

**HAQUE & SONS LTD.**Accredited By : BMOC
Accreditation No. A-55144Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh.
Tel : +880-2-333316214-6, Fax : +880-2-333310530PATIENT CONTROL NUMBER
HSL-004461**MEDICAL EXAMINATION CERTIFICATE**

SURNAME TAMAL	FIRST NAME AND IJAZ AHMAD	MIDDLE NAME KHAN
PLACE AND DATE OF BIRTH DHAKA 21-Oct-1990	PASSPORT NUMBER EG0358345	SEAMAN'S BOOK NUMBER C/O/6319
NATIONALITY : BANGLADESHI SEX : ☒ Male ☐ Female	VESSEL TYPE : BULK CARRIER	TRADING AREA : WORLD WIDE
PERMANENT HOME ADDRESS : KHILKhet, UTTOR PARA, BONOPURA ABASIK PROKOLPO, DHAKAI, BANGLADESH.		CONTACT NUMBER : 01557670151 (SELF)
		RANK : 2ND ENGINEER

Have you ever had any of the following conditions?

Condition	YES	NO	Condition	YES	NO
1 Eye/vision problem	☐	☒	18 Sleep problems	☐	☒
2 High blood pressure	☐	☒	19 Do you smoke?	☐	☒
3 Heart/vascular disease	☐	☒	20 Operation/surgery	☐	☒
4 Heart surgery	☐	☒	21 Epilepsy/seizures	☐	☒
5 Varicose veins	☐	☒	22 Dizziness/fainting	☐	☒
6 Asthma/bronchitis	☐	☒	23 Loss of consciousness	☐	☒
7 Blood disorder	☐	☒	24 Psychiatric problems	☐	☒
8 Diabetes	☐	☒	25 Depression	☐	☒
9 Thyroid problem	☐	☒	26 Attempted suicide	☐	☒
10 Digestive disorder	☐	☒	27 Loss of memory	☐	☒
11 Kidney problem	☐	☒	28 Balance problem	☐	☒
12 Skin problem	☐	☒	29 Severe headaches	☐	☒
13 Allergies	☐	☒	30 Ear/nose/throat problems	☐	☒
14 Infectious/contagious diseases	☐	☒	31 Restricted mobility	☐	☒
15 Hernia	☐	☒	32 Back problems	☐	☒
16 Genital disorders	☐	☒	33 Amputation	☐	☒
17 Pregnancy	☐	☒	34 Fractures/dislocations	☐	☒

If any of the above questions were answered "yes", please give details.

Additional questions

	YES	NO
35 Have you ever been signed off as sick or repatriated from a ship?	☐	☒
36 Have you ever been hospitalised?	☐	☒
37 Have you ever been declared unfit for sea duty?	☐	☒
38 Has your medical certificate ever been restricted or revoked?	☐	☒
39 Are you aware that you have any medical problems, diseases or illnesses?	☐	☒
40 Do you feel healthy and fit to perform the duties of your designated position/occupation?	☒	☐
41 Are you allergic to any medications?	☐	☒

Comments:

FIT FOR DUTY ON BOARD SHIP

42 Are you taking any non-prescription or prescription medications?	☐	☒
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If yes, please list the medications taken and the purpose(s) and dosage(s)

I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to Dr. Md. Mir Raihan (approved medical practitioner) I also certify that my history contained above is true and any false statement will disqualify me from my employment, benefits and claims.

Signature of Seafarer

MEDICAL EXAMINATION

Weight 70 kg	Height (cm) 164	BM 29.3	Blood Pressure: Systolic 120 mm Diastolic 80 mm	PULSE: 78 /min																																
<table border="1"><thead><tr><th colspan="2">Ear</th><th colspan="4">Audiometry</th><th colspan="2">Hearing by Whisper Test</th></tr><tr><th></th><th>Hearing by Audiometry</th><th>500</th><th>1000</th><th>2000</th><th>3000</th><th>☐ Adequate</th><th>☐ Inadequate</th></tr></thead><tbody><tr><td>Right</td><td>☐ Adequate ☐ Inadequate</td><td></td><td></td><td></td><td></td><td>☒ Adequate</td><td>☐ Inadequate</td></tr><tr><td>Left</td><td>☐ Adequate ☐ Inadequate</td><td></td><td></td><td></td><td></td><td>☒ Adequate</td><td>☐ Inadequate</td></tr></tbody></table>					Ear		Audiometry				Hearing by Whisper Test			Hearing by Audiometry	500	1000	2000	3000	☐ Adequate	☐ Inadequate	Right	☐ Adequate ☐ Inadequate					☒ Adequate	☐ Inadequate	Left	☐ Adequate ☐ Inadequate					☒ Adequate	☐ Inadequate
Ear		Audiometry				Hearing by Whisper Test																														
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Right	☐ Adequate ☐ Inadequate					☒ Adequate	☐ Inadequate																													
Left	☐ Adequate ☐ Inadequate					☒ Adequate	☐ Inadequate																													
Hearing meets the standards as laid down in STCW Code Section A-1/9 ? YES ☒ NO ☐																																				

Visual acuity				Visual fields	
Unaided		Aided		Normal	Defective
Distant	Right eye	Left eye	Right eye	Left eye	
	6/6	6/6			
Near					

Visual acuity meets the standard laid down in STCW Code Section A-1/9
 Colour vision as per STCW CODE Section A-1/9: ☒ Normal ☐ Doubtful ☐ Defective

Date of last colour vision test: Date (day/month/year) **20 APR 2024**

	Normal	Abnormal		Normal	Abnormal
Head	☒	☐	Varicose veins	☒	☐
Sinuses, nose, throat	☒	☐	Vascular (inc. pedal pulses)	☒	☐
Mouth/teeth	☒	☐	Abdomen and viscera	☒	☐
Ears (general)	☒	☐	Hernia	☒	☐
Tympanic membrane	☒	☐	Anus (not rectal exam)	☒	☐
Eyes	☒	☐	G-U system	☒	☐
Ophthalmoscopy	☒	☐	Upper and lower extremities	☒	☐
Pupils	☒	☐	Spine (C/S, T/S and L/S)	☒	☐
Eye movement	☒	☐	Neurologic (full brief)	☒	☐
Lungs and chest	☒	☐	Psychiatric	☒	☐
Breast examination	☒	☐	General appearance	☒	☐
Heart	☒	☐	Skin	☒	☐

RESULTS OF ANCILLARY EXAMINATIONS

Chest X-Ray	NAD	BIO CHEMICAL (LIVER FUNCTION TEST)	Marijuana	☐ Positive	☐ Negative
ECG	NAD	BILIRUBIN	Alcohol Test	☐ Positive	☐ Negative
BLOOD R/E		SGPT	URINE R/E	☒ Positive	☐ Negative
DC (differential count)	NAD	SGOT			
HAEMOGLOBIN (HGB)	15.2	DRUG AND ALCOHOL TEST			
ESR (WESTERGREN)	08	Morphine	☐ Positive	☐ Negative	HBsAg
WBC	6900	Amphetamine	☐ Positive	☐ Negative	HIV / AIDS Test
BLOOD GLUCOSE LEVEL		Phencyclidine	☐ Positive	☐ Negative	VDRL
RANDOM	4.7	Barbiturates	☐ Positive	☐ Negative	Blood Type
HBA1C	4.21	Cocaine	☐ Positive	☐ Negative	Psychological Exam
					Others (KUB Ultrasound)

Hereby I declare that I am in knowledge of the contents of the Physical examinations.

Signature of Seafarer

IAJAZ AHMAD KHAN TAMAL

Name of Seafarer

20 APR 2024

Date

Assessment of fitness for service at sea:

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

☒ Fit for lookout duties

☐ Not fit for lookout duties

	Deck service	Engine service	Catering service	Other services
Fit	☐	☒	☐	☐
Unfit	☐	☐	☐	☐

☒ Without restrictions ☐ With restrictions

Is the Seafarer free from any medical conditions likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board?

Yes

No

Describe restrictions (e.g., specific position, type of ship, trade area):

Action taken by medical examiner (e.g., referral):

Fitness Date:

20 APR 2024

Valid Until:

19 APR 2026

Name and Signature of the Medical Examiner

MBBS (D), DPM, CCD (Broom), PGT (Ophth)

BMDC Certificate No. 1110-800-010

DG Shipping Bangladesh Approved

General Physician

Radical Hospitals Limited.

In Accordance with Medical Examination (Seafarers) Regulations, 1996 and STCW 1978/1996 as Amended, MLC 2006

PHYSICAL EXAMINATION REPORT/CERTIFICATE DEPUTY COMMISSIONER OF MARITIME AFFAIRS

ANNEX 2

THE REPUBLIC OF LIBERIA

LAST NAME OF APPLICANT TAMAL			FIRST NAME IJAZ AHMAD			MIDDLE INITIAL KHAN		
DATE OF BIRTH 10 21 1990 MONTH DAY YEAR			PLACE OF BIRTH DHAKA CITY			SEX BANGLADESH COUNTRY		
						MALE ☒ FEMALE ☐		
EXAMINATION FOR DUTY AS:						MAILING ADDRESS OF APPLICANT:		
MASTER ☐ RATING ☐ MATE ☐ MOU DECK ☐ ENGINEER ☒ MOU ENGINE ☐ RADIO OFF ☐ SUPERNUMERARY ☐						KHILKHET, UTTOR PARA, BONOPURA ABASIK PROKOLPO, DHAKA BANGLADESH.		
MEDICAL EXAMINATION (SEE PAGE 2) STATE DETAILS ON PAGE 2								
HEIGHT 164cm	WEIGHT 79kg	BLOOD PRESSURE 120/80 mmHg	PULSE 78 /min	RESPIRATION 19 /min	GENERAL APPEARANCE Good			
VISION:		RIGHT EYE		LEFT EYE				
WITHOUT GLASSES		GU		GU				
WITH GLASSES								
DATE OF LAST COLOR VISION TEST (Month/Day/Year)						Testing Required every 6 years		
20 APR 2024								
COLOR VISION MEETS STANDARDS IN STCW CODE, TABLE A-I/9?						YES ☒ NO ☐		
COLOR TEST TYPE: BOOK * LANTERN * CHECK IF COLOR TEST IS NORMAL.						YELLOW ☒ RED ☐ GREEN ☒ BLUE ☐		
HEARING		RT. EAR		LEFT EAR				
		Normal		Normal				
HEAD AND NECK				HEART (CARDIOVASCULAR)				
Normal				Normal				
LUNGS				SPEECH (DECK/NAVIGATIONAL OFFICER AND RADIO OFFICER) IS SPEECH UNIMPAIRED FOR NORMAL VOICE COMMUNICATION?				
Normal				Yes				
EXTREMITIES:								
UPPER				LOWER				
Normal				Normal				
IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGGRAVATED BY, OR TO RENDER HIM UNFIT FOR SERVICE AT SEA OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON BOARD? IF YES, EXPLAIN IN DETAILS OF MEDICAL EXAMINATION ON PAGE 2.								
No								
SIGNATURE OF APPLICANT			DATE OF EXAM			EXPIRY DATE		
			20 APR 2024			19 APR 2026		
THIS SIGNATURE SHOULD BE AFFIXED IN THE PRESENCE OF THE EXAMINING PHYSICIAN.								
THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO:						IJAZ AHMAD KHAN TAMAL		
						(NAME OF APPLICANT)		
FIT FOR DUTY ON BOARD SHIP								
(HE) (SHE) IS FOUND TO BE: (FIT) (NOT FIT) FOR DUTY AS A: (MASTER, MATE, ENGINEER, RADIO OFFICER, RATING, MOU DECK, MOU ENGINE or SUPERNUMERARY).								
NAME AND DEGREE OF PHYSICIAN DR. MIR. MD. RAIHAN, MBBS (DU) DFM. CCD (BIRDEM) P.G.T. (OPHIH)								
ADDRESS RADICAL HOSPITALS LTD, 35, SHAH MAKHDUM AVENUE, SECTOR-12, UTTARA, DHAKA-1230.								
NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY DG SHIPPING BANGLADESH, REG. NO.A-55144 (B.M.D.C)								
DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE 06-MAY-2014								
SIGNATURE OF PHYSICIAN						DATE OF EXAMINATION:		
						20 APR 2024		

This certificate is issued by authority of the Deputy Commissioner of Maritime Affairs, R.L. and in compliance with the requirements of the Maritime Labour Convention, 2006 for the Medical Examination of Seafarers.

The Medical Certificate shall be valid for no more than two (2) years from the date of the examination for those over 18 years of age

RLM-I05M ANNEX 2 BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (BIRDEM), PGT (OPHIH)

Radical Hospitals Limited



Rev0 - 09/01/2023

MEDICAL REQUIREMENT

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 12 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. Such proof of examination must establish that the applicant is in satisfactory physical condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession. In addition, the following minimum requirements shall apply:

- (a) All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in the better ear at 15 feet and in the poorer ear at 5 feet.
- (b) Deck officer applicants must have (either with or without glasses) at least 20/20 vision in one eye and at least 20/40 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- (c) Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 vision in one eye and at least 20/50 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (d) An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS and/or the use of narcotics.
- (f) Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (g) Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- (h) Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician)

1. COMPLETE PHYSICAL EXAMINATION INCLUDING HEARING TEST.

2. PATHOLOGICAL EXAMINATION A) Complete Blood Count., B) Blood Sugar Estimation,

C) Serological Test(VDR) D) Hepatitis B Surface Antigen Test (HbsAg),

E) Urinlysis F) Drug Test G) Alcohol Test.

3. X - RAY EXR PA VIEW

4. E.C.G. TEST

5. EYE EXAMINATION FOR V/A & C/V

20 APR 2024



DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Bardhaman), PGD (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Patient ID	2404039	Voucher No	
Test Name	USG OF WHOLE ABDOMEN	Delivery Date	20/04/2024
Patient Name	IJAZ AHMED KHAN TAMAL		
Age	34 YRS	Sex	Male
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		

THANK YOU FOR THE COURTESY OF THIS REFERRAL

LIVER :- Is mindly enlarge in size 14.2 cm, regular in shape and normal position. The echogenicity of the parenchyma is increased. Intrahepatic biliary channel are not dilated. No focal lesion is seen.

GALL BLADDER : Normal in size & regular in shape. Lumen is normal. Wall thickens is normal. No echogenic structure is seen within lumen. CBD is not dilated.

PANCREASE :- Normal size regular in shape. Echogenecity is homogenous. PD not dilated.

SPLEEN :- Is normal in size (10.1x 4.2)cm and uniform in echo-texture.

BOTH KIDNEYS :- Are normal in size RK-10.2 cm, LK-10.8 cm regular in shape. The cortical echogenicity are normal with clear cortico-medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URINARY BLADDER : Is well filled. Wall thickness is normal. No intravesicle lesion is seen

PROSTATE: Is Normal in size volume is 9.3 cc , regular in shape.

Echogenicity is homogenous. No area of calcification is seen.

IMPRESSION: Fatty Change in Liver Grade -1


 Dr. Asma Ahmed
 MBBS,CMU,DMU
 PGT(Gynae & obs)
 Advanced Training on TVS
 Consultant Sonologist

Bill No	DIA24040409	Received Date	20/04/2024
Patient's Name	IJAZ AHMED KHAN TAMAL		
Patient's Age	33Y 5M 30D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS, (DU), CCD(BIRDEM), PGT(Eye), DFM		
Sample	URINE		
		CDC NO: C/O/6319	

DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

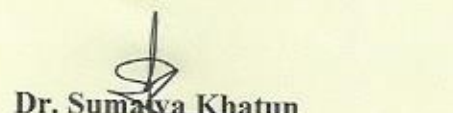
Test Name	Result
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Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

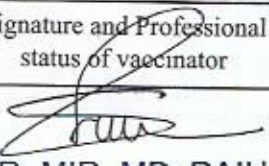

Medical Technologist.
 Radical Hospital Ltd.


Dr. Sumaiya Khatun
 MBBS, MD (Microbiology)
 Associate Professor
 Dept. of Microbiology
 East West Medical College and Hospital.

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION TAR AHMAD KHAN TAMIL AGAINST CHOLERA

This is to certify that } Date of birth 21/10/1990 Sex MALE
whose signature follows }

has on the date indicated been vaccinated or revaccinated against Cholera

Date	Signature and Professional status of vaccinator	Approved Stamp
22 JAN 2024	 DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	
20 APR 2024	 DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	

3		3	4
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6			
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