

HAQUE & SONS LTD.



Accredited By BMDC Accreditation No. A-55144

PATIENT CONTROL NUMBER

Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh, Tel: +880-2-333316214-6, Fax: +880-2-333310530

H1846

MEDICAL EXAMINATION CERTIFICATE

RNAME	FIRST NAME AND		MIDDLE NAME	1 - 1 - 1 - 1 - 1 - 1
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TONALITY: BANGLADESHI SEX:	⊀ Male □ Female	VESSEL TYPE : Che		
RMANENT HOME ADDRESS :		CONTA	CT NUMBER :	01788633411 (SELF)
DING NO. 333, VILL: ARAIBARIA, PO	: HOSSAINPUR-2320, DIST:	RANK		3RD OFFICER
OREGANJ, 2320, BANGLADESH.				650,000,000
ave you ever had any of the following of	conditions?			
Condition	YES NO,	Condition		YES NO
1 Eye/vision problem		18 Sleep problems		
2 High blood pressure	//	19 Do you smoke?		
3 Heart/vascular disease		20 Operation/surger	y	
4 Heart surgery	//	21 Epilepsy/seizures		
5 Varicose veins	//	22 Dizziness/fainting	i .	0 91
6 Asthma/bronchitis		23 Loss of consciou		(B) 2/
7 Blood disorder		24 Psychiatric proble	ems	V 6/ 2/
8 Diabetes		25 Depression		0/8
9 Thyroid problem		26 Attempted suicid	0	1176/2
10 Digestive disorder		27 Loss of memory		0 0
11 Kidney problem		28 Balance problem	011	0 %
12 Skin problem		29 Severe headach		10 0 1/
13 Allergies		30 Ear/nose/throat	problems	0 6/
14 Infectious/contagious disease:	s 🗆 🖊	31 Restricted mobili	y D	
15 Hemia	0 4/	32 Back problems		
16 Genital disorders	0 %	33 Amputation		
17 Pregnancy	U NIM	34 Fractures/disloca	tions	
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In Accordance with Medical Examination (SeRMPS) 655746 MMSGRQD 18) and STCW 1978/1996 as Amended, MLC 2006
DG Shipping Bangladesh Approved
General Physician
Revision Date: 24th July 2022
Radical Hospitals Limited

PHYSICAL EXAMINATION REPORT/CERTIFICATE DEPUTY COMMISSIONER OF MARITIME AFFAIRS

ANNEX 2

THE REPUBLIC OF LIBERIA

ELIN	CANT	FIRST NAME		MIDDLE INITIAL
		EFFATH		AMAN
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the Maritime Labour Convention, 2006 for the Medical Examination of Seafarers.

The Medical Certificate shall be valid for no more than two (2) years from the date of the Ex amination for those over 18 years of age and for no more than one (1) year for those under 18 years of age.

RLM-105M ANNEX DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A 55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited



Rev0 - 09/01/2023

MEDICAL REQUIREMENT

All applicants for an officer certificate, Scafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 12 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. Such proof of examination must establish that the applicant is in satisfactory physical condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the scafaring profession. In addition, the following minimum requirements shall apply:

- (a) All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in the better ear at 15 feet and in the poorer car at 5 feet.
- Deck officer applicants must have (either with or without glasses) at least 20/20 vision in one eye and at least 20/40 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 vision in one eye and (c) at least 20/50 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (d) An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS and/or the use of narcotics.
- (f) Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (g) Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- (h) Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician)

- 1. COMPLETE PHYSICAL EXAMINATION INCLUDING HEARING TEST.
- 2. PATHOLOGICAL EXAMINATION: A) Complete Blood Count., B) Blood Sugar Estimation,

C) Serological Test(VDR) D) Hepatitis B Sarface Antegen Test (HbsAg),

E) Urinlysis F) Drug Test G) Alcohol Test.

3. X - RAY EXR PA VIEW

4. E.C.G. TEST

5. EYE EXAMINATION FOR V/A & C/V

2 3 APR 2024

RLM-105M ANNEX 2



DR JAMR, MD. RAIHAN MBBS (DU). DFM, CCD (Birdem), PGT (Ophth) BMDC A-55,144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician

cadical Hospitals Limited



ID NO : 24040500

Patient's Name: EFFATH AMAN ELIN

Ref. By

: DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM-C/O/9904

Specimen

Sex : Male

(Relevent estimations were carried out by KT -44 Haematology Analyzer with checked manually) HAEMATOLOGY REPORT

Parameter		Results	Reference Values
Haemoglobin(Hb) ESR(Westergren)	14.2 08	g/dl mm/1st hr	M:12-16, F:10-14.0 g/dl M:0-10, F:0-20 mm/1st hr
TOTAL WBC COUNT	6,500	/cumm	4,000 - 11,000 /cumm
DIFFERENTIAL COUNT Neutrophils	64	%	(40 - 75)%
Lymphocytes	26	%	(20-45)%
Monocytes	06	%	(2-10)%
Eosinophils	04	%	(1-6)%
Basophil	00	%	0-1 %

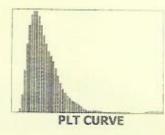
	silla.
_	WBC CURVE

Histogram

Date: 23/04/2024

Age : 29Y 3M 12D

TOTAL CIR. EOSIONOPHIL COUNT TOTAL PLATELET COUNT(PC) MPV PDW-CV PCT P-LCR P-LCC	260	/cumm	40 - 450 /cumm
	326,000	/cumm	1,50,000-4,50,000 /cumm
	9.7	fL	7.0 -11.0 fL
	16.3	%	10 - 18 %
	0.32	%	0.10 - 0.28
	24.8	%	9.00 - 45.00%
	81	x10^3/uL	13 - 129 ×10^3/uL
RBC COUNT HCT/PCV MCV MCH MCHC RDW SD RDW CV	5.75 45.9 79.8 24.7 31 44 16.6	m/ul % fL pg g/dL fL %	M: 4.5-6.5, F: 3.8-5.8 m/ul M: 40-54%, F: 37-47% 76-94 fL 27-32 pg 29-34 g/dL 30.0-57.0 fL 10-16%





RBC CURVE

Checked By... Medical Technologist. Redical Hospital Ltd. Uttara, Dhaka.

Dr. S.M.Shariar Rizvi MBBS,MD(BSMMU) Consultant Dept.Of Microbiology Redical Hospital Ltd.



Bill No	DIA24040500	Received	Date	23/04/2	2024
Patient's Name	EFFATH AMAN ELIN				
Patient's Age	29Y 3M 12D	P	atient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(B	BIRDEM),PGT(Eye),DFM	С	DC NO	C/O/9904
Sample	BLOOD	000000000000000000000000000000000000000		-1-500 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	LICHTHAS CHE

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.8 mmol/L	4.2 – 6.4 mmol/L
Serum Bilirubin (Total)	0.55 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	25.0 U/L	Up to 40 U/L
Serum AST (SGOT)	21.0 U/L	Up to 37 U/L
HbA1C	5.0 %	4.0- 6.0 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologist. Radical Hospital Ltd. Se

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.



Bill No	DIA24040500	Received D	ate 23/04/	2024
Patient's Name	EFFATH AMAN ELIN			1012740000
Patient's Age	29Y 3M 12D	Pa	tient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRE	DEM),PGT(Eye),DFM	CDC NO	C/O/9904
Sample	BLOOD			

SEROLOGICAL REPORT

Test Name	Result	
HBs Ag (Method : (ICT)	Negative	
HIV 1 & 2 (Method : (ICT)	Negative	
VDRL	Non-reactive	
BLOOD GROUPINGResult		
ABO Blood Group	"0" (+ve)	-
Rh(D)Factor	Positive	

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.



Bill No	DIA24040500	Received [Date	23/04/2	2024
Patient's Name	EFFATH AMAN ELIN		- 0.10	20/04/2	-024
Patient's Age	29Y 3M 12D	Pa	tient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRD			DC NO	C/O/9904
Sample	URINE	100000000000000000000000000000000000000		50.10	C/O/9904

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	0-1/HPF

CHEMICAL EXAMINATION CASTS/LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
	C I MY M	Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.

RADICAL HOSPITAL LIMITED | DIAGNOSTIC & CONSULTATION CENTRE



Bill No	DIA24040500	Received Date		23/04/2024	
Patient's Name	EFFATH AMAN ELIN				
Patient's Age	29Y 3M 12D Patie		Patient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CI		DC NO	C/O/9904	
Sample	URINE				

DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Test Name		Result	
	Drug Level of Urine		
	Cocaine	Negative	
	Morphine	Negative	
	Marijuana	Negative	

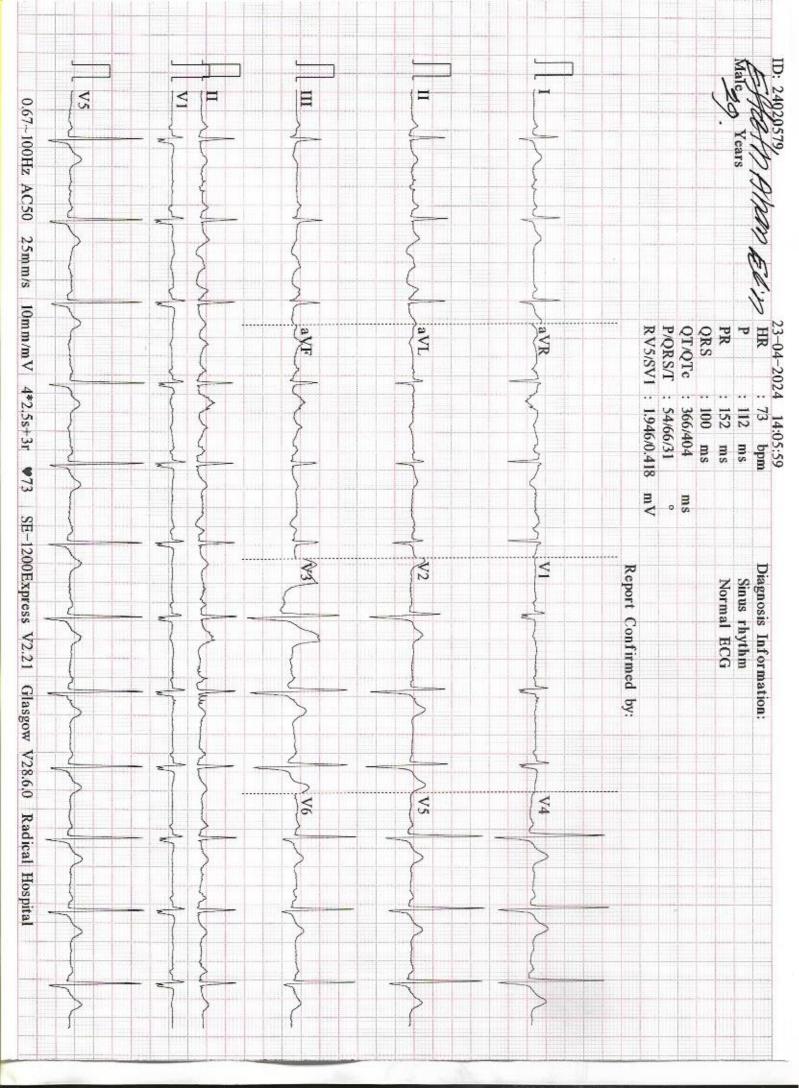
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology)

Associate Professor Dept. of Microbiology

East West Medical College and Hospital.





REF: MT. WECO MADELEINE

DATE: 23/04/2024

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: EFFATH AMAN ELIN RANK: 3rd OFFICER (

CDC NO: CO9904

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

RADICAL

AIDED

COLOUR VISION:

NORMAL / BLIND

OPINION

LINELT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan

MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital



DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24040500 Receive:23/04/2024 Print: 23/04/2024

Patient's Name : EFFATH AMAN ELIN

Age : 29 YRS Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart : Normal in T.D.

Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

This report has been electronically signed.

Page of 1

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION EFFATH AMAN ELIN, Malo This is to certify that Date of birth 1/-0/-1995. Sex whose signature follows V attathamamalin has on the date indicated been vaccinated or revaccinated against Cholera Date Signature and Professional Approved Stamp status of vaccinator DR. M. AYUBUR RAHMAN M.B.B.S; P.G.T (Modicine) Taher Chamber 10, Agrabed C/A, Chittagong. Regn. No. A-11820 MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 tare, Dhaka DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited. 4 3 DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth BMDC A-55144, MMC-BGD-016 Uttera, Dhaka DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited. 5 6 7 7 8 8

Continued overleaf Suite our erso

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC



SL NO.

04.2024.6388

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:			3.	
Name: Last ELIN	First EFFAT	H Middle	AMAN	
Gender: (Male/Female) MALE	ider: (Male/Female) MALE Nationality: BANGLADESHI		- 24	
Occupation: Deck/Engine/Catering/	Rank: 310			
Father's/ Husbad'sname: 1FF	IN C.D.C No. C/O			
Mother's Name: ROKEYA	NKTHER	Seaman ID No	15000 9874	
Address: House No:ARA1	Passport NoB	Passport No. B000 3289 3 NID No. 330 388 9541		
P.O: HOSSAINPU		1	1.01-1995	
PS: HOSSAIN PUR District: KISHOREGA		(DD/I	MM/YYYY)	
DECLARATION OF THE RECOGNIZ I am duly authorized by the Depa the followings: 1. Confirmation that identification 2. Hearing meets the standards 3. Unaided hearing satisfactory	rtment of Shipping, Gov n documents were check in section A-I/9	rernment of the People's Republic o	f Bangladesh and confirm :YES/NO :YES/NO :YES/NO	
Visual acuity meets standards in section A-I/9?			:YES/NO	
Colour vision meets standard		:YES/NO		
Date of last colour		2.3 APR 2024		
6. Fit for lookout duties?			:YES/NO	
	vice or to render the healt on fitness?	be aggravated by service at sea or to th of any other persons on board?	:YES/NO :YES/NO	
Duties: Location/Vessel; Medical/Other:	Location/Vessel: RADICAL HOSPITAL LIMITED Uttora, Dhaka, Baneladesh			
Medical fitness category :	Fit-No restriction	Fit-Subject to restrictions	Unfit	
10. Date of examination/Issue (DE 11. Date of expiry (DD/MM/YYYY		."No more than 2 years from the date	of examination".	

I have read the contents of the certificate and have been informed of the right to review.

Cobbothamanchin Seafarer's Signature



DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited
Name & Signature of the practitioner:

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifig:itions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug -related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

 All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in
 one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without
 glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to
 perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure:
 - An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

 Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

 All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements. and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

 Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics.
 Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix1):

- 1. Complete physical Examination.
- 2. Pathological Examination:
 - a.CBC b.ESR c.HBSAG d.LFT e.ECG f.RBS g.URINER/M/E

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
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General Physician
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