

A rotina diária em inglês

Nome: _____ Turma: _____ Ano: 4.º ano Data: _____

Resolve os exercícios sobre a rotina diária em inglês.

Aprendo... A tua rotina diária

Sabes que todos os dias fazemos muitas coisas? Vamos aprender vocabulário para falarmos sobre a nossa rotina diária em inglês.

«I wake up (acordar) and get up (levantar-me) early every morning (manhã).»

«I have breakfast (tomar o pequeno-almoço) at seven o'clock (às sete horas) and eat (comer) cereal (cereais) with milk (leite).»

«He has (ele tem) a toothbrush and brushes (ele escova) his teeth.»

«I leave (sair) home to travel (viajar) to class (aula) at school (na escola) or walk (caminhar).»

«We have lunch (almoçar) at midday (ao meio-dia) and study (estudar).»

«I do homework (fazer os trabalhos de casa) in the evening (à noite), have dinner (jantar) with his mum (a mãe dele) and go to bed (ir para a cama). Yes (sim).»

1 Observa os ponteiros e escreve as horas.



It's ____ : ____



It's ____ : ____



It's ____ : ____



It's ____ : ____



It's ____ : ____



It's ____ : ____

2 Escolhe a frase correta.

- ☐ a) I have breakfast in the morning.
- ☐ b) I have dinner in the morning.
- ☐ c) I go to bed in the afternoon.
- ☐ d) I eat lunch in the evening.

3 Liga cada expressão da rotina diária à descrição que a representa.

- | | |
|------------------|-------------------------------|
| get up • | • Eating cereal and milk. |
| have breakfast • | • A child writing in a book. |
| go to school • | • Sleeping in a cosy bed. |
| have lunch • | • A child leaving the bed. |
| do homework • | • Walking with a school bag. |
| have dinner • | • Eating food at midday. |
| go to bed • | • Eating food in the evening. |

4 Completa as frases com as ações da rotina diária.

brushes get go has

I _____ up at seven o'clock. She _____ breakfast every morning. He _____ his teeth before school. We _____ to school by bus.

5 Ordena as frases para formares a tua rotina diária.

- ☐ I go to bed.
- ☐ I have breakfast.
- ☐ I wake up.
- ☐ I do my homework.
- ☐ I go to school.
- ☐ I brush my teeth.

⑥ Lê o texto com atenção e responde às perguntas.

Tom's Daily Routine

- 1 Tom is nine years old.
- 2 He gets up at seven o'clock.
- 3 He has breakfast with his mum.
- 4 Then he goes to school.
- 5 School starts at half past eight.
- 6 Tom has lunch at school.
- 7 He plays with his friends.
- 8 After school, he does homework.
- 9 He likes reading books.
- 10 At nine o'clock, he goes to bed.

1. How old is Tom?

2. What time does Tom get up?

3. Who does Tom have breakfast with?

4. Is Tom a boy?

5. Where does Tom have lunch?

6. What does Tom do after school?
