

DATE: 28/04/2024

Ref No: 263

TO WHOM IT MAY CONCERN

THIS IS TO CERTIFY THAT HE IS MR. MD MONJURUL KIBRIA, AGE 60+ YEARS MALE, CDC NO: C/O/2949, PASSPORT NO: A06832945, SEAMAN CAME TO ME FOR MEDICAL CHECK-UP. ON PHYSICAL EXAMINATION AND ON RELEVANT INVESTIGATIONS HE IS MEDICALLY FIT TO CONTINUE SHIP JOB.

THIS IS FOR YOUR KIND INFORMATION AND TAKE NECESSARY ACTION PLEASE.



DR. MIR MD. RAIHAN
MBBS (DU), DFM, CCD
Reg. No. A-55144 (BMDC)
Reg. No. BGD-016 (MMC)
DG, Shipping Approved (BD)
General Physician
Radical Hospitals Limited.



ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING
GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH



Form No: SMC

SL NO.

04.2024.6433

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:

Name: Last KIBRIA First MD. MONJURUL Middle
Gender: (Male/Female) MALE Nationality: BANGLADESHI Date: 28 APR 2024
Occupation: Deck/Engine/Catering/Other (specify) Rank: CHIEF ENGINEER
Father's/ Husband's name: LATE LATIFUR RAMAN SARDAR C.D.C No. C/O/2949
Mother's Name: MEHERUN NESA Seaman ID No. 050001355
Address: House No: 13/6/2/A Street/ Road No: 2 Passport No. A 06832945
Locality/Village: SHYAMOLI NID No. 2383960560
P.O.: MOHAMMADPUR Date of Birth: 14/06/1963
P.S.: SHERE-BANGLA NAGOR (DD/MM/YYYY)
District: DHAKA

DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:

I am duly authorized by the Department of Shipping, Government of the People's Republic of Bangladesh and confirm the followings:

- Confirmation that identification documents were checked at the point of examination : YES/NO
 - Hearing meets the standards in section A-I/9 : YES/NO
 - Unaided hearing satisfactory? : YES/NO
 - Visual acuity meets standards in section A-I/9? : YES/NO
 - Colour vision meets standards in section A-I/9? : YES/NO
 - Date of last colour vision test : 28 APR 2024
 - Fit for lookout duties? : YES/NO
 - Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for service or to render the health of any other persons on board? : YES/NO
 - Any limitations or restrictions on fitness? : YES/NO
- If YES, specify limitations or restrictions:

Duties:

Location/Vessel:

Medical/Other:

RADICAL HOSPITAL LIMITED
Uttara, Dhaka, Bangladesh

9. Medical fitness category :

Fit-No restriction

Fit-Subject to restrictions

Unfit

10. Date of examination/Issue (DD/MM/YYYY) 28 APR 2024

11. Date of expiry (DD/MM/YYYY) 27 APR 2025 "No more than 2 years from the date of examination".

I have read the contents of the certificate and have been informed of the right to review.

Seafarer's Signature



DR. MIR. MD. RAIHAN

MBBS (DU), DPM, CCD (Birdem), PGT (Cphth)

BMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

General Physician

Radical Hospitals Limited

Name & Signature of the practitioner:

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, *Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997)*. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

- All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.

(d) Blood Pressure:

- An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

- Deck/Navigation officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

- All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements, and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

- Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics. Applicants diagnosed with, suspected of, or exposed to any communicable disease transmissible by food shall be restricted from working with food or in food-related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigation officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix 1):

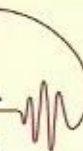
1. Complete physical Examination.

2. Pathological Examination:

a. CBC b. ESR c. HBSAG d. LFT e. ECG f. RBS g. URINE R/M/E

28 APR 2024

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Biderm), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited



ID NO : 24040588

Date : 27/04/2024

Patient's Name : MD.MONJURUL KIBRIA

Age : 60Y 8M 29D

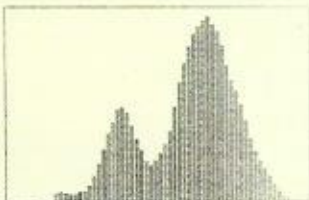
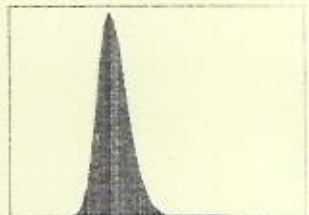
Ref. By : DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM-C/O/2949

Sex : Male

Specimen : Blood

(Relevant estimations were carried out by KT-44 Haematology Analyzer with checked manually)

HAEMATOLOGY REPORT

Parameter	Results	Reference Values	Histogram
Haemoglobin(Hb)	12.9 g/dl	M:12-16, F:10-14.0 g/dl	
ESR(Westergren)	05 mm/1st hr	M:0-10, F:0-20 mm/1st hr	
TOTAL WBC COUNT	5,500 /cumm	4,000 - 11,000 /cumm	
DIFFERENTIAL COUNT			
Neutrophils	71 %	(40 - 75)%	
Lymphocytes	21 %	(20-45)%	
Monocytes	05 %	(2-10)%	
Eosinophils	03 %	(1-6)%	
Basophil	00 %	0-1 %	
TOTAL CIR. EOSIONOPHIL COUNT	165 /cumm	40 - 450 /cumm	
TOTAL PLATELET COUNT(PC)	184,000 /cumm	1,50,000-4,50,000 /cumm	
MPV	12.9 fL	7.0 -11.0 fL	
PDW-CV	17.6 %	10 - 18 %	
PCT	0.24 %	0.10 - 0.28	
P-LCR	48.5 %	9.00 - 45.00%	
P-LCC	89 x10 ³ /uL	13 - 129 x10 ³ /uL	
RBC COUNT	5.21 m/uL	M: 4.5-6.5, F: 3.8-5.8 m/uL	
HCT/PCV	41.7 %	M: 40-54%, F: 37-47%	
MCV	80.1 fL	76-94 fL	
MCH	24.7 pg	27-32 pg	
MCHC	30.9 g/dL	29-34 g/dL	
RDW SD	46 fL	30.0-57.0 fL	
RDW CV	16.7 %	10-16%	

Checked By: [Signature]

Medical Technologist:
Radical Hospital Ltd
Uttara, Dhaka.

Dr. Sumaiya Khatun
MBBS, MD (Gold Medilist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.

Bill No	DIA24040588	Received Date	27/04/2024
Patient's Name	MD MONJURUL KIBRIA		
Patient's Age	60Y 8M 29D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/2949
Sample	BLOOD		

BIOCHEMISTRY REPORT

<u>Test Name</u>	<u>Result</u>	<u>Reference Range</u>
Random Blood Sugar (RBS)	6.16 mmol/l	4.2 – 6.4 mmol/l
HbA1C	5.6%	4 - 6 %
Serum Creatinine	1.07 mg/dl	0.3 - 1.3 mg/dl

Lipid profile

Serum Cholesterol	143 mg/dl	up to 200 mg/dl
Serum HDL- Cholesterol	41 mg/dl	35-55 mg/dl
Serum Triglyceride	179 mg/dl	50 - 150 mg/dl
Serum LDL- Cholesterol	66 mg/dl	<130 mg/dl

Checked By

Medical Technologists
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA24040588	Received Date	27/04/2024
Patient's Name	MD MONJURUL KIBRIA		
Patient's Age	60Y 8M 29D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/2949
Sample	BLOOD		

SEROLOGICAL REPORT

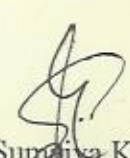
HBsAg (Method : (ICT)	Negative
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Checked By



 Medical Technologist
 Radical Hospitals Ltd.


 Dr. Sumaiya Khatun
 MBBS, MD (Microbiology)
 Associate Professor

 Dept. of Microbiology
 East West Medical College and Hospital

Bill No	DIA24040588	Received Date	27/04/2024
Patient's Name	MD MONJURUL KIBRIA		
Patient's Age	60Y 8M 29D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/2949
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	2-3/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

 Medical Technologist,
 Radical Hospital Ltd.

Dr. Sumaiya Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24040588 Receive: 27/04/2024 Print: 27/04/2024
Patient's Name : MD MONJURUL KIBRIA
Age : 60 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



Prof. Dr. Md. Mojibor Rahman
MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24040588 Receive: Print: 27/04/2024
Patient's Name : MD MONJURUL KIBRIA
Age : 60 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 65 b/min

Rhythm : Regular

P-Wave : Normal

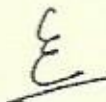
P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.


Dr. Debashish Paul
MBBS, MD (Cardiology)
Associate Professor
Department of Cardiology
Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1



OPHTHALMOLOGICAL REPORT

Name: MD. MONJURUL KIBRIA

Gender: Male

Date: 28.04.24

PID: R1042023002383

DOB/Age: 61 yrs

Consultant: Sarwar J. Muktafi, MBBS, MS (Ophth),

Chief Complaint:

Regular check-up B/E's

Rx.

NCT: RE: 13mmHg, LE: 14mmHg

Healthy eyes with Refractive error

Visual Acuity: Unaided

RE : 6/12, LE : 6/12

Visual Acuity: Aided

RE: 6/9(N5), LE: 6/6(N5)

Color Vision: Normal B/E's

Fundus: Normal B/E's

Signature

Reg. No-A18383

Dr. Sarwar J. Muktafi
MBBS, ECFMG Certified (USA) MS (Ophth)
Consultant Ophthalmologist
Bangladesh Eye Hospital & Institute Ltd.

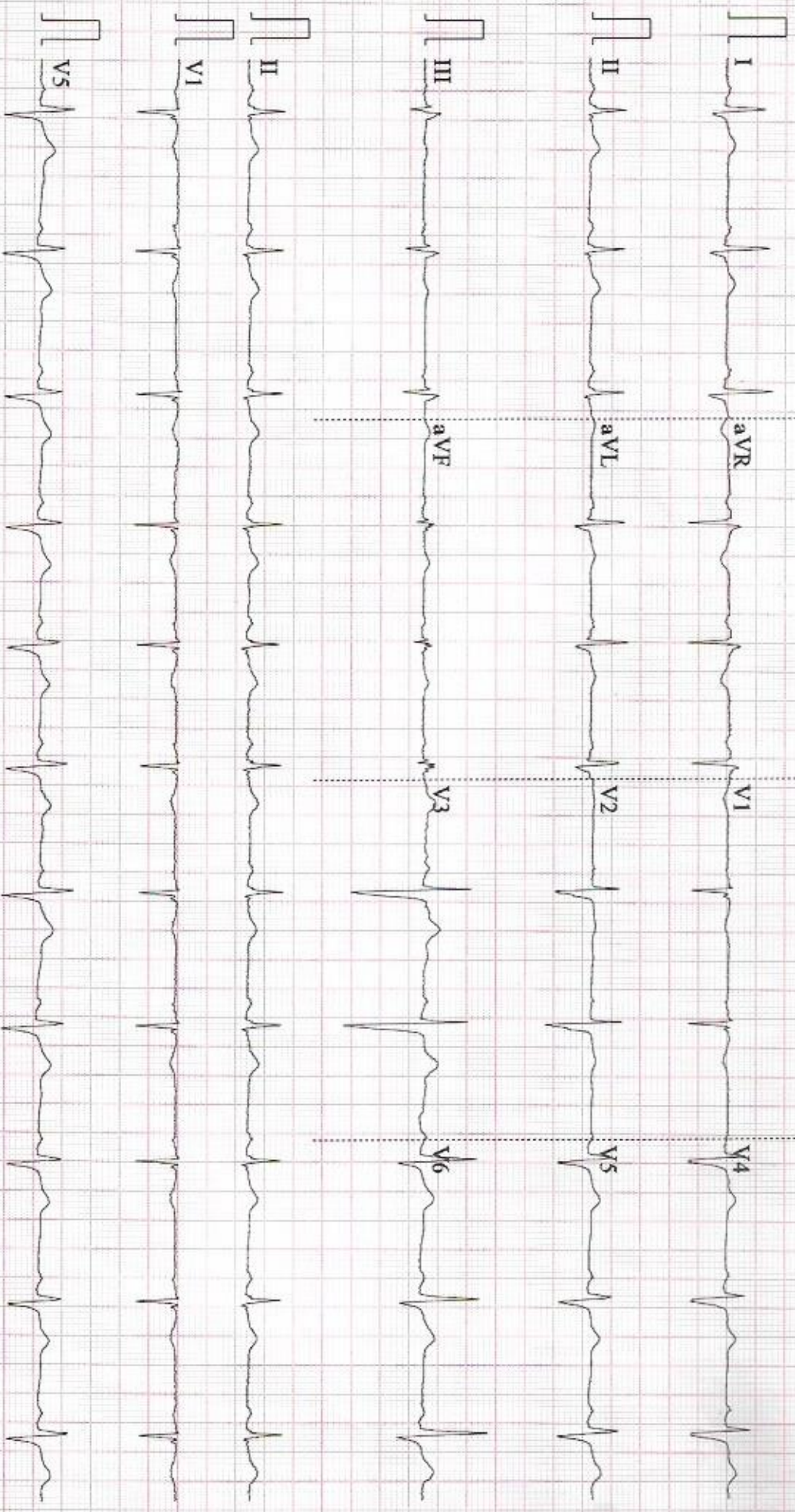
ID: 24020579
27-04-2024 12:47:37
Male 60 Years

Mr. Mory Jurek Kibria

HR : 65 bpm
P : 120 ms
PR : 160 ms
QRS : 112 ms
QT/QTc : 406/423 ms
P/QRS/T : 24/27/40 °
RV5/SV1 : 0.45/0.675 mV

Diagnosis Information:
Sinus rhythm
Normal ECG

Report Confirmed by:



Md Monjurul Kibria,
D589972

Patient Information

27-Apr-24 3:06:53 PM

Bruce

ID: D589972

Second ID:

Admission ID:

Date of Birth:

Height:

Address:

City: Dhaka

State:

Age: 60 Years

Weight:

Postal Code:

Country: Bangladesh

Email Address:

Gender: Male

Race: Asian

Home Tel.:

Work Tel.:

Mobile Tel.:

Angina: None

History of MI: No

Indications

Medications

Prior CABG: No

Prior Cath: No

IHD Screening

Diabetic: No

Smoking: No

Family History: No

Referring Physician: DR.MIR MD RAIHAN DFM,CCD

Location:

Procedure Type: TREADMIL

Technician: MS RABEYA

Target HR: 160 bpm

Reasons for end: Target Heart rate obtained

Symptoms: Fatigue

Diagnosis

ETT IS NEGATIVE for provokable ischaemia

Notes

Conclusions

Exercise capacity is good.

Positive chronotropic and hemodynamic responses to exercise.

No significant ST depression was seen during exercise or recovery period.

Stress test is NEGATIVE for ECG evidence of provokable myocardial ischemia.

Reviewed by: DR.MD.Mesbahul Islam,MD

Signed by:

Date: 27-Apr-24 Mesbahul Islam

MSBS ID Card MD (Cardiology),

Fellow Intervention Cardiology,

Assistant Professor,

Clinical and Interventional Cardiologist.