place as Exco may determine in writing within 4 (four) months as from the end of the financial year of SAGF.

14.3 The following persons shall be entitled to attend and speak at the AGM:

- 14.3.1 All members of Exco
- 14.3.2 Not less than 2 (two) representatives and not more than 3 (three) representatives of each of the Ordinary Members, one of which shall be the Exco representative of the Ordinary member
- 14.3.3 1 (one) from each Associate Member

14.4 The following persons shall be entitled to attend as observers at the AGM and may only speak when requested to do so by the chairperson of the meeting:

- 14.4.1 Discipline Management Committee representatives
- 14.4.2 All Honorary Members
- 14.4.3 Any other person who is invited, in writing, by Exco to attend

14.5 The business to be transacted at an AGM include the following, amongst others:

- 14.5.1 To read the notice convening the AGM
- 14.5.2 To read and confirm the Minutes of the previous AGM, Special, General and General meetings, and to consider any matters arising there from
- 14.5.3 To receive and consider the Annual Report of SAGF, inclusive of its sub-committees and commissions for the period since the date of the previous AGM
- 14.5.4 To adopt with or without modification, the audited Annual Financial Statements for the period since the date of the previous AGM
- 14.5.5 To approve the budgets for the next year
- 14.5.6 To confirm the electoral officer for Elective AGM's
- 14.5.7 To discuss and consider any matters of which 4 (four) weeks written notice has been given to all members
- 14.5.8 To appoint the auditors of SAGF to hold office until the next AGM;
- 14.5.9 To consider and adopt with or without modification, or to reject any recommendations of Exco
- 14.5.10 To consider all nominations by Exco of persons to be Patrons or Honorary Life Members and to accept or to reject any such recommendation or nomination

- 14.5.11 To elect Exco in terms of clause 15 read with clause 16 at the elective AGM
- 14.5.12 To receive and adopt reports from a representative
 - 14.5.12.1 from each of the Ordinary Members
 - 14.5.12.2 of any of the Associate Members and
 - 14.5.12.4 from each of the Discipline Management Committees
- 14.5.13 To consider and adopt any amendments to the Constitution or ratify any amendments to the Rules and Regulations of SAGF
- 14.5.14 To elect the officials (including the sub-committee members) listed in clause 29 every 4 (four) years
- 14.5.15 To read and listen to the newly elected President's speech (when applicable); and
- 14.5.16 To close the meeting.

14.6 A notice of each AGM must be sent to all the Members, Members of Exco and Honorary Members not less than 6 (six) weeks prior to the date of the AGM

14.7 Not less than 2 (two) weeks prior to the date of any AGM, copies of the Agenda for that AGM and the Annual Financial Statements for the financial year preceding the date of the AGM shall be disseminated to all Members, Members of Exco, Patrons and Honorary Life Members by post, and/or by hand, and /or by fax, and/or by electronic mail.

15. COUNCIL OF SAGF

- 15.1 Subject to the terms of this Constitution, the Council shall be the highest authority of SAGF and shall determine its policy, decide upon its budget and give directives to Exco.
- 15.2 Employees of SAGF and employees of Ordinary Members, with the exception of the CEO, cannot be on the Council, Exco or Manco.
- 15.3 The Council must meet annually. The meeting shall be held at such venue as may be determined by Exco in writing, to coincide with the day upon which the AGM is held.
- 15.4 All persons referred to in clause 14.3, shall be eligible to attend and speak at meetings of the Council.
- 15.5 Notice of any AGM of the Council shall be sent to the entire membership of SAGF in writing not less than 6 (six) weeks before the date of such meeting which notice shall be accompanied by a proposed agenda as recommended by Exco.
- 15.6 The text of any motion which any Ordinary Member wishes to be put to and considered by any AGM must be received not less than 4 (four) weeks prior to the date of such meeting by the

National Office of SAGF which must disseminate it by post and /or by hand, and/or by fax, and/or by electronic mail, together with the final agenda to the entire membership of SAGF not less than 2 (two) weeks prior to such date.

15.7 The business to be transacted at the AGM shall be:

- 15.7.1 To read the notice convening the meeting
- 15.7.2 To read and confirm, with or without amendments, or reject the minutes of the previous AGM as the case may be, as well as the minutes of any SGM held in the *interim*, and to consider any matters arising there from;
- 15.7.3 To consider and adopt, with or without modification, or to reject, any Resolution of which due notice has been given; and
- 15.7.4 No resolution which has the effect of creating, amending or repealing a by-law, regulation or standing rule of SAGF shall be binding unless the notice thereof has been given in terms of clauses 15.5 and 15.6 or such resolution has been ratified at the next AGM.

16. SPECIAL GENERAL MEETINGS (SGM's)

16.1 A SGM of the Members shall be convened:

- 16.1.1 By resolution of Exco in writing, or
- 16.1.2 Upon the written requisition of not less than 6 (six) Ordinary Members, addressed to the CEO and delivered to the National Office: Provided that such written requisition shall state the exclusive purpose for which the SGM is to be called and the text of the motion to be put to the meeting.

16.2 Within 2 (two) weeks after receipt of the resolution or requisition referred to in sub-clause 16.1, the CEO must send a written notification to all Members, which notice shall specify the time, date and place of the SGM, which time, date and place shall have been determined by Exco in writing: Provided that the date shall not be more than 4 (four) weeks and not less than 2 (two) weeks after the date of posting –

- (a) the dissemination of the said notification
- (b) a written notification of the purpose of and measures to be transacted at the SGM and
- (c) the text of motions to be put to and considered by the meeting.

16.3 No business other than that stated in the written notification referred to in sub-clause 16.2, shall be transacted at the SGM.

16.4 Only the persons referred to in clause 14.3, shall be entitled to attend and speak at the SGM's.

17. GENERAL PROVISIONS RELATING TO AGM's, COUNCIL MEETINGS AND SGM's

17.1 The following provisions shall apply to all AGM's and SGM's:

17.1.1 AGM's and SGM's shall, subject to the terms and conditions of this Constitution, be held at such time and place as shall be decided by Exco in writing.

17.1.2 The chairperson of any AGM, QGM or SGM shall be the President, or in his or her absence, the Vice-President, or in his or her absence, such other person as shall be elected for that purpose by the representatives of Members present at the meeting and entitled to vote.

17.1.3 A quorum shall consist of 50% (fifty per centum) plus 1 (one) of the membership in good standing.

17.1.4 If a quorum is not present at the place of the meeting within 30 (thirty) minutes after the time set for commencement of the meeting, or the Members are not present during the meeting, until the proceedings have been duly declared to have been concluded so by the President, the meeting, if convened upon the requisition of Ordinary Members, shall be dissolved: Provided that in any other case, it shall stand adjourned to a date not earlier than 1 (one) week and not later than 30 (thirty) days after the date of that meeting: Provided further that at such an adjourned meeting, the representatives of the membership present and entitled to vote, shall constitute a quorum and may transact the business of that meeting.

17.1.5 Where a meeting has been adjourned as contemplated in clause 17.1.4., the CEO shall, upon a date not later than 5 (five) days after the said adjournment, disseminate a written notice to each Member stating:

- (a) the date, time place to which the meeting is adjourned
- (b) the matter before the meeting, when it was adjourned

17.2 Voting shall be executed and decided by a show of hands, unless a ballot is requested by a representative of a Member present and entitled to vote: Provided that for the election of office bearers a ballot shall be compulsory.

18. EXCO (EXECUTIVE COMMITTEE OF SAGF)

18.1 Exco shall consist of the following persons:

18.1.1 The President

18.1.2 The 1st and 2nd Vice-Presidents

18.1.3 9 (nine) members made up of a representative of each of the provincial structures referred to under clause 10.1

18.1.4 A Representative of the Athletes Commission and

18.1.5 The Chief Executive Officer who shall be an **ex officio** Member with no voting rights

18.2 Exco may co-opt other persons as members in order to discharge specific functions: Provided that no co-opted member shall have a vote: Provided further that although the predominant criterion for co-option shall always be merit, Exco shall, as far as possible, seek to preserve a gender balance of both male and female members.

18.3 The members of Exco shall be obliged to sign a Conflict of Interest document prior to the commencement of each Exco meeting which signed document must be held in a Conflict of Interest Minute Book at SAGF head office.

18.4 Members of Exco shall decide on all matters by a simple majority vote.

18.5 Each member of Exco, with the exception of the representative of the Athletes Commission, shall have 1 (one) vote, and the Chairperson of any meeting of Exco shall have a second or casting vote in the event of an equality of votes.

18.6 The chairperson of any meeting of Exco shall be –

(a) the President; or

(b) in his or her absence, the 1st Vice-President; or

(c) in his or her absence, the 2nd Vice-President; or

(d) in his or her absence, such other Member of Exco who has been appointed at that meeting by the Members of Exco present and entitled to vote.

18.7 No person may serve for –

(a) more than 8 (eight) consecutive years as President and

(b) more than 8 (eight) consecutive years in any one position.

18.8 Exco shall meet not less than 2 (two) times ***per annum***: Provided that it shall not be necessary for Exco to meet in those months in which one of the general meetings are held.

18.9 A quorum of Members of Exco shall consist of not less than 50% of such Members plus 1 with a minimum of 50% of representatives of provinces referred to in clause 10.1, and –

- (a) if there is not a quorum present at the appointed time and place for any meeting of Exco or
- (b) if there is not a quorum present during the whole of the meeting until proceedings have been duly concluded and declared by the chairperson of that meeting to have been concluded,

such meeting shall stand adjourned until a date, time and place to be determined by those members of Exco who are present at that meeting: Provided that –

- (i) such date shall not be more than 15 (fifteen) days after such a meeting and
- (ii) at such adjourned meeting those members of Exco present and entitled to vote shall constitute a quorum and may transact the business of that meeting.

18.10 The CEO shall, by such means as is most expedient or as appears to be most appropriate in the circumstances, inform those members of Exco who were not present at the meeting of the date, time and place to which the meeting has been adjourned.

18.11 Except where otherwise stated herein and subject to the provisions of this Constitution, Exco shall be vested generally with all such powers and authority as are necessary to promote and attain the objects of SAGF and, without in any way limiting the generality of the afore-going, Exco shall have all such powers and authority as are necessary to carry out its duties and functions referred to in clause 18.17.

18.12 Exco must control all expenditure of the funds of SAGF and shall not incur any liability nor may it enter into any commitment which cannot be discharged out of the funds of SAGF.

18.13 No authorised payments made on behalf of SAGF shall be valid unless signed by any 2 (two) authorised signatories, which shall be:

- (a) the President
- (b) the 1st Vice-President
- (c) any member of Exco who has been authorised by Exco in writing to have signing powers
- (d) the CEO or

(e) any other employee of SAGF who has been authorised by Exco in writing to have signing powers

18.14 Exco shall be entitled to make any rules and regulations necessary to promote the aims and objectives of SAGF and such rules and regulations shall be binding upon members: Provided that such rules and regulations must be ratified at the next AGM.

18.15 Exco may delegate the exercise of any of its powers and functions to one of its Members or to a sub-committee of SAGF. Exco must appoint an independent Disciplinary Committee to deal with all disciplinary and ethics matters relating to the Membership or any of the individual members.

18.16 In addition to the afore-going, Exco must:

- 18.16.1 undertake and perform all such duties and functions as decided upon by the Council
- 18.16.2 consider and, if thought fit, approve the separate constitutions, rules and regulations of each Ordinary Member, and any amendments or alterations thereto
- 18.16.3 generally undertake and perform all such duties and obligations as are reasonably required to achieve the aims and objectives of SAGF, and to implement the policies to be followed by SAGF
- 18.16.4 Formulate recommendations and resolutions for the consideration of the Council and to prepare the agenda for Council meetings
- 18.16.5 Subject to the provisions of this Constitution, make, amend, vary, repeal and enforce rules and regulations
- 18.16.6 Refer to the Disciplinary Committee, any disciplinary matters in respect of any infringement of –
 - (a) this Constitution or the Rules or Regulations
 - (b) any agreement between any participant and SAGF or
 - (c) the rules of the sport of Gymnastics

and to impose sanctions whether by way of –

- (i) fines
- (ii) suspension
- (iii) banning or exclusion from participating in any championships, competitions or events held or being conducted under the auspices of SAGF or the activities of SAGF
- (iv) withdrawing monies for which any person would otherwise be eligible.

For the purposes of this Constitution, all events, championships or competitions of whatsoever nature organised and/or run by Members of SAGF and their affiliates shall be deemed to be under the auspices of SAGF

- 18.16.7 Impose and collect membership fees, dues and imposts
- 18.16.8 Arrange, control, regulate and promote events, championships and any other forms of competition
- 18.16.9 Employ any person upon such terms and conditions as shall be decided in writing and, when considered necessary or desirable, terminate the employment of any such person. In particular, Exco may from time to time appoint a suitable person to act as the CEO of SAGF in writing and shall determine his or her powers, duties, remuneration and privileges. Such a person shall be an **ex officio** member of the SAGF Exco with no voting rights at any Exco, Manco or General Meetings
- 18.16.10 Refer any dispute between any Members, and/or Club or Institution, and/or persons who are members of such clubs to either the Disciplinary or Ethics Committee in writing: Provided that such dispute is of national status or is escalated to national status
- 18.16.11 Subject to clause 7.1 above, determine the area/s or jurisdiction of Members and vary or alter such areas from time to time when necessary
- 18.16.12 Co-opt any person to Exco as may be required to achieve the aims and objectives of SAGF or to fulfil any purpose incidental thereto: Provided that such co-opted person shall not have any voting rights
- 18.16.13 Form sub-committees, consisting of one or more persons, for any purpose incidental to the aims and objectives and powers of SAGF and, subject to the constitution, rules and regulations, delegate such of its powers to such sub-committees as may be required

18.16.14 Appoint special advisers and consultants, for any purposes, and terminate such appointment/s

18.16.15 Accept or reject any application for membership subject to ratification by the Council

18.16.16 Open accounts with any recognised commercial banking or financial institution or building society, and invest any funds of SAGF and pay any such funds to any person (natural, corporate or otherwise) who has a valid claim for payment against SAGF

18.16.17 Decide upon the criteria and make recommendations for the awarding of National Colours, and appoint National Selectors for the selecting of teams to whom Colours may be awarded

18.16.18 Ensure that full and proper books of accounts are kept in accordance with sound accounting principles

18.16.19 Ensure that the said books of account and all records of SAGF's finances and assets are duly audited each year as soon as is practicable after the financial year end of SAGF which is 31 March of each year and that annual financial statements are subsequently prepared

18.16.20 Deal with any question or issue arising out of or relating to or incidental to non-racialism as described in the Rules and Regulations

18.16.21 Deal with any question or issue arising out of or relating to or incidental to non-sexism or discrimination on any grounds as referred to in this Constitution

18.16.22 Address any question or issue or matter concerning or incidental to development, including budgeting for and expenditure on development

18.16.23 Approve the employment and termination of employment of staff by SAGF in writing, including all matters incidental thereto and the review from time to time of all existing contracts of employment of staff and all matters incidental thereto

18.16.24 To comply with such reporting requirements as may be determined by the Commissioner for the South African Revenue Service ("SARS") from time to time, provided that such reporting requirements are reasonable and in line with the tax laws of the Republic as administered by SARS

- 18.16.25 Decide any question, issue or matter relating to emblems, colours, or anthems for SAGF
- 18.16.26 Make recommendations on any question or issue relating to the affiliation to or disaffiliation from any macro or other body and
- 18.16.27 Decide any question or issue relating to the use of Gymnastics facilities and/or other facilities incidental thereto and/or the standard thereof
- 18.17 Exco's jurisdiction shall not be limited to dealing with such matters as are referred to it but shall include the power and capacity to be pro-active and initiate such enquiries and/or take such steps as Exco deems fit.
- 18.18 It is recognised that it is desirable for all provincial bodies themselves to negotiate and achieve unified provincial bodies. Notwithstanding this, Exco shall have the right and power to be proactive and to take such steps as it deems fit to facilitate unity so as to ensure that any difficulties or problems in the way of unity in any province shall be overcome.
- 18.19 Any member of Exco who, without having first obtained leave of absence from Exco, has not attended 3 (three) consecutive meetings of Exco, of which meetings due notice had been given to him or her, shall otherwise than in circumstances beyond his or her control, be deemed to have resigned from Exco **ex mero motu**.
- 18.20 No member of Exco shall be entitled to any remuneration, but all members of Exco shall be entitled to be refunded for any disbursement incurred by such a member in fulfilling any duties or functions
- 18.21 The CEO must be appointed by Exco in writing, and shall:
 - 18.21.1 represent him or herself as an **ex officio** member of Exco with no voting rights at all meetings
 - 18.21.2 send to all Members, and to all members of Exco:
 - 18.21.2.1 a written notification of all meetings of Exco (excluding emergency meetings), and the proposed Agenda of each meeting, not less than 5 (five) days prior to the date of the proposed meeting and
 - 18.21.2.2 copies of the minutes and resolutions of all meetings of Exco, within 10 (ten) working days after the date of the relevant meeting.

19. ELECTION OF PRESIDENT, 2 VICE-PRESIDENTS AND MANCO

- 19.1 Each Ordinary Member shall be entitled to nominate –
 - (a) 1 (one) person for election as President;
 - (b) 1 (one) person for election for each of the 2 (two) Vice-Presidents.
- 19.2 Each member as referred to in clause 10.1 shall appoint in writing one representative to serve on the national executive:
- 19.3 Each nomination shall be in writing and shall be seconded by any other Ordinary Member and must be signed by the nominee to indicate his or her acceptance of the nomination.
- 19.4 It shall be permissible for the same person to be nominated for more than one office/position: Provided that the nomination for any alternative position is conditional upon him or her not being elected to the first post for which he or she is nominated.
- 19.5 All such written nominations must be received by the CEO of SAGF not less than 4 (four) weeks prior to the date of the next AGM and a list of nominations so received shall be sent out by the CEO to the entire membership 2 (two) weeks prior to the AGM.
- 19.6 If no nominations are received for the election of the President or the 2 Vice-Presidents, or both, the President or the Vice-Presidents, shall continue in office, if available, until the next AGM, failing which at the first meeting of Exco after that AGM, the members of Exco shall elect a person to act as President or the Vice-President, or both until a President or his or her 2 Vice-Presidents, as the case may be, are duly elected at a meeting of the Council.
- 19.7 If there is more than one nomination for any of the posts of President and the 2 Vice-Presidents respectively then such posts must be elected separately by ballot, such elections to be held in the sequence aforesaid above.
- 19.8 All members of Exco shall hold office for a period of 4 (four) years until the next elective AGM
- 19.9 Election of the 2 (two) Manco members shall be done by online voting within two weeks following the Ordinary Members' representative being received in writing one week after the QGM

20. RESIGNATION OF PRESIDENT OR VICE-PRESIDENTS

In the event of the President or vice presidents resigning the next highest elected person will act in the vacant position. For example, should the President resign, the 1st Vice-President acts

as President or should the 1st Vice-President resign, the 2nd Vice-President acts as 1st Vice-President, until the next AGM where elections for the vacant position will take place as per Article 19.

21. MANCO

- 21.1 Exco may appoint a Manco, comprising of:
 - (a) The President
 - (b) 2 Vice Presidents
 - (c) 2 (two) Ordinary Members of Exco; and
 - (d) The Chief Executive Officer (ex-Officio)
- 21.2 The Manco shall meet 4 (four) times a year.
- 21.3 The Manco shall have a delegated function from Exco and shall be empowered to take decisions and to immediately undertake any action required by given events as stipulated in the Rules and Regulations of SAGF.
- 21.4 The President may call on any member of Exco to attend a Manco Meeting.
- 21.5 The minutes of the Manco Meetings must be distributed to all members of Exco within 14 (fourteen) days of such meeting.

22. ASSOCIATE MEMBERSHIP APPLICATION

- 22.1 Any association or organisation which wishes to become an Associate Member of SAGF shall apply in writing to Exco to be admitted as such and shall furnish a copy of its constitution and all such information as Exco may require to decide upon its application.
- 22.2 Exco may in its discretion admit any such association or organisation as an Associate Member upon such terms and conditions, including terms and conditions as to the payment of subscriptions as Exco may consider fit.
- 22.3 Any decision by Exco in respect of an application for Associate Membership shall be referred to the next AGM of the Council for ratification in writing and shall not be binding until so ratified.
- 22.4 Notwithstanding anything else herein contained it shall be competent for Exco, with the ratification of the Council, to create quasi-independent and quasi-autonomous bodies or associations having their own constitutions and members for the purpose of better achieving

any of the objects of SAGF. The constitution and regulations of such bodies or associations shall at all times be subject to the approval and ratification of SAGF in writing which shall at all times have the power to dissolve and/or withdraw recognition of any such body or association in writing.

22.5 It is specifically recorded that an application for new Associate Members of SAGF-

22.5.1 may, by a majority vote taken at an AGM or a SGM convened *inter alia* for this purpose be granted an associate membership status to any other association operating on a national level: Provided that no associate membership shall be granted to an association with the same aims and objectives as SAGF and

22.5.2 may also, by a majority vote taken solely for this purpose, have its approval withdrawn, in which event; the relevant association shall cease, forthwith, to be an Associate Member of SAGF

22.6 In deciding whether or not to admit a new Association as an Associate Member, Exco shall have regard to such factors as it considers relevant, including the number of clubs and the participants within the jurisdiction of the applicant, clubs run by the applicant, and whether or not the applicant and the clubs within its jurisdiction are committed to the scheme in terms of which levies are paid to SAGF.

22.7 Associate Members shall agree upon and define their geographic areas of jurisdiction: Provided that in the event of a dispute and failure to reach agreement, such areas of jurisdiction shall be defined by Exco in writing.

23. HONORARY MEMBERS

23.1 Exco and the members of Council shall, from time to time, nominate any person in writing-

(a) who has rendered notable and meritorious service to SAGF and/or in the promotion of the sport of Gymnastics; and

(b) whom it wishes to recognise and honour as an Honorary Member

which nomination shall be presented to the Council for ratification at the next AGM: Provided that if such a nomination has been ratified by the Council, such person shall become an Honorary Life Member and shall enjoy the rights and privileges, namely to attend the AGM and to receive advance notice and to make preferential bookings in respect of any event or championship held under the auspices of SAGF

23.2 All past presidents of SAGF may become an Honorary Vice President of SAGF if so nominated and such appointment is ratified at an AGM.

24. LIMITATION OF LIABILITY OF MEMBERS INDEMNITY

24.1 The liability of any Member, of any classification, is limited exclusively to the sum of any monies then due and payable by such Member to SAGF, by way of subscription or otherwise howsoever.

24.2 The President, the Vice-Presidents, the CEO, all members of Exco, all officials, agents and persons (natural, corporate or otherwise) acting on behalf of SAGF in terms of this Constitution and under delegated powers from the Members in General Meeting or from Exco, shall be and they are hereby indemnified and held harmless against any claim or demand by any third party as a result of any act or omission in the performance of their duties for and on behalf of SAGF, from whatever cause arising: Provided such person/s acted in good faith.

25. ALTERATION OR VARIATION OF THIS CONSTITUTION

This Constitution may be altered or varied, at any time, by the Members in the General Meeting, upon a special majority vote of the total votes of the Members, whose representatives are present and entitled to vote at that time: Provided not less than 4 (four) weeks written notification of such Meeting, together with a copy of a proposed resolution/s has been given to the membership.

26. NOTIFICATION

For the purposes of this Constitution, all notifications by SAGF to any person or any Member, Honorary Life Member or Patron shall, unless delivered by hand, be effective from the date of dissemination by post, and/or by hand, and/or by fax, and/or by electronic mail to the last known postal address of such Member/s, by any official of SAGF; but all notifications to SAGF by any person (natural, corporate or otherwise) or any such Member shall only be effective from the date of receipt thereof by the CEO. In no respects shall any postal authority be, or be deemed to be, the agent of SAGF

27. INTERPRETATION OF THIS CONSTITUTION

Any dispute arising out of or in connection with the enforceability of this Constitution or the application and interpretation of the provisions thereof or any dispute between –

- (a) SAGF and another national sports federation
- (b) a member of the Exco and Exco or
- (c) Exco and a Member or individual

shall be referred to the designated independent body determined for resolution through mediation or expedited arbitration. In the event of arbitration in terms of the afore-going, such a resolution shall be final and binding on the parties to the dispute.

28. DISSOLUTION OR WINDING UP OF SAGF

- 28.1 SAGF may be dissolved or wound-up, at any time, by the Members in the General Meeting, upon a majority vote of not less than 75% (seventy five per centum) of the total votes of Members, whose representatives are present and entitled to vote, who are present in person at such a General Meeting: Provided that not less than 2 (two) weeks written notification of such meeting and of any resolution aimed at dissolving or winding-up SAGF shall have been given to all Members.
- 28.2 Upon dissolution or winding up of SAGF, all the property and assets of SAGF, after payment of all monies owing to any third parties, shall be transferred free of compensation to any other Association/s or Organisation/s having objects similar to SAGF, at the discretion of the Members.

29. SUB-COMMITTEES OF EXCO

- 29.1 Each sub-committee of Exco shall, subject to the provisions of this Constitution and to the Rules and Regulations of SAGF, perform such duties and functions as are delegated to it by Exco.
- 29.2 The powers and authority of each standing sub-committee shall be as set out in the Rules and Regulations of SAGF: Provided that Exco may by resolution add to or subtract there-from in writing.

29.3 Appeal and Disciplinary Committees

- 29.3.1 Exco may, with ratification by Council, appoint the members of Appeal and Disciplinary Committees and delegate such powers to these committees to include, but not be limited to, assist with legal advice, continuously update a disciplinary code for participants, members and management, adjudicate mediate and arbitrate upon legal and disciplinary matters

29.3.2 The Appeal and Disciplinary Committees shall each comprise of three members of which the Chairperson must have a legal background

29.4 Ethics Committee

29.4.1 The Council may, on recommendation of Exco, appoint the members of the Ethics Committee and delegate such powers to this Committee, to include but not be limited by, the following: assist the Federation on Ethical matters, update an Ethics Code for all participants, members and management and adjudicate, mediate and arbitrate upon such matters.

29.4.2 The Ethics Committee shall comprise of 3 (three) members of which the Chairperson must have a Legal/Ethical background.

29.5 Audit Committee

29.5.1 The Council may, on recommendation of Exco, appoint the members of the Audit Committee and delegate such powers to this committee to include but not be limited by the following:

- 29.5.1.1 To assist Exco in fulfilling its over-sight responsibilities
- 29.5.1.2 To review the financial reporting process, the system of internal control, the audit process, the process of monitoring compliance with laws and regulations and with the code of conduct.
- 29.5.1.3 The Audit Committee shall comprise of 3 (three) members of which the Chairperson must have an accounting background.
- 29.5.1.4 Every member of the Audit Committee shall have 1 (one) vote at their meetings and hearings.

29.6 Discipline Management Coordinating Committee

29.6.1 The Discipline Management Coordinating Committee comprises of the Chairpersons of the disciplines, the President or his/her representative and the CEO and will be constituted every 4 (four) years in the year of the QGM. The functions of the Discipline Management Coordinating Committee include but are not limited to:

- 29.6.1.1 creating and maintaining uniform, holistic and focussed standpoints on technical principles and philosophies for all disciplines within the Federation to comply with national strategies.

- 29.6.1.2 act as filter between Exco and the Discipline Management Committees on all aspects that overlap between Discipline Management Committees where national policy, philosophy and principles are at stake.
- 29.6.1.3 Discuss, coordinate and recommend to EXCO for execution on all aspects of national policy and strategies on technical level, except discipline specific matters

29.7 Discipline Management Committees

- 29.7.1 Discipline Management Committees shall be appointed every 4 (four) years in the year of the SAGF QGM. The functions of the Discipline Management Committees include but are not limited to:
 - 29.7.1.1 To oversee and manage the technical responsibilities and needs of their respective disciplines
 - 29.7.1.2 To prepare, implement and monitor development plans of their respective disciplines
 - 29.7.1.3 Every member of the Discipline Management Committee shall have 1 (one) vote at their meetings.

29.8 Safeguarding Case Management Group

- 29.8.1 The Council may, on recommendation of EXCO, appoint the members of the SAGF Safeguarding Case Management Group and delegate such powers to this group to include, but not be limited to:
 - 29.8.1.1 Assisting the National Safeguarding Officer
 - 29.8.1.2 Update the SAGF Safeguarding Policy regularly and
 - 29.8.1.3 To consider reports received to decide on appropriate further action.
- 29.8.2 The Safeguarding Case Management Group shall comprise of 3 (three) members of which one must have a legal background
- 29.8.3 The SAGF have the obligation to communicate to the FIG Office the identity of any member convicted of harassment and/or abuse in relation with any Gymnastics activities by any judicial or disciplinary authority.

29.9 Education and Training Committee

- 29.9.1 Fundamental Principles:
 - 29.9.1.1 All material contained in any SAGF manual, course or workshop is the IP of the Federation.
 - 29.9.2 Discipline Management Committees are responsible for the content of Education and Training programmes of their disciplines.

- 29.9.3 National philosophies and strategic intent of the Federation will be coordinated by the Discipline Management Coordinating Committee under the auspices of and approval by Exco.
- 29.9.4 The Education and Training programme will be overseen and managed according to specific protocol between the Head Office, Provinces and Disciplines.

29.9.2 The Education and Training Committee is a sub-committee of Exco, chaired by a person appointed by EXCO. It consists of representatives of all disciplines and two 2 representatives from provinces.

29.9.3 The Education and Training Committee is responsible for, but not limited to, ensure that national strategies are adhered to, programmes are presented and managed professionally, effectively and according to efficient procedures, ensure that all role players are informed and involved in all programmes and that the programme is effective, innovative and progressive.

29.10 Athletes Commission

- 29.10.1 The Athletes commission comprises of the disciplines' Athletes representatives. The commission serves as a consultative body and is a link between active gymnasts and Management. The role of the commission is to ensure that the interests of the gymnasts are protected in the affairs of the Federation. The commission makes recommendations to EXCO and will meet as often as the members of the commission feel a need to do so.

29.11 Development and Transformation Sub-Committee of Exco

29.11.1 Scope and Purpose

Development and Transformation in Gymnastics SA is a national imperative, overseen by Exco and managed on all levels throughout the Federation structures. It is the responsibility of every individual and all structures to grow our sport and improve transformation on all levels.

The main purpose of the Development and Transformation Committee is to oversee and enhance progress throughout the Federation as well as to regulate and supervise specific and defined projects, programmes and initiatives for development and transformation.

29.11.2 Objectives

- Align and comply with the strategic goals of development and transformation (D&T) within national priorities
- Support the Transformation Plan of the Federation through focussed programmes
- Work towards improving the well-being of all gymnasts and gymnastics in general

29.11.3 The Development and Transformation of Gymnastics SA

- is a Subcommittee of Exco and chaired by a person appointed by EXCO.
- is managed through the office of the Federation's Development Manager who provides administrative services to the committee and oversees all programmes.
- comprises of two (2) members representing provinces and two representing DMCs. These four people are nominated by the respective structures and appointed by Exco.
- A further two (2) people should be elected by and from the Schools Coordinators. The Committee has the right to co-opt specific experts as advisors, such as a senior person involved in schools (sport).
- The Committee should meet at least twice per annum.

This Constitution was unanimously amended by the Membership present at the Annual General Meeting held via Zoom, on the 22nd day of July 2023.

D.J. Jurgens

Donovan JURGENS

President (SAGF)



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SAGF STAMP