



HAQUE & SONS LTD.

Rummana Haque Tower, 126/7A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh.
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Accredited By : BMDC
Accreditation No. A 55144

PATIENT CONTROL NUMBER
HSL-002565

MEDICAL EXAMINATION CERTIFICATE

SURNAME SHUVO	FIRST NAME AND SALAHUDDIN	MIDDLE NAME
PLACE AND DATE OF BIRTH BAGERHAT 13-Jan-2000	PASSPORT NUMBER EG0114274	SEAMAN'S BOOK NUMBER C/O/10691
NATIONALITY : BANGLADESHI SEX : ☒ Male ☐ Female VI SS.I TYPE : CONTAINER TRADING AREA : WORLD WIDE	PERMANENT HOME ADDRESS : VILL-KHARAMKHALI, UPAZILA-CHITALMARI, PO-CHITALMARI, DIST-BAGERHAT, BANGLADESH.	CONTACT NUMBER : 01304387893 (SELF) RANK : 3RD ASST ENGINEER

Have you ever had any of the following conditions?

Condition	YES	NO	Condition	YES	NO
1 Eye/vision problem	☐	☒	18 Sleep problems	☐	☒
2 High blood pressure	☐	☒	19 Do you smoke?	☐	☒
3 Heart/vascular disease	☐	☒	20 Operation/surgery	☐	☒
4 Heart surgery	☐	☒	21 Epilepsy/seizures	☐	☒
5 Varicose veins	☐	☒	22 Dizziness/fainting	☐	☒
6 Asthma/bronchitis	☐	☒	23 Loss of consciousness	☐	☒
7 Blood disorder	☐	☒	24 Psychiatric problems	☐	☒
8 Diabetes	☐	☒	25 Depression	☐	☒
9 Thyroid problem	☐	☒	26 Attempted suicide	☐	☒
10 Digestive disorder	☐	☒	27 Loss of memory	☐	☒
11 Kidney problem	☐	☒	28 Balance problem	☐	☒
12 Skin problem	☐	☒	29 Severe headaches	☐	☒
13 Allergies	☐	☒	30 Ear/nose/throat problems	☐	☒
14 Infectious/contagious diseases	☐	☒	31 Restricted mobility	☐	☒
15 Hernia	☐	☒	32 Back problems	☐	☒
16 Genital disorders	☐	☒	33 Amputation	☐	☒
17 Pregnancy	☐	☒	34 Fractures/dislocations	☐	☒

If any of the above questions were answered "yes", please give details.

Additional questions

	YES	NO
35 Have you ever been signed off as sick or repatriated from a ship?	☐	☒
36 Have you ever been hospitalised?	☐	☒
37 Have you ever been declared unfit for sea duty?	☐	☒
38 Has your medical certificate ever been restricted or revoked?	☐	☒
39 Are you aware that you have any medical problems, diseases or illnesses?	☐	☒
40 Do you feel healthy and fit to perform the duties of your designated position/occupation?	☒	☐
41 Are you allergic to any medications?	☐	☒

Comments:

FIT FOR DUTY ON BOARD SHIP

42 Are you taking any non-prescription or prescription medications? ☐ YES ☒ NO

If yes, please list the medications taken and the purpose(s) and dosage(s)

I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to Dr. Mir Md. Raihan (approved medical practitioner) I also certify that my history contained above is true and any false statement will disqualify me from my employment, benefits and claims.

Salahuddin

Signature of Seafarer

MEDICAL EXAMINATION

Weight 80kg	Height (cm) 173	BMI 26.7	Blood Pressure: Systolic 100mm Diastolic 70mm	PULSE: 78b/min
Ear	Hearing by Audiometry	Audiometry	Hearing by Whisper Test	
Right	☐ Adequate ☐ Inadequate	500 1000 2000 3000	☒ Adequate ☐ Inadequate	
Left	☐ Adequate ☐ Inadequate		☒ Adequate ☐ Inadequate	
Hearing meets the standards as laid down in STCW Code Section A-1/9 ? ☒ YES ☐ NO				

Visual acuity				Visual fields	
Unaided		Aided		Normal	Defective
Right eye	Left eye	Right eye	Left eye	Right eye	Left eye
Distant	6/6	6/6		/	
Near				/	

Visual acuity meets the standard laid down in STCW Code Section A/19

Colour vision as per STCW CODE Section A/19:

Normal

YES / NO

Doubtful

Defective

Date of last colour vision test: Date (day/month/year)

08 APR 2024

	Normal	Abnormal		Normal	Abnormal
Head	/		Varicose veins	/	
Sinuses, nose, throat	/		Vascular (inc. pedal pulses)	/	
Mouth/teeth	/		Abdomen and viscera	/	
Ears (general)	/		Hernia	/	
Tympanic membrane	/		Anus (not rectal exam)	/	
Eyes	/		G-U system	/	
Ophthalmoscopy	/		Upper and lower extremities	/	
Pupils	/		Spine (C/S, L/S and L/S)	/	
Eye movement	/		Neurologic (full brief)	/	
Lungs and chest	/		Psychiatric	/	
Breast examination	/		General appearance	/	
Heart	/		Skin	/	

RESULTS OF ANCILLARY EXAMINATIONS

Chest X-Ray	MA	BIO CHEMICAL (LIVER FUNCTION TEST)	Manjuana	☐ Positive	☒ Negative
ECG	MA	BILIRUBIN	Alcohol Test	☐ Positive	☒ Negative
BLOOD R/E		SGPT	URINE R/E	MA	
DC (differential count)	MA	SGOT	OTHERS		
HAEMOGLOBIN (HGB)	14.7	DRUG AND ALCOHOL TEST		HBsAg	☐ Reactive
ESR (WESTERGREN)	05	Morphine	☐ Positive	☒ Negative	HIV / AIDS Test
WBC	7600	Amphetamine	☐ Positive	☒ Negative	VDRL
BLOOD GLUCOSE LEVEL		Phencyclidine	☐ Positive	☒ Negative	Blood Type
RANDOM	S-1	Barbiturates	☐ Positive	☒ Negative	Psychological Exam
HBA1C	5.0%	Cocaine	☐ Positive	☒ Negative	Others (KUB Ultrasound)

Hereby I declare that I am in knowledge of the contents of the Physical examinations:

SALAHUDDIN SHUVO

SALAHUDDIN SHUVO

8-Apr-2024

Signature of Seafarer

Name of Seafarer

Date

Assessment of fitness for service at sea:

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

☒ Fit for lookout duties☐ Not fit for lookout duties

	Deck service	Engine service	Catering service	Other services
Fit	☐	☒	☐	☐
Unfit	☐	☐	☐	☐

☒ Without restrictions ☐ With restrictions

Is the Seafarer free from any medical conditions likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board?

Yes	No
☒	☐

Describe restrictions (e.g., specific position, type of ship, trade area):

Action taken by medical examiner (e.g., referral):

Fitness Date: 08 APR 2024

Valid Until:

07 APR 2025

DR. MR. MD. RAIHAN
Name and Signature of Authorized Physician



DECLARATION OF HEALTH BY CREW

NAME OF CREW : SALAHUDDIN SHUVORANK : 3RD ASST ENGINEERCDC NO : C/O/10691DOB : 13-Jan-2000

HEALTH QUESTIONNAIRE

PLEASE ANSWER FOLLOWING BY TICKING (✓) YES OR NO

	YES	NO
1 Have you ever had coronary thrombosis or certain types of heart surgery?	☐	☒
2 Are you suffering from any heart-related complications?	☐	☒
3 Are you a diabetic ?	☐	☒
4 If you are diabetic, do you need injections of insulin for diabetes?	☐	☒
5 Have you ever had a stroke, or unexplained loss of consciousness?	☐	☒
6 Have you ever been treated for a mental or nervous problem?	☐	☒
7 Are you an alcoholic, or have you had alcohol or drug addiction problems?	☐	☒
8 Do you have any hearing difficulties or are you using any hearing aid?	☐	☒
9 Have you ever suffered from any STD (Sexually Transmitted Disease)?	☐	☒
10 Are you aware of any other health condition that could affect your fitness for seafaring employment *	☐	☒

I declare that I read above questionnaire and answered by ticking as appropriate and the answers are, to the best of my knowledge, true and complete. I also declare that I am a healthy man and will be fully responsible for all the consequences in case of detection of any chronic disease or its past history which I may have concealed before joining vessel. I will bear all the expenses as may incur as a direct result of such concealment.

Date : 08 APR 2024Signed : Salahuddin

The Crew Member

* If yes, mention details below:-

DR. MIR. MD. RAIHAN
 MBBS (DU), DPM, CCD (Birdem), PGT (Ophth)
 BMDC A-55144, MMC-BGD-016
 DG Shipping Bangladesh Approved
 General Physician
 Radical Hospitals Limited

Medical Information: (医療情報) * Please check the appropriate items.

該当する二欄にノ印を記入して下さい。

1. ALLERGIES: (アレルギー) ☐ Urticaria (hives) (じんましん) ☐ Asthma (ぜんそく) ☐ Other (その他)

☐ Drug allergies (name): (薬品名) ☐ Food allergies (name): (食品名)

2. PAST HISTORY: (病歴)

(1) Past serious illness: (重大病歴) Age (年齢)

(2) Surgery: (手術)

When?

(時期) Age (年齢)

3. PRESENT ILLNESS (CHRONIC DISEASE).....(year): (持病/有無)

Name of illness: (持病名)

Name (s) of medicine (s) used for the above disease (s). (上記病歴に使用した一般薬品名)

4. DAILY LIFE HABITS: (日常生活)

(1) Alcohol intake: (飲酒) ☐ Do not drink (飲まない)

☐ Drink 2-3 times a week (週に2~3回) ☐ Drink every evening (毎日)

☐ Heavy drinker (強い) ☐ Moderate drinker (中程度) ☐ Light drinker (弱い)

(2) Smoking: (喫煙) ☐ Never smoke (吸わない)

☐ Quit smoking in 19____年

☐ Smoke cigarettes a day (1日平均) _____

(3) Bowel movements: (排便) ☐ Regular (規則的) ☐ Constipated (便秘)

☐ Irregular (不規則)

(4) Dietary preferences: (食事の好み) ☐ Meat (肉類) ☐ Fish (魚類)

☐ Salty (塩辛) ☐ Sweet (甘い) ☐ Only (脂っこい)

(5) Exercise: (運動) ☐ Often (よくする) ☐ Sometimes (時々) ☐ Never (しない)

(6) Sleep: (睡眠) ☐ Sleep well (良く寝る) ☐ Have Sleeplessness (寝れない)

☐ Have insomnia (不眠症) ☐ Sometimes take sleeping pills, etc. (時々睡眠薬使用)

(7) Weight: (体重) ☐ Constant (変わらない) ☐ Putting on weight (太ってきこ)

☐ Losing weight (やせてきこ)

08 APR 2024

DR. MIR. MD. RAIHAN

MBBS (U), DPM, CCD (Biom), FGT (Qatar)

BMDC A-55144, MMCC-BGD-016

DG Shipping Bangladesh Approver

General Physician

Radical Hospital Limited



5. FAMILY HISTORY: (家族歴)

Notation: F = father, M = mother, B = brother, S = sister

(父) (母) (兄弟) (姉妹)

☐ Heart disease (心臓病)	F	M	B	S
☐ Cancer / part (癌/部位)	F	M	B	S
☐ Diabetes (糖尿病)	F	M	B	S
☐ Hypertension (高血圧症)	F	M	B	S
☐ Cerebral Apoplexy (脳卒中)	F	M	B	S
☐ Liver disease (肝臓疾患)	F	M	B	S
☐ Other: Name of disease (病名)	F	M	B	S

Briefly enter any special comments to the Attending Physician in English.
(受診医師へ特記を記入すること、英語で簡潔に)

Date: 08 APR 2024

Signature: (署名)

(Card holder) (本人)

MEDICAL RECORDS
(Write in block letters)

Name of Company: _____ Tel: _____ FAX: _____
(所属会社) (国符)

Name: SMITHADON SHINE Sex: (性別) W
(氏名) given name (名) family name (姓) (男/女)

Name of Position: SALE Date of Birth: 18-09-2000
(職種) (生年月日) (D-M-Y)

Height: (身長) 173 cm Weight: (体重) 50 kg age 20: (20才時) _____ kg
Pulse: 78 /min Normal breathing rate: 22 /min Normal temperature: _____ C
(脈拍/分) (正常呼吸数/分) (平熱)

Blood pressure: 100/70 Blood type: A+ Rh: + Single/Married
(血圧) (血液型) (独身/結婚)

Blood sugar: (血糖値) _____ mg/dl $\times 0.05625 =$ _____ mmol/l
Uric acid: (尿酸値) _____ mg/dl $> 0.05914 =$ _____ mmol/l

DR. MIR. MD. RAIHAN

MBBS (DU), DPM, CCD (Bdenn), FGT (Dent)
BMDC A-55144, MNC-BGD-016
DG Shilpang Bangladesh Approval
General Physician

Radical Hospital's Limited



ID NO : 24040205

Patient's Name : SALAHUDDIN SHUVO

Date : 08/04/2024

Ref. By : DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM-C/O/10691

Age : 24YRS

Specimen : Blood

Sex : Male

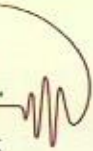
(Relevant estimations were carried out by KT-44 Haematology Analyzer with checked manually)

HAEMATOLOGY REPORT

Parameter	Results		Reference Values	Histogram
Haemoglobin(Hb)	14.7	g/dl	M:12-16, F:10-14.0 g/dl	
ESR(Westergren)	05	mm/1st hr	M:0-10, F:0-20 mm/1st hr	
TOTAL WBC COUNT	7,600	/cumm	4,000 - 11,000 /cumm	
<u>DIFFERENTIAL COUNT</u>				
Neutrophils	65	%	(40 - 75)%	
Lymphocytes	28	%	(20-45)%	
Monocytes	04	%	(2-10)%	
Eosinophils	03	%	(1-6)%	
Basophil	00	%	0-1 %	
TOTAL CIR. EOSIONOPHIL COUNT	228	/cumm	40 - 450 /cumm	
TOTAL PLATELET COUNT(PC)	268,000	/cumm	1,50,000-4,50,000 /cumm	
MPV	9.3	fL	7.0 -11.0 fL	
PDW-CV	16.5	%	10 - 18 %	
PCT	0.25	%	0.10 - 0.28	
P-LCR	23.7	%	9.00 - 45.00%	
P-LCC	63	x10 ³ /uL	13 - 129 x10 ³ /uL	
RBC COUNT	5.56	m/uL	M: 4.5-6.5, F: 3.8-5.8 m/uL	
HCT/PCV	47.7	%	M: 40-54%, F: 37-47%	
MCV	85.9	fL	76-94 fL	
MCH	26.5	pg	27-32 pg	
MCHC	30.8	g/dL	29-34 g/dL	
RDW SD	46	fL	30.0-57.0 fL	
RDW CV	16.4	%	10-16%	

Checked By: 
 Medical Technologist
 Radical Hospital Ltd.
 Uttara, Dhaka.

Dr. Suraiya Khatun
 MBBS, MD (Gold Medilist) (BSMMU)
 Associate Professor
 Dept. Of Microbiology
 East West Medical College & Hospital.



Bill No	DIA24040205	Received Date	08/04/2024
Patient's Name	SALAHUDDIN SHUVO		
Patient's Age	24Y 0M 8D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 10691
Sample	BLOOD		

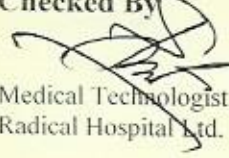
BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.1 mmol/L	4.2 – 6.4 mmol/L
Serum Bilirubin (Total)	0.57 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	25.0 U/L	Up to 40 U/L
Serum AST (SGOT)	20.0 U/L	Up to 37 U/L
HbA1C	5.0 %	4.0- 6.0 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By


Medical Technologist.
Radical Hospital Ltd.


Dr. Sumaiya Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.



Bill No	DIA24040205	Received Date	08/04/2024
Patient's Name	SALAHUDDIN SHUVO		
Patient's Age	24Y 0M 8D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 10691
Sample	BLOOD		

SEROLOGICAL REPORT

Test Name	Result
HBs Ag (Method : (ICT)	Negative
HIV 1 & 2 (Method : (ICT)	Negative
VDRL	Non-reactive

BLOOD GROUPING RESULT

ABO Blood Group	"A" (+ve)
Rh (D)Factor	Positive

Checked By

 Medical Technologist.
 Radical Hospital Ltd.

Dr. Sumaiya Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.



Bill No	DIA24040205	Received Date	08/04/2024
Patient's Name	SALAHUDDIN SHUVO		
Patient's Age	24Y 0M 8D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 10691
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-1/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

Medical Technologist.
Radical Hospital Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.



Bill No	DIA24040205	Received Date	08/04/2024
Patient's Name	SALAHUDDIN SHUVO		
Patient's Age	24Y 0M 8D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 10691
Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Test Name	Result
-----------	--------

Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist.
Radical Hospital Ltd.

Dr. Sumaiya Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.

REF: MV. ONE MACKINAC

DATE: 08/04/2024

M/S. HAQUE & SONS LTD.
RUMMANA HAQUE TOWER
1267/A, GOSHAIL DANGA
AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: SALAHUDDIN SHUVO

RANK: 3A/ENG

CDC NO: C/O/10691

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

6/6

6/6

AIDED

COLOUR VISION: NORMAL / ~~BLIND~~

OPINION : ~~UNFIT~~ / FIT FOR EMPLOYMENT ON BOARD



Dr. Mir Md. Raihan
MBBS, PGT (Ophthalmology)
Assistant Registrar (EX)
East west Medical College & Hospital

ID: 24020579

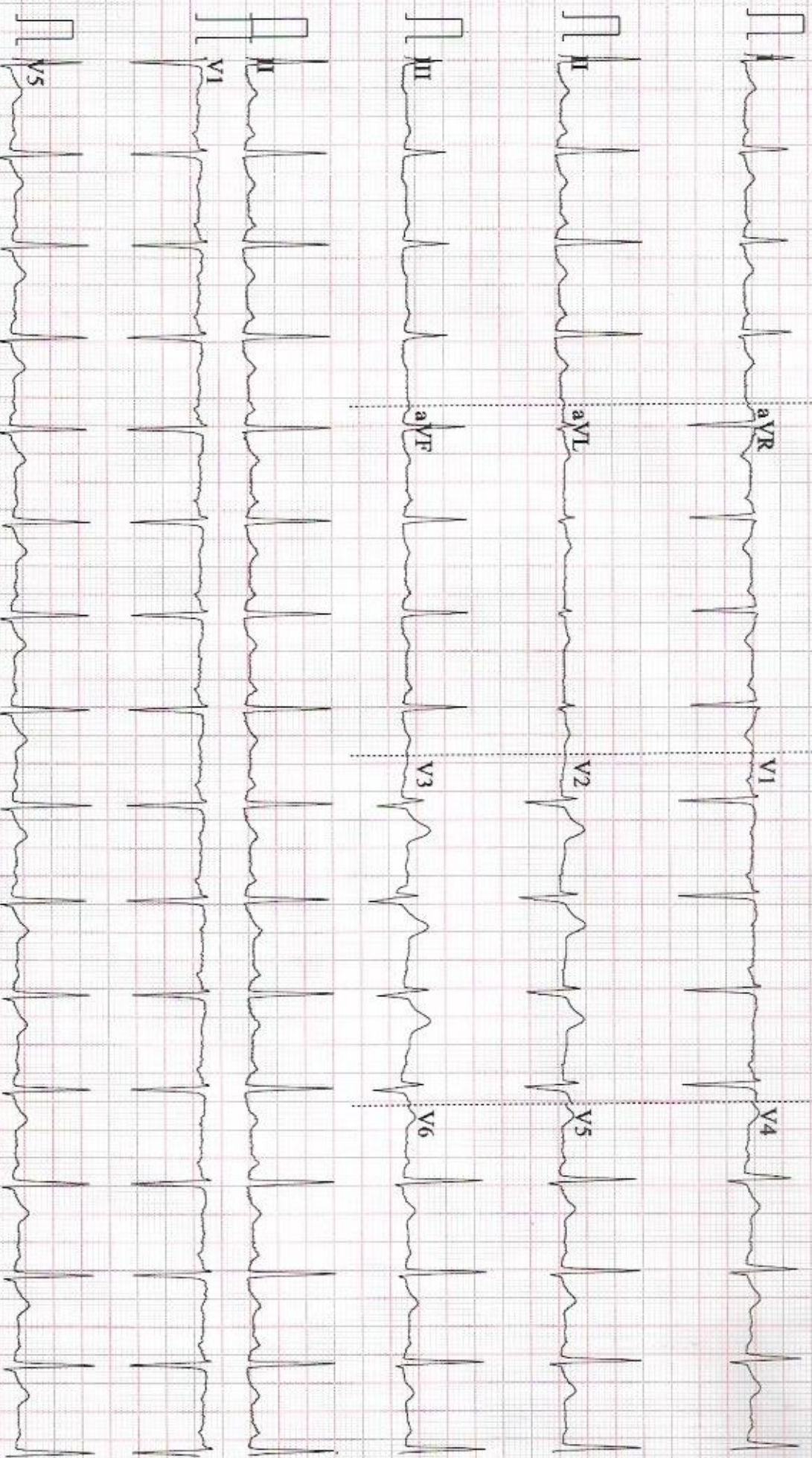
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Radical
Male 41 Years

HR	: 90	bpm
P	: 116	ms
PR	: 164	ms
QRS	: 84	ms
QT/QTc	: 344/421	ms
P/QRS/T	: 60/59/34	°
RV5/SV1	: 1.340/1.251	mV

Diagnosis Information:
Sinus rhythm
Normal ECG

Report Confirmed by:



DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 2404205 Receive: 08/04/2024 Print: 08/04/2024
Patient's Name : SALAHUDDIN SHUVO
Age : 24 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



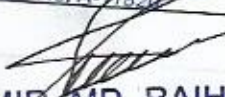
Prof. Dr. Md. Mojibor Rahman
MBBS, DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION

Salahuddin Shuvo AGAINST CHOLERA

This is to certify that } Date of birth 13-01-2000 Sex Male
 whose signature follows }
Salahuddin

has on the date indicated been vaccinated or revaccinated against Cholera

Date	Signature and Professional status of vaccinator.	Approved Stamp
02 AUG 2020	 DR. MD. AYUBUR RAHMAN M.B.B.S.; P.G.T (Medicine) Taher Chamber 10, Agrabad C/A, Chittagong. Regn. No. A-11820	
31 MAR 2021	 DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	
02 MAY 2023	 DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	
08 APR 2024	 DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited	
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8		