

REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER.

As per Merchant Shipping (Medical Examination) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006)

DR. MIR MD. RAIHAN MBBS, (DU), DFM

RADICAL HOSPITAL LIMITED,

35 SHAH MAKHDUM AVENUE, UTTARA, DHAKA-1230.

TEL: +88027920116, +88 01955567000. EMAIL: radical_hospitals@yahoo.com

Name: ULLAH MOHAMMED TAYUB Sex: MALE Serial No: _____

Date of Birth: 04/12/1968 PP/CDC: C10/1770 Rank: MASTER

Vessel: GFS PRIDE Type: CONTAINER Route: WORLD WIDE

Home Address: FLAT-C1, HOUSE-11, ROAD-14, SECTOR-06

UTTARA, DHAKA, BANGLADESH

Company Name: GFS SHIP MANAGEMENT FZE, FZJA-B-1015, JAFZA ONE, DUBAI

Medical History Please answer the following to the best of your knowledge.

Is there any past / present history of any of the following	Candidate Declaration		Examiner Record			Candidate Declaration		Examiner Record	
	Yes	No	Yes	No		Yes	No	Yes	No
Severe one-sided headaches (Migraine)					Hernia / Hydrocoele / Appendicitis				
Head Injury / Concussion / Loss of Memory					High / Low blood pressure / Heart disease				
Fits / Epilepsy / Dizziness / Fainting					Asthma / Bronchitis / Tuberculosis				
Eye / Vision Problems (Glasses, etc)					Allergy / Skin disease				
Hearing Impairment					Infection / Contagious Disease				
Ear / Nose / Throat problems					Addiction to alcohol / drugs / tobacco				
Stomach / Bowel disorders					Fracture / Dislocation / Injury / Amputation				
Gall stones / Kidney disorders					Major / Minor Operation				
Jaundice / Liver Disease					Diabetes				
Piles / Varicose veins					Nervous / Mental disease / Sleep disorder				
Blood Disorder					Malignant disease (Cancer)				
Female Disorder					Signed off on medical grounds / Declared Unfit				

Notes

Medical Examination

Height	Weight in Kgs	Chest Insp-Exp	Blood Pressure in mm of Hg	Pulse-Beats / min	Resp.Rate / min	General Condition							
167cm	73kg	92-41	120/80 mmHg	78/min	19/min	G.W.							
Distant Vision	Uncorrected	Corrected	Field of Vision	Audiometry	Hz	500	1000	2000	3000	4000	5000	6000	8000
Right Eye			Normal	Right Ear	dB	20	20	20					
Left Eye			Normal	Left Ear	dB	20	20	20					
Colour Vision	Ishihara	Other	Normal	Hearing	Right Ear				Left ear				
			Normal		4				4				

Systemic Examination

	Normal	Abnormal	Notes		Normal	Abnormal
Head & Neck			FIT FOR SEA SERVICE AS MASTER AS PER MLC 2006 Enhanced GARD Medicals done		Respiratory system	
Eyes					Cardiovascular system	
Ears / Nose / Throat					Per Abdomen	
Teeth / Oral Cavity					Genito-urinary system	
Musculo-Skeletal system					Others	
Nervous system					Hernia / Hydrocoele	
Reflexes					Varicose Veins	
Skin					Fissure/Fistula/Piles	

Investigations

Blood	Result	Normal	Urine
Hemoglobin	15 gm%	14-16 gm %	Colour
Total WBC count	12000 cu.mm	4000-11000 / cu.mm	Specific Gravity
Neu % Lymph	34 %		pH
Malarial parasite	06 Not found		Albumin
ESR	06 mm / 1st hour	1-15 mm / hr	Sugar
SGPT	N/EU/L	9-43 U / L	Bile pigment
S.Cholesterol	mg/dl	145-260 mg / dl	Bile salts
S.Triglycerides	mg/dl	upto 200 mg / dl	Occult blood
Blood Sugar	RBS	upto 125 mg %	RBC cells
HbsAg	negative		Leucocytes
HIV I & II	negative		Others
VDRL			
Others		GGTP U/L	
Blood Group			

ECG: Normal TMT: N/D

X-Ray Chest: Normal USG: Normal

Result of Medical Examination

On the basis of the examinee's history, clinical examination and diagnostic tests, I, Dr. MIR MD Raihan, hereby declare the examinee medically

Fit Unfit Temporarily unfit Permanently unfit Should be re-examined in days / weeks / months.

Remarks / Recommendations

I, Doctor's Name: DR. MIR MD. RAIHAN certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporated in this Certificate

This certificate is valid till: 26 APR 2026

Candidate's Signature: [Signature] Official Stamp: [Stamp]

Date: 27 APR 2024

Doctor's signature: [Signature]

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMG BGD 016

DG Shipping Bangladesh Approved

General Physician

Radical Hospitals Limited.

04.2024.6432



MPA
SINGAPORE

ANNEX C

MARITIME AND PORT AUTHORITY OF SINGAPORE

SEAFARER'S MEDICAL CERTIFICATE

This certificate is issued by the undersigned recognized medical practitioner to the named seafarer on behalf of the Maritime and Port Authority of Singapore and meets both the requirements of the International Convention on Standards of Trainings, Certification and Watchkeeping for Seafarers, 1978, as amended (STCW Convention) and the Maritime Labour Convention, 2006.

Seafarer's Name : (Last, first, middle) ULLAH MOHAMMED TAYUB		Gender: Male ☒ Female ☐
Date of Birth: (Day/month/year) 04-12-1968	Nationality: BANGLADESHI	Place of Birth: CHATTGRAM

Declaration of the recognized medical practitioner:

		Yes	No
1	Identification documents were checked at the point of examination?	☒	☐
2	Hearing meets the standards in STCW Code Section A-I/9?	☒	☐
3	Unaided hearing satisfactory?	☒	☐
4	Visual acuity meets the standards in STCW Code Section A-I/9?	☒	☐
5	Colour vision meets the standards in STCW Code Section A-I/9?	☒	☐
	Date of last colour vision test:	27 APR 2024	☒
6	Fit for look-out duty?	☒	☐
7	Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or endanger the life of person onboard?	☒	☐
8	No limitations or restrictions on fitness?	☒	☐
	If "no" specify limitations or restrictions		
9	Date of examination: (day/month/year)	27 APR 2024	
10	Expiry of certificate: (day/month/year) ** Maximum two years from date of examination unless the seafarer is under the age of 18	26 APR 2026	

27 APR 2024

Date

Signature of Authorised
Medical Practitioner

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

Medical Practitioner's Official stamp
(name, licence number, address etc)

I have been informed of the content of the certificate and of the right to a review.

Signature of Seafarer

*delete as appropriate



04.2024.6432

**MARITIME AND PORT AUTHORITY OF SINGAPORE
SHIPPING DIVISION**
RECORD OF MEDICAL EXAMINATIONS OF SEAFARER
MPA
SINGAPORE

Part A – to be completed by the Seafarer who is responsible for answering each question accurately.

Seafarer's Name : (Last, first, middle) ULLAH MOHAMMED TAYUB (BLOCK CAPITALS)		Gender: ☒ Male / ☐ Female*
Date of Birth: day/month/year 04-12-1968	Place of Birth: CHATTOGRAM	Nationality: BANGLADESHI
*Type of ID documents: NRIC No. for Singaporeans and PRs (e.g. SXXXX567A) / Passport No. for Foreigners: A13718300	Dept: Deck / Engine / Catering / others Rank: MASTER	Type of ship: CONTAINER
Home Address: FLAT - C1, HOUSE - 11, RD - 14 SEC - 06, UTTARA, DHAKA	Routine and emergency duties: WORLD WIDE	Trading area: e.g. coastal / worldwide ☒

*For identity verification purpose

Seafarer's Declarations (please tick)

Have you ever had any of the following conditions?

	Yes	No		Yes	No
1. Eye/vision problem		☒	18. Sleep problem		☒
2. High blood pressure		☒	19. Do you smoke, use alcohol or drugs?		☒
3. Heart/vascular disease		☒	20. Operation/surgery		☒
4. Heart Surgery		☒	21. Epilepsy/seizures		☒
5. Varicose veins/piles		☒	22. Dizziness/fainting		☒
6. Asthma/bronchitis		☒	23. Loss of consciousness		☒
7. Blood disorder		☒	24. Psychiatric problems		☒
8. Diabetes		☒	25. Depression		☒
9. Thyroid problem		☒	26. Attempted suicide		☒
10. Digestive disorder		☒	27. Loss of memory		☒
11. Kidney problem		☒	28. Balance problem		☒
12. Skin Problem		☒	29. Severe headaches		☒
13. Allergies		☒	30. Ear/hearing, tinnitus/nose/throat problem		☒
14. Infectious / contagious diseases		☒	31. Restricted mobility		☒
15. Hernia		☒	32. Back or joint problem		☒
16. Genital disorder		☒	33. Amputation		☒
17. Pregnancy	☒	☒	34. Fracture/dislocations		☒

If you answer "yes" to any of the above questions, please provide details:



Additional questions	Yes	No
35. Have you ever been signed off as sick or repatriated from a ship?		☒
36. Have you ever been hospitalized?		☒
37. Have you ever been declared unfit for sea duty?		☒
38. Has your medical certificate even been restricted or revoked?		☒
39. Are you aware that you have any medical problems, diseases or illnesses?		☒
40. Do you feel healthy and fit to perform the duties of your designated position/occupation?	☒	
41. Are you allergic to any medication?		☒
42. Are you using any non-prescription or prescription medication?		☒

If you answer "yes", please list the medications taken, the purpose(s) and the dosage:

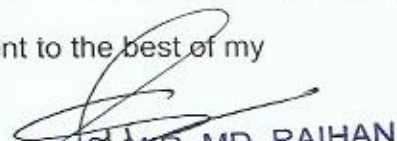
I hereby declare that the personal declaration above is a true statement to the best of my knowledge.

27 APR 2024

Date



Signature of Seafarer


DR. MIR. MD. RAIHAN
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
 BMDC A-55144, MMC-BGD-016
 DG Shipp.ng Bangladesh Approved
 General Physician
 Radical Hospitals Limited.

Name and Signature of Witness

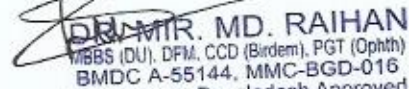
I hereby authorize the release of all my previous medical records (including my last Seafarer Medical Certificate) from any health professional, health institutions and public authorities to Dr. DR. MIR. MD. RAIHAN.

27 APR 2024

Date



Signature of Seafarer


DR. MIR. MD. RAIHAN
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
 BMDC A-55144, MMC-BGD-016
 DG Shipp.ng Bangladesh Approved
 General Physician
 Radical Hospitals Limited.

Name and Signature of Witness



Part B – Result of medical examinations

Eyesight

Use of glasses or contact lenses

☐ No

☒ Yes

Type

Purpose

Visual Acuity

Unaided			Aided		
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
Distant			Distant	6/6	6/6
Near			Near	10	10

Visual fields

	Normal	Defective
Right eye	✓	
Left eye	✓	

Colour Vision (please tick)

☐ Not tested

☒ Normal

☐ Doubtful

☐ Defective

Hearing

Pure tone and audiometry (threshold values in dB)				
	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz
Right ear	20	20	20	
Left ear	20	20	20	

Speech and whisper test (metres)

	Normal	Whisper
Right ear	4	4
Left ear	4	4

Clinical Findings

Height	167 (cm)	Weight	73 (kg)
Pulse rate	(per minute) 78	Rhythm	Regular
Blood Pressure Systolic	(mm Hg) 120	Diastolic	(mm Hg) 80
Urinalysis: Glucose :	Nil	Protein:	Nil
		Blood:	Nil

	Normal	Abnormal
Head	✓	
Sinus, nose, throat	✓	
Mouth/teeth	✓	



Ears (general)	/	
Tympanic membrane	/	
Eyes	/	
Ophthalmoscopy	/	
Pupils	/	
Eye movement	/	
Lungs and chest	/	
Breast examination	N/A	
Heart	/	
Skin	/	
Varicose Vein	/	
Vascular (inc. pedal pulse)	/	
Abdomen and viscera	/	
Hernia	/	
Anus (not rectal exam)	/	
G-U system	/	
Upper and lower extremities	/	
Spine (C/s, T/S, L/S)	/	
Neurologic (full/brief)	/	
Psychiatric	/	
General appearance	/	

Chest X-ray

☐ Not performed

☒ Performed on (day/month/year): 27 APR 2024

Results: Normal chest X-ray

Other diagnostic test(s) and result(s):

Test Blood + Urine

Results: Normal

Medical practitioner's comments and assessment of fitness, with reasons for any limitations.

FIT FOR DUTY ON BOARD SHIP

Assessment of fitness for service at sea (please tick)

On the basis of the seafarer's personal declaration, my clinical examination and diagnostic test results recorded above, I declare the seafarer medically:

☒ Fit for look out duty

☐ Unfit for lookout duty

☒ Visual aid required

☐ Visual aid not required

	Deck Service	Engine Service	Catering Service	Other Service
Fit	/			
Unfit				



☒ Without restrictions

☐ With restrictions

Description of restrictions (e.g. specific position, type of ship, trading area etc.)

27 APR 2024

Date



Signature of
Medical Practitioner

DR. MIR. MD. RAIHAN
MBBS (DU), DPM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

Medical Practitioner's name, licence number, address



ID NO : 24040587

Date : 27/04/2024

Patient's Name : MOHAMMED TAYUB ULLAH

Age : 55Y 4M 23D

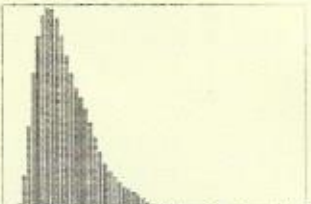
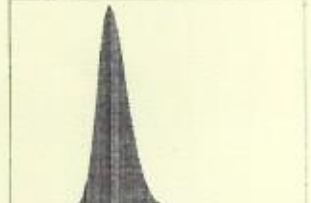
Ref. By : DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM-C/O/1770

Sex : Male

Specimen : Blood

(Relevant estimations were carried out by KT-44 Haematology Analyzer with checked manually)

HAEMATOLOGY REPORT

Parameter	Results	Reference Values	Histogram
Haemoglobin(Hb)	15 g/dl	M:12-16, F:10-14.0 g/dl	
ESR(Westergren)	06 mm/1st hr	M:0-10, F:0-20 mm/1st hr	
TOTAL WBC COUNT	8,900 /cumm	4,000 - 11,000 /cumm	
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	56 %	(40 - 75)%	
Lymphocytes	34 %	(20-45)%	
Monocytes	06 %	(2-10)%	
Eosinophils	04 %	(1-6)%	
Basophil	00 %	0-1 %	
TOTAL CIR. EOSIONOPHIL COUNT	356 /cumm	40 - 450 /cumm	
TOTAL PLATELET COUNT(PC)	315,000 /cumm	1,50,000-4,50,000 /cumm	
MPV	9.9 fL	7.0 -11.0 fL	
PDW-CV	16.7 %	10 - 18 %	
PCT	0.31 %	0.10 - 0.28	
P-LCR	27.4 %	9.00 - 45.00%	
P-LCC	86 x10 ³ /uL	13 - 129 x10 ³ /uL	
RBC COUNT	5.64 m/uL	M: 4.5-6.5, F: 3.8-5.8 m/uL	
HCT/PCV	48.3 %	M: 40-54%, F: 37-47%	
MCV	85.7 fL	76-94 fL	
MCH	26.6 pg	27-32 pg	
MCHC	31.1 g/dL	29-34 g/dL	
RDW SD	50 fL	30.0-57.0 fL	
RDW CV	17.1 %	10-16%	

Checked By 
Medical Technologist
Radical Hospital Ltd.
Uttara, Dhaka.

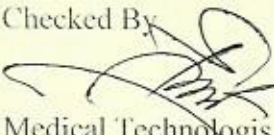

Dr. Suraiya Khatun
MBBS, MD (Gold Medilist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.

Bill No	DIA24040587	Received Date	27/04/2024
Patient's Name	MOHAMMED TAYUB ULLAH		
Patient's Age	55Y 4M 23D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/1770
Sample	BLOOD		

SEROLOGICAL REPORT

HBsAg (Method : (ICT)	Negative
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Checked By

Medical Technologist
Radical Hospitals Ltd.


Dr. Sunaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA24040587	Received Date	27/04/2024
Patient's Name	MOHAMMED TAYUB ULLAH		
Patient's Age	55Y 4M 23D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/1770
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	2-3/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

Medical Technologist
Radical Hospital Ltd

Dr. Sumaiya Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.

Bill No	DIA24040587	Received Date	27/04/2024
Patient's Name	MOHAMMED TAYUB ULLAH		
Patient's Age	55Y 4M 23D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/1770
Sample	URINE		

DRUG ABUSE TEST

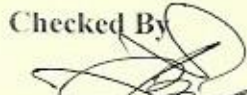
METHOD: Immunochromato graphic Assay (Rapid one Step Test)

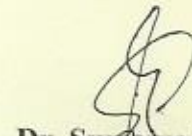
Test Name	Result
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Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By


 Medical Technologist,
 Radical Hospital Ltd


Dr. Supriya Khatun

 MBBS, MD (Microbiology)
 Associate Professor
 Dept. of Microbiology
 East West Medical College and Hospital.

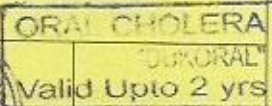
**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION
AGAINST CHOLERA
CERTIFICAT INTERNATIONAUX DE VACCINATION OU DE REVACCINATION
CON IRE LE CHOLERA**

MOHAMMED TAYUB ULLAH

This is to certify that JE Soussigne' (e) certifie que [Signature] date of birth 04.12.68 Sex MALE
no' (e) le sexe

Whose signature follows
dont la signature suit

has on the Date indicated been vaccinated or revaccinated against cholera
a e'te' vaccine (e) ar revaccine' (e) contre le fièvre jaune a la date indiquée.

Date	Signature and professional Status of Vaccinator Signature et qualité professionnelle vaccinateur	Approved Stamp Cachet d'authentification
1	DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited	 
2		
3		
4		

The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the event of revaccination within such period of two years, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, this certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any part of it, may render it invalid.

La validité de ce certificat couvre une période de six mois commençant six jours après la première injection du vaccin ou, dans le cas d'une revaccination, au cours de cette période de six mois jour de cette revaccination.

Nonobstant les dispositions ci-dessus dans le cas d'un pèlerin le présent certificat doit faire mention de deux injections partielles à sept jours d'intervalle et sa validité commence le jour de la seconde injection.

De cachet d'authentification doit être conforme au modèle présent par l'administration sanitaire du territoire où la vaccination est effectuée.

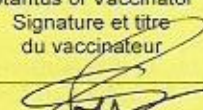
Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qui il comporte peut en affecter la validité.

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION
AGAINST YELLOW FEVER
CERTIFICAT INTERNATIONUAUX DE VACCINATION OU DE REVACCINATION
CONTRE LA FIEVRE JAUNE**

This is to certify that MOHAMMED TAYUB ULLAH date of birth 04.12.68 Sex MALE
JE Soussigne' (e) certifie que _____ no' (e) le _____ sexe _____

Whose signature follows _____
don't la signature suit _____

has on the Date indicated been vaccinated or revaccinated against cholera
a e'te' vaccine' (e) ar revaccine' (e) contre le fievre jaune a la date indiquee.

Date	Signature and professional Status of Vaccinator Signature et titre du vaccinateur	Manufacturer and batch no of vaccine Fabricant du vaccin et numme' ro du lot	Official stamp of vaccinating centre Cachet officiel du centre de vaccination
27 APR 2024	 DR. MIR. MD. RAIHAN MBBS (DU), DPM, CCD (airdun), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.		
1			
3			
4			

This certificate is valid only if the vaccine used has been approved by the world health organization and vaccinating centre has been designated by health administration for the territory in which that centre is situated.

The validity of this certificate shall extend for a period of ten years, beginning in days after the date of vaccination or in the event of a revaccination within such period of ten years, from the date of the revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for the signature.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may render it invalid.

Ce certificat n'est valable que si le vaccin employe a ete approuve par l'organisation Mondiale de la sante et si le centre a ete designe par l'administration sante du territoire dans lequel ce centre est situe.

La validite de ce certificat couvre une periode de dix ans commençant dix jours après la date de la vaccination ou, dans le cas d'une revaccination, ou, a compter de dix ans, le jour de cette revaccination.

Ce certificat doit être signé par un médecin de sa propre main, son cachet officiel ne pouvant être considéré comme le lieu de signature.

Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qu'il comporte peut affecter sa validité.



STEAMSHIP MUTUAL

ATTACH PHOTOGRAPH
HERE

Pre-employment Medical Examination (PEME)

MEDICAL EXAMINATION RECORD

For aged 46 years and above

FAMILY NAME		GIVEN NAMES		GENDER	AGE	DATE OF BIRTH	
ULLAH		MOHAMMED TAYUB		MALE		04-12-1968	
PASSPORT NO.		POSITION APPLIED FOR		MANNING AGENT			
A13718300		MASTER		RELIANCE SHIPPING			
PRESENT MAILING ADDRESS						TEL. NO.	
FLAT-C1, HOUSE-11, ROAD-14, SECTOR-06							
UTTARA, DHAKA, BANGLADESH.							
HEIGHT	WEIGHT	PULSE	BODY BUILD	CHEST: INSP			
167 m	73 lbs	78 /min	SS / MS				
		reg / irr	4341	CHEST: EXP			
				ABD GIRTH			
VISUAL ACUITY		FAR VISION		NEAR VISION			
UNCORRECTED		L	R	L	R	COLOUR VISION	CLARITY OF SPEECH
CORRECTED		L 6/6	R 6/6	L	R		
DENTAL				CHEST X-RAY		PA / AP	X RAY NO.
						BLOOD PRESSURE	
						N.B. SHOULD NOT BE ABOVE 140/90	120/80
UPPER	8 7 6 5 4 3 2 1 - L 1 2 3 4 5 6 7 8			NEGATIVE			
LOWER	6 7 6 5 4 4 2 1 - L 1 2 3 4 5 6 7 8			POSITIVE			

FAMILY HISTORY				
	Present Age	Present state of health	Age at death	Cause of death
Father				
Mother				
Brother/s	1			
	2			
	3			
Sister/s	1			
	2			
	3			

MEDICAL HISTORY - Has applicant suffered from, or been told they have (or had) any of the following conditions:			
1. Asthma or wheezing	YES / NO	14. Rheumatic fever	YES / NO
2. Bronchitis	YES / NO	15. High blood pressure	YES / NO
3. Pleurisy	YES / NO	16. Heart attack	YES / NO
4. Tuberculosis	YES / NO	17. Chest pain	YES / NO
5. Pneumonia	YES / NO	18. Palpitations	YES / NO
6. Blood Disorder	YES / NO	19. Poor circulation	YES / NO
7. Coughed up blood	YES / NO	20. Other infections of the heart or circulatory system	YES / NO
8. Shortness of breath	YES / NO	21. Varicose veins	YES / NO
10. Diabetes	YES / NO	22. Swelling of feet	YES / NO
11. Sinus Trouble	YES / NO	23. Thyroid problems	YES / NO
12. Frequent colds	YES / NO	24. Fainting attacks	YES / NO
13. Ear Infections	YES / NO	25. Migraine	YES / NO
14. Balance problems	YES / NO	26. Blackouts	YES / NO
12. Nose bleeding	YES / NO		
13. Hearing problems	YES / NO		
		27. Epilepsy	YES / NO
		28. Depression	YES / NO
		29. Psychiatric problems	YES / NO
		30. Muscular weakness	YES / NO
		31. Paralysis	YES / NO
		32. Stroke	YES / NO
		33. T.I.A.	YES / NO
		34. Tingling	YES / NO





STEAMSHIP MUTUAL

Pre-employment Medical Examination (PEME)

MEDICAL EXAMINATION RECORD (continued)

For aged 46 years and above

Additional questions	
35. Have you ever been signed off as sick or repatriated from a ship.	YES / NO
37. Have you ever been hospitalised.	YES / NO
38. Have you ever been declared unfit for sea duty.	YES / NO
39. Has your medical certificate ever been restricted or revoked?	YES / NO
40. Are you aware that you have any medical problems, diseases or illnesses?	YES / NO
41. Do you feel healthy and fit to perform the duties of your designated position/ occupation?	YES / NO
42. Are you allergic to any medications.	YES / NO
Comments:	
FIT FOR DUTY ON BOARD SHIP	
43. Are you taking any non-prescription medications or prescription medications?	YES / NO
If yes, please list the medications taken and the purpose(s) and dosage(s).	

I hereby certify that the personal declaration above is a true statement to the best of my knowledge and any false statements will disqualify me from any employment benefits and claims.

Signature of examinee:

Witnessed by:

I hereby permit the undersigned physician to furnish such information the company may need pertaining to my health and to release my personal medical findings and do hereby release them from any and all legal responsibility by doing so.

Signature of examinee:

Date (day/month/year) **27 APR, 2024**

DR. MIR. MD. RAIHAN
Name: MBBS (DU), DEM. CCD (Biderm), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician

Name of Employer: **RELIANCE SHIPPIING SERVICE**





STEAMSHIP MUTUAL

Pre-employment Medical Examination (PEME)

MEDICAL EXAMINATION RECORD (continued)

For aged 46 years and above

SYSTEMIC EXAMINATION							
	NORMAL	FINDINGS				NORMAL	FINDINGS
1. Skin	YES / NO					11. Heart	YES / NO
2. Head, neck, scalp	YES / NO					12. Abdomen	YES / NO
3. Eyes - external	YES / NO					13. Back	YES / NO
4. Pupils ophthalmoscopic	YES / NO					14. Anus - rectum	YES / NO
5. Ears	YES / NO					15. G - U system	YES / NO
6. Nose - sinuses	YES / NO					16. Inguinals, genitals	YES / NO
7. Mouth - throat	YES / NO					17. Reflexes	YES / NO
8. Neck, L N thyroid	YES / NO					18. Extremities	YES / NO
9. Chest - breast - axilla	YES / NO					19. Dental (teeth)	YES / NO
10. Lungs	YES / NO					20. Surgical Operations	YES / NO

AUDIOGRAM							
	500	1000	2000	4000	6000	8000	
Right Ear Khz	20	20	20				
Left Ear Khz	20	20	20				
JB							

LUNG FUNCTION TESTS							
PEV 1	PVC 1	PEFR					

Standard Examination							
1. Chest X-Ray (14x17)							
2. Complete Blood count							
3. Routine Urinalysis							
4. Routine Faecanalysis							
5. Blood Typing							
6. Dental Examination							
7. Optical Examination							
8. Complete Medical History and Physical Examination							
9. Psychological Examination							

Additional Examination							
10. Lipid Analysis							
Triglycerides							
Cholesterol							
HDL							
LDL							
11. Liver Analysis							
Total Bilirubin							
SGOT							
SGPT							
GGTP							
12. Kidney Function Test							
BUN							
Creatinine							
Total Protein							
13. Others							
Fasting Blood Sugar							
HIV 1 & HIV 2							
Audiometry							
Ishihara							
Pulmonary Function Test							
VDRL Screening							
ECG							
14. Hepatitis A							
Hepatitis B Antigen Test							
Hepatitis C							
15. Stress ECG							
Cardiac Profile							

It is recommended that the seafarer is given anti-malarial injections and instructions for the taking of appropriate medication throughout the term of the contract.

