

DATE: 08/04/2024

Ref No: 260

TO WHOM IT MAY CONCERN

THIS IS TO CERTIFY THAT HE IS MR. ZUBAIR HYDER, AGE 58+ YEARS MALE, CDC NO: C/O/1830, PASSPORT NO: A02216321, SEAMAN CAME TO ME FOR MEDICAL CHECK-UP. ON PHYSICAL EXAMINATION AND ON RELEVANT INVESTIGATIONS HE IS MEDICALLY FIT TO CONTINUE SHIP JOB.

THIS IS FOR YOUR KIND INFORMATION AND TAKE NECESSARY ACTION PLEASE.



Dr. Mir Md. Raihan

MBBS, (DU) DFM, CCD (Birdem), PGT (Ophth)

Reg- A55144 BGD-016 (MMC)

DG Shipping Bangladesh Approved

Malaysian Medical Council Approved

General Physician

Radical Hospitals Limited

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 2404178 Receive: 07/04/2024 Print: 07/04/2024
Patient's Name : ZUBAIR HYDER
Age : 58 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.


Prof. Dr. Md. Mojibor Rahman
MBBS, DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

ID: 24020579

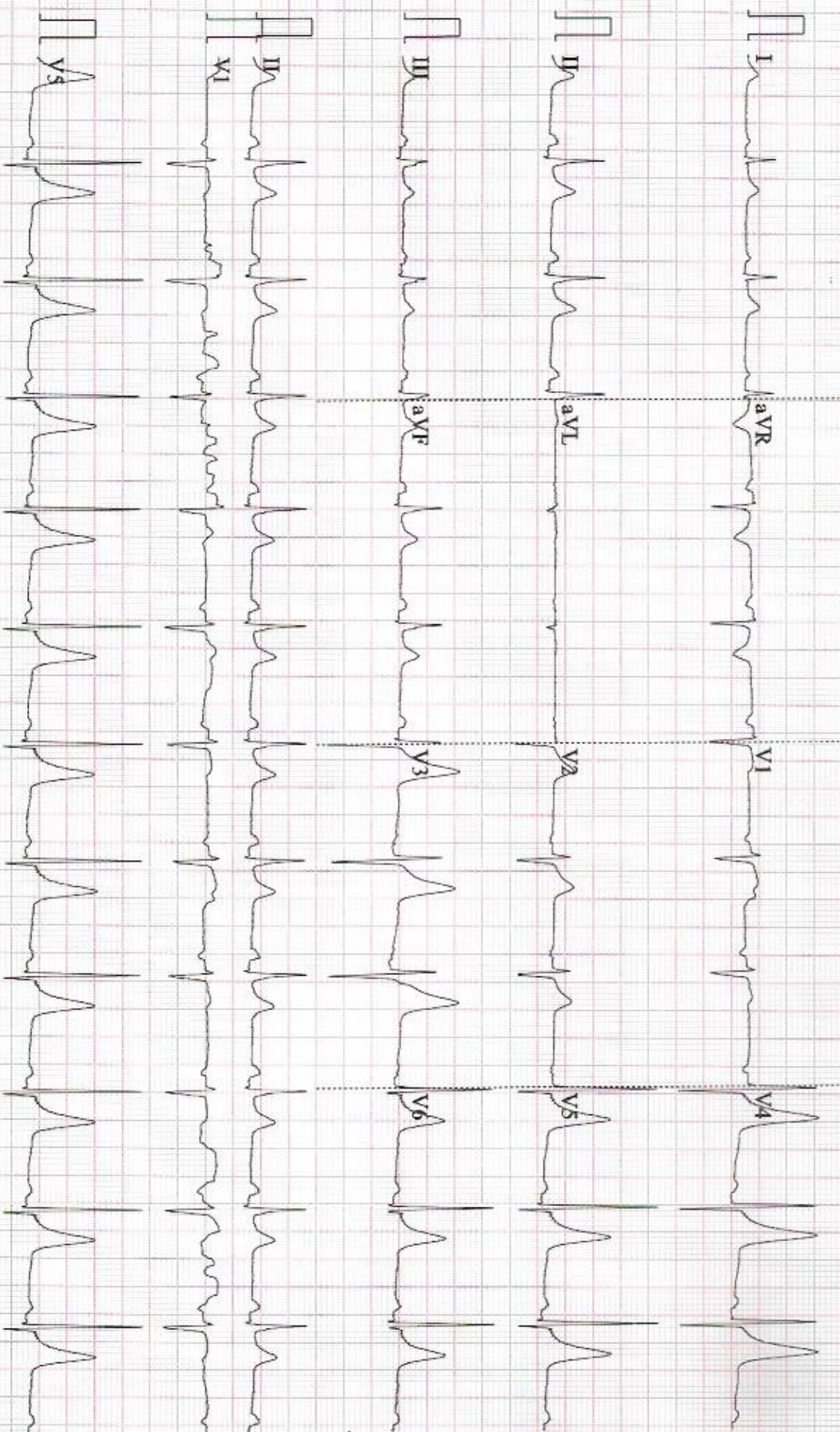
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McAuley, J. J.
Male 58 Years

HR	: 71	bpm
P	: 102	ms
PR	: 162	ms
QRS	: 80	ms
QT/QTc	: 350/381	ms
PQRS/T	: 64/57/59	°
RV5/SVI	: 2.026/0.719	mV

Diagnosis Information:
Sinus rhythm
Normal ECG

Report Confirmed by:



DEPARTMENT OF RADIOLOGY & IMAGING

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Age : 58 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 71 b/min
Rhythm : Regular
P-Wave : Normal
P-R Interval : Normal
QRS Complex : Normal
ST. Segment : Is electric
T. Wave : Normal

Impression : Findings are within normal limit.


Dr. Debashish Paul

MBBS, MD (Cardiology)
Associate Professor
Department of Cardiology
Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1



চোখের যত্ন নিন

পলটান আই কেয়ার সেন্টার

PALTAN EYE CARE CENTRE

(চক্ষু ও মেডিকেল সেন্টার)

আরবান পলটান ডিউ (৩য় তলা), ৪৭ পুরানা পলটান, ঢাকা-১০০০, ফোন : ০২২২৬৬৩৭৭৮, মোবাইল : ০১৭০০-৭৪৩৬০৫

CERTIFICATE

EYE TEST

Reg. No: 11714

Date: 16.03.24

This is to certify that

Mr. / Mrs. ZUBAIR HYDER

S/O or D/O M. A. JADAR

Date of Birth (Age) 08-05-1965

NID/Passport/CDC/Certificate No./Birth Reg. No: C/0/1830

whose eyes on examination found

Distance Vision :

	Without Glass	With Glass
Right Eye -	6/18	6/6
Left Eye -	6/18	6/6

Glasses Rx				
	D.SP	D.CYL	AXIS	Add
Right Eye	-0.75	-1.50	100°	+2.25
Left Eye	-0.75	-1.25	90°	+2.25

Near Vision :

	Without Glass	With Glass
Right Eye -	-	N6
Left Eye -	-	N6

Color Vision Test : Normal

Anterior Segment Examination : Normal

Fundal Examination : Normal

Muscle Balance Test : Normal

Candidate's Signature

1.	
2.	
3.	

Comment :

All the condition of eye are normal.

Dr. Sheikh Mohammad Shoaib
MBBS, DMU, PGT (Ophth)
B.M.D.C. Reg. No: A-117072
Paltan Eye Care Centre
47, Purana Paltan, Dhaka-1000

Doctor's Seal & Sign

Id No : 0178 **Date** : 07-Apr-2024 **D.Date** : 07-Apr-2024
Patient's Name : ZUBAIR HYDER **Age** : 58Y 10M 29 **Gender** : Male
Specimen : Blood
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM-C/O/1830

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	13.1 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl.
ESR(Westergreen)	06 mm/1st hr	Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	5600 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	69 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	27 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	02 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	112 /cumm	50-450/cumm
Total RBC Count	4.37 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	42.0 %	M: 40-54%, F:37-47%
MCV	96.1 fL	76 - 94 fL
MCH	30.0 pg	27 - 32 pg
MCHC	31.3 g/dL	29 - 34 g/dL
RDW	12.0 %	11 - 16 %
PDW	56.0 fL	35 - 56 fL
Total Platelete Count (PC)	160000 /cumm	150,000-450,000/cumm
MPV	9.8 fL	7.0 - 11.0 fL
PCT	0.1 %	0.1 - 0.5 %
Bleeding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %

Checked By
Medical Technologist

Dr. Sumaiya Khatun
MBBS,MD(Gold Medalist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.

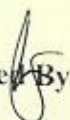
Bill No	DIA24040178	Received Date	07/04/2024
Patient's Name	ZUBAIR HYDER		
Patient's Age	58Y 10M 29	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 1830
Sample	BLOOD		

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.8 mmol/L	4.2 – 6.4 mmol/L
Serum Creatinine	0.85 mg/dl	0.3 - 1.3 mg/dl
HbA1C	5.0 %	4.0- 6.0 %
Lipid profile		
Serum Cholesterol	154 mg/dl	up to 200 mg/dl
Serum HDL- Cholesterol	44 mg/dl	>35 mg/dl
Serum Triglyceride	136 mg/dl	upto 220 mg/dl
Serum LDL- Cholesterol	82 mg/dl	<130 mg/dl

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By 

Medical Technologist,
Radical Hospital Ltd.


Dr. Sumaya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

Bill No	DIA24040178	Received Date	07/04/2024
Patient's Name	ZUBAIR HYDER		
Patient's Age	58Y 10M 29	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 1830
Sample	BLOOD		

SEROLOGICAL REPORT

Test Name

Result

HBs Ag (Method : (ICT)	Negative
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RADICAL
HOSPITAL
LIMITED

Checked By

Medical Technologist.
Radical Hospital Ltd.

Dr. Sumaiya Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.

Bill No	DIA24040178	Received Date	07/04/2024
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Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-1/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

Medical Technologist,
Radical Hospital Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

Padma Diagnostic Center Limited
245/2, New Circular Road, Malibagh
Dhaka-1217

EXERCISE STRESS TEST REPORT

Patient Name: Zubair Hyder,
Patient ID: 302518
Height: 160 cm
Weight: 55 kg

DOB: 01.01.1966
Age: 58yrs
Gender: Male
Race: Asian

Study Date: 07.04.2024
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:01			80		
	WARM-UP	01:38	0.20	0.00	77	130/90	
EXERCISE	STAGE 1	03:00	1.70	10.00	86	130/90	
	STAGE 2	03:00	2.50	12.00	100	130/90	
	STAGE 3	03:00	3.40	14.00	126	130/90	
	STAGE 4	01:44	4.20	16.00	153		
RECOVERY	Recovery1	00:22	0.10	0.00	151		
	Recovery2	02:00	0.00	0.00	110	150/75	
	Recovery3	02:00	0.00	0.00	98	150/75	
		00:47	0.00	0.00	96		

The patient exercised according to the BRUCE for 10:44 min:s, achieving a work level of Max. METS: 12.90. The resting heart rate of 81 bpm rose to a maximal heart rate of 153 bpm. This value represents 94 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/90 mmHg, rose to a maximum blood pressure of 150/75 mmHg. The exercise test was stopped due to Fatigue.

Interpretation

Summary: Resting ECG: normal. Functional Capacity: Good. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.

Conclusions

ETT is Negative for Provocable Myocardial Ischaemia

Physician

07 APR 2024