#### REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER. As per Merchant Shipping (Medical Examination ) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006) DR. MIR MD. RAIHAN MBBS, (DU), DFM RADICAL HOSPITAL LIMITED. 35 SHAH MAKHDUM AVENUE, UTTARA, DHAKA-1230. TEL: +88027920116, +88 01955567000. EMAIL: radical hospitals@yahoo.com Name: AHAMEN MOHAMMED IKBAL Sex: M Serial No: 1973 PP/CDC: 402859 Date of Birth: CH. OFFICER Vessel: ALE Type: MERCURY Route: CAR CARRIFE WORIN WIAF Home Address: House NO 285 ROAD No. 12 PADMA RIA RATSHAHI Company Name: WALLEM SHIPMANA GILLEN Medical History Please answer the following to the best of your knowledge. Candidate Is there any past / present history of any of Examiner Declaration Record Declaration Record the following No Yes Yes No Yes No. Yes No Severe one-sided headaches (Migraine) 2 Hernia / Hydrocoele / Appendicitis Head Injury / Concussion / Loss of Memmory Fits / Epilepsy / Dizziness / Fainting High / Low blood pressure / Heart disease Asthama / Bronchitis / Tuberculosis Allergy / Skin disease Infection / Contagious Disease Eye / Vision Problems (Glasses, etc.) Hearing Impairment Ear / Nose / Throat problems Addication to alcohol / drugs / tobacco Stomach / Bowel disorders Gall stones / Kidney disorders Fracture / Dislocation / Injury / Amputation Major / Minor Operation Jaundice / Liver Disease Diabetes Piles / Variçose veins Nervous / Mental disease / Sleep disorder Blood Disorder Mallignant disease ( Cancer) Female Disorder Signed off on medical grounds / Declared Unfit Mohoc Medical Examination Blood Pressure in mm of Ha -41 1201 Se hum 17/m Distant Vision 200 min Field of Vision Corrected Audiometry Hz 500 1000 2000 5000 | 6000 | 8000 Right Eye Right Ear Left Eye Abnormal Nomial Colour Vision Other Ishihara Abnormal Left ear Hearing Normal Abnormal Systemic Examination Normal Abnormal Notes Normal Abnormal Head & Neck Respiratory system FIT FOR SEA SERVICE Eyes ardiovascular system Ears / Nose / Throat Per Abdomen Teeth / Oral Cavity AS CH. OPF Genito-urinary system Musculo-Skeletal system 1 0 Others AS PER MLC 2006 Nervous system Hernia / Hydrocoele Reflexes Enhanced GARD Medicals done Varicose Veins Skin Fissure/Fistula/Piles Investigations Blood Result Normal Urine Hemoglobin gm% Colour Total WBC count Specific Gravity 4000-11000 / cu.mm cu.mm Eas O Neu S -Malarial parasite 00% MO 0. 14 odal. Albumin ESR mm / 1st hou - 15 mm / hr Sugar SCPT U/L 43 U / L Bile pigment mg/dl S.Cholesterol 145--260 mg / dl Bile salts S.Triglycerides mg/dl upto 200 mg/dl Occult blood Blood Sugar 41 RBS upto 125 mg % RBC cells HbsAg Leucocytes HIV18 II Others VDRU Spirometry: Others GGTP U/L MD Blood Group Drugs of RADICAL ECG: von mo TMT: Abuse: HOSPITALS \* Chest: Nonm USG: Som Result of Medical Examination On the basis of the examinee's history, clinical examination and diagnostic tests, , hereby declare the examinee medically I,Dr. MIR MD Raihan Fit Temporarily unfit Permanently unfit Should be re-examined in days / weeks / months. Remarks / Recommendations Certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporated in this Certificate This certificate is valid till: 7 7 APR 2026 Candidate's Signature

28 APR 7074

28 APR 2024



Official Stamp

DR. MIR. MD. RAIHAN MBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited

Doctor's signature:

04.2024.6437

### WALLEM\_

## SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended Form: OHF 48 Version: 01 Date: 18 Aug 21 Page: 1 of 7

(Confidential Document)

Pre	-Sea Exam: 🗌			Periodic	Exam:		Other:			
Examination for Master: Deck Officer: Eng Officer; Ratings: Cook: Other: Please specify	duty as:  Y/N:  Y/N:  Y/N:  Y/N:  Y/N:  Y/N:  Y/N:	QMD RA	THE REAL PROPERTY.		Fit to perform the duties he/she is to carry out.	Fit to perform the duties he/she is to carry out with the prescribed medicines which will not affect seafarer's health while onboard.	he/sh	perform uties	Perma unfit to p the d he/she carry	perform uties e is to
	(8	RAL	(\$)*		7 1	П	Г	1	Г	1
Name, Address	with Contact deta		nning Centre		WALLEM MUM Valecha Chamb Andheri New Li Andheri West +91 22 4099 40	pers, Floor 1, Plo ink Road,				
assigned:	M.V. MER	cury	Duties (if kn			Position Off Applied for:	(2000) 7 <b>7 %</b> (	CH	OFFIC	FR
Type of vessel (Container, Tanker, Passenger etc):  CAR CARRIE  Trade area (e.g. Coastal, Tropical, Worldwide):  Cosastal				P Tropical □	- Line Control		ldWide 🗜			
fully responsible	e/ liable for the co	nsequenc	es/ damages Ex	/ penalties a caminee's Pe	rial fact(s) of information per the provision ersonal Details  AHAM  ROAD NO	ns or the applical	ble laws.			
Home/ Perman		1		285 As As		· / 2, PADI	MA R/	A. KAJ.	SHA4/ E	207
Mailing Address  Date of birth (d.	s: ay/month/year):		SAME 14	T	8 1 1973	2 6.	ex: M			-
Place of Birth:	City: R		Account to the second	National		- 1	Rank:	CH. 07	FICEN	C.
Civil Status:		HE COME	MA	RHED						
Identity Docs/ F No:	assport /Dischar	ge Book	55918.		BOOD!	93459 /	1 40:	2859		
	past / present of the following	Exami Declara Yes		aminer's Record	Is there any p			ninee ration No	100000	iner's ord
Lass of Consciou Head Injury / Di of Memory	THE VICENSIAN CONTROL OF A			J's	Moscopato Disease including Compho and related trondi		163	/		/

### WALLEM\_

#### SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

Form: Version: 01

OHF 48

Date: 18 Aug 21 2 of 7 Page:

#### (Confidential Document)

			/		/	Recurrence – especially Acut Complications, e.g. Harm to from Bleeding and to others Seizures / Tumor	Self		1		/
Neuropsychiatric disea Depression/ Suicidal Tendency/ Psychosis	ses or		~		/	Stomach / Bowel Disorders/ Digestive Disorder			1		1
Ear (Hearing, tinnitus) Problems / Impairment	t		/		/	Gall Stones/ Jaundice / Kidne Disorders	гу				/
Mental Diseases, Brea Sleep Disorder	kdown /		1		1	Severe/ Frequent/ One Sideo Headaches (Migraine)	i i		1		_
Fractures / Dislocations / Amputation/ Restricts Mobility			1		_	Back / Joint Problems/ Wrist Problems/ Slipped Disc					
Eye/ Vision Problems ( using Glasses/ Contact						Hernia / Hydrocoele / Appendicitis					
Balance Problem			_	-		Piles / Varicose Veins			1	EEF.	
Sinuses/ Nose/ Throat Problems	ose/ Throat		-		_	Allergies / Rash/ Skin Disease					
Thyroid Problem			Female		Female Disorders			1		_	
High / Low Blood Press Blood Disorder	n / Low Blood Pressure/ od Disorder					Major / Minor Operation/ Surgery			r	-	
Heart Disease, Surgery Pain/ Vascular Disease Pedal Pulses)					_	Contagious Diseases/ Gastrointestinal infection / C Infections	Other			٦	U
Chronic Cough/ Asthm Bronchitis / Tuberculos			_	7		Sexually Transmitted Disease Infections	e/				-
Shortness of Breath			_	+	/	Addiction to Alcohol/Drugs/Cigarettes /Tobacco.					_
Rheumatic Fever				+	_	Diabetes			1		_
for Male Examinee	Yes	No	If "Yes",	give de	etails		for Fe	male Ex	kaminee	Yes	No
Prostate Problems/ Testicular Lumps							Breas Probl		/ Menstrual		1
Penile Discharge		1				1600	Pregn	ancy			
Multiple Partners		1					Multi	ple Part	ners	1	-
If "Yes", to any of the a	above, ple	ase exp	lain:								

Additional questions :	Yes	No
Have you ever been signed off on medical grounds, declared unfit or repatriated from a ship?		
Have you ever been hospitalized?		/
Have you ever been declared unfit for sea duty?		-
Has your medical certificate ever been restricted or revoked?		1
Are you aware that you have any medical problems, diseases or illnesses?		
Do you feel healthy and fit to perform the duties of your designated position/occupation?		
Are you currently under a doctor's care/ medication?		~
Are you allergic to any medications?		1
Malaria, Typhoid, Viral fever (Dengue, Chikungunya, etc), Chicken Pox		1
Liver diseases (Hepatitis A,B,C,D & E, Amoebic Abscess)		1
Arthritis, Spondylosis (Osteoarthritis, Rheumatoid) & Gout		1
In the last one week have you consumed any of these Drugs/ Medication		1
Cough Syrup, Sleeping Tablets, Cold, Action 500 etc.		1
Pain Killers, If Yes, Please State name of Drug Crocin/ Asprin/ Stwin ex		/
Corticosteroids, Anti-epileptic Drugs, Nasal Drops etc.		
Any Medicine/ Injections from your family Doctor		1

#### SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

Form: OHF 48 Version: 01 18 Aug 21 Date:

3 of 7

Page:

(Confidential Document)

Tobacco:	e: Alcohol:	Davies:	Cigarette	110		
Are you taking any non-pre	verintian or proceeds	, Drugs:	70			
If yes, please list the medic						
Date and contact details fo						
one and contact details to	r previous medical ex.	amination (if know	n):			
Are you coming from or ha	ve travelled through h	nigh risk areas? If y	es, please mention th	e names of countrie	es that you have been to (in	ncluding
oorts of call in your last ve	ssel).					
amily History:					Yes	No
Piabetes				mes		/
Blood Pressure/ Heart Dise						/
Mental Illness/ Epilepsy/ Se	eizure					/
Cancer						-
f "Yes", to any of the abov	e, piease expiain:					
Any other major conditions	s?					
Vould you say that your h	ealth is: Excellent 💌	,@6od * Fair *				
upon which I will be offere omission I will lose the rig Employment or under any	ed employment as a so that to benefit from sick Collective Bargaining the owners and / or I statement to the bes	e doctors and staff of eafarer. I understa k pay and / or com g Agreement. I also Insurers of the vess st of my knowledge	and that in the event of apensation which wou hereby consent to m sel or their authorized and I hereby author	re that the informat of any misrepresent uld otherwise be du y medical records to representatives. I h	hereby declare that I ha tion supplied by me forms tation either by statement te to me under the Contra being made available upon tereby also certify that the	the bas or ict of
declaration above is a true	nals, health institution	is and public autili	orities to		ii iiiy previous medicai rec	person
declaration above is a true rom any health profession	nals, health institutior		orities to ner carrying out the m			persona
declaration above is a true rom any health profession DR. MIR, MD. RAIHAN	nals, health institutior		orities to	nedical examination		persona
declaration above is a true from any health profession DR. MIR. MD. RAIHAN Signature of Examinee:	nals, health institutior		ner carrying out the m	nedical examination	2 8 APR 2024	persona
declaration above is a true from any health profession DR. MIR, MD, RAIHAN Signature of Examinee: Height in cms:	(the approved	d medical practition	ner carrying out the m	nedical examination onth/year):	2 8 APR 2024	persona ords
declaration above is a true from any health profession DR. MIR, MD. RAIHAN Signature of Examinee:  Height in cms: 17/18 BMI: 26-4 Chest: Insp: 43	(the approved	d medical practition	Date(day/m  Blood Pressure Pulse Rate:	nedical examination onth/year):	2 8 APR 2024  mHg)   Diastolic 80 (r	persona ords

A seafarer with a BMI: 18 or below; or 30 or above is considered temporarily unfit.

For seafarers from Northern Europe, the Indian subcontinent, Russia, Ukraine & Romania with a BMI of between 30 and 35 and where this, in the Government (DGS) approved medical examiner's opinion, is attributable solely to physique with broad shoulders/large muscle bulk with main muscles clearly defined and not obscured by subcutaneous fat and no co-morbid complications (eg. Diabetes, Hypertension, Dyslipidemia etc), then the seafarer in question MUST undergo a stress/ treadmill test.

If the results of the stress/ treadmill test are average or above, seafarer can be considered "fit to work", however, the seafarer MUST always be counselled on weight loss and ways/means to improve their health.

BMI MUST also be taken into consideration during the seafarer's pre-employment medical examination and it is the responsibility of each manning centre to instruct their accredited clinic(s) to ensure that a seafarer's BMI is taken during the medical examination, the Company standards applied and if outside the limits, the manning centre must be notified, who will then seek further guidance from the Crewing Dept.

		Visua	lacuity			
100000000000000000000000000000000000000	Unaide	ed		Aide	d	Name of the last
Right eye	Left eye	Binocular	Right eye	Left	Binocular	Right eye

	Visual field	ds
	Normal	Defective
Right eye		

#### WALLEM\_

#### SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

Form: OHF 48 Version: 01

Date: 18 Aug 21

Page: 4 of 7

test

				(Confidentia	l Docum	ent)						
Distant 6	GGGU	1 -	_				1 17					_
Near Near	- h-	-/	7				Le	eft eye	L			
Are glasses or conta	ct lenses nece	ssarv to n	neet the re	autrad vision	ctonder	13 1/ / 1				- Biotic		
If yes, specify which	type and for	what purp	ose:	equired vision	standari	ar yes / N	40					
plour vision:												
Date of last colour		-	1-									
vision test:			Type:		arn *	Ichila	ara * 7	CIE 12 200	acv.			
Check if colour test i	s Yellow		*	Red	em «	*	Green	CIE-43-200 *	1 * Blue		-	*
Colour Vision:	Notto	* a d	-	-	872.05	-						3.0
Colodi Vision,	Not tes	tea	* \	Normal		*	Doubtful	*	Defe	ective		*
earing:												
Pure tone and audio	metry (thres	hold value	s in dB)			-		Speech and	Mhien	or Tork (8		
Audiometry	500	1,000	2,000	3,000	4,000	6,000		speech and	-	er rest (iv Vormal	The second name of the last	the same of the same
	Hz	Hz	Hz	Hz	Hz	Hz			1.	vormai	, v	/hisper
Right ear	20	w	20					Right ear	-	4		4
Left ear	20	20	20					Left ear		4	+	Li
Speech (Deck/Naviga												
Head		Nort	mal	Abnormal		1000			Norma	ol le	Abnor	rmal
Eves			-		The second second	se Veins		- 160				
Eye Movement/Pupil							edal Pulses	)				
Ophthalmoscopy	5		7			men and \	Viscera		_	(9)		
Ears, Tympanic Mem	brane	1			Hernia		16					
Sinuses, Nose, Throat					G-U S	Not Rect	ai Exam.)					
Mouth/Teeth/Gums							Extremitie	,	$\overline{}$	-		-
Nervous System			/		-	(C/S, T/S	THE RESIDENCE OF SECURITION OF	,		-	100	
Heart		_			-	logic (Ful	THE RESERVE OF THE PARTY OF THE			_		
Lung and Chest		-			Psychi	-		0.11				
Breast Examination	- Tark IscS	-			Pupils							
Skin					Muscu	ıloskeleta	l System					
ardiovascular System:				1								
Ischaemic Heart Dise	350		Normal	Abnorr					No	rmal	Abno	rmal
Dysrhythmia/ Pacema		-	~			Hyperten						
Valvular Heart Diseas							al Heart Dis Il Circulatio			-		
Cardiomyopathy							y Circulatio					
Aneurysms						dirional	y circulatio	11/ 15		7	,	
Chest X-ray (PA)	Not perfo		ay/month,	, ,								
Result :	Nonn				X1 V	^ /		Normal		Abnorr	nal	
	7 00 111	4	che	V	N 1- V	7	28	APR 2024				
Other diagnostic test	(s) and result	(s):	1010	nac								
Test: 25700	201	cy	in	e	Resu	ilt: /	2001	man				
vestigation:												
Blood	Resu		Normal	The second second	rine	Res	wit	Additional T	ests	Result	No	ormal
Haemoglobin "Hb"	/3 g/dl		– 18 gm/	Unca	olour	82	~	(HbA1c	=)	5.3		1.0 % - 6.5 %
Total WBC count	590	00 4,0	000 - 11	A THE	ecific tavity	ni	/	RBS/ FBS (B	Blood	6.16	_	79

avity

### WALLEM\_

# SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

(Confidential Document)

Form:

Page:

OHF 48

Version: 01 Date: 18

18 Aug 21 5 of 7

Neu <b>S</b> 7%	, Lymp <b>33</b>	%, E0: <b>02</b> %, <b>2</b> %	Bos %, Mo	рН	150	Total Bilirubin	0.50	0.1 - 1.0 mg/dl
Blood Group & repeated)	Rh factor (tes	ted only once, ne	ed not be	Albumin	4	Direct Bilirubin	mo	0.0 - Z.5 mg/dl
BLES	R	10	1 - 15 mm / hr	Sugar	9	Indirect Bilirubin	m	0.0 - 0.75 mg/dl
Platel	ets	298000	1.50-4.00 Lakh/ul	Bile Pigment	8	SGPT	30	9-43U/L
Fasting Lipi				Bile Salt	11	SGOT	26	0 - 40 IU/L
S. Triglyc	And the last of th	1000	25-200 mg/dl	Occult Blood	-1		-	
		150			4	SGGT		0 - 49 IU/L
Cholestero	ol Serum		130-220 mg/dl	RBC Cells	./		39	10 - 50
		130			9	Blood Urea	1-00	mg/dl
HDL Choleste	erol Serum	40	35-65 mg/dl	Leucocytes	4		ms	
LDL Choleste	erol Serum	60	85-150 mg/dl	Stool Test	Result	S. Creatinine	1:03	0.8 - 1.4 mg/di
VLDL Cholest	terol Serum		07-35 mg/ dl	Bacterological	11	BUN	20	S-23mg/dl
Total / HDL	Cholesterol	MAD	3.0-5.0	Parasitical	4	PSA	mas	Less than 4.00 ng/ml
LDL/ HDL C	holesterol	ma	2.5-3.5	Others	4	Malarial Parasite	mac	
Hepatitis B	Positive	Negativ		HIV I &II	renle	Uric Acid	4.7	2.4 - 7.5 mg/dl
Hepatitis C	Positive	Negativ	e	VDRL	None	ee.	6 6	
Drugs: Me Results:	thod:							

Drugs: Method Results:	:		eres conecien				-	7.
Detected	Amphe Urine 3	etamines/ *	Barbitura	ate/ Urine *	2000000000	juana, THC, iabinoids e *	Cocaine ,	Opiates & Morphine
Cut Off Limit	(1000 ng	g/ ml)	(200 ng/ m	(200 ng/ ml)		/ ml	(300 ng/ m	ml)
Not Detected	Amphie	etamines/ *	Barbiturate/ Urine *			ijūana, THC, nabinoids / e *	Cocaine Urine 3	*
Spirometry		NID	TMT	NIN		Drugs of Abuse		Negalie
ECG		donny	ЕСНО	Non	m)	Ultrasound (USC the Abdomen & Pelvis		Jonns,

			TENERS OF STREET
Davet III	Posult of M	edical Eva	mination

Is applicant vaccinated in accordance	with WHO	requirements? Ves / No
is applicant vaccinated in accordance	MILLIA MALIO	requiremental rest to

Vaccination status recorded: Yes / No Satisfactory \* to be renewed \*
Details:

Describe restrictions (e.g. specific positions, type of ship, trade area):

Action taken by medical examiner (e.g. referral):

Examination Results of the examination Pass Fail	Results of the	examination	CONTRACTOR OF THE PARTY OF THE	Results of the examinatio		
	Examination	Pass	Fail			
Medical History		A	Fecalysis (food service/ handlers			

### WALLEM.

#### SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

Form: OHF 48 Version: 01 Date: 18 Aug 21

6 of 7

Page:

		(Confide	ntial Document)		
Physical Exa	emination	./	Tu z		
Dental Exan			Hep B Antigen		
Psychologic	No. of the last of		Hep C Antibodies		
Visual Test			Stress Test		
Colour Visio	on .		Diabetes		11124
			Ultrasound Examination (Presence of gall & Kidney Stones)		
Audiometry		./	Alcohol/ Drug Test	+	
EKG			2D echo Doppler study (for heart		
	W === 1		national Developmentals quality as	_	
If failed in a	ny above mentioned examir	nations and examinations	report attached to this form, please prov	ida ranga ay with a san a tauti	
	ee is certified free of comm		-	ide reasons with examinatio	an:
Seafarers and a the examinee's requirements of (a) that the high (b) Visual according for the high (c) that he /s vessel the requirem (e) that the s	also Merchant Shipping (Meishistory, personal declaration of the position applied for, mearing meets the required stanular meets the required stanular meets considered necessary), she needs / does not need whe is/is not taking regular mat he/she is/is not taking any ents for effective and safe peafarer is not suffering from	ical Examination) Rules ben, my clinical examination by opinion is – standards for his / her randards for his/her rank /Co / that he / she if fit / unfit isual aids / informed to care dication & seafarer does a medication that has side erformance of routine an any disease, medical cor	arry spares  i /does not require to take same during hi effects that will impair judgment, balance d emergency duties onboard?	the Medical Examinations of the base of time to time. On the base of in consideration of the establishment of the	of is of sential
likely to e	ndanger the health or other	persons onboard ships.	ed by, or unfit for, routine and emergency	service at sea or	
	Deck service	Engine service	Catering service	Other services (training/	
Fit:		4		examination)	
Unfit:	*	1	*		
	Certificate is issued with foll		pecific position, type of ship, trade area &	other as applicable) :	
		The state of the s	IN BUARD SHIP!		
This is to see	tilu anno 10 mm		HAMED was physically examine		

Examinee's Signature

(This signature is affixed in the presence of the Medical Examiner)
(print name of medical examiner if not legible) and I acknowled:
I have been advised of the content of the medical certificate & description.

Official Stamp & Signature with Govt. (DGS) Approval/

No.....of Medical Examiner DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician Radical Hospitals Limited



### SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

(Confidential Document)

Form:

Page:

OHF 48

Version: 01 Date: 18

18 Aug 21 7 of 7

7 01 7

right to a review in accordance with paragraph (6) of section A-I/9 of STCW Code and my obligations.)

Date: 28 APR 2024

Original: Master & Crewing Dept

cc: Seafarer

Remark: This form is to be uploaded in Crew Management System, Medical tab by the Manning centre.

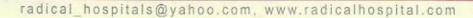




## MEDICAL CERTIFICATE FOR PERSONNEL SERVICE ON BOARD REPUBLIC OF PANAMA

DAY 14 MONTH AUG YEAR 1973  POSITION ON BOARD:	PLACE OF BIRTH  CITY RAJSHAM COUNTRY BANGADESH MALE FEMALE  MAILING ADDRESS OF APPLICANT:
MASTER DECK OFFICER ENGINEERING OFFICER	MAILING ADDRESS OF APPLICANT:
RATING	HOUSE NO 285 ROAD NO. 12 PADMA RIA, P.S CHANDRIMA. RAJSHAH BANG-LADESH
DECLARATION OF THE AUTHORIZED PHYSICIAN	
VISION	COLOR TEST TYPE HEARING
RIGHT EYE WITHOUT GLASSES WITH GLA	LANTERN YELLOW W RED WY GREEN WH BLUE WHY LEFT EAR
Confirmation that identification documents were checked at the	point of examination: YES NO
Hearing meets the standards in STCW Code, Section A-1/9? YE	ES NO NOT APLICABLE
Unaided hearing satisfactory? YES NO	
Visual acuity meets standards in STCW Code, Section A-1/9?	VES NO D
에 마다가 있는 것이 하는 것이 되면 되어 있다면 있다. 이 사이를 하고 있다면 되었다면 하는 것이 되었다면 하는 것이다면 다른 것이다.	
Signature of Applicant	ED   KBAL AHAMED 28 APR 2024  Name of Applicant Date  TO BE (FIT / NOT FIT) FOR DUTY AS A (MASTER / DECK OFFCIE
FIT FOR DI	UTY ON BOARD SHIP
/ /	
SIGNATURE OF PHYSICIAN:	STAMP OF PHYSICIAN: DATE:
	APR 2026  a Maritime Authority in compliant to the soldirements amended and the Maritime Labour Control 2006.

DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited





ID NO : 24040616 Date : 28/04/2024

Patient's Name: MOHAMMED IKBAL AHAMED Age: 50Y8M14D

Ref. By : DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM-C/O/2859 Sex : Male

Specimen : Blood

(Relevent estimations were carried out by KT -44 Haematology Analyzer with checked manually)

#### HAEMATOLOGY REPORT

Dougenation	T 5	a avalla a	Defense Value	111111
Parameter	R	esults	Reference Values	Histogram
Haemoglobin(Hb) ESR(Westergren)	13 10	g/di mm/1st hr	M:12-16, F:10-14.0 g/dl M:0-10, F:0-20 mm/1st hr	A
TOTAL WBC COUNT	5,900	/cumm	4,000 - 11,000 /cumm	A AM
DIFFERENTIAL COUNT				
Neutrophils	57	%	(40 - 75)%	Australia (March 1986)
Lymphocytes	33	%	(20-45)%	WBC CURVE
Monocytes	06	%	(2-10)%	
Eosinophils	04	%	(1-6)%	- th
Basophil	00	%	0-1 %	A
TOTAL CIR. EOSIONOPHIL COUNT	236	/cumm	40 - 450 /cumm	I III
TOTAL PLATELET COUNT(PC)	298,000	/cumm	1,50,000-4,50,000 /cumm	
MPV	9.3	fL	7.0 -11.0 fL	Hillia
PDW-CV:	16.8	%	10 - 18 %	PLT CURVE
PCT	0.28	%	0.10 - 0.28	7-2-0
P-LCR	24.7	%	9.00 - 45.00%	A
P-LCC	74	x10^3/uL	13 - 129 x10^3/uL	A
RBC COUNT	5.57	m/ul	M: 4.5-6.5, F: 3.8-5.8 m/ul	
HCT/PCV	42.4	%	M: 40-54%, F: 37-47%	
MCV	76.2	fL	76-94 fL	
MCH	23.3	pg	27-32 pg	RBC CURVE
MCHC	30.6	g/dL	29-34 g/dL	
RDW SD	42	fL	30.0-57.0 fl.	
RDW CV	16.3	%	10-16%	

Checked By ..... Medical Technologist. Redical Hospital Ltd. Uttara, Dhaka.

Dr. Sumaiya Khatun MBBS,MD (Gold Medilist) (BSMMU) Associate Professor Dept.Of Microbiology East West Medical College & Hospital.





Bill No	DIA24040616	Received	Date	28/04/2	2024
Patient's Name	MOHAMMED IKBAL AHAMED	· · · · · · · · · · · · · · · · · · ·			
Patient's Age	50Y 8M 14D	F	atient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),	PGT(Eye),DFM	С	DC NO	C/O/2859
Sample	BLOOD				

### BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	6.16 mmol/l	4.2 – 7.8 mmol/l
HbA1C	5.3%	<6.5 %
Serum Creatinine Serum Uric Acid	1.03 mg/dl 4.7 mg/dl	0.3 - 1.3 mg/dl 3.4-7.0 mg/dl
Gamma GT Serum (BUN) Total Protein Serum Albumin	34 U/L 20 mg/dl 6.5 g/dl 4.2 gm/L	Adult Males : <55 7-23 mg/dl 6.3-7.9 g/dl 3.7-5.5 gm/L
Liver Function Test Serum Bilirubin (Total) Serum ALT (SGPT) Serum AST (SGOT)	0.59 mg/dl 30.0 U/L 26.0 U/L	0.2 - 1.1 mg/dl Up to 40 U/L Up to 37 U/L
Lipid profile		
Serum Cholesterol	130 mg/dl	up to 200 mg/dl
Serum HDL- Cholesterol	40 mg/dl	35-55 mg/dl
Serum Triglyceride	150 mg/dl	50 - 150 mg/dl
Serum LDL- Cholesterol	60 mg/dl	<130 mg/dl
Check d.By		Dr. Sumaiva Khatun

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Bill No	DIA24040616	Receive	d Date	28/04/2	2024
Patient's Name	MOHAMMED IKBAL AHAMED				
Patient's Age	50Y 8M 14D		Patient's	s Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDE	M),PGT(Eye),DFN	1 0	DC NO	C/O/2859
Sample	BLOOD				

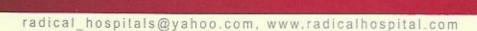
### SEROLOGICAL REPORT

Test Name	Result	
HBs Ag (Method : (ICT)	Negative	
HIV 1 & 2 (Method : (ICT)	Negative	
VDRL (Method : (ICT)	Non-reactive	
HCV (Method : (ICT)	Negative	

BLOOD GROUPING RESULT		
ABO Blood Group	"B" (+ve)	
Rh(D)Factor	Positive	

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.





Bill No	DIA24040616	Receive	d Date	28/04/2	2024
Patient's Name	MOHAMMED IKBAL AHAMED				
Patient's Age	50Y 8M 14D		Patient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDE	M),PGT(Eye),DFN	Л С	DC NO	C/O/2859
Sample	URINE	7			

#### DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Test Name	Result
Drug Level of Urine	
Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

CheckerBy

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.



Bill No	DIA24040616	Received	d Date	28/04/2	2024
Patient's Name	MOHAMMED IKBAL AHAMED				
Patient's Age	50Y 8M 14D		Patient's	s Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDE	EM),PGT(Eye),DFM	C	DC NO	C/O/2859
Sample	URINE				A

#### URINE ROUTINE EXAMINATION

### PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-2/HPF
Sediment	Nil	Epithelial	1-2/HPF

### CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	The second secon	Granular	Nil
		Hyaline	Nil

#### ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumalya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.



Patient's Name	1	MOHAMMED IKBAL AHAMED	ID NO	:	24040616
Age Sex	:	50 Yrs	Date	:	28/04/2024
Sex	:	Male			-
Referred by	:	Dr. Mir Md. Raihan MBBS,(DU), DFM			
Nature of Specimen	:			2.2	

#### PULMONARY FUNCTION TEST (SPIROMETRY)

FVC = 6 FEV = 5 FEV/FVC = 80%

Comments: Normal Lung Function

Dr. Mir Md. Raihan

MBBS (DU) CCD(Birdem),PGT (opth) Reg- A55144 BGD-016(MMC) DG Shipping Bangladesh Approved Malaysian Medical Council Approved General Physician Radical Hospitals Limited



### **AUDIOLOGICAL REPORT**

Patient Name : MOHAMMED IKBAL AHAMED

28/04/2024

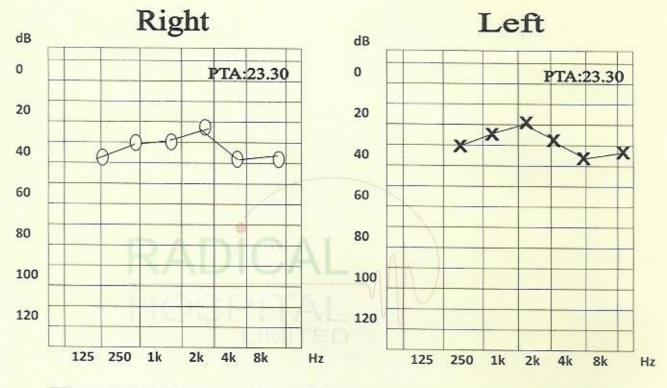
Age

:50 Yrs

Address

: RHL, UTTARA

Referred By : Dr. Mir Md. Raihan , MBBS,(DU), DFM



0-25= Normal Hearing.

26-40= Mild Hearing Loss.

41-55= Moderate Hearing Loss.

56-70= Moderately Severe Hearing Loss.

71-90= Severe Hearing Loss.

91-120= Profound Hearing Loss.

Right Ear Left Ear Air Unmasking OX Bone Unmasking Right Ear Left Ear Air MaskingOX

Bone Masking  $\Delta\Delta$ 

Remark's:-

Right Ear: Normal Hearing.

Left Ear: Normal Hearing.



#### DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24040616 Receive:28/04/2024 Print: 28/04/2024

Patient's Name : MOHAMMED IKBAL AHAMED

Age : 50 YRS Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

#### X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart: Normal in T.D.

Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital





Patient ID	24040616	Voucher No	
Test Name	USG OF WHOLE ABDOMEN	Delivery Date	20/04/2024
Patient Name	MOHAMMED IKBAL AHAMED	Denvery Date	28/04/2024
Age	51 YRS	Sex	Mala
Refd. By	Dr. Mir Md. Raihan MBBS,(DU)		Male (Eve) DEM

### THANK YOU FOR THE COURTESY OF THIS REFERRAL

LIVER :- Is mildly enlarged in size 14.8 cm, regular in shape and normal position. The echogenicity of The parenchyma is increased . Intrahepatic biliary channel are not dilated. No focal lesion is seen.

GALL BLADDER: Normal in size & regular in shape. Lumen is normal. Wall thickens is Normal. No echogenic structure is seen within lumen. CBD is not dilated.

PANCREASE: Normal size regular in shape. Echogenecity is homogenous. PD not dilated.

SPLEEN: Is normal in size (8.9 x 2.9)cm and uniform in echo-texture.

BOTH KIDNEYS: Are normal in size RK-9.1m, LK- 10.6cm regular in shape. The cortical echogenicity are normal with clear cortico-medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URINARY BLADDER: Is well filled. Wall thickness is normal. No intravesicle lesion is seen

PROSTATE: Is mildly enlarged in size volume is 26.7 cc ,regular in shape.

Echogenicity is homogenous. No area of calcification is seen.

IMPRESSION: Suggestive of – 1. Fatty change in liver .Grade-1 2. Mildly enlarged prostate gland.

rGT(Gynae & obs)
Advanced Training on TVS 25
Consultant Sonologist



#### DEPARTMENT OF RADIOLOGY & IMAGING

Sex

: M

ID. No. : 24040616 Receive: Print: 28/04/2024

Patient's Name : MOHAMMED IKBAL AHAMED

Age : 50 YRS

Refd. by Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

### ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 60 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit,

Dr. Debashish Paul

MBBS, MD (Cardiology)

Associate Professor

Department of Cardiology

Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1



Date: 28/04/2024

### EYE EXAMINATION REPORT

NAME:	MOHAMMED II	(BAL AHAMED		
AGE:	50 YRS		RANK: CH.OFF	CDC NO:C/O/2859
VISUAL	ACUITY:	RIGHT	LEFT	
UNAIDI	ED	BUS	601	s .
AIDED		RADI		

OPINION

COLOUR VISION:

UNFIT / FPT FOR EMPLOYMENT ON BOARD

NORMAL / BLIND

Dr. Mir Md. Raihan MBBS, PGT (Ophthalmology) Assistant Registrar (EX) East west Medical College & Hospital



Patient's Name		MOHAMMED IKBAL AHAMED	ID NO	1:	24040616
Age	:	50 Yrs	Date		28/04/2024
Sex	:	Male		1.	1 = 0,0 1, = 0 = 1
Referred by	-	Dr. Mir Md. Raihan MBBS,(DU),CCD (BIRDEM),PGT(Eye),DFM			

### **Dental Examination Reports**

On Examination

1. Dental Caries : Absent

2. Calculus : Absent

3. Missing : Absent

4. Gum Condition : Normal

5. Filling : No

6. Root Canal Treatment : No

7. Any Bridge/Denture/Crown : No

8. Oral Hygine : Normal

Comments: Normal

Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT(opth)

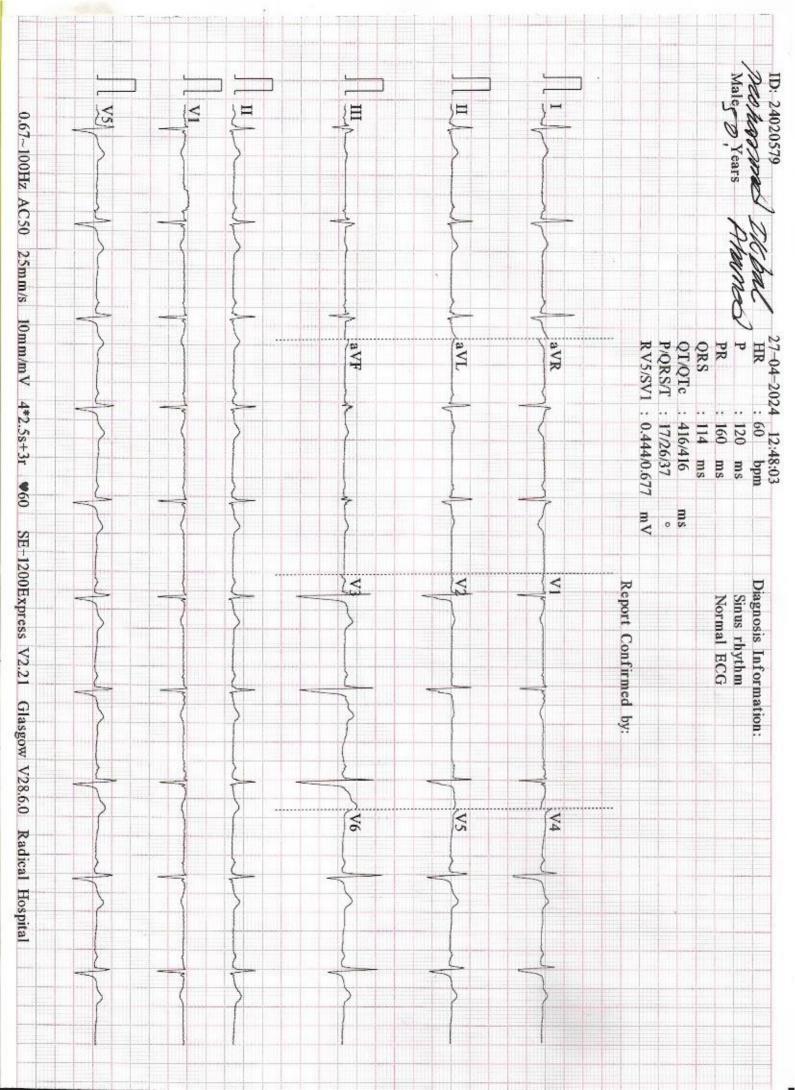
Reg- A55144 BGD-016(MMC)

DG Shipping Bangladesh Approved

Malaysian Medical Council Approved

General Physician

Radical Hospitals Limited





#### TREADMILLSTRESS TEST

Patient ID	24040616	Test Date	28-04-202	4	
Patient Name	MOHAMMED IKBAL AHAMED	Age	50 Yrs	Sex	Male
Attending Dr.	Dr. ROSEYAT PERVEEN				

Total Exercise Time : 09:5 Min

Max.HR attained

: 167 bpm.

% of max.pred. hR

: 98 %

Max. Pred HR

: 168 bpm.

Maximum BP

: 160/90 mmHg.

Max. work load attained

:13.00METS.

Indication

: Screening for IHD.

Risk Factors

Reason for Termina : Attainment of THR.

Test Profile

: BRUCE

Symptoms

Summary Result ⇒

NEGATIVE

Comments

- MOHAMMED IKBAL AHAMED performed stress test in Bruce protocol for the evaluation of IHD (angina pectoris).
- Exercise capacity was good.
- Inotropic and chronotropic responses were normal.
- Stress test was terminated because of Attainment of THR
- ECG at rest showed no abnormality.
- ECG during exercise & Recovery showed no significant ST-T changes.

Conclusion

: Stress test is NEGATIVE for ECG evidence of promotable myocardial ischemia.

Dr. ROSEYAT PERVEEN

MBBS, MD (Cardiology), NICVD, Dhaka Consultant, IBN SINA D-Lab, Uttara, Dhaka

# INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST CHOLERA CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION CON IRE LE CHOLERA

MOHAMMED IKBAL AHAMED

This is to certify that
JE Soussigne' (e) certifie que | Quo' (e) le | 4444 | 1973 | Sex | Sexe

Whose signature follows dont la signature suit

has on the Date indicated been vaccinated or revaccinated against cholera a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la date indiquee.

	Data PR 202	Signature and professional Status of Vaccinator Signature et qualite profess- signelle vaccinateur	Approved Stamp Cechet d'authentification			
58.	1		ORAL CHOLERA DUKORAL"			
	2	MBBS (DU) DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Reducul Hospitals Limited	Valid Upto 2 yrs			
	3					
	4					

The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the ev6nt of revaccination within such period of two years, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, tins certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any pan of it. May render in invalid.

La validity dece certificate couvre une period de six mois commencent six Jours a prea is premiere injection du vaccin ou, dans le cai a" une revaccination a, cour. d; gtte period do six mois jour de cette revaccination.

Nonobstant les, despositions ci-dessue dans le cas d'un pelerin le present certificate dottlaire mention de deux injections partiquees a sept jours d'. intervaile et sa validite cofilmence lejour de la seconde, injection:

De cachet d' authentification doit etre c\_anforme au modele present per 1, administration sanitaite du territoire ou la vaccination est effectuee. j

Toute correction ou rahfe sur le certificate ou I o, mission d' une quelconque des mantions qu il comporte pe ut effectersa validite,

## INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST YELLOW FEVER

CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION
CONTRE LA FIEVRE JAUNE

MOHAMMED IKBAL	AHAMED	. 1	
This is to certify that JE Soussigne' (e) certifie que	date of birth l	14 AUG 1973	Sex M
Whose signature follows don't la signature suit	M		

has on the Date indicated been vaccinated or revaccinated against cholera a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la datc indiquee.

Date 19	Signature and professional Stahtus of Vaccinator Signature et titre du vaccinateur	Manufacturer and batch no of vaccine Fabricani du vaccin et nunno ro du lot	Official sump of vaccinating centre Cachet official du centre de vaccination
DI MBE BN 2DG	MIR. MD. RAIHAN  5 (0U), DFM, CCD (Bliderin), PCT (Ophth DC A-55144, MMC-BGD-016 Shipp.ng Bangladesh Approve General Physician Radical Hospitals Limited.	12 DAISON	75 Stah Makhum 6 Normos Udana, Dhaha
3			
4			

This certificate is valid only if the vaccine used has been approved by the world I Icalih organization and vaccinating centre has been designated by health administration for the territory in which that centre is situated.

The validity of his certificate shall extend for a period of ten years, beginning in days after the date of vaccination or in the event of a revaccination within sch period often years, from the date of the revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for die signature.

Any amendment of this certificate, or erasure, of failure to complete any part of it, may render it invalid.

Ce certificate n' est avalable que si lc vaccina employe" a c-' tc,' a approve" par l' organisa\_tion Mondiale de la santc" et sile centre a" uaiiif,alion ae" tc'tra6fiille pali-aminstralion sanitaire du (erriloire dans lcqucl'ce centre est siture;

La validite' de ce certilicat couvrc une pe'riodo de dix ans comencant dix joursapros la date de,la vaccination ou, dans le cas dune relaccination.u.ou., a.-citto lie,lio,i. a" dix ans. lejour de cetto revaccination.

Ca certificate do it ctrc signo'uq1 un me'decin de sa propre main, son cachet offiiciar no pouvant cue conside' commo Ionant lieu de signature.

Toute eorecijon ou rahire sur le certificate ou l'omission d' une quelconque des mentions qu'il