

# HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh.

Tel: +880-2-333316214-6, Fax: +880-2-333310530

Accredited By BMDC Accreditation No. A-55144

PATIENT CONTROL NUMBER
HS3279FF

#### MEDICAL EXAMINATION CERTIFICATE

RNAME		FIRST NAME AND		MIDE	OLE NAME	-11-35-3	
	ARIFUZZAMAN		S. M.		MISSEE IV WIL		
CE AN	ND DATE OF BIRTH	PASSPORT NUMBER			SEAMAN'S BOOK NUMBER		
BAGE	RHAT 10-Nov-1976	/ B00	225302		C/O/3279		
IONAL	The second secon	Male □ Femal	e VESSEL	YPE: BULK CAR	RRIER TRADING AREA: WO	DRLD WIE	
RMANE	ENT HOME ADDRESS :			CONTACT NU	JMBER: +88017129936	08 (SELF	
HAZII	MEHER ALI ROAD, IQBAL NAGAI	R, KHULNA, BANGLAI	DESH.	RANK :	CHIEF ENG	SINEER	
ave vo	ou ever had any of the following con	ditions?					
ave ye				8			
	Condition	YES NO	Cond		YES	NO/	
1	Eye/vision problem			problems		9/	
2	High blood pressure	- Z/		u smoke?		10	
3	Heart/vascular disease	1 7/	TOTAL SCHOOLSE	tion/surgery		1	
4	Heart surgery		21 Epilep	sy/seizures		1	
5	Varicose veins		22 Dizzin	ess/fainting	П	6,	
6	Asthma/bronchitis	11 1/	23 Loss	of consciousness	(D <sub>1</sub>	1	
7	Blood disorder		24 Psych	iatric problems	/ p		
8	Diabetes		25 Depre	710 75	() 0	12	
9	Thyroid problem		26 Attem	pted suicide		1	
10	Digestive disorder	0 0,		of memory	2 1 DC	11	
11	Kidney problem			ce problem	11110	1	
12	Skin problem	0 61		e headaches	1100		
13	Allergies	0 1	100000000000000000000000000000000000000	se/throat problen		8	
14	Infectious/contagious diseases	D V.		sted mobility	0	6,	
15	Hernia		The second secon	problems	Ö	3	
16	Genital disorders		33 Ampu	A CONTRACTOR OF THE PARTY OF TH			
17	Pregnancy	Na	and the second second second	res/dislocations		1,	
dditio	nal questions	sick or repatriated from	2		YES	NO	
35 36 37	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfi	t for sea duty?	a ship?		0	NO	
35 36 37 38	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfi Has your medical certificate ever t	t for sea duty? been restricted or revok	a ship?	2	0	NO	
35 36 37 38 39	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfil Has your medical certificate ever to Are you aware that you have any re	t for sea duty? been restricted or revok medical problems, disea	a ship? ed? ases or illnesses			1	
35 36 37 38 39 40	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfill Has your medical certificate ever the You have any the Young have any the You	t for sea duty? been restricted or revok medical problems, disea perform the duties of yo	a ship? ed? ases or illnesses			NO DE RECTOR	
35 36 37 38 39 40 41	Have you ever been signed off as. Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever t Are you aware that you have any r Do you feel healthy and fit to p Are you allergic to any medication.	t for sea duty? been restricted or revok medical problems, disea perform the duties of you	a ship? ed? ases or illnesses our designated p			1	
35 36 37 38 39 40 41	Have you ever been signed off as. Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever t Are you aware that you have any r Do you feel healthy and fit to p Are you allergic to any medication.	t for sea duty? been restricted or revok medical problems, disea perform the duties of yo	a ship? ed? ases or illnesses our designated p			1	
35 36 37 38 39 40 41 omme	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever the Are you aware that you have any rough feel healthy and fit to pare you allergic to any medication ents:  FIT F  Are you taking any non-prescription	t for sea duty? been restricted or revok medical problems, disea erform the duties of your s? OR DUTY ON BO	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations?			1	
35 36 37 38 39 40 41 omme	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever the Are you aware that you have any roo you feel healthy and fit to pare you allergic to any medication ents:	t for sea duty? been restricted or revok medical problems, disea erform the duties of your s? OR DUTY ON BO	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations?		n? 0	The Roll of	
35 36 37 38 39 40 41 omme	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever the Are you aware that you have any rid Do you feel healthy and fit to pare you allergic to any medication. This:  FIT F  Are you taking any non-prescription lease list the medications taken and	t for sea duty? been restricted or revok medical problems, disea perform the duties of your s? OR DUTY ON BO on or prescription medic d the purpose(s) and do	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations? sage(s)	osition/occupation	2 0	DE ROLL	
35 36 37 38 39 40 41 omme	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever the Are you aware that you have any rid Do you feel healthy and fit to pare you allergic to any medication. This:  FIT F  Are you taking any non-prescription lease list the medications taken and authorize the release of all my prescription.	t for sea duty? been restricted or revok medical problems, disea perform the duties of you ser.  OR DUTY ON BO on or prescription medic d the purpose(s) and do	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations? sage(s)	osition/occupation	ith institutions and public author	prities	
35 36 37 38 39 40 41 omme 42 yes, p	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever the Are you aware that you have any rid Do you feel healthy and fit to pare you allergic to any medication. This:  FIT F  Are you taking any non-prescription lease list the medications taken and authorize the release of all my prestir Md. Raihan (approved medical parts).	t for sea duty? been restricted or revok medical problems, disea perform the duties of you serform the duties of you wious medical records from the purpose of the pu	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations? sage(s)	osition/occupation	ith institutions and public author	prities	
35 36 37 38 39 40 41 omme 42 yes, p	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever the Are you aware that you have any rid Do you feel healthy and fit to pare you allergic to any medication. This:  FIT F  Are you taking any non-prescription lease list the medications taken and authorize the release of all my prescription.	t for sea duty? been restricted or revok medical problems, disea perform the duties of you serform the duties of you wious medical records from the purpose of the pu	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations? sage(s)	osition/occupation	ith institutions and public author	prities	
35 36 37 38 39 40 41 omme 42 yes, p	Have you ever been signed off as. Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever to Are you aware that you have any re Do you feel healthy and fit to pe Are you allergic to any medication. Ints:  FIT F  Are you taking any non-prescription lease list the medications taken and authorize the release of all my pre- lir Md. Raihan (approved medical property medic	t for sea duty? been restricted or revok medical problems, disea perform the duties of you serform the duties of you wious medical records from the purpose of the pu	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations? sage(s)	osition/occupation	ith institutions and public author	prities	
35 36 37 38 39 40 41 omme 42 yes, p	Have you ever been signed off as. Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever to Are you aware that you have any in Do you feel healthy and fit to p Are you allergic to any medications.  FIT F  Are you taking any non-prescription lease list the medications taken and authorize the release of all my pre- tir Md. Raihan (approved medical p fy me from my employment, benefit	t for sea duty? been restricted or revok medical problems, disea perform the duties of you serform the duties of you wious medical records from the purpose of the pu	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations? sage(s)	osition/occupation	ith institutions and public author	prities	
35 36 37 38 39 40 41 omme 42 yes, p	Have you ever been signed off as. Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever to Are you aware that you have any re Do you feel healthy and fit to pe Are you allergic to any medication. Ints:  FIT F  Are you taking any non-prescription lease list the medications taken and authorize the release of all my pre- lir Md. Raihan (approved medical property medic	t for sea duty? been restricted or revok medical problems, disea perform the duties of you serform the duties of you wious medical records from the purpose of the pu	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations? sage(s)	osition/occupation	ith institutions and public author	prities	
ddition 35 36 37 38 39 40 41 comme	Have you ever been signed off as. Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever to Are you aware that you have any in Do you feel healthy and fit to p Are you allergic to any medications.  FIT F  Are you taking any non-prescription lease list the medications taken and authorize the release of all my pre- tir Md. Raihan (approved medical p fy me from my employment, benefit	t for sea duty? been restricted or revok medical problems, disea perform the duties of you serform the duties of you wious medical records from the purpose of the pu	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations? sage(s)	osition/occupation	ith institutions and public author	prities	
ddition 35 36 37 38 39 40 41 omme 42 yes, p	Have you ever been signed off as. Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever to Are you aware that you have any in Do you feel healthy and fit to p Are you allergic to any medications.  FIT F  Are you taking any non-prescription lease list the medications taken and authorize the release of all my pre- lir Md. Raihan (approved medical p fy me from my employment, benefit  Signature of Seafarer	t for sea duty? been restricted or revok medical problems, disea perform the duties of you serform the duties of you serfo	a ship?  ed? asses or illnesses our designated p  ARD SHIP ations? sage(s)	professionals, heacontained above is	ith institutions and public authors true and any false statement	prities	
ddition 35 36 37 38 39 40 41 comme	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever the Are you aware that you have any round for the Pare you allergic to any medication. The You taking any non-prescription lease list the medications taken and you taking any non-prescription lease list the medications taken and you taking any non-prescription lease list the medications taken and you taking any non-prescription lease list the medications taken and you must be release of all my present the property of the proposed medical property of the property of th	t for sea duty? been restricted or revok medical problems, disea perform the duties of you serform the duties of you serfo	a ship?  ed? asses or illnesses our designated properties of the same of the s	professionals, heacontained above is	ith institutions and public authors true and any false statement	prities	
ddition 35 36 37 38 39 40 41 comme 42 yes, p	Have you ever been signed off as. Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever to Are you aware that you have any in Do you feel healthy and fit to p Are you allergic to any medication. Ints:  FIT F  Are you taking any non-prescription lease list the medications taken and we authorize the release of all my pre- lir Md. Raihan (approved medical p fy me from my employment, benefit  Signature of Seafarer  EXAMINATION  Height (cm)	t for sea duty? been restricted or revok medical problems, disea perform the duties of you serform the duties of you serfo	a ship?  ed? asses or illnesses our designated properties of the same of the s	professionals, heacontained above is	Ith institutions and public authors true and any false statement	prities	

	1	Jnaided Vis	sual acuity	Aided		+	-	Visual 1	neias
	Right eye		Right eye		Left eye	-	Norn	nal	Defective
Distant	6/6	5 6/	<u> </u>		Loncoyo	Right ey	e –		
Near	-	1000	4			Left.oye			
Visual acuity	meets the st	tandard laid do	wn in STCW Co	de Se	ction A-1/9	YES IN	0		
Colour vision	n as per STC	W CODE Sect	ion A-I/9:	DNO	ormal	☐ Doubtful	□ D	efective	
				17 1	PR ,2024				
Date of last of	colour vision	test: Date (day	/month/year)	1 1/A	PR LULA				
			Normal Ab	norma	ıl			N/	ormat Abnorma
Head			11			se veins			
Sinuses, nos	se, throat		1/			lar (inc. pedal p	ulses)	200	Z/. 0
Mouth/teeth			11			nen and viscera			4/ 0
Ears (genera	al)		11		Hernia	ì			6/ 0
Tympanic m	embrane		14/		Anus	(not rectal exam	)	100	
Eyes			19			ystem			<b>X</b> , 0
Opthalmosc	ору		13/	[]	Upper	and lower extre	emities		9 0
Pupils			1/1			(C/S, T/S and L	/S)		
Eye moveme			N			logic (full brief)		,	
Lungs and c			in		Psych				
Breast exam	ination		NY			ral appearance		-	
Heart					Skin			11	X / P
				-				1 11	1/1
EQUITE OF	ANGULADY	EVANINATIO	NIC					1	
Chest X-Ray		EXAMINATION		CAL /I	IVED ELINO	TION TEST)	Marijuana	Pos	itive 11 Negative
ECG	<del>'</del>	22	BILIRUBIN	SAL (L	0.1		Alcohol Test		itive D Negative
200	BLOOD R/	1/0/0-	SGPT	-	a c	316	URINE R/E	11100	1 Tregative
DC(different		MA	SGOT	-	-	(1)	OTTIGE TOE	OTHERS	1000
HAEMOGLO		130		GANE	ALCOHOL	TEST	HBsAg		activ & Norreact
ESR (WEST		05	Morphine		Positive		HIV / AIDS Test		activ D Norreact
WBC	Liveriting	6.600	Amphetamine		1 Positive I		VDRL		activ Nonreact
	DD GLUCOS		Phencyclidine			Negative	Blood Type	1	4/15)
RANDOM		5:4	Barbiturates	VI	Positive		Psychological Exa	m.	1200
HBA1C		50%	Cocaine	\ DE	Positive D		Others(KUB Ultrasoun		11
		11		277		(E)			
ereby I declare	a that I am in	knowledge of	the contents of t	he Phy	sical exami	nations:			E + D D 0001
2 ()	16	1111	-					1	7 APR 2024
Millow		110			S. M. ARIF				
	afarer\	11			Name of \$	Seafarer			Date
		The state of the s							
nature of Sea	1								
nature of Seasessment of		service at sea		88804.0	10.00				
gnature of Se sessment of the basis of	the examine			nical e	xamination	and the diagnos	tic test results reco	rded abov	e, I declare the
gnature of Se sessment of the basis of	the examine	e's personal de	eclaration, my cli		xamination				
gnature of Se sessment of the basis of	the examine	e's personal de			xamination	and the diagnos	tic test results reco		
gnature of Se sessment of the basis of	the examine	e's personal de	eclaration, my cli t for lookout duti			П	Not fit for look	out duties	
gnature of Se sessment of the basis of	the examine	e's personal de	eclaration, my cli t for lookout duti ck service		Engine se	П	Not fit for look	out duties	Other services
gnature of Se seessment of in the basis of aminee medic	the examine	e's personal de	eclaration, my cli t for lookout duti			П	Not fit for look	out duties	
gnature of Se sessment of in the basis of aminee medic	the examine	e's personal de	eclaration, my cli t for lookout duti ck service		Engine se	П	Not fit for look  Catering service	out duties	Other services
gnature of Sea ssessment of	the examined cally:	e's personal de	eclaration, my cli t for lookout duti ck service		Engine se	П	Not fit for look  Catering service	out duties	Other services

In Accordance with Medical Examination (Special Examination) (Special Examination) In Accordance with Medical Examination (Special Examination) In Accordan

### PHYSICAL EXAMINATION REPORT/CERTIFICATE DEPUTY COMMISSIONER OF MARITIME AFFAIRS

ANNEX 2

			THE REP	UBLIC OF LIBEI	RIA	
LAST NAME OF	APPLICANT		FIRST NAME		MIDDI	E INITIAL
ARIFUZZAMA	N.		S. M.			
DATE OF BIRTH		11-000000-00	PLACE OF BIR	TH	SEX	
11	10	1976	BAGERHAT	BANGLADESH	1	
MONTH	DAY	YEAR	CITY	COUNTRY	MALE	FEMALE
EXAMINATION	FOR DUTY A	S:		MAILING ADDRESS	OF APPLICANT:	
MASTER		RATING		45/2, HAZI MEHER	ALI ROAD	*:
MATE		MOU DECK	i i	IQBAL NAGAR, KH	ULNA	
ENGINEER		MOU ENGINE	. 5			
RADIO OFF	Ħ	SUPERNUME	RARY	BANGLADESII.		
MEDICAL EXA	MINATION			JLS ON PAGE 2		THE RESERVE TO SERVE THE PARTY OF THE PARTY
HEIGHT	WEIGHT	BLOOD PI		PULSE RESPIR	ATION GEN	ERAL APPEARANCE
2.60em	766	1200	30m 2	Dhu ~ 106	Name of the state	· · · · /
VISION	0	GITT EYE	LEFTE	V6		1000
WITHOUT GLAS	- /	//	///			
WITH GLASSES	OL. 0	00	000	_		
	OLOR VISIO	N TEST (Mont	h/Day/Year) 17	APP 2024 Taction	ng Required every 6 vo	
			Was and the Control of the Control o			ars
			CW CODE, TABL		□ NO	h
COLOR TEST TYPE	E: BOOK " LAY	NTERN : CHECK	IF COLOR TEST IS	S NORMAL YELLOW -	RED	GREEN BLUE
HEARING	RT. EAR	N	200	LEFT YEAR	m	$\supset$
HEAD AND NEC	K	Dan	211	HEART (CARDIOVASCUL	AR)	x-n2-/
LUNGS	110	////	u	SPEECH (DECK/NAVIGAT	TIONIST OFFICER AND	PADIO OFFICER
	12	9/100	200	IS SPEECH UNIMPAIRED		
EXTREMITIES:	, , ,					
UPPER	2	Om	uc	LOWER	100	meel
IS APPLICANT S	UFFERING F	ROM ANY DIS	EASE LIKELY TO	BE AGGRAVATED BY, O	R TO RENDER HIM UN	NEIT FOR SERVICE AT SEA
EXAMINATION (		HE HEALTH C	DF OTHER PERSO	INS ON BOARD? IF YES, E	XPLAIN IN DETAILS O	F MEDICAL
Oran	1/200	~6.				1 6 APR 2026
(28)	MJ JUDY	110				10 ATN 2020
100-2010	ATURE OF A			DATE OF EXAM		EXPIRY DATE
				THE PRESENCE OF THE E	XAMINING PHYSICIA	Ν.
THIS IS TO CERT	TIFY THAT A		CAMINATION WA		S. M. ARIFUZZ	AMAN
		FIT	FOR DUTY C	N BOARD SHIP (N	AME OF APPLICANT)	7 <del></del>
(ME) (SHE) IS FO MOU ENGINE or	UND TO BE ( SUPERNUM	(PTI) (NOT FIT ERARY).	FOR DUTY AS /	V: (MASTER, MATE, ENGIN	NEER, RADIO OFFICER	, RATING, MOU DECK,
NAME AND DI	EGREE OF F	HYSICIAN	DR. MIR. MI	D. RAIHAN, MBBS (DU)	DFM. CCD (BIRDE	M) P.G.T. (OPHIH)
ADDRESS F	RADICAL II	OSPITALS 1	TD, 35, SHAH	MAKHDUM AVENUE,	SECTOR-12, UTTA	RA, DHAKA-1230.
NAME OF PHY	SICIAN'S C	ERTIFICATIA	CASTHORITY	DG SHIPPING BANGL	ADESH, REG. NO.	s-55144 (B.M.D.C)
DATE OF ICCL	E OF DUVE	CIANS	TEICATE	6-May-14		
DATE OF ISSU	L OI THES	Mille		40.000 (A.C.) (A.C.)		

the Maritime Labour Convention, 2006 for the Medical Examination of Seafarers.

The Medical Certificate shall be valid for no more than two (2) years from the date of the Ex amination for those over 18 years of age and for no more than one (1) year for those under 18 years

RLM-I05M ANNEX DR. MIR. MD. RAIHAN
MBBS (DU), DFM. CCD (Birdem), PGT (Ophth)
BMDC A 55144. MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

Rev0 - 09/01/2023\*

#### MEDICAL REQUIREMENT

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 12 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. Such proof of examination must establish that the applicant is in satisfactory physical condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the scafaring profession. In addition, the following minimum requirements shall apply:

- (a) All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in the better car at 15 feet and in the poorer ear at 5 feet.
- Deck officer applicants must have (either with or without glasses) at least 20/20 vision in one eye and at least 20/40 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 vision in one eye and (c) at least 20/50 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (d) An applicant's blood pressure must fall within an average range, taking age into consideration.
- (c) Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS and/or the use of narcotics.
- (f) Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (g) Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- (h) Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

#### DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician)

- 1, COMPLETE PHYSICAL EXAMINATION INCLUDING HEARING TEST.
- 2. PATHOLOGICAL EXAMINATION: A) Complete Blood Count., B) Blood Sugar Estimation,

C) Serological Test(VDR) D) Hepatitis B Sarface Antegen Test (HbsAg),

E) Urinlysis F) Drug Test G) Alcohol Test.

3. X - RAY EXR PA VIEW

4. E.C.G. TEST

5. EYE EXAMINATION FOR V/A & C/V

17 APR 2024

RLM-I05M ANNEX 2



DR. MIR. MD. RAIHAN
MBS (DU). DFM. CCD (Birdem). PGT (Ophth)
BMDC A-55144. MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals (Artifice0023)

#### Seafarer's declaration on personal consumption of prescribed medicines

Employee's Family Name: ARIFUZZAMAN	Date of Birth: 10-Nov-1976
First and Middle Name: S M	Position: CHIEF ENGINEER

Medical Certificate No.: 04.2024.6335 Expiry Date: 16 APR 2026

I declare that I am consuming the following medication prescribed by my family doctor to treat my pre-existing illness and that I am not carrying any other medication during this contract.

No psychotropic drugs have been prescribed and / or will be consumed.

Name of Drug	Dosage	Type of pre-existing illness
110532155		

I have considered the possible safety risk related to the consumption of the above-mentioned medicines whilst on duty & confirm that the above medicines will not have adverse efects.

1 1

Date 17 APR 2024

Name of Doctor Medical clinic rubber stamp



Signature of Doctor

DR. MIR. MD. RAIHAN
MBBS (DU), DFM. CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

GOODWOOD PRE-EMPLOYMENT MEDICAL EXAMINATION GUIDELINES

	ocument shall be reviewed by the executive while updating the embarkation checklist	17/04/2024		
	Seafarer details			
	Name	Passport	Numbe	
	S M ARIFUZZAMAN	B00225302		
r. No.	TESTS TO BE CONDUCTED	Passed,	Failed	
	Basic Tests:			
1	Medical History & Physical Examination	1		
2	Optical Test For Visual Acuity	/.		
3	Dental Examination & Oral Hygene Report (issued by a dentist)	/.		
4	CBC (Compelte Blood Count) with differential count	/		
5	Urine Analysis - with microscopic examination	1/		
6	Chest X-Ray PA View	1		
7	Blood Type (A, B, O, Rh Factor)			
8	Phychological Evaluation (to be done by an accredited psychologist)			
9	Hearing Test / Audiometry	1		
10	VDL/RPR	0		
11	HIV Screening			
12	HbsAg (Hepatitis B virus screening)	1		
13	Colour Vision Test (Ishihara Test)	1		
14	ECG (Electro Cardiograph)	0		
15	Fasting Blood Sugar (FBS)	1/1		
16	Creatinine (Kidney Function Test)	/		
17	BUA (Blood Uric Acid) (Only for seaferers 40 years of age and older)	1		
1.8	Triglycerides (Only for seaferers 40 years of age and older)	1	A productive	
19	Total Cholesterol (Only for seaferers 40 years of age and older)	1		
20	BMI - Less than 30		. Strings	
		-		
	Enhanced Medical Examination:	_/		
21	ESR	/		
22	2 Hours Post Pranial Test	//		
23	SGOT			
24	SGPT	/		
25	(KUB) Kidney Uretter Bladder Abdominal Radiograph	0/		
26	Peak Flow Meter	1		
27	Malarial Smcar	1/0		
	Drug & Alcohol Test Screening (Methampethamine, Cannabinoids & Alcohol	/		
28	Test)	,		
29	BUN (Kidney Fucntion Test)			
30	HbAlc	/		
	Ultrasound (Liver, Gallbladder, Hepato-Biliary Tree, Kidney, Ureters,	1		
31	Urinary Bladder) by a qualified radiologist			
32	Stool Culture (Only for food handlers)	/		
		1/		
	Optional Tests (Cost of optional tests are borne by the seafarer)	//		
33	TPHA - (If Positive for VDRL)	/_		
34	HbeAg - (if positive for HbsAg but with normal liver enzymes)	1/		
		1		
OTE	In addition to above the flag state requirements must be complied v	vith.		
ner	Medical examiner's declaration	faror		
pon r	review of the findings of the above mentioned tests; I hereby declare the sea	- prompton		
	Remarks by medical examiner	Fit	-	
1	EIT FOR DUTY ON ROADH SHIP	Unfit		
1 2 3	FIT FOR DUTY ON BOARD SHIP	For sea	service	



ID NO : 24040336

Patient's Name: SM ARIFUZZAMAN

Ref. By Specimen : DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM-C/O/3279

· Blood

Date : 17/04/2024

Age : 46Y 10M 13

Sex : Male

(Relevent estimations were carried out by KT-44 Haematology Analyzer with checked manually)

HAEMA	TOL	OGY	REP	PORT
-------	-----	-----	-----	------

PERMISSION	A STATE OF STREET	AND DESCRIPTION OF THE PERSONS ASSESSMENT	TOTAL PROPERTY OF THE PARTY OF	
Parameter	R	tesults	Reference Values	Histogram
Haemoglobin(Hb) ESR(Westergren)	13.9 05	g/di mm/1st hr	M:12-16, F:10-14.0 g/dl M:0-10, F:0-20 mm/1st hr	A
TOTAL WBC COUNT DIFFERENTIAL COUNT	6,600	/cumm	4,000 - 11,000 /cumm	
Neutrophils Lymphocytes Monocytes Eosinophils Basophil	60 34 04 02 00	% % % %	(40 - 75)% (20-45)% (2-10)% (1-6)% 0-1 %	WBC CURVE
TOTAL CIR. EOSIONOPHIL COUNT TOTAL PLATELET COUNT(PC) MPV PDW-CV PCT P-LCR P-LCC	132 227,000 9.7 16.7 0.22 26.8 61	/cumm /cumm fL % % % x10^3/uL	40 - 450 /cumm 1,50,000-4,50,000 /cumm 7.0 -11.0 fL 10 - 18 % 0.10 - 0.28 9.00 - 45.00% 13 - 129 x10^3/uL	PLT CURVE
RBC COUNT HCT/PCV MCV MCH MCHC MCHC RDW SD RDW CV	5.28 45.0 85.2 26.3 30.8 50 17.7	m/ul % fL pg g/dL fL %	M: 4.5-6.5, F: 3.8-5.8 m/ul M: 40-54%, F: 37-47% 76-94 fL 27-32 pg 29-34 g/dL 30.0-57.0 fL 10-16%	RBC CURVE

Checked By Medical Technologist. Redical Hospital Ltd. Uttara, Dhaka.

Dr. Sundiya Khatun MBBS,MD (Gold Medilist) (BSMMU) Associate Professor Dept.Of Microbiology East West Medical College & Hospital.



Bill No	DIA24040336	Received Date	17/04/20	024
Patient's Name	SM ARIFUZZAMAN		1110112	
Patient's Age	46Y 10M 13	Patie	nt's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),	PGT(Eye),DFM	CDC NO	C/O/3279
Sample	BLOOD			

# BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Fasting Blood Sugar (FBS) Serum Creatinine Serum Uric Acid	5.4 mmol/l 1.03 mg/dl 4.7 mg/dl	4.2 – 6.4 mmol/l 0.3 - 1.3 mg/dl 3.4-7.0 mg/dl
Serum Cholesterol	179mg/dl	up to 200 mg/dl
Serum Triglyceride	167 mg/dl	50 - 150 mg/dl

RADICAL

## REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Medical Technologis

Checked Bo

Radical Hospitals Ltd.

Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Sample	BLOOD			
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM)	,PGT(Eye),DFM	CDC NO	C/O/3279
Patient's Age	46Y 10M 13	Patie	nt's Sex	Male
Patient's Name	SM ARIFUZZAMAN			
Bill No	DIA24040336	Received Date	17/04/2	024

## SEROLOGICAL REPORT

Test Name	Result		
HBs Ag (Method : (ICT)	Negative		
HIV 1 & 2 (Method : (ICT)	Negative		
VDRL	Non-reactive		
BLOOD GROUPINGResult			
ABO Blood Group	"A" (+ve)		
Rh(D)Factor	Positive		

Medical Technologist.
Radical Hospital Ltd.

Dr. Supraiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.



Bill No	DIA24040336	Received Date		024
Patient's Name	SM ARIFUZZAMAN			
Patient's Age	46Y 10M 13	Patient'		Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(	BIRDEM),PGT(Eye),DFN	1 CDC NO	C/O/3279
Sample	URINE			

#### URINE ROUTINE EXAMINATION

## PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-1/HPF
Sediment	Nil	Epithelial	1-2/HPF

#### CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
	DAF	Hyaline	Nil

#### ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil	
Bile Pigment	Not Done	Uric Acid	Nil	
Ketones	Not Done	Calcium oxalate	Nil	
Urobilinogen	Not Done	Amor. Phos	Nil	
B.J. Protein	Not Done	Hippurate crystal	Nil	

TO SERVICE SER

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Supraiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

RADICAL HOSPITAL

radical\_hospitals@yahoo.com, www.radicalhospital.com

REF: MV. AQUAHOLIC

DATE: 17/04/2024

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

## EYE EXAMINATION REPORT

NAME: S M ARIFUZZAMAN RANK: CH.ENG CDC NO: C/O/3279

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

RADICAL

AIDED

COLOUR VISION:

NORMAL/BLIND

OPINION

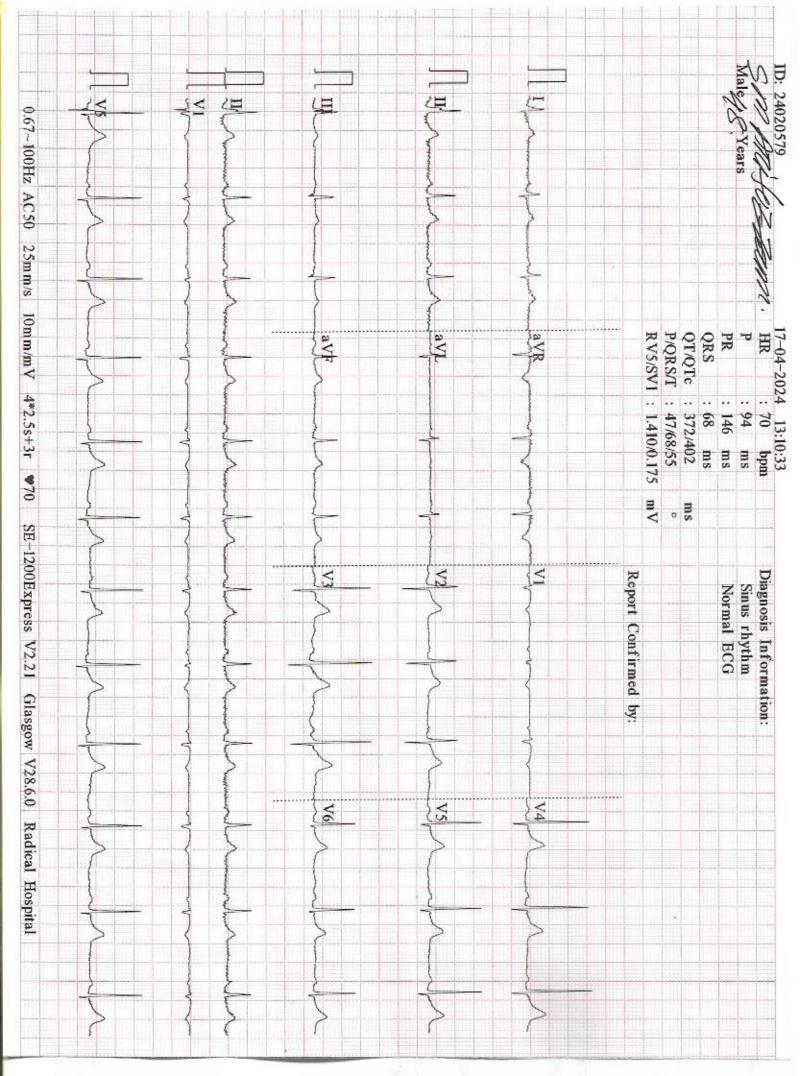
UNITY / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan

MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital







Patient's Name	:	S M ARIFUZZAMAN	ID NO	:	24040336
Age	:	48 Yrs	Date	:	17/04/2024
Sex	:	Male			
Referred by	:	Dr. Mir Md. Raihan MBBS,(DU),Co	CD (BIRDEM),PGT(	Eye	e),DFM

# **Dental Examination Reports**

On Examination

Dental Caries : Absent

2. Calculus : Absent

3. Missing : Absent

4. Gum Condition : Normal

5. Filling : No

6. Root Canal Treatment : No

7. Any Bridge/Denture/Crown : No

8. Oral Hygine : Normal

Comments: Normal

Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT(opth)

Reg- A55144 BGD-016(MMC)

DG Shipping Bangladesh Approved

Malaysian Medical Council Approved

General Physician

Radical Hospitals Limited



#### DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24040336 Receive:17/04/2024 Print: 17/04/2024

Patient's Name : S M ARIFUZZAMAN

Age : 48 YRS Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

#### X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart : Normal in T.D.

Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

This report has been electronically signed.

Page of 1

RADICAL HOSPITAL

radical\_hospitals@yahoo.com, www.radicalhospital.com

Patient's Name	1	S M ARIFUZZAMAN		
Age	:	48 Yrs	Date	: 17/04/2024
Sex	:	Male	CDC NO:C/O/3279	
Referred by	:	Dr. Mir Md. Raihan - MBBS, (DU),	DFM	

# Psychometric Test

Test Name	Remarks
1.APTITUDE TEST	
Numerical Reasoning test	Poor /Good /very good /excellent
Verbal Reasoning test	Poor /Good /very good /excellent
Inductive reasoning test	Poor /Good /very good/excellent
Diagrammatic Reasoning test	Poor /Good /yery good /excellent
Logical Reasoning test.	Poor /Good /very good /excellent
Error checking test	Poor /Good /very good /excellent
2.Skill Test	Poor /Good /very good /excellent
2 Dovannality Tost	INFJ / ENFJ / ISFJ / ENTP/ ESFJ /ESFP
3.Personality Test	11137 (21137 13137 211117 23137 2311
4.Watson Glaser test(Critical Thinking Test)	
Arguments	Poor /Good /very good /excellent
Assumptions	Poor /Goød /very good /excellent
Deductions	Poor /Good /yery good /excellent
Interpreting Information's	Poor /Good /very good /excellent
Inferences	Poor /Good /very good /excellent
5.Situational Judgment Test.	Poor /Good /very good /excellent

Poor: <6

Good: 6-7

very good: 7-8

excellent: 8-10

COMMENTS: HE IS MENTALLY FIT FOR SHIP JOB

Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT (opth)

Reg- A55144 BGD-016(MMC)

DG Shipping Bangladesh Approved

Malaysian Medical Council Approved

General Physician

Radical Hospitals Limited



# AUDIOLOGICAL REPORT

Patient Name : S M ARIFUZZAMAN

17/04/2024

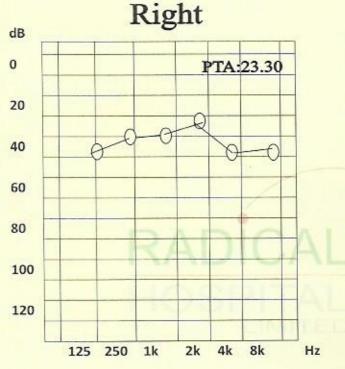
Age

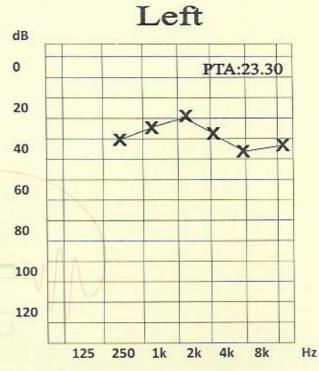
: 48 Yrs

Address

: RHL, UTTARA

Referred By : Dr. Mir Md. Raihan , MBBS,(DU), DFM





0-25= Normal Hearing.

26-40= Mild Hearing Loss.

41-55= Moderate Hearing Loss.

56-70= Moderately Severe Hearing Loss.

71-90= Severe Hearing Loss.

91-120= Profound Hearing Loss.

	Right Ear	Left Ear
Air Unmasking OX		
Bone Unmasking		

Right Ear

Left Ear

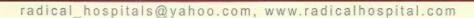
Air MaskingOX

Bone Masking  $\Delta\Delta$ 

Remark's:-

Right Ear: Normal Hearing.

Left Ear: Normal Hearing.





## TREADMILLSTRESS TEST

Patient ID	24040336	Test Date	17-04-202	24	
Patient Name	S M ARIFUZZAMAN	Age	48 Yrs	Sex	Male
Attending Dr.	Dr. ROSEYAT PERVEEN			1190000	II. Verse

Total Exercise Time : 09:5 Min

Max.HR attained

·: 167 bpm.

% of max.pred. hR

: 98 %

Max. Pred HR

: 168 bpm.

Maximum BP

: 160/90 mmHg.

Max. work load attained

:13,00METS.

Indication

: Screening for IHD.

Risk Factors

Reason for Termina : Attainment of THR.

Test Profile

: BRUCE

Symptoms

Summary Result ⇒

NEGATIVE

Comments

- > S M ARIFUZZAMAN performed stress test in Bruce protocol for the evaluation of IHD (angina pectoris).
- Exercise capacity was good.
- Inotropic and chronotropic responses were normal.
- Stress test was terminated because of Attainment of THR
- ECG at rest showed no abnormality.
- ECG during exercise & Recovery showed no significant ST-T changes.

: Stress test is NEGATIVE for ECG evidence of promotable myocardial ischemia. Conclusion

> Dr. ROSEYAT PERVEEN MBBS, MD (Cardiology), NICVD, Dhaka Consultant, IBN SINA D-Lab, Uttara, Dhaka

# INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST CHOLERA

This is to certify that whose signature follows

Date of birth 10-21-197-6ex MALE

has on the date indicated been vaccinated or revaccinated against Cholera

LIE TO	Signature and Professional status of vaccinator	Approved Sta	mp process again
-The last	DG Shipping Bangladean Approved	35, Shah Makhdam Avenus Ultara, Oheka	
6 FEB TE	DR. MIR. MD. RAIHAN MBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DC Shipping Rangladesh Approved Geograf Rhystolia	Sh. Shah Masaschim Avenue  Shene, Dheira	
3	DR. MR. MD. RAIMAN MBBS (DU), DFM, CCD (Birdem), PGT (Oghth)	25, Shah Mokhdum	4
4/62	DG Shipping Bangladesh Approved	Wilders, Dhales *	ig sjulospojeo
That was	DR. MR. ND. RAIHAN  MBSS (DU), DFM, CCD (Birdem), PGT (Ophth)  BMDC A-55144, MMC-BGD-016  DG Snippang Bangledesh Approved  Coneral Physician	35, Sheh Makhdum Avenue Ultran, Dhaha	interdeposition to strong sections 6
6	General Physician Radical Hospitals Limited.	* BANGLADESH	
7		7	8
8			100



Patient ID	24040336	Voucher No	
Test Name	USG OF WHOLE ABDOMEN	Delivery Date	17/04/2024
Patient Name	S M ARIFUZZAMAN		
Age	48 YRS	Sex	Male
Refd. By	DR. MIR MD. RAIHAN MBBS,(DU),DF	M	

#### THANK YOU FOR THE COURTESY OF THIS REFERRAL

LIVER :- Is normal in size 13.5cm shape and position. The echogenicity of the parenchyma is normal. Intrahepatic biliary channel are not dilated. No focal lesion is seen.

GALL BLADDER: - Normal size regular in shape. Lumen is normal.

Wall thickens is normal.

CBD & Intrahepatic biliary trees are not dilated. Diameter of CBD is normal.

PANCREASE: Is normal in size margin are regular parenchyma show normal echo-texture pancreatic duct is not dilated. No focal area of altered echogenicity or calcification is seen.

SPLEEN: - Is normal in size and shape uniform in echo-texture.

BOTH KIDNEYS :- Are normal in size. RK-10.2cm, LK-10.8cm The cortical echogenicity are normal with clear cortico-medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URINARY BLADDER: Is well filled. Wall thickness is within normal limit. No intravesicle lesion is seen Prostate: Normal size regular in shape. Echogenicity is homogenous.

16/1901 U-COMMENT: Normal Study.

Sonologist

Dr. Asma Ahmed MBBS,CMU,DMU PGT(Gynae & obs) Advanced Training in TVS



**Test Name** 

Bill No	DIA24040336	Received Date	17/04/2024		
Patient's Name	S M ARIFUZZAMAN				
Patient's Age	48Y 0M 0D	Patient's Sex	MALE		
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD	(BIRDEM),PGT(Eye),DFM	CDC	C/O/3279	
Sample	URINE	Program is become a transport for the Control of th			

# DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist, Radical Hospitals Ltd. Dr. Sumarya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Result