

A Minha Rotina Diária em Inglês

Nome: _____ Turma: _____ Ano: 4.º ano Data: _____

Observa, lê e completa os exercícios sobre a rotina diária em inglês.

① Que horas são? Escreve a hora de cada relógio (ex.: 3:30).



It's ____ : ____



It's ____ : ____



It's ____ : ____



It's ____ : ____



It's ____ : ____



It's ____ : ____

② Liga cada ação da rotina diária ao momento correto.

- | | |
|------------------|-------------------------|
| Get up • | • After I wake up. |
| Have breakfast • | • At midday. |
| Go to school • | • In the morning. |
| Have lunch • | • At night. |
| Go to bed • | • Before school starts. |

③ Completa as frases sobre a rotina diária com as palavras em falta.

I always _____ up at seven o'clock. She _____ breakfast with her family. He _____ his homework after school.

④ Ordena os eventos da rotina diária.

☐ I have breakfast.

- ☐ I go to bed.
- ☐ I do my homework.
- ☐ I wake up.
- ☐ I go to school.
- ☐ I have lunch.
- ☐ I have dinner.

5 Lê o texto com atenção e responde às perguntas.

Leo's Day

- 1 Hello!
- 2 My name is Leo.
- 3 I am seven years old.
- 4 I wake up at seven o'clock every day.
- 5 I have breakfast with my mum and dad.
- 6 I like toast and orange juice for breakfast.
- 7 Then, I go to school.
- 8 School starts at nine o'clock.
- 9 I have lunch at school at twelve.
- 10 After school, I play with my friends.
- 11 We play football in the park.
- 12 At six o'clock, I have dinner.
- 13 I watch TV and read a book.
- 14 I go to bed at nine o'clock.
- 15 Goodnight!

1. What is his name?

2. Who has breakfast with Leo?

3. Do you play football in the park?

4. What time does Leo wake up?

⑥ Encontra as palavras na grelha (Vocabulário da rotina).

S	C	H	O	O	L	C	G	T	C
A	F	E	S	D	J	S	E	E	P
K	R	A	R	S	X	P	T	E	R
G	P	T	C	K	L	X	U	T	H
O	O	L	W	F	H	E	P	G	X
O	V	B	A	A	Q	O	E	F	O
T	R	R	V	Y	S	A	S	P	F
Y	Q	U	S	W	I	H	V	R	O
I	W	S	N	N	S	Z	A	Y	U
B	V	H	J	N	Z	V	Z	S	U

GETUP WASH EAT BRUSH SCHOOL PLAY SLEEP