

A Touch of Understanding®, Inc.

5280 Stirling Street, Suite 102, Granite Bay, California 95746
Phone (916) 791-4146

www.TouchOfUnderstanding.org

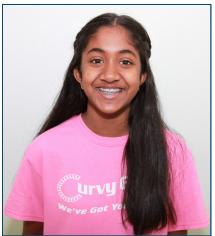
Report of Activities 7/1/17-6/30/18



Touching Lives In Many Ways

From Listener to Storyteller: Anjali Suthahar Becomes an ATOU Speaker

"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid," said Albert Einstein. Everyone has different and unique abilities, and people should respect those abilities, instead of judging based on appearance. Before I was introduced to A Touch of Understanding (ATOU), I probably wouldn't have understood the magnitude and meaning of this quote. I used to be scared and uncomfortable around people with disabilities, and didn't understand their unique abilities.



Anjali Suthahar, a treasured ATOU family member

When I was 8 years old, my mom brought me to my first ATOU event, which was a memorable experience. At first, I was afraid that I would say something wrong or do something I wasn't supposed to do, and hurt someone's feelings. The first person I met at that Christmas party Mike and his Maggy. I hadn't realized that Mike had prosthetic arms, and I proudly showed him how flexible my thumb was. Well, I

was soon humbled when Mike showed me how he could turn his prosthetic arms 360 degrees. That day, I met so many wonderful people with different abilities who shared their experiences. Later, I had the opportunity to attend a workshop at a local school, where I met one of my first friends at ATOU, Andrew Hazard. He has spina bifida, but I didn't really think about his condition at the time. I was too busy admiring his cool motorized wheelchair and listening to all his fascinating stories about the people he had met. As I interacted with the

"I always thought that I'd be the person on the outside, the one listening to the stories, never the story teller."

volunteers, I stopped thinking about their disabilities, and more about what they've been able to achieve and what kind of people they are. They are all amazing and interesting people who've inspired me with their positivity and perseverance. The optimism in the face of all the challenges they have experienced has changed my outlook on life. I think it prepared me for the hurdle I was about to face with my scoliosis journey.



Anjali performing an Indian classical dance

I loved listening to the ATOU speakers' stories, as they taught me about being kind and empathetic. I always thought that I'd be the person on the outside, the one listening to the stories, never the storyteller. In 2016, however, I was diagnosed with scoliosis and started wearing a back brace, which created a variety of challenges. I had to wear this brace 23 hours a day for a few years. At first, I hated my back brace and scoliosis with all my heart. I hated feeling smushed in the brace. I couldn't bear

the heat, which made it difficult for me to spend time outside, and I couldn't bend down to pick things up from the floor or even tie my shoes. Many of my clothes didn't fit anymore either.

Our mission is to encourage acceptance and respect for all individuals and to minimize the discrimination, bullying and misunderstanding experienced by children and adults who are perceived as different for any reason, especially those with disabilities.

Initially, I was scared and frustrated, but then I thought about the brave people at ATOU and realized that if they could go through all their challenges and still be optimistic, then I could do the same. Having scoliosis and wearing a brace gave me a new perspective on things, and I became more empathetic of different people's situations. Most importantly, I realized how ATOU was like a family I never truly knew I had or fully appreciated. At the beginning especially, I had difficulty adjusting at school because other kids would stare at me in the locker room, and I felt insecure about my brace showing through my clothes. I had a hard time feeling like myself—like a teenager. It took me sometime to understand that my brace didn't define me. ATOU was there for me through all of this; they always had my back. It gave me a place where I didn't need to care about how I looked with a brace, or that I couldn't bend. ATOU was my support system and safe space.

During the first year in the brace, I didn't like talking about my scoliosis. When Leslie approached me about speaking at a gathering, I was terrified about opening up. With some persuasion, I first spoke at the volunteer training, and then continued to speak at the school workshops. Speaking at various events has helped me become confident and comfortable with myself, and I gradually found that I loved public speaking. I went from the person listening to stories to becoming a storyteller.

I am grateful to ATOU for giving me this opportunity to freely share my experience with other students and raise awareness about scoliosis. Not only has this helped other kids like me to feel comfortable about wearing a brace, it has given me a sense of purpose when sharing this important message of treating people with respect and kindness. I've become a stronger person. Having ATOU's constant kindness and support motivated me to pay it forward, and it has given me the courage to help other girls with scoliosis by leading the local branch of Curvy Girls, an international support group for girls with scoliosis.

Our bimonthly meetings have given these girls a venue to talk with each other about their fears and daily struggles, have encouraged them to wear the brace to school, and have helped them build the confidence to tell their friends about it. In addition, moms as well as girls my age reach out to me for advice, whether it be about doctors and physical therapy, or learning to wear the brace and overcoming their fears about telling others. Sometimes, girls who may not have the support of their family or are scared to tell others about it contact me simply looking for someone to confide in. Being part of ATOU



Anjali, Stephen, Caitlin, and Courtney with service dog, Lolly, after speaking at our Volunteer Training.

has given me a unique perspective, and learning to understand different people from a young age has now helped me when girls with disabilities reach out to me as well. Recently, I was pleasantly surprised when a picture of me speaking at an ATOU workshop was featured at the opening address of the International Curvy Girls Convention held in Long Island, New York, in July 2018. I will continue to work to help other girls so they can feel comfortable in their brace and in themselves.

Through my experiences with ATOU, I have come to appreciate the true effect it has had on children and adults alike. Seeing kid's reactions to speakers, learning the ways different people are involved with workshops and Youth F.O.R.C.E. events, and experiencing it all first hand has shown me the vast and long lasting impact ATOU has in our community. It can truly change someone's life. Most of all, I'm really thankful for the support that I constantly receive from everyone at ATOU. It hasn't just inspired me with its lessons of understanding and kindness, but it's also given me a second family, and I will forever be grateful for that.

"ATOU hasn't just inspired me with its lessons of understanding and kindness, but it's also given me a second family, and I will forever be grateful for that."

YOU can Help Build the Future for our Children Through ATOU!

Become a Monthly Donor Through our 20/20 Campaign: Our 20/20 Clear Vision for the Future campaign is an opportunity to become a monthly sustaining donor, building the foundation we need to continue reaching more children each year—Building Empathy and Igniting Respect on school campuses and beyond. Sign up at www.touchofunderstanding.org

Adopt a School: Our Adopt a School Program provides the opportunity for individuals or businesses to "adopt a school" to pay the portion of our true costs that schools cannot afford. Businesses benefit from valuable marketing opportunities as a community partner. Visit our website for more information or contact roxanne@touchofunderstanding.org.

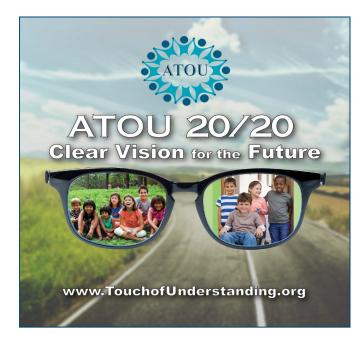
Volunteer With Us: For more information on joining a wonderful team of incredible individuals who work and socialize together, contact volunteer@touchofunderstanding.org

Create Your Own Crowdfunding Campaign: Share your story (through GoFundMe, Facebook, etc.) about ATOU's impact, let your potential funders know how your idea can benefit ATOU, set a funding goal, and then promote your campaign.

Share Stories with Others about your Connection to ATOU: Please post a review on Great Nonprofits at www.greatnonprofits.org

Like us and share our posts on Social Media: You can find us on Facebook, Twitter, YouTube, and Instagram

Amazon Smile: Choose A Touch of Understanding when you shop online with Amazon. Go to **smile.amazon.com** and select A Touch of Understanding. A portion of your purchase will go back to ATOU.





https://www.facebook.com/ATouchOfUnderstanding/



https://twitter.com/atou1234



http://tinyurl.com/atouyoutube



https://www.instagram.com/atouchofunderstanding/

COMPANY MATCHING GIFT PROGRAMS

If your company has a matching gift program, please use that vehicle to double the impact of your gift.

UNITED WAY/OUR PROMISE CAMPAIGN

Please designate ATOU to receive your payroll deduction contributions:

ATOU United Way Identification #3205

BECOME A MEMBER OF THE ATOU LEGACY CIRCLE

A planned gift to A Touch of Understanding, Inc.,
will allow you to continue to make a difference in
the lives of children for years to come. Please
consult your financial advisor to explore how a gift
to ATOU will fit into your financial and estate
planning goals.

ATOU REACHES TWO MILESTONES OF GROWTH

100,000 Students and Leadership Transition

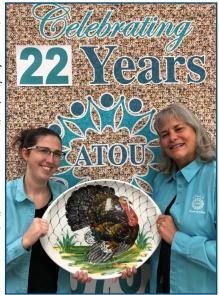
On January 12, 2018, we reached the milestone of 100,000 students participating in our disability-awareness workshops. As I write this, the number has jumped to more than 107,000! The demand for our program continues to grow and with your support, we are working to meet that demand.

I have another important milestone of growth to share with you! In the life cycle of a nonprofit agency, an essential step towards full maturity of the agency is the transition of the founder from the executive director role. This growth step ensures the sustainability of the agency beyond the efforts of the founder. We are excited to announce that this is the year of transition. Meghan Adamski, my assistant of three years, is transitioning to the role of executive director. Meghan's heart for the mission, her leadership skills, and her commitment to our students, to you - our donors, and to our ATOU Team make her the perfect person to carry ATOU into the future. She will continue working with our dedicated, capable staff, board, and volunteers, many of whom have been with us for years. The transition will continue through June 2019, after which I will serve in special projects and as a mentor.

The perfect analogy as the holidays approach is the "Passing of the Turkey." You may have been in a family that enjoyed a turkey dinner during the holidays. For years, the older member of the family cooked the turkey with help from the younger members. Eventually, the time came for the younger member of the family to take over the cooking of the turkey which allowed the older to bring the side dishes. I am excited to bring the side dishes!

On a personal note, I sincerely thank you for your support of ATOU which has allowed us

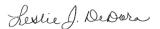
to reach thousands of students over the past 22 years. Please stay with us on this



Leslie "Passing the Turkey" to Meghan

extraordinary journey, this movement in our society as we break down barriers of misunderstanding, fear and bullying and build bridges of understanding, acceptance and respect.

With gratitude for your support over the past years and with eager anticipation of great things to come,



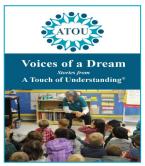


Mikey G. 5th Grade

ATOU Board of Directors:		
Joseph Blanton	Stanford Hirata	
John DeLury	Darlene O'Brien	
Kody Fernandez	David Riviello	
Susie Glover	Bob Schultz	
Mary Herdegen	Michael Wilson	

Voices of A Dream

Enjoy 64 inspiring stories written by members of the ATOU family



Available in paperback, Nook, and Kindle at Amazon.com andBarnesandNoble.com.

Remember to Choose A Touch of Understanding when shopping with Amazon Smile.

Looking Forward to the Next 100,000 Students

This life-changing organization has captured my heart. I have truly found my passion in life. I am honored to be chosen to succeed Leslie in the executive director role.

I came to ATOU more than three years ago. Throughout my life, I have enjoyed friendships with and worked with individuals with disabilities. After receiving my degree in speech pathology, I worked in both clinic and school settings.

I remember being in a classroom working with a young girl, Ellie (name changed), on the autism spectrum in her general education kindergarten classroom. I noticed that Ellie's desk had been pushed into the back corner of the room, away from the other students. Later, I observed Ellie at recess. I saw that she was by herself; isolated. I realized these young kindergarteners were simply following the example set in the classroom. This was one of many experiences where I saw children with disabilities in situations where they and their abilities were being discounted.

These experiences brought on what I call "a life epiphany." After years of loving my work with individuals with disabilities, I realized I could make a bigger difference in their lives by educating others about disabilities, promoting acceptance and inclusion of children like Ellie.

Since being with ATOU, I have watched lives change before my very eyes at our in-school disability-awareness workshop. I watch "Ah-Ha" moments happen each time we go out to a school. I love watching students be empowered to interact with their peers with empathy, kindness and compassion, regardless of differences like disabilities. When I see the students' thank you letters say things like: "I learned that people with disabilities are just like me," or "Now I get it, I can be a buddy, not a bully," I know I'm in the right place.

This is an exciting time for ATOU as we experience change and growth. Since incorporation, over 107,000 students have experienced this life-changing program, and we have seen that they remember it into adulthood. However, this is just a small pebble in the larger lake, and the ripple effect of those 107,000 lives touched by ATOU is immeasurable. Touching more lives and creating more ripples with A Touch of Understanding is my passion.

For the past 3 years, I have been watching and learning from Leslie. I am confident that I know how to "cook the turkey" and have mastered the "family recipe." I am honored to be taking on this role and look forward to guiding ATOU as we reach another 100.000 students and make a difference in countless lives.



ATOU is Improving the Climate on School Campuses in the Sacramento Region and Beyond... Schools in the Following Districts Participated in 2017-2018:

Calaveras County

Vallecito Union School District

El Dorado County

Buckeye Union School District El Dorado Union High School District Mother Lode Union School District Rescue Union School District

Marin County

Kentfield Union School District Mill Valley School District

Nevada County

Charter Schools
Pleasant Ridge School District
Union Hill School District

Placer County

Private Schools
Ackerman Charter School District
Dry Creek Joint Elementary School District
Eureka Union School District
Loomis Union School District
Rocklin Unified School District
Roseville City School District
Western Placer Unified School District

San Mateo County

Brisbane School District

Solano County

Dixon Unified School District

Sacramento County

Private Schools
Charter Schools
Center Joint Unified School District
Dry Creek Joint Elementary School District
Elk Grove Unified School District
Folsom Cordova Unified School District
Natomas Unified School District
River Delta Elementary School District
Robla Elementary School District
Sacramento City Unified School District
San Juan Unified School District
Twin Rivers Unified School District

Yolo County

Davis Joint Unified School District Woodland Joint School District

11,105 students - 2017/2018 105,000 - Grand Total

What People Say About The In-School Disability-Awareness Workshops



Drew S., 3rd Grade

Student Survey Responses & Comments:

- 89.5% said they will be more comfortable around someone with a disability after going through the ATOU workshop.
- 90% said it would be easier to make friends with someone with a disability.
- 96.9% said they learned more about the tools that people with disabilities use.

"I want to share some of the great things that I learned yesterday. You changed my mind. I will open a door for someone in a wheelchair. I will lead the way to someone who is blind. I will do anything if someone needs help. The time you came here was one of the best times of my life." **Sofia, 4th grade**

"My class absolutely loved everything, and we also liked all of your stories. My class hasn't stopped talking about it and we probably never will!!! We learned a lot from you guys. I'm still trying to pick a favorite part of it, but I think that's impossible because every part was the best. You guys taught us so much and we all thank you soooo much!!" James, 3rd grade

"I really enjoyed you coming to Del Dayo and teaching us that being different doesn't matter. It's what's on the inside that matters because even though we're different, we can still be friends. It was really cool being in another person's shoes." Maya, 4th grade

"Your assembly was a great experience. It was incredibly inspirational. I learned so much from you. Next time I see someone with a disability, I will use what I learned from ATOU to help and be a buddy not a bully, by hurting. Thank you so much for coming to our school to teach us how to understand." **Alexander, 5th grade**

"I learned how others feel. Now I know how to act." Morgan, 3rd grade

"Dear ATOU, thank you for coming and teaching me to be understanding and kind. You taught me many lessons. Dwight is a courageous, kind, and determined person. He taught me to never, ever give up. K.P. is a funny, positive, and self-confident woman who believes in practice. Jenny is an adventurous, loyal and brave soul. She taught me to go for my dreams. Byron is a happy, forgiving, and loving man. He told us not to worry about what we can't do but focus on what we can do. Finally, thank you to Nolan, Meghan, Tatian, Chris, Sandy, J.D.D., Pam, George, Joyce, and Jana for helping me realize that the disabled aren't actually disabled, they're just differently-abled. It was an amazing experience." **Priya, 4th grade**

"The speakers made me thankful for my life." Ben, 5th grade

"Thank you for teaching us how to understand. Be kind. Be happy. Be yourself." Bennett, 3rd grade

[&]quot;You inspired me to never again judge someone because they look different or do something different." Cole, 6th grade

Survey Responses & Comments from Teachers:

- 99% said the ATOU workshop was a valuable educational experience for students.
- 95% stated that students are more accepting and respectful of peers after the ATOU workshop.
- 92% said the ATOU workshop increased their students' sensitivity towards and awareness of children with disabilities.
- 97% have seen a positive impact of the ATOU workshop on their students throughout the year.
- 99% reported an increase in sensitivity to other forms of diversity.
- 97% reported that the long-term impact is one reason they schedule the workshop for the class each year.

"I have had the privilege of having my fourth-grade students participate in A Touch of Understanding for the last four years. What a wonderful program! My students definitely learn how children with a disability feel and become more compassionate and caring. I happen to have a student with autism, and it has really opened all students' eyes to the obstacles dealt with on a daily basis. They are more involved and truly respectful of others after they experience the activities A Touch of Understanding has to offer. Thank you for making this possible!"

"A Touch of Understanding is such an incredible, incredible program. I am always impressed and inspired by the groups you send out. I just cannot say enough about the impact you have on our young students. Every school should mandate a program like this for every classroom on a regular schedule—it is that important. Thank you!!!" Christa Green, COO & Head of Brighton Schools

"Thank you so much for inspiring these young minds to understand others, while understanding themselves. These lessons will last a lifetime." Lori Rackers, Rescue Elementary School

"The children really enjoy hearing your personal stories and being able to ask questions. I believe this experience opens their hearts and minds to the world around them. They told me how they not only see people with disabilities differently, but they also feel more connected to <u>anyone</u> that is different from them. The hands-on experiences are also wonderful. They really do help our kids walk a mile in someone's shoes. Thank you again." **Laura Oliver, Michelson Elementary School**

"I find this program one of the most impactful and important learning experiences we give our students! It teaches them about different types of disabilities in a way that also touches their hearts and helps them gain a greater empathy, compassion and respect for others. Any school that does not have ATOU come to them is really missing out!" **Kathy Goddard, Principal, Cobblestone Elementary School**



January 12, 2018

Cobblestone Elementary School

Workshop

ATOU Reaches 100,000 Students

Parent Survey Responses & Comments:

- 92% felt the ATOU experience will help their child accept and include individuals with disabilities in their life.
- 91% anticipate ATOU leaving a positive, lasting impression on their child.

"I just wanted to let you know how much Sidney loved yesterday's activities. She's told us all about each of the participants, especially Kate, Dwight and JDD. It's been such a great way for us to talk about adversity, acceptance and love of others. What a wonderful program. Wish they did it in every grade! Thanks." Kelly, Parent of Gold River Discovery Center 3rd grade student

Volunteer Comments & Awards:

"ATOU's disability awareness program is beneficial not only to the students and teachers, but to the volunteer speakers. For someone like me with a huge life change, as the result of something that is 100% avoidable, it is extremely therapeutic simply to talk about it. Presentations are also helpful because I am able to give the children valuable information based on my experiences--insights that cannot be learned from a book." Jill Mason, workshop speaker who is paralyzed from the waist down

"ATOU helps remind kids, teachers, and parents that we are all in this together and helps provide tips on how to include everyone in all of life's opportunities. ATOU has given me the chance to share my voice and dreams. I am very grateful for ATOU."

Kate Iliff, workshop speaker who communicates with a facilitated communication device

"Teachers thank our team and say they are so happy we came, and they look forward to our next visit. My response is, 'Don't tell the kids but I get more enjoyment out of each session than they do!' I may be tired because getting up early (I am not an early bird) is a strain at times, but, regardless of how drained my energy (not my wheelchair battery) may be, my heart (my soul battery) is fully restored to over charged! The workshop rejuvenates me and washes the tiredness all away in seconds! It is such an honor to be in the company of such a wonderful group of individuals that makes the team excel beyond what we can do as individuals."

Byron Chapman, workshop speaker who has a spinal-cord injury



Youth F.O.R.C.E. member, Qamdyn Hale, presents his artwork to long-time Volunteer Appreciation Picnic Host, Dick Marasso.



Volunteer Appreciation Picnic

2017-2018 Presidential Service Awards

Our volunteers served thousands of hours for ATOU! 24 volunteers received the Presidential Service Award for Volunteer Service (50+ hours/youth, 100+ hours/adult):

George Arrant	Jill Mason	
Peggy Cain	Amanda Mulinex	
Byron Chapman	Kim Nash	
Amy Giffin	Courtney Osiow	
Qamdhyn Hale	Karen Parsegian	
Mary Herdegen	Sandy Puleo	
Tim Huff	Bill Richards	
Kate Iliff	Christine Smazenko	
JDD Doran-Jammer	nmer Anjali Suthahar	
Dwight Lunkley	Donna Woodard	

2017-2018 Ed Ennis Award Recipient

George Arrant was awarded this prestigious award for dedicated service to children through ATOU. (204 hours)



The ATOU Youth F.O.R.C.E.

2017/18 was an exciting and impactful year for the Youth F.O.R.C.E. (Friends Offering Respect~Creating Empowerment). Our young event planners (members of the Core Group) did an excellent job planning each event. One of the most notable was our "Dreams to Goals" workshop. The workshop was created by ATOU volunteer, Jenny Zimmer, who has cerebral palsy and has been able to skydive, rock climb, and compete in the Special Olympics. She wanted to help young people with disabilities turn their dreams into achievable goals. On Feb. 24, 2018, Youth F.O.R.C.E. members were paired with adult mentors who helped them articulate their dreams and turn them into achievable goals. The Boys Team Charity (BTC), a group of boys and their parents, provided support for this inspirational event. Youth F.O.R.C.E. member, Qamdhyn Hale, who is on the autism spectrum, served as the keynote speaker regarding achieving his goals academically, socially, musically, athletically, and artistically.

The Youth F.O.R.C.E. helped another local non-profit, Stand Up Placer, by hosting a pet toy drive. Stand Up Placer is an organization that helps women leave unstable environments. The pet toys will help women and children bring their pets with them as they transition into safer environments.

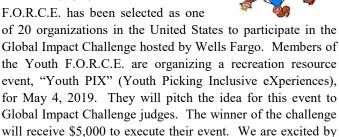
Set your dreams take flight!

"DREAMS TO GOALS" WORKSHOP

Dreams to Goals participants and mentors (top) and participant, Toby Lynn, sharing his goals with the group (bottom)

Much happened behind the scenes, as a well, leading to an even bigger year for us in 2018/19. The ATOU Youth F.O.R.C.E. has been selected as one

our young leaders' creativity and enthusiasm.



F.O.R.C.E



Emma N., 4th Grade

Monthly Events

 July: Peak Adventures, Rafting with Environmental Traveling Companions

August: Bowling

September: Art with FriendsNovember: Halloween Party

• **December:** Showcase of Talent and Interest

• January: Art with Friends

• **February:** Valentine's Party, Dreams to Goals Workshop

• March: Seussical the Musical, Art with Friends

April: TOPSoccerMay: Science Night

• June: End of the Year/Summer Kick-Off Party

Thank You to our Donors and Sponsors!

IN MEMORY OF:	DONATED BY:
Carol Arrant	George Arrant
Lauris Ennis	Edward Ennis

IN HONOR OF:	DONATED BY:
Laura Beeman	Richard and Suellen Beeman
Lucky & Tigger's Birthday	John and Lyn Erskine
Peter Bowman	Aletha Bowman
Leslie DeDora	Christina Cosentini and Donald Sherman

Barbara Dubnick

Davina Dubnick

Richard and Suellen Beeman

John and Sharon Tastor

FOUNDATIONS AND GRANTS
Arata Bros Trust
Bayside Covenant Church, Inc.
Benevity, Inc.
Carmichael Emblem Club
City of Roseville Citizen's Benefit Fund
ClickSpring, LLC
El Dorado Community Foundation
Jonas Family Foundation
Kelly Foundation
Lyon Cares Foundation of the Sacramento Region Community Foundation
M & M Whitmire Family Foundation

<u>2017-2018</u> <u>ADOPT-A-SCHOOL</u>

The Sprague Family

Bank Of Commerce

First Northern Bank
Lincoln Business Network

Mission Sistahs, Inc.

Rotary Club of Roseville
Foundation

Chef Booker T.

Chili's

Steve Sanders

Farm Fresh to You

2018 ART FROM THE HEART CATERERS AND WINERIES a Catering Le Casque

Chef Booker T. Nothing Bundt Cakes
Chili's Olive Garden
Farm Fresh to You Wise Villa Winery

PASCO Foundation Placer Community Foundation

Power of 100 Women Rotary Club of Roseville Foundation

Safeway Foundation Spiritual Life Center The Council for Giving

Women Lawyers of Sacramento Foundation

Youth on Course

2018 ART FROM THE HEART SPONSORS

Karen Parsegian

Leslie DeDora and

Richard & Wendy Slepian

Ed Ennis

Julia Tastor

Auburn Toyota PRIDE Industries

Brookfield Residential Roseville Automall Association

First American Title Insurance Company Sierra Health Foundation

First Northern Bank Sprague Family

George Arrant Stanford Hirata - First Allied Securities, Inc.

Guild Mortgage Van Erp Peterson & Babcock, LLP

	"20/20 CLEAR VISIO	N FOR THE FUTURE'	' MONTHLY DONORS	
Meghan & Michael Adamski	Jeanne & Kevin Culhane	Megan MacPherson	Mike Penketh & Mary Anne Harr	Pat & Dave Sherman
Joyce Beeman	Rich & Leslie DeDora	Janice & Jeff Marschner	Sue & Cliff Peppers	Chris & Dennis Smazenko
Marge Bladet	John & Jane DeLury	Dean Martens	Leslie Post	Roxanne Snyder
Joe Blanton	David & Janine Dudley	Dina McPherson	Sandy & Rhonda Puleo	Stephanie Solomon
Katherine & Mark Bowers	Ruth Elliott	Sean Murphy	Marcie Renaud	Marlena & John Sprague
Shirley Bramham	Kody & Joyce Fernandez	Kim and Russ Nash	Jay Resendez	Bill & Anne Thomasmeyer
Peggy Cain	Susie & Jim Glover	Jim Nelligan	Mark & Tish Santor	Paula and Scott Vais
Jackie Callahan	Stanford & Heather Hirata	Elizabeth & Donald Noel	Laurie and Frank Schraml	
Dave & Colleen Chamberlain	Gerda & David Imgrund	Brenda & Andy Osiow	Bob & Betty Lou Schultz	
Charlene Christian	Dwight Lunkley	Courtney Osiow	Dave & Tukey Seagraves	

YOUR SMALL CHANGE WILL CREATE GREAT CHANGE



My name is Tess Bratkovich, and I am a 17-year-old senior at Whitney High School. I have been involved with A Touch of Understanding for the past 10 years. The gratitude I have for this organization is immeasurable. I recently took time to reflect on how ATOU has shaped me into the person I am today. Initially this was difficult because ATOU has been a part of my life for as long as I can

remember.

When I started high school, I began attending Youth F.O.R.C.E. (Friends Offering Respect~Creating Empowerment) meetings. I chose ATOU for myself because I decided to work with causes where I am passionate. Because of ATOU, I know what it means to be included and how to interact with people of any type or with any disability. During my time with ATOU, I have realized my passion for reaching out to others and getting to know them as individuals. ATOU has ignited a passion in me that helped me recognize my future career aspirations. I want to study health and medicine with hopes of helping as many people as possible. I want to continue to volunteer with and for people with mental or physical disabilities and spread words of kindness and acceptance to those who do not yet understand.

As I prepare to complete my school years and head off to college, I want to do something to express my gratitude for everything that ATOU has done for me and taught me over the years. I have decided to do a fundraising project to benefit this organization that means so much to me. The goal of this fundraising campaign is to raise \$5,000 by my graduation in May 2019, which would allow more than 150 kids to participate in ATOU's school workshop and go on to create a more compassionate world.

There are 3 ways you can help me:

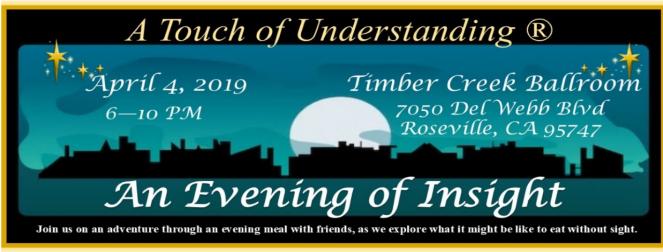
1. If you are in the Sacramento/Placer Region: You might have spare change lying around. That change adds up! I have made boxes to collect coins for anyone who wants to participate. If you would like a coin box, you can get one from ATOU's office, or I can bring it to you!

If you require a bigger box for your business, please let me know!

2. I have also created a gofundme page that has already raised over \$1,000! I am so excited to see how much more we will raise. You can contribute by following the link below:

https://www.gofundme.com/a-touch-of-understanding

3. You can increase the success of my project exponentially by sharing the ATOU story and the "gofundme.com" link with your friends and family!



You can purchase tickets on Eventbrite by going to tinyurl.com/eveningofinsight.

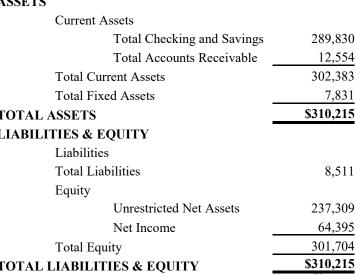
FINANCIAL STATEMENTS

Balance Sheet Statement of Income June 30, 2018

Stat	tement of Income		
Jul	y 2017-June 2018		
INCOME			ASSETS
	Corporate Donations	4,760	
	Fundraising	27,432	
	Contributions Income	57,841	
	Grants United Way	141,489	
	Contributions	84	TOTAL
	Program Fees Interest/Dividend	192,361	LIABIL
	Income	96	
TOTAL INCOME		\$424,062	
EXPENSE			
	Youth F.O.R.C.E.	6,896	
	Copy/Duplication	5,559	
	Depreciation	191	TOTAL
	Dues/Subscriptions	4,303	TOTAL
	Equipment/Furniture	1,876	
	Insurance	10,468	
	Licenses/Filing Fees	112	
	Payroll Expenses	264,744	
	Postage and Delivery	471	
	Professional Fees	19,192	
	Rent	13,731	
	Service Charges	368	
	Supplies	17,518	
	Telephone	2,839	
	Travel & Meals	9,046	
	Workshops/Seminar	2,353	

TOTAL EXPENSE

NET INCOME





Abby A., 4th Grade

\$359,667

\$64,395