

A Rotina Diária: Ações e Horas

Nome: _____ Turma: _____ Ano: 4.º ano Data: _____

Olá! Nesta ficha, vais praticar o teu inglês sobre as atividades da tua rotina diária. Lê atentamente as instruções de cada exercício e responde com cuidado. Boa sorte!

① Observa os ponteiros e escreve as horas.



It's ____ : ____



It's ____ : ____



It's ____ : ____



It's ____ : ____



It's ____ : ____



It's ____ : ____

② Liga cada ação diária à frase em inglês correspondente.

- | | |
|------------------------------|--------------------|
| Acordar • | • I wake up |
| Tomar o pequeno-almoço • | • I have breakfast |
| Ir para a escola • | • I go to school |
| Almoçar • | • I have lunch |
| Fazer os trabalhos de casa • | • I do my homework |
| Jantar • | • I have dinner |
| Ir para a cama • | • I go to bed |

③ Completa a frase com o verbo correto: 'I usually ____ up at seven o'clock.'

- ☐ a) get
☐ b) go
☐ c) make

☐ d) do

4 Ordena os eventos da rotina diária.

- ☐ I get dressed.
- ☐ I wake up.
- ☐ I go to bed.
- ☐ I have dinner.
- ☐ I have breakfast.
- ☐ I go to school.

5 Completa as frases com as palavras em falta sobre a rotina diária.

I always _____ up at seven o'clock. She _____ breakfast every morning. We _____ to school by bus. He _____ his teeth after lunch. They _____ to bed early.

6 Lê o texto com atenção e responde às perguntas.

My Daily Routine

- 1 Hello!
- 2 My name is Lily.
- 3 I am nine years old.
- 4 Every day, I wake up at seven.
- 5 Then, I have breakfast with my mum.
- 6 I go to school at eight o'clock.
- 7 At school, I have lessons.
- 8 I play with my friends.
- 9 I have lunch at twelve o'clock.
- 10 After school, I play in the park.
- 11 We have dinner at seven o'clock.
- 12 I like reading a book before bed.
- 13 I go to bed at nine o'clock.
- 14 This is my daily routine.

1. What is Lily's name?

2. Does Lily like reading?

3. Do you like reading books?

4. What time does Lily go to school?

5. What time is dinner?

6. What time do you go to bed?
